



# education calendar

July 1, 2019 through December 30, 2019

Heart of America Chapter

## What programs are offered?

### 10 WARNING SIGNS

Alzheimer's and other dementias cause memory, thinking, and behavior problems that interfere with daily living. The 10 Warning Signs program helps people recognize common signs of the disease, distinguish the difference between signs of Alzheimer's and normal aging, and know what to watch for in themselves and others.

### DEMENTIA CONVERSATIONS

This program offers helpful tips to assist families in having honest and caring conversations with family members about dementia. The program reinforces the need to plan ahead and build a care team that communicates well in order to reduce the stress that can accompany a disease like Alzheimer's and connects you with helpful resources to enhance quality of life for everyone involved.

### EFFECTIVE COMMUNICATION STRATEGIES WITH INDIVIDUALS WHO HAVE A DEMENTIA

Join us to explore how communication takes place when someone has Alzheimer's. Learn how to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help you connect and communicate at each stage of the disease.

### HEALTHY LIVING FOR THE BRAIN AND BODY

At any age, there are lifestyle habits we can adopt to help maintain or even potentially improve our health. This program will discuss what we know, drawing on current research, as well as what we can do to take steps now to improve or maintain our overall health.

### LEGAL AND FINANCIAL PLANNING

If you or someone you love is affected by Alzheimer's disease or dementia, the time for legal and financial planning is now. This workshop is for anyone who would like to know more about the legal and financial issues to consider when faced with Alzheimer's disease, and how to put plans in place.

### LIVING WITH ALZHEIMER'S FOR CARE PARTNERS

This is a series of programs that provide answers to the questions that arise in the early, middle, and late stages of the disease. Hear from those directly affected and learn what you need to know, what you need to plan for, and what you can do at each point along the way.

### REMOTE LEARNING SERIES

This series is bringing education to the community and providing the opportunity to attend a session close to home. Please join us for a monthly program to learn about memory disorders and the challenges associated with managing them. Programs are held at the Padula Education Center and other locations listed at [alz.org/kansascity](http://alz.org/kansascity).

### UNDERSTANDING ALZHEIMER'S AND DEMENTIA

If you or someone you love is affected by Alzheimer's disease or dementia, it's time to learn the facts. This program provides information on detection, causes and risk factors, stages of the disease, treatment, and much more.

### UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIOR

When language is lost, some behaviors can present real challenges for caregivers to manage. Join us to learn how to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with common challenges.

To register for any program, call **800.272.3900** or logon to **[communityresourcefinder.org](http://communityresourcefinder.org)**

Once you are logged on, click on the **ALZHEIMER'S ASSOCIATION PROGRAMS AND EVENTS**, click on **ALZHEIMER'S EDUCATION PROGRAMS**, and then enter the zip code search.

Registration is encouraged for all programs. Dates and locations may be subject to change due to unforeseen circumstances. Changes will be communicated to registrants via email. If no email address has been provided, every attempt will be made to contact registrants by phone. Please be sure to check your email and voice mail prior to attending.

## When are the programs offered?

### JULY 2019

#### Remote Learning Series:

##### The 10 Warning Signs

July 10

1:00 – 2:00 p.m.

Padula Education Center, 3856 W. 75th St.,  
Prairie Village, KS, and other locations listed at  
[alz.org/kansascity](http://alz.org/kansascity)

#### Dementia Conversations

July 18

12:00 – 1:30 p.m.

Pittsburg Library  
308 Walnut St, Pittsburg, KS 66762

#### Effective Communication Strategies

July 25

5:00 – 6:15 p.m.

Hotspot Coffee  
124 W 5th St., Holton, KS 66436

### AUGUST 2019

#### The 10 Warning Signs

August 1

12:00 – 1:30 p.m.

Parsons Library  
311 S. 17th St., Parsons, KS 67357

#### Understanding Alzheimer's Disease

August 13

5:15 – 6:30 p.m.

Troy Library  
105 N. Main St., Troy, KS 66087

#### Remote Learning Series:

##### Healthy Living for the Brain and Body

August 14

1:00 – 2:00 p.m.

Padula Education Center, 3856 W. 75th St.,  
Prairie Village, KS, and other locations listed at  
[alz.org/kansascity](http://alz.org/kansascity)

#### Legal and Financial Planning

August 29

5:30 – 7:00 p.m.

Padula Education Center  
3856 W. 75th Street  
Prairie Village, KS 66208

### SEPTEMBER 2019

#### Dementia Conversations

September 9

5:30 – 7:00 p.m.

Manhattan Public Library  
329 Poyntz Ave., Manhattan, KS 66502

#### Remote Learning Series:

##### Understanding Alzheimer's and Dementia

September 11

1:00 – 2:00 p.m.

Padula Education Center, 3856 W. 75th St.,  
Prairie Village, KS, and other locations listed at  
[alz.org/kansascity](http://alz.org/kansascity)

#### The 10 Warning Signs

September 13

10:30 a.m. – 12:30 p.m.

Daviess County Library  
306 W. Grand, Gallatin, MO 64640

#### Understanding and Responding to Dementia-Related Behavior

September 18

12:00 – 1:30 p.m.

Fort Scott Library  
201 S. National St., Fort Scott, KS 66701

#### The 10 Warning Signs

September 19

5:30 – 7:00 p.m.

