

10 Warning Signs: Learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

– Monday, August 3 • 2pm – 3pm

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– Thursday, August 27 • 12pm – 1pm

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COVID Caregiving: Caring for someone living with dementia during the COVID-19 pandemic adds unique challenges for caregivers. This program provides simple tips caregivers can put in place whether the person living with dementia lives at home, in a residential facility, or care providers are coming into the home.

– Thursday, August 20 • 2pm – 3pm

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Dementia Conversations: Get tips for breaking the ice with your family, so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making plans for future care.

– Wednesday, August 19 • 2pm – 3pm

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Effective Communication Strategies: Explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages and identify strategies to help you connect and communicate at each stage of the disease.

– Tuesday, August 4 • 1pm – 2pm

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– Tuesday, August 11 • 6pm – 7pm

[REGISTER NOW](#)

– Friday, August 21 • 12pm – 1pm

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Healthy Living for Your Brain and Body: Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement to create a plan for healthy aging.

– Wednesday, August 12 • 4pm – 5pm

[REGISTER NOW](#)

– Monday, August 24 • 10am – 11am

[REGISTER NOW](#)

– Friday, August 28 • 2pm – 3pm

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Introduction to Alzheimer's: Hear a brief overview of Alzheimer's disease, dementia and the Alzheimer's Association services. Topics include the impact of Alzheimer's, risk factors, warning signs and how others can join the fight against the disease.

– Friday, August 14 • 12pm – 1pm

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Legal and Financial Planning: Learn about making legal plans, legal documents you'll need if facing an Alzheimer's diagnosis and what they mean for you; how to find legal and financial assistance; practical strategies for making a long-term care plan; tax deductions and credits; and government programs that can help pay for care.

– Thursday, August 6 • 4pm – 5pm

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– Tuesday, August 25 • 2pm – 3pm

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Series: Living with Alzheimer's for Late Stage Caregivers: In the late stage of Alzheimer's disease, caregiving typically involves new ways of connecting and interacting with the person with the disease. In this 2-part series, you'll hear from caregivers and professionals about resources, monitoring care and providing meaningful connection for the person with late-stage Alzheimer's and their families.

– **PART ONE** Wednesday, August 5 • 10am – 11am

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– **PART TWO** Wednesday, August 12 • 10am – 11am

[REGISTER NOW](#)

Understanding Alzheimer's and Dementia: Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement to create a plan for healthy aging.

– Tuesday, August 18 • 10am – 11am

[REGISTER NOW](#)

Understanding and Responding to Dementia-related Behavior: Learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

– Thursday, August 13 • 2pm – 3pm

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– Monday, August 24 • 12pm – 1pm

[REGISTER NOW](#)