## alzheimer's $\mathcal{R}$ association

# What to Look For When Choosing Adult Day Programs

Below is a list of questions to consider as you review adult care programs.

- Is the location convenient and accessible?
- Is transportation available? Is there an additional charge for transportation or is it included in the adult day care fee?
- Are service hours appropriate for your situation?
- What is the daily cost?
- Is financial assistance available? Is there a sliding scale, Medicaid or scholarships that you may qualify for?
- Are there hidden expenses, such as lunch fees, craft supply fees, fees for outings or transportation?
- Must you commit to a minimum amount of service?
- What is the policy concerning late arrival or pick-up?
- Do the services include family-support programming, such as caregiver support groups, social worker consultation or referral services?
- Are there hidden benefits, such as the availability of regular professional blood pressure testing, annual immunizations, hair styling services, bathing, dental check-ups, etc.? (Although such benefits may require additional fees, they may be invaluable timesavers for caregivers.)
- What programming is available throughout the day? Is it structured programming which maintains participants' abilities without being over stimulating?

- Can the facility accommodate the following special physical or medical requirements:
  - Dispense medicine?
  - Give reminders to take medicine?
  - Assist with toileting or handle incontinence?
  - Provide assistance and participation to wheelchair-restricted participants?
  - Effectively communicate with hearing impaired participants?
- How are problem behaviors handled? Are there specific behaviors or care needs which require your loved one's withdrawal from the program? Since Alzheimer's disease is a progressive disorder, you need to find out not only how the facility is going to handle existing care needs, but also whether they are able to handle potential needs.

#### Visiting the Adult Day Program

Schedule a visit to the adult day care facility. Tour and examine each facility for cleanliness, odors, room size, lighting, decorations, and general atmosphere of the environment. Observe how meals are served; sample food if possible.

Observe and interview staff. Ask about their qualifications and training. What is the staff to participant ratio? What does the staff's attitude seem to be? Carefully watch verbal and non-verbal communication between staff and participants. What is their policy in case of a medical emergency?

Observe the participants. Are they engaged in an activity, are they interacting socially with staff and others?

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# **Kansas Adult Day Programs**

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KANSAS						
Douglas County	Address	City	State	Zip	Contact	Hours Open
Baldwin Care Center	1223 Orchard Lane	Baldwin City	KS	66006	(785) 594-6492	24 hrs/day; 7 days/week
Bridge Haven	1126 Hilltop Drive	Lawrence	KS	66046	(785) 760-5508	8:30 a.m 10:00 p.m.
Cooper's Home Care	2139 Pennsylvania Avenue	Lawrence	KS	66046	(785) 865-2525, Lillian	
					(785) 842-3627	
					Fax (785) 842-3967	
Lawrence Adult Day Health	319 Perry Street	Lawrence	KS	66044	hpickerell@midlandcc.org	7:30 a.m. – 5:30 p.m., M – H
Franklin County	Address	City	State	Zip	Contact	Additional Information
					(785) 242-5399	
Village West	1100 W. 15th Street	Ottawa	KS	66067	Social Services	
Wellsville Manor	304 W. 7th	Wellsville	KS	66092	(785) 883-4101	
Jefferson County	Address	City	State	Zip	Contact	Additional Information
Midland Care at Linnwood Park	1509 Linn St.	Valley Falls	KS	66608	(785) 945-3634	8 a.m. – 5 p.m.
Johnson County	Address	City	State	Zip	Contact	Additional Information
Addington Place	2700 Somerset Drive	Prairie Village	KS	66206	(913) 648-3333	
Avonlea Cottage of Olathe	625 N. Lincoln St.	Olathe	KS	66061	(913) 829-6920	
Benton House	22000 Prairie Star Pkwy	Lenexa	KS	66220	(913)204-0374	
Bickford of Overland Park	10665 Barkley	Overland Park	KS	66212	(913) 642-5400	
Care Touch Home Plus	11206 W. 72nd Terrace	Shawnee	KS	66203	(913) 850-3139	
					(913) 266-8450	
Great Days at Village Shalom	5500 W. 123rd Street	Overland Park	KS	66209	Fax (913) 266-8491	8 a.m. – 6 p.m.
(The) Heritage of Overland Park	10101 W. 127th Street	Overland Park	KS	66213	(913) 912-7800	
Olathe Good Samaritan Center	20705 W. 151st Street	Olathe	KS	66061	(913) 782-1372	
Prairie Elder Care	151st and Quivira area	Overland Park	KS	66225	(913) 257-5425	7 a.m. – 5 p.m.
Springview Adult Care Center					(913) 310-0166, 302-1785	
Loving Hearts and Caring Hands	10644 W. 87th Street	Overland Park	KS	66214	springviewcarecenter.com	
Leavenworth County	Address	City	State	Zip	Contact	Additional Information
Country Care	515 Dawson	Easton	KS	66020	(913) 758-0329	
Saline County	Address	City	State	Zip	Contact	Additional Information
Sunflower Adult Day	401 W. Iron Ave.	Salina	KS	67401	(785) 823-6666	7:30 a.m. – 5:30 p.m.
Shawnee County	Address	City	State	Zip	Contact	Additional Information
Clare Bridge of Topeka	5800 SW Drury Lane	Topeka	KS	66604	(785) 271-5100	8 a.m. – 5 p.m.
Midland Care Connection	200 SW Frazier Circle	Topeka	KS	66606	(785) 232-2044	8 a.m. – 5 p.m.
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How to Contact the Alzheimer's Association – Heart of America Chapter 1.800.272.3900 • alz.org/kansascity

