Northeast Kansas Support Groups

Support groups are composed of people who meet, share information, and provide support to one another. Support group members report many benefits including:

- Obtaining information about the disease and community resources
- Understanding the behavior of the individual with Alzheimer’s
- Receiving validation for negative or ambivalent feelings
- Feeling “I’m not alone”
- Receiving emotional support
- Learning specific strategies to handle their loved one’s behavior
- Receiving encouragement to maintain or regain their personal lives.

Participation in a support group may help to normalize the experience of caregiving and decrease feelings of burden.

*The Alzheimer’s Association encourages all new attendees to contact the support group leader prior to your first visit to assure time and location.*

**CLAY COUNTY**
Clay County Medical Center – Education Room
617 Liberty
Clay Center, KS
2nd Monday 5:30 p.m.
Leader: Amanda Ruthstrom
785-307-1958 or 785-271-1844

**DICKINSON COUNTY**
Enterprise Community Building
206 S. Factory
Enterprise, KS
2nd Thursday 2:00 p.m.
Leader: Linda Hawley
785-263-8278
Contact prior to attending
* Social group activity provided for the person with the disease while the caregiver attends the support group.

**GEARY COUNTY**
Junction City Church of the Nazarene
1025 S. Washington St.
Junction City, KS
3rd Tuesday 9:30 am
Leader: Dale McCandless
785-271-1844

**LYON COUNTY**
Newman Hospital School of Nursing
1127 Chestnut
Emporia, KS
3rd Tuesday 7:00 pm
Leader: Paula Sauder
620-343-4035

**MARSHALL COUNTY**
Cambridge Place
1100 N 16th
Marysville, KS
3rd Wednesday, 12:00 p.m. (Lunch provided)
Leader: Iris Turnball
785-562-5321

Community Memorial Hospital
708 N. 18th Street
Marysville, KS
3rd Monday, 5:30 p.m.
Mandy Becker
785-272-1844

**RILEY COUNTY**
Riley County Senior Center
412 Leavenworth
Manhattan, KS
2nd Monday 1:30 pm
Leader: Melissa Colby
785-537-4040

*continued*
SHAWNEE COUNTY
Frontotemporal Dementia (FTD) Care Partner Support Group
Alzheimer’s Association Office
3625 SW 29th Street, Suite 102
Topeka, KS
5:00 pm
Second Wednesday of each month
Leader: Tina Downey and Hayley Young
785-271-1844

Alzheimer’s Association Office
3625 SW 29th Street, Suite 102
Topeka, KS
2:00 pm
Last Wednesday of each month
Leader: Hayley Young
785-271-1844

Brewster Place - Healthcare Unit
1001 SW 29th St.
Topeka, KS
10:00 a.m.
Second Saturday of each month
Leader: Val Jahnke
785-271-1844

*Social engagement provided for individuals living with dementia while their caregivers are participating in this support group.

First Congregational Church
For Caregivers
This group is for caregivers of those individuals who are attending the Early Stage support group going on at the same time (see below).
4 – 5:30 pm
1701 SW Collins Ave
Topeka, KS 66604
1st Wednesday of the month
Leader: Cindy Miller
Contact Hayley Young to schedule an orientation meeting, 785-271-1844

First Congregational Church
For the Person with Early Stage (not for caregivers)
Early stage group meeting for individuals in the early stage of a dementia process, where questions regarding the illness, life implications, and associated issues are discussed.
4 – 5:30 pm
1701 SW Collins Ave
Topeka, KS 66604
1st Wednesday of the month
Leader: Val Jahnke
Contact Hayley Young to schedule an orientation meeting, 785-271-1844

Mother Theresa Catholic Church
3:00 - 4:00 pm
2014 NW 46th Street
Topeka, KS 66618
4th Thursday of each month
Leader: Lisa Walder
For more information, please contact Hayley Young at 785-271-1844

How to Contact the Alzheimer’s Association – Heart of America Chapter
1.800.272.3900  •  alz.org/kansascity

The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.