Respite Care Providers List

This list of respite care providers is for information only. The Alzheimer's Association – Heart of America Chapter does not recommend or endorse any provider. It is important to interview and check references on any individual you hire to come into your home and we encourage you to exercise due diligence before making care decisions. The Alzheimer's Association has worked with several companies who perform background checks and their contact information is provided below. Please call these companies directly to arrange for background checks and to inquire about costs. Discounts may apply if you mention the Alzheimer's Association. This is not an exclusive list of companies who provide this service.

Validity Screening Solutions
Toll Free 866-915-0792
www.validityscreening.com

Tamberlane Investigation
In Kansas: (913) 768-0007
In Missouri: (816) 472-4779

The provider list is organized as follows:

I. Providers available in both Kansas and Missouri counties

II. Providers available in Kansas counties only

III. Providers available in Missouri counties only

Within these categories, companies are listed first in alphabetical order followed by individuals in alphabetical order.

BUSINESSES OFFERING RESPITE IN KANSAS AND MISSOURI

ALLIANCE HOME HEALTH CARE
Phone: (913) 233-0160
• RNs, LPNs, CNAs, personal care attendants, home health aids, homemakers available
• Background checks done on all staff
• Kansas Medicaid approved
• Available all shifts, 24-hour care, weekends
• Personal care, meal preparation, homemaking, errands, housekeeping, nursing care, transportation
Fee: Dependent on type and level of care provided
Counties: Johnson, Leavenworth, Wyandotte, Jackson

AMEDISYS
Phone: (913) 469-0060 (816) 524-7355
• Medicare certified home health care company
• Provides skilled nursing, physical therapy, occupational therapy, speech/language therapy, home health aide, services of Master Social Worker
• Care is directed by the MD and requires an MD order for services
• Covered under Medicare benefit
• Background check done on all staff
Fee: Medicare
Counties: Cass, Jackson, Johnson, Leavenworth, Wyandotte

AMERICAN COMPANION CARE
A Senior Bridge Company
Phone: (913) 390-6300
• RNs, geriatric care management, LPNs, home health aide (must pass background & drug screen)
• Companionship, light housekeeping, medication supervision, errands, transportation
• Hourly and live-in care available
• Free In-home Assessment
• 24/7/365 staffing
• C.H.A.P Accreditation
Fee: Starts at $18/hr (dependent on care)
Counties: Metro Area

continued
BUSINESSES OFFERING RESPITE IN KANSAS AND MISSOURI continued

BARE ESSENTIALS HOME CARE, INC.
Phone: (816) 333-4500
- Companionship, personal care, assistance with feeding, walking, toileting, transferring, incontinence care, supervision of medication, money management
- Payment: Medicaid, Long Term Insurance, Private, VA, Sliding scale fee
Fee: Dependent on type of care
Counties: Johnson, Jackson, Wyandotte

BARR PRIVATE CARE
Phone: (816) 471-5151 (913) 438-3311
www.barrprivatecare.com
- Licensed provider
- Four to 24-hour care available, background checks done on all staff
- Personal care, housekeeping, companionship
- Payment: Private pay or Long Term Care Insurance
Fee: $18.50-$20.00 per hour
Counties: Johnson and Wyandotte; Clay and Jackson

BENEFITS OF HOME – SENIOR CARE
Phone: (913) 422-1591
www.benefitsofhome.com
- Companionship and non-medical respite care, personal care
- Meal planning, transportation, light housekeeping, laundry/ironing, medication reminders, bathing, grooming, dressing, ambulation assistance, incontinence support
- Dementia and Alzheimer’s support
Fee: $18.95-$20.95 per hour
Counties: Kansas City Metro Area

BLESSED HEALTH AND HOME CARE
Phone: (816) 756-0405
- 24-hour care available
- RNs, CNAs, home care aids & homemakers, LPNs
- Personal care, meal preparation, diet monitoring, light housekeeping, errands, shopping, medication administration, companionship
Fee: Total client care: $21/hour days, $22/hour nights;
Partial client care: $19/hour days, $20/hour nights;
Companionship: $15/hour; Homemaker: $17/hour;
RN visit: $44/visit
Counties: Jackson, Clay, Platte, Johnson and Wyandotte

BRIGHTSTAR LIFECARE
Phone: (913) 535-0255
www.brightstarcare.com
- All employees pass a background check, drug screen and must have verification of licensure certification and references for employees
- RN available 24/7
- Companionship, bathing, administer medications, personal care, meal preparation, transportation, errands, light housekeeping
- Available 24-hours, 7 days/week, live-in caregivers available
Fee: $22/hr
Counties: Metro area

