BE THE CHANGE
YOU WISH TO SEE IN THE WORLD

VOLUNTEER OPPORTUNITIES

Advocacy & Education

Conquering Alzheimer's is as much a matter of education and public policy as scientific discovery, and we need your help to change the future of this devastating disease!

Volunteer to be a:

- Congressional team member
- State advocate
- Health fair host
- Educational presenter

Chapter Programs

Our Chapter programs provide vital support to people with Alzheimer's disease!

Volunteer to be a:

- Memories in the Making© artist facilitator
- Music and Memory playlist creator or iPod drive host

Office Assistance

Put your administrative skills to work!

Volunteer to:

- Answer phones
- Assist with mailings
- Enter computer data
- Organize and prepare materials
- Keep our library organized

Special Events

Help with "day of" activities at our Chapter fundraising events!

Volunteer at:

- Our signature fundraising event: Walk to End Alzheimer's
- RivALZ Blondes vs. Brunettes, a women's flag football game

Alzheimer's is relentless. SO ARE WE.

Join in our efforts!

If you have any questions, please contact:
Katherine Rivard, krivard@alz.org or 913.831.3888

24-hour Information and Support Line

800.272.3900

alz.org/kansascity

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support, and research. More than 5 million Americans are currently living with Alzheimer's. The Heart of America Chapter provides vital programs and services to more than 50,000 individuals and 200,000 family members and caregivers struggling with the emotional, physical, and financial challenges of Alzheimer's disease in our bi-state service area.

Main Office and Education Center

3846 W. 75th Street
Prairie Village, KS 66208
913.831.3888

Northeast Kansas Regional Office

3625 SW 29th Street, Suite 102
Topeka, KS 66614
785.271.1844

Northwest Missouri Regional Office

10th and Faraon
St. Joseph, MO 64501
816.364.4467

Southeast Kansas Regional Office

2601 Gabriel, UCDD Building
Parsons, KS 67357
913.831.3888

Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health. Our vision is a world without Alzheimer's®.

alzheimer's association

Member
COMMUNITY HEALTH CHARITIES

alzheimer's association™

heart of america chapter

HELPING YOU

every step of the way

Individual and Family Support

The Heart of America Chapter has resources and support services for those with memory loss, their families, and care partners. We are here to help you 24 hours a day, seven days a week.

Chapter programs include:

- Family Connections Program: Individualized care consultations in your home or our office
- Chapter Resource Library: A collection of books, videos, brochures, and resource lists
- Support Groups and Breakfast Clubs: Meet regularly throughout the area for peer support and information exchange
- Minds in Motion: Social and engaging activities for individuals with dementia
- Memories in the Making©: A weekly art program for individuals with dementia, hosted in community settings and the Chapter Education Center

Education and Training

We offer regularly scheduled classes and workshops for individuals with memory loss, their care partners, and health professionals. Utilize our extensive resource library, and pick up a copy of our Alzheimer's Awareness Guide.

Educational programs include:

- Understanding Alzheimer's and Dementia
- Know the 10 Signs
- Healthy Living for Brain and Body
- Living with Alzheimer's
- Legal and Financial Issues
- Effective Communication Strategies
- Understanding and Responding to Dementia-related Behavior

A full listing of education programs is available at *communityresourcefinder.org* or by calling 1.800.272.3900.

Awareness and Public Policy

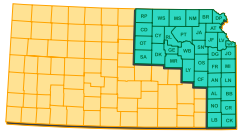
The Heart of America Chapter staff and volunteers work to raise awareness of, and advocate for, the needs and rights of people with dementia. Join us in making Alzheimer's a national priority.

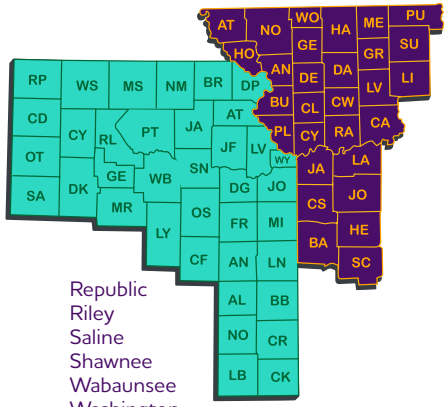
Resources include:

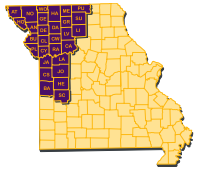
- Action Alerts: Timely electronic updates on policies related to dementia
- Weekly e-news with national and local information
- Chapter website and social media interaction
- Speakers Bureau: Chapter representatives and volunteers speaking out on Alzheimer's issues at a variety of community venues
- Grassroots legislative efforts

BE AN ADVOCATE. Yours is the voice we are missing. You can urge support for critical Alzheimer's legislative changes and work locally and nationally to advance key initiatives.

Providing programs and services in 66 Kansas and Missouri counties







KANSAS

Allen
Anderson
Atchison
Bourbon
Brown
Cherokee
Clay
Cloud
Coffey
Crawford
Dickinson
Doniphan
Douglas
Franklin
Geary
Jackson
Jefferson
Johnson
Labette
Leavenworth
Linn
Lyon
Marshall
Miami
Morris
Nemaha
Neosho
Osage
Ottawa
Pottawatomie
Republic
Riley
Saline
Shawnee
Wabaunsee
Washington
Wyandotte

MISSOURI

Andrew
Atchison
Bates
Buchanan
Caldwell
Carroll
Cass
Clay
Clinton
Daviess
Dekalb
Gentry
Grundy
Harrison
Henry
Holt
Jackson
Johnson
Lafayette
Linn
Livingston
Mercer
Nodaway
Platte
Putnam
Ray
St. Clair
Sullivan
Worth

MAY 2018