

alzheimer's association™

**HELP
&
SUPPORT**

Heart of America Chapter

Our Mission

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

**GET
INVOLVED**

All programs and services offered by the Heart of America Chapter are free of charge to individuals with Alzheimer's and their families and care partners thanks to the generous support of donors and fundraisers.

There are many ways to get involved to help increase Alzheimer's awareness and funds for Alzheimer's care, support, and research.

24/7 HELPLINE

Call 800.272.3900 or visit alz.org any time day or night to get information about Alzheimer's disease and caregiving, as well as referrals to a variety of community programs and services.



EDUCATION PROGRAMS

Community educators present educational programs to families, organizations, communities, businesses, and professional healthcare systems to increase awareness and equip people with information about Alzheimer's disease.



SUPPORT GROUPS

Alzheimer's Association support groups offer individuals with dementia and their caregivers the opportunity to meet with others at a regularly scheduled meeting in a confidential environment, led by trained facilitators.



Learn more about available support groups at alz.org/crf

CARE CONSULTATIONS

During an in-person or over-the-phone meeting, our Care Consultants can help assess your needs and discuss care planning, home safety, and other concerns that arise as you navigate your Alzheimer's journey.



DONATE

Donor support enables the Alzheimer's Association to offer programs and services to families free of charge and also helps us fund critical research with a goal to effectively prevent, treat, and ultimately cure Alzheimer's.



BE A PART OF A CLINICAL TRIAL

Without clinical trials, there can be no better treatments, no prevention and no cure for Alzheimer's disease. TrialMatch® is a free clinical studies matching service that connects individuals with Alzheimer's, caregivers, healthy volunteers, and physicians with ongoing studies.



Learn more at alz.org/trialmatch

VOLUNTEER

Our work is only possible with the help of volunteers. There are many volunteer opportunities with the Alzheimer's Association - Heart of America Chapter. See a complete list on the inside of this brochure.



Learn more at volunteer.alz.org

BE AN ADVOCATE

Conquering Alzheimer's is as much a matter of education and public policy as scientific discovery, and we need your help to change the future of this disease. Help persuade policy makers to make Alzheimer's a national priority.



Learn more at alz.org/advocate

THE ALZHEIMER'S ASSOCIATION

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support, and research. More than 5 million Americans are currently living with Alzheimer's. The Heart of America Chapter provides vital programs and services to more than 50,000 individuals and 200,000 family members and caregivers struggling with the emotional, physical, and financial challenges of Alzheimer's disease in our bi-state service area.

Of the 5.5 million Americans with Alzheimer's, an estimated 5.3 million people are age 65 and older, and approximately 200,000 individuals are under age 65 (younger-onset Alzheimer's).

alzheimer's association™

VOLUNTEER OPPORTUNITIES

PROGRAM VOLUNTEERS

Mission-driven individuals who help us ensure access to gold-standard care and support for individuals who have Alzheimer's disease and their families and care partners.

- **Community Educator:** Public speaker who provides education and expands the reach of our educational offerings.
- **Community Representative:** Serves as a liaison between the Alzheimer's Association and local groups, such as neighborhoods, businesses, and civic organizations.
- **Community Volunteer Leader:** Helps recruit program volunteers, networks, builds relationships, plans and promotes local events, and evaluates community needs.
- **Early Stage Social Engagement Leader:** Plans, implements, and assures a positive experience during early stage social engagement events and activities.
- **Faith Outreach Representative:** Serves as a liaison between the Alzheimer's Association and local faith groups and congregations.
- **Promotore:** Traditionally known as a mentor, educator, or health advocate and serves as a liaison between the Alzheimer's Association and the Hispanic/Latino community.
- **Support Group Facilitator (Caregiver or Early Stage):** Creates a safe, open environment where people share their feelings, thoughts, and experiences in a combined effort to better cope with and manage the problems of dementia.

If you are interested in any of the above program volunteer opportunities learn more at:

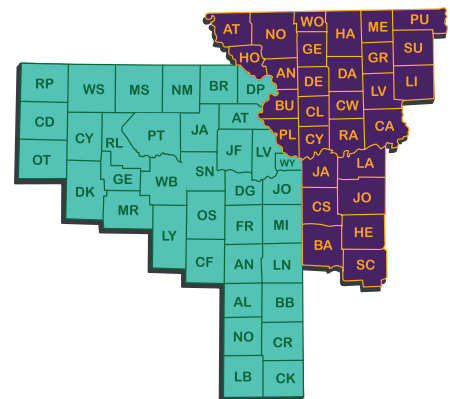
volunteer.alz.org

SPECIAL EVENT VOLUNTEERS

Each one of our fundraising events has an important volunteer planning committee. If you are interested in being part of that committee or you would like to volunteer for event day activities, please refer to the websites below where you will find direct contact information for each fundraiser.

- **Walk to End Alzheimer's**
The signature fundraiser of the Alzheimer's Association held in several of the communities the Heart of America Chapter serves. Find a Walk near you to volunteer at alz.org/walk.
- **The Longest Day**
The Longest Day is the day with the most light — the summer solstice. People choose a fundraising activity meaningful to them and encourage others to donate to their fundraising efforts. Learn more at alz.org/thelongestday.
- **RivALZ Women's Football Game**
Dedicated players and their coaches raise funds for the privilege of playing in this annual fundraiser. Learn more at rivalzkc.org.

The Heart of America Chapter provides free programs and services in 65 counties in Kansas and Missouri



In addition to the regional offices listed below, personal consultations are available in all counties we serve.

Main Office and Education Center
3846 W. 75th Street
Prairie Village, KS 662086

Northwest Missouri Regional Office
927 Faraon
St. Joseph, MO 64501

Northeast Kansas Regional Office
3625 SW 29th Street, Suite #102
Topeka, KS 66614

Southeast Kansas Regional Office
New location to be announced

24-hour Information and Support Line
800.272.3900
alz.org/kansascity