THE CARING HEART
Phone: (913) 901-8666
www.thecaringheart.net
- All caregivers have a minimum of 3 years experience
- Family interviews and cognitive assessment
- Assign companion caregiver staff person per family
- Medicaid provider
- Companionship, bathing, administer medications, personal care, meal preparation, transportation, errands, light housekeeping
Fee: Contact for info
Counties: Johnson, Miami, Jackson, Clay, Platte, Cass, Wyandotte

continued
BUSINESS OFFERING RESPITE IN KANSAS AND MISSOURI

CARESTAF LICENSED HOME HEALTH AGENCY
Phone: (913) 498-2888
www.carestaf.com
- Locally owned and operated, established 1991, Licensed Home and Health in Kansas
- Certified nurses aid, companions, sitters, licensed practical nurses, RNs
- Criminal background check done on all staff, employees are bonded and insured,
Fee: $17.50-$19.50 per hour
Counties: Douglas, Johnson, Leavenworth, Wyandotte, Cass, Clay, Jackson, Platte, Shawnee and Jefferson

CASCADE HEALTH SERVICES
Phone: (816) 268-1934 Topeka: (785) 228-9922
Toll free: (888) 229-5801
www.cascadestaff.com
- Over 20 years experience in non-medical homecare
- All employees go through background check and drug screening
- Companionship, light housekeeping, personal care and medication reminders
- 2 to 24-hour care available
- References available for families
Fee: Dependent on service
Counties: Bates, Cass, Clay, Jackson, Johnson (MO), Lafayette, Platte, Ray, Douglas, Johnson (KS), Wyandotte

COMFORCARE SENIOR SERVICES
Phone: (913) 906-9880
www.comforcare.com
- Bathing, grooming and hygiene, meal preparation, medication reminders safety supervision, transportation, companionship, chore service, light housekeeping
- Services available, 24hrs/7days all year round
Fee: $17-$19/hour
Counties: Johnson, Douglas, Shawnee, Franklin, Miami and Osage, KC Metro

COMFORT KEEPERS
Phone: (913) 385-2636 (816) 353-2900
(816) 421-6838 for North
www.comfortkeepers.com
- Care available any shift or live-in
- Companionship, transportation, light housekeeping, errands, meal preparation
Fee: Negotiable
Counties: Greater Kansas City area

CORNERSTONE ASSISTED HOME CARE
Phone: (913) 787-2814
www.cornerstoneahc@gmail.com
- Locally owned and operated by an RN with 25 years of critical care and geriatric care experience
- Geriatric case management and home safety checks completed by an RN
- Design/remodel consulting for aging in place safely
- Caregivers that provide companionship, light housekeeping, medication reminders, errands, transportation, etc., care tailored to client’s specific needs 24-hours, 7 days per week
- State and nationwide background checks, driving record check and drug checks conducted on caregivers
- Caregivers are bonded and insured
- Hospital to home transitioning: transportation, assistance in filling prescriptions, purchasing groceries, cleaning the refrigerator, assessing the home for safety and scheduling follow-up appointments offered
Fee: $20 per hour
Counties: Jackson, Clay, Johnson, Wyandotte, Miami, Douglas
BUSINESSES OFFERING RESPITE IN KANSAS AND MISSOURI

CREATIVE CARE CONSULTANTS
Phone: (816) 746-1208 (800) 367-9369
www.creativecareconsultants.net
- Private hire CNAs and companions
- Assistance with bathing & dressing, meal preparation, light housekeeping
- Interview, screen and complete background checks; supervise/monitor caregivers
- Develop Care Plan and on-going care management
Fee: Dependent on service
Counties: All counties in Kansas and Missouri (and nationwide)

DAUGHTERS & COMPANY
Phone: (913) 341-2500
www.daughtersonline.com
- Personal care, respite care, transportation, health care management
Fee: Dependent on service
Counties: Metro area

ELDER CARE OF KANSAS CITY
Phone: (816) 333-3322 (913) 722-2828
www.eldercareofkc.com
- Private duty, home health aides, visiting bath aides, companions, CNAs, homemakers, LPNs, and RNs
- Four to twenty-four hours of service; delivery of medical equipment within 24-hours
Fee: Dependent on service
Counties: Greater Kansas City area, and outlining areas

ENHANCED HOME CARE
Phone: (913) 327-0000
www.enhancedhc.com
- Hourly and live-in care provided, 3 hr. minimum
- Caregivers are thoroughly screened, bonded, insured and CPR-certified
- Assistance with bathing and dressing, medication reminder, social interaction, meal preparation, light housekeeping and transportation
Fee: Starts at $18/hr.
Counties: Metro area