Padula Education Center  
3856 W. 75th Street  
Prairie Village, KS 66208

#### The 10 Warning Signs

September 24

5:30 – 7:15 p.m.

Concordia Senior Citizens Center  
109 W. 7th St., Concordia, KS 66901

### OCTOBER 2019

#### Understanding Alzheimer's Disease

October 2

5:30 – 7:00 p.m.

First United Methodist Church  
823 Merchant Street, Emporia, KS 66801

#### Remote Learning Series:

##### Effective Communication Strategies

October 9

1:00 – 2:00 p.m.

Padula Education Center, 3856 W. 75th St.,  
Prairie Village, KS, and other locations listed at  
[alz.org/kansascity](http://alz.org/kansascity)

**OCTOBER 2019** (continued)

**Legal and Financial Planning**

October 17  
1:00 – 3:00 p.m.  
Homer Building  
3003 N. Joplin St. Pittsburg, KS 66762

**Understanding and Responding to Dementia-Related Behavior**

October 17  
6:00 – 7:30 p.m.  
First Baptist Church  
2 NE Douglas, Lee’s Summit, MO 64063

**Understanding Alzheimer’s Disease**

October 24  
10:00 a.m. – 12:00 p.m.  
Meierhoffer Funeral Home, Community Room  
5005 Frederick Ave., St. Joseph, MO 64506

**Legal and Financial Planning**

October 25  
10:00 – 11:30 a.m.  
The Palmer Center  
218A North Pleasant Street  
Independence, MO 64050

**NOVEMBER 2019**

**Understanding Alzheimer’s Disease**

November 7  
11:30 a.m. – 1:00 p.m.  
Padula Education Center  
3856 W. 75th Street  
Prairie Village, KS 66208

November 7  
10:00 a.m. – 12:00 p.m.  
Location to be announced  
Cameron, MO

**Effective Communication Strategies**

November 7  
12:00 – 1:30 p.m.  
Parsons Library  
3115 17th St., Parsons, KS 67357

**Remote Learning Series:  
Living with Alzheimer’s for Care Partners:  
Early Stage**

November 13  
1:00 – 2:00 p.m.  
Padula Education Center, 3856 W. 75th St.,  
Prairie Village, KS, and other locations listed at  
[alz.org/kansascity](http://alz.org/kansascity)

**NOVEMBER 2019** (continued)

**Legal and Financial Planning**

November 14  
5:30 – 7:00 p.m.  
Location to be announced  
Lawrence, KS

**Understanding Alzheimer’s Disease**

November 18  
5:30 – 7:00 p.m.  
Topeka and Shawnee County Public Library  
1515 SW 10th Ave., Topeka, KS 66604

**Understanding and Responding to Dementia-Related Behavior**

November 25  
5:30 – 7:00 p.m.  
Topeka and Shawnee County Public Library  
1515 SW 10th Ave., Topeka, KS 66604

**DECEMBER 2019**

**Understanding Alzheimer’s Disease and  
The 10 Warning Signs**

December 2  
5:15 – 6:45 p.m.  
Coffey County Library, Burlington Branch  
410 Juniatta St., Burlington, KS 66839

**Remote Learning Series:  
Living with Alzheimer’s for Caregivers:  
Late Stage**

December 11  
1:00 – 2:00 p.m.  
Padula Education Center, 3856 W. 75th St.,  
Prairie Village, KS, and other locations listed at  
[alz.org/kansascity](http://alz.org/kansascity)

**The 10 Warning Signs**

December 18  
12:00 – 1:30 p.m.  
Fort Scott Library  
201 S. National St., Fort Scott, KS 66701

**PLEASE NOTE:**

This calendar covers programs offered between July 1 and December 31, 2019.

Some programs may be added or modified after the time of printing this calendar, so be sure to check the website for the most current version.

**[alz.org/kansascity](http://alz.org/kansascity)**

*A calendar for January – June 2020 will be distributed in December 2019.*

# The first survivor of Alzheimer's disease is out there.

**But we won't get there without you.**



## EDUCATE YOURSELF

Check out upcoming educational workshops, utilize our extensive online resource library, or pick up a copy of our new *ALZ Magazine*.

## VOLUNTEER

Whether you are looking for a commitment of a few hours a month, or a few hours a week, we can suggest the perfect volunteer opportunity for you.

## BE AN ADVOCATE

Yours is the voice we are missing. You can urge support for critical Alzheimer's legislative changes and work locally and nationally to advance key initiatives.

## FUNDRAISE

Sign up to participate in one of our fundraising events: Walk to End Alzheimer's, The Longest Day, or RivALZ, and help raise critical awareness and funds.

alzheimer's  association  
1.800.272.3900 • [alz.org/kansascity](http://alz.org/kansascity)

### Main Office

3846 W. 75th Street  
Prairie Village, KS  
66208  
913.831.3888

### Northeast Kansas Regional Office

3625 SW 29th St.  
Suite 102  
Topeka, KS 66614  
785.271.1844

### Northwest Missouri Regional Office

10th and Faraon  
St. Joseph, MO  
64501  
816.364.4467

### Southeast Kansas Regional Office

2601 Gabriel  
UCDD Building  
Parsons, KS 67357  
620.421.6550, ext. 1794

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