Main Office 3846 W. 75th Street Prairie Village, KS 66208 Northeast Kansas Regional Office 3625 SW 29th St. Suite 102 Topeka, KS 66614 Northwest Missouri Regional Office 927 Faraon St. Joseph, MO 64501 Southeast Kansas Regional Office 2601 Gabriel Parsons, KS 67357

The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.

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# **Missouri Adult Day Programs**

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MISSOURI		1				
Clay County	Address	City	State	Zip	Contact	Additional Information
				<u> </u>	(816) 454-5130	7 a.m. – 6 p.m.
Heritage Adult Day Care	3000 NE 64th Street	Gladstone	МО	64119	Kim Marshall	Serves 16 people
Shepherd's Center of the Northlan	4805 NE Antioch Road	Kansas City	MO	64119	(816) 452-4536	1 1
Jackson County	Address	City	State	Zip	Contact	Additional Information
						7 a.m. – 5:30 p.m. M – F
					(816) 926-9400	Serves 30 people
					Chris Ruebel	Member of Missouri Adult
Brookside Adult Day Health Care	400 West 57th Street	Kansas City	МО	64113	brooksideadultday.com	Day Care Association
						6 a.m. – 6 p.m. M–F
						Sat. 7 a.m. – 3 p.m.
					(816) 920-7003	Serves 20 people
					Fax (816) 737-2552	Member of Missouri Adult
(The) Carousel Adult Day Center	5419 E. 36th Street	Kansas City	MO	64130	Mrs. Barnes	Day Care Association
· · · ·		•			(816) 767-8090	6 a.m. – 6 p.m. M – F
Good Shepherd Adult Day Care	7710 East 102nd Street	Kansas City	MO	64134	Betsy Waldman	Serves 60 people
		•				7 a.m. – 6 p.m. M – F
						Serves 22 people
						Member of Missouri Adult
					(816) 220-3343	Day Care Association
Hearthstone Adult Day Care	808 South 15th Street	Blue Springs	MO	64015	Fax (816) 220-3353	Spanish speaking available
						7:30 a.m. – 6 p.m. M – F
					(816) 923-1114	Serves 40 people
					Fax: (816) 923-1221	Member of Missouri Adult
Just Schooling Adult Day Care	6412 E. 87th Street	Kansas City	MO	64138	Earnestine Kennedy	Day Care Association
						6 a.m. – 6 p.m. M – F
Loving Arms Adult Day Care	13856 Wyandotte Street	Kansas City	MO	64145	(816) 941-0224	Serves 20 people
					(816) 333-7600	
Pathways Adult Day Care	7911 Paseo Blvd	Kansas City	MO	64131	Anita Ray	8:00 a.m. – 4:30 p.m. M – F
						7:30 a.m. – 5:30 p.m. M – F
						Serves 16 people
Seasons Memory Care Adult Day						Member of Missouri Adult
Care	15600 Woods Chapel Road			64139	(816) 478-4757	Day Care Association
Tripple TLC, LLC	9704 E. 79th Place	Raytown	МО	64138	(816) 313-0098	7 a.m. – 7 p.m.
Platte County	Address	City	State	-	Contact	Additional Information
Avonlea Care Homes	7920 NW Mace Road	Kansas City	MO	64152	(816) 741-7920	

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