ESSENTIAL HOME HEALTH PHONE:
(913) 384-2273 (866) 584-2200
www.ehh-inc.com
- Care available 24-hours a day, 7 days per week
- CNAs, RNs, LPNs, respiratory, physical, occupational and speech therapists, dialysis staff, personal care aides, dietitians
- Personal care, meal preparation, exercise assistance, light housekeeping, errands
- References available
- Accept Medicare and major insurance, Medicaid, private pay
Fee: Based on type of service needed
Counties: Miami, Douglas, Leavenworth, Wyandotte, Johnson (KS)

FREEDOM CARE
Phone: (816) 399-0909
- Locally owned and operated by a family nurse practitioner with more than 15 years geriatric and Alzheimer's experience
- Free in-home assessment completed by family nurse practitioner
- CNAs, personal care attendants, home health aides, homemakers available
- Background checks on all staff
- Available all shifts, 24-hour care with no minimal hours, available weekends
- Personal care, meal preparation, homemaking, errands, housekeeping, transportation
Fee: $20/hour
Counties: Greater Kansas City area

Respite Care Providers List continued
GOLDEN HEART SENIOR CARE
Phone: (913) 534-8500 or (913) 219-1126
- Complimentary (in-home) assessment provided by a Licensed Practical Nurse, Personalized Plan of Care is provided
- Emphasis on maintaining dignity and self-worth
- Personal care: bathing, dressing, incontinent care, medication reminders, housekeeping, laundry, meal preparation, assistance with eating, companionship, safety supervision, respite care
- Exercise program, walking
- Activities: playing cards, games, reading, painting fingernails
- Transportation to doctor appointments, beauty shop, lunch, errands
- Professional Caregivers (CNA’s) — All employees must pass an extensive background check/drug test, bonded and covered by Professional Liability Insurance and Workmen Comp
- Available 24-hours a day, including weekends and holidays (3-hour min)
- Direct Link in-home emergency response service available for a monthly fee
Fee: $19.00/hr – $21.00/hr (depending on care), private pay or Long Term Care insurance
Counties: Johnson, Leavenworth, Wyandotte, Jackson, Clay, Cass

GRISWOLD HOME CARE
Phone: (913) 325-4770
- Caregivers screened for integrity, competence, identity, and compassion
- Behavioral based interviews, extensive background checks, personal and professional audits — we only refer caregivers we would trust in our own home
- Weekday and weekend rates the same, 4-hour minimum
- RN to provide free, no obligation consultation to help you identify the perfect caregiver for your loved one
- CNA’s and companions experienced in Alzheimer’s, dementia, Parkinson’s, etc.
- Types of care include medication reminders, bathing/hygiene/dressing/toileting, transportation, meal prep, companionship, light housekeeping/cooking, and more
Fee: $17.50/hr, $195/day live-in, VA benefits and Long-term care insurance accepted
Counties: Wyandotte, Jackson, Johnson, KC Metro area

HEARTS AT HOME
Phone: (913) 440-4209
www.heartsathomeUSA.com
- CNAs, personal care attendants, home health aids
- Received Dementia Care Certificate
- Background checks done on all staff, including criminal and drug screen
- Fully insured and bonded
- 1 to 24 hrs/day, 7 days/week
- Personal and companion care, meal preparation, hygiene, errands, housekeeping, transportation
Fee: All services included in flat rate – rates vary based on the number of hours scheduled
Counties: KC Metro, including Johnson, Wyandotte, Jackson
### BUSINESSES OFFERING RESPITE IN KANSAS AND MISSOURI

