What to Look For When Choosing Adult Day Programs

Below is a list of questions to consider as you review adult care programs.

- Is the location convenient and accessible?
- Is transportation available? Is there an additional charge for transportation or is it included in the adult day care fee?
- Are service hours appropriate for your situation?
- What is the daily cost?
- Is financial assistance available? Is there a sliding scale, Medicaid or scholarships that you may qualify for?
- Are there hidden expenses, such as lunch fees, craft supply fees, fees for outings or transportation?
- Must you commit to a minimum amount of service?
- What is the policy concerning late arrival or pick-up?
- Do the services include family-support programming, such as caregiver support groups, social worker consultation or referral services?
- Are there hidden benefits, such as the availability of regular professional blood pressure testing, annual immunizations, hair styling services, bathing, dental check-ups, etc.? (Although such benefits may require additional fees, they may be invaluable timesavers for caregivers.)
- What programming is available throughout the day? Is it structured programming which maintains participants’ abilities without being over stimulating?
- Can the facility accommodate the following special physical or medical requirements:
  - Dispense medicine?
  - Give reminders to take medicine?
  - Assist with toileting or handle incontinence?
  - Provide assistance and participation to wheelchair-restricted participants?
  - Effectively communicate with hearing impaired participants?
- How are problem behaviors handled? Are there specific behaviors or care needs which require your loved one’s withdrawal from the program? Since Alzheimer’s disease is a progressive disorder, you need to find out not only how the facility is going to handle existing care needs, but also whether they are able to handle potential needs.

Visiting the Adult Day Program

Schedule a visit to the adult day care facility. Tour and examine each facility for cleanliness, odors, room size, lighting, decorations, and general atmosphere of the environment. Observe how meals are served; sample food if possible.

Observe and interview staff. Ask about their qualifications and training. What is the staff to participant ratio? What does the staff’s attitude seem to be? Carefully watch verbal and non-verbal communication between staff and participants. What is their policy in case of a medical emergency?

Observe the participants. Are they engaged in an activity, are they interacting socially with staff and others?
Kansas Adult Day Programs

This list is for informational use only and does not represent an endorsement. We do not have the means to inspect, review, or evaluate the capabilities of any facility. Therefore, we encourage you to exercise due diligence in assessing options before making care decisions.

<table>
<thead>
<tr>
<th>Address</th>
<th>City</th>
<th>State</th>
<th>Zip</th>
<th>Contact</th>
<th>Hours Open</th>
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<tbody>
<tr>
<td>401 W. Iron Ave.</td>
<td>Salina</td>
<td>KS</td>
<td>67401</td>
<td>(785) 823-6666</td>
<td>7:30 a.m. – 5:30 p.m.</td>
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<tr>
<td>515 Dawson</td>
<td>Easton</td>
<td>KS</td>
<td>66020</td>
<td>(913) 758-0329</td>
<td>8 a.m. – 5 p.m.</td>
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<tr>
<td>1200 South Broadway</td>
<td>Louisburg</td>
<td>KS</td>
<td>66053</td>
<td>(913) 837-2916, Admission</td>
<td>8 a.m. – 5:30 p.m.</td>
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<tr>
<td>908 N. Pearl</td>
<td>Paola</td>
<td>KS</td>
<td>66071</td>
<td>(913) 294-4308</td>
<td>8 a.m. – 5 p.m.</td>
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<tr>
<td>401 W. Iron Ave.</td>
<td>Salina</td>
<td>KS</td>
<td>67401</td>
<td>(785) 823-6666</td>
<td>7:30 a.m. – 5:30 p.m.</td>
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<tr>
<td>200 SW Frazier Circle</td>
<td>Topeka</td>
<td>KS</td>
<td>66606</td>
<td>(785) 232-2044</td>
<td>8 a.m. – 5 p.m.</td>
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</table>

How to Contact the Alzheimer’s Association – Heart of America Chapter
1.800.272.3900 • alz.org/kansascity

The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.
Missouri Adult Day Programs

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<table>
<thead>
<tr>
<th>MISSOURI</th>
<th>Address</th>
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<th>State</th>
<th>Zip</th>
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<th>Additional Information</th>
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<tbody>
<tr>
<td>Clay County</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(816) 454-5130 Kim Marshall</td>
<td>7 a.m. – 6 p.m.</td>
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<tr>
<td>Heritage Adult Day Care</td>
<td>3000 NE 64th Street</td>
<td>Gladstone</td>
<td>MO</td>
<td>64119</td>
<td>(816) 452-4536</td>
<td>7 a.m. – 6 p.m.</td>
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<tr>
<td>Shepherd's Center of the Northland</td>
<td>4805 NE Antioch Road</td>
<td>Kansas City</td>
<td>MO</td>
<td>64119</td>
<td>(816) 926-9400 brooksideadultday.com</td>
<td>Member of Missouri Adult Day Care Association</td>
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<tr>
<td>Jackson County</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(816) 920-7003 Mrs. Barnes</td>
<td>6 a.m. – 6 p.m. M–F</td>
</tr>
<tr>
<td>(The) Carousel Adult Day Center</td>
<td>5419 E. 36th Street</td>
<td>Kansas City</td>
<td>MO</td>
<td>64130</td>
<td>(816) 767-8090 Good Shepherd Adult Day Care Association</td>
<td></td>
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<tr>
<td>Good Shepherd Adult Day Care</td>
<td>7710 East 102nd Street</td>
<td>Kansas City</td>
<td>MO</td>
<td>64134</td>
<td>(816) 761-3969 Haske Adult Day Care Center</td>
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<td>Haske Adult Day Care Center</td>
<td>11301 Hickman Mills Drive</td>
<td>Kansas City</td>
<td>MO</td>
<td>64134</td>
<td>(816) 220-3343 Hearthstone Adult Day Care</td>
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<td>Just Schooling Adult Day Care</td>
<td>808 South 15th Street</td>
<td>Blue Springs</td>
<td>MO</td>
<td>64015</td>
<td>(816) 220-3353 Just Schooling Adult Day Care Association</td>
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<td>Loving Arms Adult Day Care</td>
<td>13856 Wyandotte Street</td>
<td>Kansas City</td>
<td>MO</td>
<td>64145</td>
<td>(816) 941-0224 Seasons Memory Care Adult Day Care</td>
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<td>Pathways Adult Day Care</td>
<td>7911 Paseo Blvd</td>
<td>Kansas City</td>
<td>MO</td>
<td>64131</td>
<td>(816) 333-7600 Pathways Adult Day Care</td>
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<td>Seasons Memory Care Adult Day Care</td>
<td>15600 Woods Chapel Road</td>
<td>Kansas City</td>
<td>MO</td>
<td>64139</td>
<td>(816) 478-4757 Seasons Memory Care Adult Day Care</td>
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<tr>
<td>Platte County</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>(816) 741-7920 Avonlea Care Homes</td>
<td>8 a.m. – 4 p.m. M – F</td>
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</table>

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