

Stay in Touch with What's Happening!

ALZHEIMER'S EDUCATION CLASSES

Alzheimer's and dementia don't come with an instruction manual, but there are resources available to help. The Alzheimer's Association offers free education programs to learn more about what to expect and how to prepare for the future.

[CLICK HERE TO LEARN MORE ABOUT LOCAL EDUCATION CLASSES](#)

VIRTUAL AND IN-PERSON SUPPORT GROUPS

The Alzheimer's Association collaborates with many community partners to provide support groups where needed. Groups meet regularly



[CLICK HERE TO SEE CURRENT SCHEDULE](#)



MISSOURI CAREGIVER PROGRAM

This program provides small grants, up to \$1,000 to help with the cost of respite services, care products, home modifications or assistive technology for individuals living with Alzheimer's or another dementia. The person receiving care must be living with Alzheimer's disease or another dementia and both the primary caregiver and care recipient must live in Missouri.

[CLICK HERE TO LEARN MORE](#)

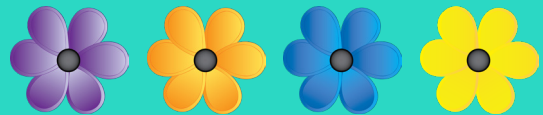


WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION

We are off to a great Walk season! Join us for any of our remaining Walks.

REGISTER & START FUNDRAISING TODAY!

Find details for all 8 Walks at alz.org/hoawalk



SOCIAL ENGAGEMENT ACTIVITIES

The Heart of America Chapter is always creating new ways for individuals in the early stage of Alzheimer's to stay socially active. Now offering three different Memory Cafés or a Music Jam Session.

[CLICK HERE FOR MORE INFORMATION ABOUT ALL OF THE SOCIAL ENGAGEMENT ACTIVITIES THE HEART OF AMERICA CHAPTER OFFERS](#)



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