<table>
<thead>
<tr>
<th>Company Name</th>
<th>Phone</th>
<th>Website</th>
<th>Care Available</th>
<th>Services Provided</th>
<th>Background Checks &amp; Drug Testing</th>
<th>Fee</th>
<th>Counties</th>
</tr>
</thead>
<tbody>
<tr>
<td>HOME CARE SERVICE</td>
<td>(816) 256-8200</td>
<td>Homecareservice.com</td>
<td>Any shift (3 hr. minimum), on-call basis or 24/7 365</td>
<td>Companionship, assistance with hygiene, dressing, toileting, transferring, household pets, errands</td>
<td>Background checks on staff; fully licensed, insured and bonded</td>
<td>Contact for information</td>
<td>Metro area</td>
</tr>
<tr>
<td>HOME HELPERS</td>
<td>(913) 685-2273</td>
<td></td>
<td>Any shift including 24-hour live-in, 2 hr minimum</td>
<td>Companionship, meal preparation, light housekeeping, laundry, shopping, transportation services, other non-medical services</td>
<td>Direct link in-home emergency response service available</td>
<td>$18 – $21/hour</td>
<td>Jackson, Johnson, Clay</td>
</tr>
<tr>
<td>HOME INSTEAD SENIOR CARE</td>
<td>(913) 962-6500  (816) 753-3700</td>
<td><a href="http://www.homeinstead.com">www.homeinstead.com</a></td>
<td>Any shift</td>
<td>Care available any shift (3 hr. minimum), on-call basis or 24/7 365</td>
<td>Background checks &amp; drug testing done on staff</td>
<td>$18 – $21/hour</td>
<td>Johnson, Wyandotte, Shawnee, Cass, Clay and Jackson</td>
</tr>
<tr>
<td>HOMEWATCH CAREGIVERS</td>
<td>(913) 341-2519</td>
<td><a href="http://www.homewatchcaregivers.com">www.homewatchcaregivers.com</a></td>
<td>Any shift</td>
<td>Care available any shift including 24-hour live-in, 2 hr minimum</td>
<td>References available</td>
<td>$18 – $21/hour</td>
<td>Jackson, Johnson</td>
</tr>
<tr>
<td>HOMEWELL</td>
<td>(913) 353-6553  (816) 839-4455</td>
<td><a href="http://www.kc.homewellseniorcare.com">www.kc.homewellseniorcare.com</a></td>
<td>Any shift</td>
<td>Experienced CNA's and Home Health Aids trained in Alzheimer's and dementia care</td>
<td>Background checks performed on all employees, including driving history</td>
<td>Contact for more information</td>
<td>Serving the entire Kansas City Metro Area (Kansas and Missouri)</td>
</tr>
</tbody>
</table>
BUSINESSES OFFERING RESPITE IN KANSAS AND MISSOURI

INTEGRITY HOME CARE
Phone: (816) 254-3131  (888) 793-1795
www.integrityhc.com
- Care available 24-hours, overnight live-in
- Nurses and home care aides
- Nursing care, medication assistance, personal care including bathing, housekeeping, errands, companionship
- Accepts Medicare, Medicaid, Private Pay, Private Insurance, VA Benefits
Fee: Negotiable
Counties: Greater Kansas City

JFK COMFORT CARE INC.
Phone: (816) 522-6631
www.jfkcomfortcare.com
- CNAs, Med Tech certified staff
- Hygiene assistance, meal prep/diet monitoring, light housekeeping, errands/shopping, companionship, household chores including laundry
- Available 24/7, minimum 2 hrs
- Accept most insurance carriers
Fee: Dependent on type of care
Counties: Johnson, Wyandotte, Jackson, Clay

KANSAS CITY HOME CARE, INC.
Phone: (816) 333-9100  (913) 341-4800
- Calls answered 24/7 by administrative staff
- Companion/personal care, medical reminders, meal preparation, transportation and errands
- Available 24/7, minimum 2 hrs
- Accept most insurance carriers
- Staff are screened, trained, insured and supervised
- Privately owned/operated 23+years
- References available upon request
Fee: Based on care level of services needed; $17.50 – $35/hr.
Counties: Jackson, Cass, Johnson, Miami, Wyandotte

PROVIDE-A-CARE
Phone: (816) 587-4640
- Personal care, respite, companion, housekeeping and meal preparation
- Medication monitoring
- 24-hour care, including weekends
Fee: Based on level of care
Counties: Clay and Platte, and some Johnson, Wyandotte, Jackson

PREMIER CUSTOM CARE, LLC
Phone: (816) 531-2210
www.premiercustomcare.com
- Professional caregivers: insured, bonded, background checks, driving records and drug screening
- Household help, personal care, respite care, technology/social networking
- Short term hourly rates, 7 days/week, 24-hour care, live-in caregivers
- Private pay or long term care insurance accepted
Fee: Dependent on service
Counties: Cass, Clay, Jackson, Platte, Johnson, Wyandotte

RESCARE HOMECARE
Phone: (913) 385-7900
www.ResCareHomeCare.com
- Professional nursing, personal care/support, homemaking, transportation, meal preparation, total care for the bedridden
- Multicultural and multilingual
- Overnight care available
- Private insurance, private pay, long term care insurance, certain veteran’s benefits
Fee: Dependent on service
Counties: Greater KC area
Respite Care Providers List

BUSINESSES OFFERING RESPITE IN KANSAS AND MISSOURI continued

RIGHT AT HOME
Phone: (913) 338-1919 (816) 453-2000
(877) 338-1919
www.rightathomekc.com
• CNAs
• Companionship, safety supervision, meal preparation, medication reminders, housekeeping, errands, help with activities (hobbies, reading a book, etc.), personal care, transportation
• Caregivers are screened and insured
• Free in-home care assessment
Fee: Starting at $22 per hour - no minimum time requirement
Counties: Metro area

