

alzheimer's association™

Virtual Education Programs

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OCTOBER 2020



				1	2 2:00 p.m. Healthy Living for the Brain & Body	3
4	5 1:00 p.m. Understanding Alzheimer's and Related Dementia	6	7 12:00 p.m. Effective Communication Strategies	8 4:00 p.m. Legal and Financial Issues	9 2:00 p.m. COVID Caregiving	10
11	12 12:00 p.m. 10 Warning Signs	13 6:00 p.m. Effective Communication Strategies	14	15 1:00 p.m. Understanding and Responding to Dementia-related Behavior	16 2:00 p.m. Understanding Alzheimer's and Related Dementia	17
18	19 12:00 p.m. Dementia Conversations	20 2:00 p.m. Legal and Financial Issues	21 2:00 p.m. Healthy Living for the Brain & Body	22	23 1:00 p.m. Introduction to Alzheimer's	24
25	26 10:00 a.m. Understanding Alzheimer's and Related Dementia	27 2:00 p.m. Effective Communication Strategies	28	29 9:00 a.m. 9th Annual Kansas Education Virtual Conference on Dementia	30	31

9th Annual Kansas Education Virtual Conference on Dementia: Join us for a morning of education, information and support provided by recognized experts. Learn about clinical updates, caregiving strategies and cutting-edge research.

– Thursday, October 29 • 9am – 12:15pm

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10 Warning Signs: Learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

– Monday, October 12 • 12pm – 1pm

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COVID Caregiving: Caring for someone living with dementia during the COVID-19 pandemic adds unique challenges for caregivers. This program provides simple tips caregivers can put in place whether the person living with dementia lives at home, in a residential facility, or care providers are coming into the home.

– Friday, October 9 • 2pm – 3pm

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Dementia Conversations: Get tips for breaking the ice with your family, so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making plans for future care.

– Monday, October 19 • 12pm – 1pm

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Effective Communication Strategies: Explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages and identify strategies to help you connect and communicate at each stage of the disease.

– Wednesday, October 7 • 12pm – 1pm

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– Tuesday, October 13 • 6pm – 7pm

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– Tuesday, October 27 • 2pm – 3pm

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Healthy Living for Your Brain and Body: Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement to create a plan for healthy aging.

– Friday, October 2 • 2pm – 3pm

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– Wednesday, October 21 • 2pm – 3pm

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Introduction to Alzheimer's: Hear a brief overview of Alzheimer's disease, dementia and the Alzheimer's Association services. Topics include the impact of Alzheimer's, risk factors, warning signs and how others can join the fight against the disease.

– Friday, October 23 • 1pm – 2pm

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Legal and Financial Planning: Learn about making legal plans, legal documents you'll need if facing an Alzheimer's diagnosis and what they mean for you; how to find legal and financial assistance; practical strategies for making a long-term care plan; tax deductions and credits; and government programs that can help pay for care.

– Thursday, October 8 • 4pm – 5pm

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– Tuesday, October 20 • 2pm – 3pm

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Understanding Alzheimer's and Related Dementia: Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement to create a plan for healthy aging.

– Monday, October 5 • 1pm – 2pm

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– Friday, October 16 • 2pm – 3pm

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– Monday, October 26 • 10am – 11am

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Understanding and Responding to Dementia-related Behavior: Learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

– Thursday, October 15 • 1pm – 2pm

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