Kansas Support Groups

Support groups are composed of people who meet, share information, and provide support to one another. Support group members report many benefits including:

- Obtaining information about the disease and community resources
- Understanding the behavior of the individual with Alzheimer's
- Receiving validation for negative or ambivalent feelings
- Feeling “I’m not alone”
- Receiving emotional support
- Learning specific strategies to handle their loved one’s behavior
- Receiving encouragement to maintain or regain their personal lives.

Participation in a support group may help to normalize the experience of caregiving and decrease feelings of burden.

The Alzheimer's Association encourages new attendees to contact the support group leader prior to your first visit to assure time and location. Where no contact number is listed, please call the Heart of America Chapter at 913-831-3888.

**TELEPHONE SUPPORT GROUP**

**FOR SPANISH-SPEAKING INDIVIDUALS**

Grupo de apoyo de teléfono Español

Este grupo se origina en el sur de California, pero está abierto a los cuidadores a través de los Estados Unidos. El cuarto martes de cada mes.

11:00 a.m. – 12:30 p.m. hora del Centro; 1:00 - 2:30 p.m. hora del Pacífico

Para más información y detalles por favor póngase en contacto con Linda Loera en 213-220-0713 o lloera@alz.org

English Translation:

Spanish Telephone Support Group

This group originates in Southern California but is open to caregivers across the United States. 4th Tuesday of each month.

11:00 a.m. - 12:30 p.m. Central Time; 1:00 - 2:30 p.m. Pacific Time.

For more information and details please contact Linda Loera at 213-220-0713 or lloera@alz.org.

**ANDERSON COUNTY**

Parkview Heights Nursing & Rehabilitation Center
101 N. Pine St.
Garnett, KS 66032
Debbie Welsh, facilitator
(785) 448-2434
4th Wednesday, 1 – 2:30 p.m.

**BOURBON COUNTY**

Breakfast Club

The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

Papa Dons
10 N Main St.
Fort Scott, KS 66701
Angela Decoster, facilitator
(620) 433-2189
3rd Wednesday at 9:00 a.m.

**CLOUD COUNTY**

OCCK, Inc. (beginning April 15)
1502 Lincoln St., Concordia, KS
Sierra Lang, facilitator
785-827-9383
3rd Wednesday at 1:00 p.m.

**CRAWFORD COUNTY**

Breakfast Club

The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

1st United Methodist Church
415 N Pine
Pittsburg, KS 66762
Angela Decoster, facilitator
(620) 433-2189
3rd Thursday at 9:00 a.m.
DOUGLAS COUNTY

West Side Presbyterian Church
1024 Kasold Drive, Lawrence, KS 66049
Gus McClelland, facilitator
4th Monday, 3:30 – 5:00 p.m.

JOHNSON COUNTY

Alzheimer’s Association Chapter Office
3846 West 75th Street
Prairie Village, KS 66208
Darcy Letourneau, facilitator
(913) 948-8648
4th Thursday at 10:00 a.m.
This group is for caregivers. During this group time, social engagement and creative activities are available exclusively for individuals whose care partners are attending the support group. Space is limited. If interested, please contact Darcy Letourneau at (913) 948-8648 before attending.

St. Lukes South
12300 Metcalf, Executive Conference Room
Overland Park, KS 66213
Theresa Gordon, facilitator
2nd Tuesday, 6 – 7:30 p.m.
Contact: Darcy Letourneau
913.831.3888

Beautiful Savior Lutheran Church
13145 Blackbob Road
Olathe, Kansas 66062
1st Thursday at 6:00 p.m.
Jeanne Reeder, LMSW, facilitator
(913) 244-1815

For Caregivers
Education Center
3856 W. 75th Street, Prairie Village, KS 66208
Teri Seward and Michelle Fox, facilitators
Need to call Darcy Letourneau before first attending
(913) 948-8648
1st & 3rd Tuesday at 5:45 p.m.

LABETTE COUNTY

Breakfast Club
The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

Four Square Church
98 Main Street, Parsons, KS 67357
Angela Decoster, facilitator
(620) 433-2189
1st Thursday at 9:00 a.m.
Kansas Support Groups

LEAVENWORTH COUNTY

Council on Aging
1830 S. Broadway
Leavenworth, KS  66048
Patty Willmeth, facilitator
(913) 684-0777
4th Monday, 1 – 2:30 p.m.

NEOSHO COUNTY

Breakfast Club
The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.
First United Methodist Church – Fellowship Hall
202 S. Lincoln Avenue
Chanute, KS  66720
Angela Decoster, facilitator
(620) 433-2189
1st Wednesday at 9:00 a.m.

How to Contact the Alzheimer’s Association – Heart of America Chapter
1.800.272.3900  •  alz.org/kansascity

The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.