SENIORS HELPING SENIORS
Phone: (913) 232-7532
www.seniorshelpingseniors.com
• Non-medical care, personal care, light housekeeping, errands, transportation, companionship, meal prep
• Respite care
• Overnight and 24-hour care
Fee: Dependent on service
Counties: Johnson, Jackson, Clay

SENIOR HELPERS
Phone: (913) 851-4800 (816) 272-5741
• CNAs and CMAs trained in Alzheimer's and dementia with “Teepa Snow's Positive approach”
• Staff fully insured/background checks
• Education for families
• Personal/companion care, meal preparation, light household duties, errands
• Long term insurance accepted
• Available 24/7
Fee: Contact for information
Counties: Metro area

SYNERGY HOME CARE
Phone: (913) 685-9700
• Companionship, personal care, homemaker care, transportation, respite care for families
• Assistance with errands, recreational activities, cooking, light housekeeping
• 24-hour on-call service available
Fee: $18 –$22/hour
Counties: Johnson, Wyandotte, Miami

THOUGHTFUL HEALTHCARE
Phone: (913) 341-4800 or (816) 236-8200
www.ThoughtfulCare.com
• Experienced caregivers trained in Alzheimer's and dementia care
• Personal care, meal preparation, light household duties, errands and companionship
• Available 24/7/365 (part-time, full-time and live-in)
• Staff fully insured; background checks
Fee: Contact for information
Counties: Greater Kansas City and surrounding areas

TRIPPLE TLC, LLC
Phone: (816) 313-0098
thomasyvonne55@yahoo.com
• Alzheimer's and dementia care
• Adult daycare
• Respite care
• Residential care (small group)
Fee: Dependent on service
Counties: Johnson and Wyandotte in Kansas; Jackson, Cass, Clay, and Platte in Missouri
## BUSINESSES OFFERING RESPITE IN KANSAS AND MISSOURI

### VISITING ANGELS
Phone: (855) 300-4645  (913) 912-1260  
visitingangels.com/kansas-city
- Non medical care, personal care, companionship, light housekeeping, errands and shopping, meal preparation
- 2 – 24-hours service
- Live-in, live-out, sleep-over, temporary or long-term care, 7 days/week, holidays
Fee: Contact us for more information
**Counties:** Johnson, Jackson, Douglas, Shawnee, Jefferson, Leavenworth, Osage, Franklin, Pottawatomie, Wabaunsee

### ZACK GROUP
Phone: (913) 491-3562  
www.zackgroup.net
- Companionship, personal care aides, meal planning and preparation, housekeeping, medication reminders, shopping and errands, laundry, transportation, recreational activities
- Staff trained to care for those with Alzheimer’s
- Available 24-hours/7week
- Free nursing assessment and 10% discount for seniors and veterans
Fee: $19.95 - $21.95/hr
**Counties:** Douglas, Johnson, Cass, Jackson, Platte, Clay

## INDIVIDUALS OFFERING RESPITE IN KANSAS AND MISSOURI

### PEARL AMMONS
Phone: (816) 560-0348  (816) 763-0064
- 15 years experience in caregiving, experience with Alzheimer’s
- Personal care, housekeeping, errands and other services
- Available weekdays after 3, weekends and overnights, references available
Fee: $12/hour
**Counties:** Metro area

### RAY BROWN
Phone: (816) 924-5529 or (816) 824-4116
- Over 27 years experience as a caregiver
- Eucharistic minister, prayer companion
- Light house duties and transportation available
- Available for extended shifts and overnight
Fee: Starting at $17 per hr., depends on level of care
**Counties:** Metro area

### STEPHANIE CARR
Phone: (816) 514-0499 or (816) 730-7159
- Current certifications CNA/CMA, CPR First Aide
- 27 years experience in caregiving
- Medication management, Alzheimer’s hospice, personal care, meal prep, errands, light housekeeping, companionship
- Available all shifts including weekends
Fee: Negotiable depending on level of care
**Counties:** Greater KC Metro area

### MICHELLE ACOSTA DELGADO
Phone: (913) 548-9440
- Retired trauma nurse - Truman Med
- 14 years experience doing personal care, companionship, toileting, dressing, feeding, bathing, etc.
- Available daytime only, no weekends
Fee: Depends on level of care
**Counties:** Greater KC Metro area
INDIVIDUALS OFFERING RESPITE IN KANSAS AND MISSOURI continued

