Missouri Support Groups

Support groups are composed of people who meet, share information, and provide support to one another. Support group members report many benefits including:

- Obtaining information about the disease and community resources
- Understanding the behavior of the individual with Alzheimer’s
- Receiving validation for negative or ambivalent feelings
- Feeling “I’m not alone”
- Receiving emotional support
- Learning specific strategies to handle their loved one’s behavior
- Receiving encouragement to maintain or regain their personal lives.

Participation in a support group may help to normalize the experience of caregiving and decrease feelings of burden.

The Alzheimer’s Association encourages new attendees to contact the support group leader prior to your first visit to assure time and location. Where no contact number is listed, please call the Heart of America chapter at 913.831.3888.

**TELEPHONE SUPPORT GROUP FOR SPANISH-SPEAKING INDIVIDUALS**

Grupo de apoyo de teléfono Español

Este grupo se origina en el sur de California, pero está abierto a los cuidadores a través de los Estados Unidos. El cuarto martes de cada mes.

11:00 a.m. - 12:30 p.m. hora del Centro; 1:00 - 2:30 p.m. hora del Pacífico

Para más información y detalles por favor póngase en contacto con Linda Loera en 213-220-0713 o lloera@alz.org

**English Translation:**

Spanish Telephone Support Group

This group originates in Southern California but is open to caregivers across the United States.

4th Tuesday of each month.

11:00 a.m. - 12:30 p.m. Central Time; 1:00 - 2:30 p.m. Pacific Time.

For more information and details please contact Linda Loera at 213-220-0713 or lloera@alz.org.

---

**ATCHISON COUNTY**

Community Hospital
26136 US 59 Hwy
Fairfax, MO 64446
Gale Ball, facilitator
(660) 686-2339
3rd Thursday, 12:30 p.m.

**BUCHANAN COUNTY**

Living Community of St. Joseph
1202 Heartland Road
St. Joseph, MO 64506
Mary Schrom Breese, facilitator
(816) 671-0015
2nd Tuesday, 5:00 p.m.

**CASS COUNTY**

Cass Regional Medical Center
2800 Rock Haven Road
Harrisonville, MO 64701
Shelly Mikuls, facilitator
2nd Tuesday, 6:00 – 7:30 p.m.

Foxwood Springs
1500 W. Foxwood Drive
Raymore, MO 64083
Jeanie Parris, facilitator
(816) 331-3111 or (816) 318-2282
3rd Monday, 3:00 p.m.

---

continued
Missouri Support Groups

CLAY COUNTY

North Kansas City Hospital
Barry Room
2800 Clay Edwards Drive
North Kansas City, MO 64116
Jeanne Reeder, facilitator
(913) 244-1815
3rd Monday, 6:00 p.m

CLINTON COUNTY

Missouri Veterans Home
1111 Euclid Avenue
Cameron, MO 64429
Brenda Gregg, facilitator
(816) 364-4467
3rd Wednesday 1:30 p.m.

GRUNDY COUNTY

Dino’s Diner
3027 E. 10th Street
Trenton, MO 64683
Brenda Gregg, facilitator
(816) 364-4467
1st Wednesday, 10:00 a.m., however this group will not meet in January due to the holiday.

HARRISON COUNTY

Senior Center
1316 S. 25th Street
Bethany, MO 64424
Brenda Gregg, facilitator
(816) 364-4467
1st Friday, 1:00 p.m.

HENRY COUNTY

Ben Franklin Coffee Shop
106 S. Main
Clinton, MO 64735
Ranae Walrath, facilitator
Contact: Darcy Letourneau
(913) 831-3888
2nd Thursday at 10:00 a.m.

JACKSON COUNTY

Breakfast Club
The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

Jewish Family Services, Brookside East
425 E. 63rd Street
Kansas City, MO 64130
Kelly Loeb, facilitator
(913) 327-8278
2nd Saturday, 9:30 – 11:30 a.m.

Christ United Methodist Church
14506 East 39th Street
Independence, MO 64055
Audrey Sloane, facilitator
2nd Thursday, 7:00 p.m.

First Baptist Church
2 NE Douglas
Lee’s Summit, MO 64063
(west side of Douglas between Maple and 1st)
Jan Horn, facilitator
(913) 948-8644
4th Monday, 6 – 7:30 p.m.

Vesper Hall
400 NW Vesper
Blue Springs, MO 64014
Darcy Letourneau, facilitator
(913) 948-8648
2nd Thursday, 2:30 – 4:00 p.m.

JOHNSON COUNTY

Missouri Veterans Home
1300 Veterans Road
Warrensburg, MO 64093
Angela Boone, facilitator
(660) 543-5064
2nd Wednesday at 10:00 a.m.
Missouri Support Groups

LIVINGSTON COUNTY
Livingston County Health Department
Meeting Room
800 Adam's Drive, Chillicothe, MO 64601
Geri Curtis, facilitator
(660) 646-1595
3rd Wednesday, 1:30 p.m.

NODAWAY COUNTY
Oak Pointe Community Room
817 Country Club Drive
Maryville, MO 64468
Hanna Danner, facilitator
(660) 240-0065
3rd Wednesday, 6:00 p.m.

Nodaway County Senior Center
1210 E 1st St.
Maryville, MO 64468
Autum Fisher, facilitator
(660) 582-7447
4th Thursday, 6:00 pm

PLATTE COUNTY
Platte Woods United Methodist Church
Room 254
7310 Northwest Prairie View Road
Platte Woods, MO
Doreen Farmer, facilitator
Contact: Darcy Letourneau
(913) 831-3888
3rd Thursday, 11 a.m. – 12:30 p.m.

RAY COUNTY
Ray County Library
215 E. Lexington St.
Richmond, MO 64085
Christal Milligan, facilitator
(816) 332-3435
Becky Franklin, facilitator
(816) 217-4152
4th Thursday, 5:30 – 6:45 p.m.

How to Contact the Alzheimer’s Association – Heart of America Chapter
1.800.272.3900 • alz.org/kansascity

The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.