REVA GILBERT
Phone: (816) 363-4028 or (816) 813-9119 (cell)
- Personal caregiver for 13 years
- Experience with individuals with Alzheimer’s and hospice care
- Housekeeping, personal care, companionship, meal prep
- Available daytime
Fee: Negotiable
Counties: KC Metro Area, Overland Park

PAULA HART
Phone: (816) 446-5065
- 25 years experience with caregiving
- 10 years experience with Alzheimer’s; trained for hospice care
- Personal care, housekeeping, errands
Fee: $14–$15 per hr.
Counties: Jackson, Johnson

TAMMY LOWERY
Phone: (816) 665-1486
- 25 years experience in human services and direct patient care
- Experienced in facility and one-on-one patient care, including hospice care
- Knowledge in a vast array of physical and mental impairments and limitations
- Degree in Rehabilitation Psychology
Fee: $12 – $15/hr.
Counties: Clay, Jackson, Johnson

CHRISTINE MCCLOUD
Phone: (913) 299-1441
- More than 20 years experience in caregiving
- Personal care (no lifting), meal preparation, medication assistance, other services
- Daytime, some evenings, references a available
Fee: $12 – $15 per hour, depending on level of care
Counties: Greater KC Metro Area

SHANIEDA PULLUAIM
Phone: (816) 777-7291
- Current certification is CNA in Kansas and Missouri, First Aid and CPR
- 15 years experience in hospitals and home settings (references available upon request)
- Extensive work with Alzheimer’s, Parkinsons, Dementia, Cancer, Stroke and Hospice
- Personal care, housekeeping, meal preparation, medication reminders, companionship, errands, and other services
- Flexible hours, 24-hour care, 7 days a week, minimum 4-hour stay
Fee: $14 per hour and up. Negotiable depending on level of service
Counties: Jackson, Clay, Platte, Johnson

MARGARET RHODES
Phone: (913) 262-6424 (816) 590-1098 (cell)
- 30 years experience with references available or
- Personal care, meal preparation, errands, light housekeeping, general in-home care
- Care available all shifts including some weekends
Fee: $12 – $13 per hour, negotiable
Counties: Greater KC Metro Area

ALLISON SMITH
Phone: (816) 822-8438
- Personal caregiver for 15 years plus experience with individuals with Alzheimer’s, Parkinson’s and hospice
- Housekeeping, personal care, companionship, meal preparation
- Available Monday – Friday, 9:00 a.m. – 4:00 p.m.
Fee: Negotiable
Counties: Johnson, Jackson, Cass, Clay
### INDIVIDUALS OFFERING RESPITE IN KANSAS AND MISSOURI

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Contact Email</th>
<th>Experience and Services</th>
<th>Fee and Availability</th>
<th>Counties</th>
</tr>
</thead>
<tbody>
<tr>
<td>DAWN SNIDER</td>
<td>(816) 260-8756</td>
<td></td>
<td>Personal caregiver for 14 years, Alzheimer’s experience for 10 years, personal care, light housekeeping, meal preparation, companionship, errands, emphasis on maintaining dignity and self-worth of individual(s)</td>
<td>$15-$25/hr., dependent on level of care</td>
<td>Cass, Jackson, Johnson, others</td>
</tr>
<tr>
<td>JANET SPEAR</td>
<td>(573) 280-8651</td>
<td></td>
<td>Former EMT, current certification CNA, CMA, insulin management, mental health, CPR, extensive work with Alzheimer’s patient care, mother is an Alzheimer’s patient, so I understand all sides of care and caretaking challenges</td>
<td>$15/hr., negotiable</td>
<td>Kansas City Metro Area, negotiable</td>
</tr>
<tr>
<td>DEBBIE THOMAS</td>
<td>(816) 313-0098</td>
<td><a href="mailto:thomasyvonne55@yahoo.com">thomasyvonne55@yahoo.com</a></td>
<td>Alzheimer’s and dementia care, adult daycare, respite care, residential care (small group)</td>
<td>Dependent on service</td>
<td>Johnson and Wyandotte in Kansas; Jackson, Cass, Clay, and Platte in Missouri</td>
</tr>
<tr>
<td>PEARL WADE</td>
<td>(816) 645-4640</td>
<td></td>
<td>23 years experience in hospice, Alzheimer’s disease, rehab, and LTC, meal prep, light housekeeping, running errands, accompanying on doctor appointments</td>
<td>$15 - $18 per hour</td>
<td>Johnson and Jackson</td>
</tr>
</tbody>
</table>

### BUSINESSES OFFERING RESPITE IN KANSAS ONLY

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone Number</th>
<th>Website</th>
<th>Services</th>
<th>Fee and Availability</th>
<th>Counties</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALWAYS BEST CARE</td>
<td>(913) 708-8330</td>
<td></td>
<td>Background checks done on all staff, free evaluation, veteran aid &amp; attendance program available, bathing, companionship, meal preparation, errands/shopping, light housekeeping, hourly or live-in care available</td>
<td>Negotiable</td>
<td>Johnson County</td>
</tr>
<tr>
<td>BENEFITS OF HOME – SENIOR CARE</td>
<td>(913) 422-1591</td>
<td><a href="http://www.benefitsofhome.com">www.benefitsofhome.com</a></td>
<td>Companionship and non-medical respite care, personal care, meal planning, transportation, light housekeeping, laundry/ironing, medication reminders, bathing, grooming, dressing, ambulation assistance, incontinence support, no service hour minimum</td>
<td>$20</td>
<td>Johnson, Douglas</td>
</tr>
<tr>
<td>GENTLE HOME SERVICES, INC</td>
<td>(800) 860-9823</td>
<td></td>
<td>Companion services and other non medical services, live-in and hourly services</td>
<td>$22 per hr.</td>
<td>Johnson County</td>
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HELPING SOLUTION
Phone: (913) 213-3202
www.helpingsolution.com
- Certified Nursing Assistant and PCA, Alzheimer’s specialist with customized training
- National, state and local background screenings; bonded and insured
- Personal care, meal prep, errands, light housekeeping, companionship, medication reminder, transportation
- Available all shifts, 24 hr. care, weekends, hourly and live-in care; temporary or long-term care, 7 days/week, holidays
- Post discharge care
Fee: Dependent on type and level of care provided
Counties: Jackson, Johnson, Miami, Douglas

MIDWEST HEALTHCARE SERVICES
Phone: (913) 663-9950
- Personal care, companionship, transportation, private nursing
Fee: Negotiable, Payment: Medicare, Medicaid approval pending
Counties: Johnson

VISITING NURSES PRIVATE DUTY PLUS
Phone: (785) 843-3738
www.kansasvna.org
- Licensed provider
- 24-hour care available
- LPNs, CNAs, home care aides and companions
- Bathing, grooming, dressing assistance, nail care, hair care
- Shopping, transportation, meal prep, housekeeping, laundry, medication meds set-ups
- Payment: Private pay, Long Term Care Insurance, VA Benefits
Fee: $17.50-$20.00 per hour
Counties: Douglas, Jefferson, Leavenworth, Shawnee, Franklin

WINGS OF CARING – BARBARA KUKLENSKI
Phone: (913) 209-4413
- CNA, home health aide, 8 years Alzheimer’s experience. References available
- All types of care available any shift including overnight, no minimum hours required
Fee: Negotiable
Counties: Johnson
INDIVIDUALS OFFERING RESPITE IN KANSAS ONLY

WILLA GRIEFING
Phone: (913) 592-2104
- 10+ years of caregiving; 5 years caring for those with Alzheimer’s disease
- Companionship, meal prep, medicine monitoring, transportation to dr. appointments and stores, housekeeping
- References available
- Available except Tues eve and Sundays
Fee: $13.00; flexible depending on location and level of care
Counties: Johnson, Miami

MARY COMBS
Phone: (816) 255-0930
- 30+ years as a care provider, 15+ years with Alzheimer’s and hospice care
- Personal care, light housekeeping, grocery shopping, schedule/attend doctor appointments, meal preparation, activity planning (experience with redirecting, etc.)
- Flexible availability
- Can live-in 3 to 4 days per week, affordable rates
Fee: $15/hour or $300/day for live-in
Counties: Johnson, Wyandotte

STACI MCCUMONS
Phone: (913) 671-9342
- LPN
Fee: $20-25/hour depending on level of care
Counties: Central/Southern Johnson County

INDIVIDUALS OFFERING RESPITE IN KANSAS ONLY

LISA STEVENS
Phone: (913) 952-5388
- CNA with 5 years experience in Alzheimer’s care, 10 years post-operative care, spinal/brain injury care, work comp injuries
- End-of-life care, elder care, hospice, vital signs monitoring, dressing changes for wounds, ventilator care, medicine reminders, tube feeding, catheter care, tracheotomy care, bathing and personal hygiene assistance, light housekeeping/meal prep/transportation to medical appointments
- CNA #201790/HHA/CPR/Hospice/doctor’s office/hospital
- Flexible opportunities, 24-hour care/full weekend/full week/12-hour care day or night/hospice/respite
Fee: $15 – $17/hour
Counties: Johnson, Wyandotte

INDIVIDUALS OFFERING RESPITE IN MISSOURI ONLY

ALMA JENNINGS
Phone: (816) 966-9621
- 8 years experience with family members who have Alzheimer’s disease
- 9+ years experience with providing personal care ranging from 12 to 84 hours a week as well as live-in care
- Trained in Alzheimer’s and dementia care, and hospice care
- Provide companionship, meal prep, housekeeping, transportation to appointments
- Experience driving handicap accessible vehicles and can assist with hoyer stand-up lifts, glider, and board transfers
- CPR certified
- Available Monday through Sunday
- Willing to do overnights 7 days a week
Fee: $12 – $16/hour, negotiable
Counties: Jackson and Johnson
BUSINESSES OFFERING RESPITE IN MISSOURI ONLY

1ST CARE HOME HEALTH LLC
Phone: (816) 581-6864
- CNAs, Personal care Attendants, home health aides, homemakers available
- Missouri Medicaid approved
- Staff subject to complete background check; insured and bonded
- Personal care, meal preparation, homemaking, companionship
Fee: Dependent on type and level of care provided
Counties: Jackson, Clay, Cass

CATHOLIC CHARITIES OF KANSAS CITY
ST. JOSEPH
Phone: (816) 221-4377 (800) 875-4377
Homemaker, personal and respite care services
- 2 hour minimum
- Services provided at little or no cost through federal and state funds for those who qualify
Fee: Dependent on service
Counties: Jackson, Clay, Platte

EVERGREEN HOME COMPANION
Phone: (816) 524-2273
- Professional dementia care tailored to the client’s specific level/type of dementia and personal life experiences — focused care and activities encourage purpose and higher quality of life
- Secure online family portal for authorized family/medical members for real time visibility to client’s activities and well-being regardless of distance
- Trusted caregivers are extensively screened, trained, bonded, insured and certified in dementia care
- Work with local partners to provide comprehensive solutions to meet every client’s needs
- 24/7 customized care: companionship, cooking, homemaking, personal hygiene, transportation, errands and home safety
Fee: Starts at $17.95 per hour, dependent on level and type of care
Counties: Jackson, Cass, Johnson

BUSINESSES OFFERING RESPITE IN MISSOURI ONLY continued

HOME HELPERS - NORTHLAND
Phone: (816) 255-2867
Carrie Lundy or Nancy Petersen
- Companionship, meal prep, light housekeeping, laundry, shopping, transportation services and other non-medical services
- Direct Link in-home emergency response service available
- Free in-home assessment
Fee: based
Counties: Jackson, Clay, Platte

MANAGED CARE, INC.
Phone: (816) 761-5122
- One-on-one care, bathing, housekeeping, medication monitoring
- References available
Fee: Negotiable
Counties: Clay, Cass, Jackson

RIGHT AT HOME
Phone: (816) 453-2000
www.rightathomekc.com
- Family owned, bonded and insured
- Personal/companion care, transportation, meal preparation, housekeeping
- Criminal background check on caregivers, drug tested, DMV check
- 2 hr. minimum – up to 24/7
Fee: Based on level of care beginning at $17/hr.
Counties: Platte, Clay and Jackson

SENIOR COMPANIONS
Phone: (816) 753-8400
www.westparkcooperative.org
jmayfcp@yahoo.com
- Volunteer program, companionship services only
- Services available M-F, up to 20 hours per week
Fee: No charge
BUSINESSES OFFERING RESPITE IN MISSOURI ONLY continued

SHEPHERD’S CENTER OF THE NORTHLAND SERVICES
Phone: (816) 452-4536
- Transportation, friendly visitors, respite for caregivers, personal shoppers, call check
Fee: Donation
Counties: Clay, Platte

 TIFFANY IN-HOME SERVICE
Phone: (660) 826-7766
- Personal care, homemaker chore services, respite care, nurse visits
- Medicaid accepted
Fee: $15.12 per hour
Counties: Cass, Henry, Saline, Johnson, Cooper

WEST CENTRAL MO COMMUNITY ACTION AGENCY
Phone: (660) 476-2185
- Ask for the In-Home Health Services Department
- Personal care, homemaker chore services. No minimum hours required
- Medicaid reimbursement. References available
Fee: HC and PC: $18/hr, Respite: $16.25 per hour, Nurse visits: $42/hr, APC: $22/hr
Counties: Bates, Cass, Henry, Jackson, Johnson, 10/13/15

How to Contact the Alzheimer’s Association – Heart of America Chapter
1.800.272.3900 • alz.org/kansascity

The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.