

alzheimer's association™

Virtual Education Programs

SUN

MON

TUE

WED

THU

FRI

SAT

SEPTEMBER 2020

		1	2	3 12:00 p.m. Understanding Alzheimer's and Related Dementia	4	5
6	7	8 6:00 p.m. Effective Communication Strategies	9 12:00 p.m. Living with Alzheimer's for Middle Stage Caregivers: Part One	10 10:00 a.m. Introduction to Alzheimer's	11	12
13	14	15 2:00 p.m. Understanding and Responding to Dementia-related Behavior	16 12:00 p.m. 10 Warning Signs 1:00 p.m. Healthy Living for Your Brain and Body	17 1:00 p.m. Legal and Financial Issues	18	19
20	21 10:00 a.m. Understanding Alzheimer's and Related Dementia	22	23 12:00 p.m. Living with Alzheimer's for Middle Stage Caregivers: Part Two 1:00 p.m. Effective Communication Strategies	24 2:00 p.m. Healthy Living for the Brain & Body	25 2:00 p.m. COVID Caregiving	26
27	28 2:00 p.m. Dementia Conversations	29 12:00 p.m. Understanding and Responding to Dementia-related Behavior	30 3:00 p.m. Legal and Financial Issues	 <p>KANSAS Education Conference on Dementia alzheimer's association™</p> <p>SAVE the DATE OCTOBER 29 The conference will be virtual, so you can join us from wherever you are! Learn more at alz.org/cwkansas</p>		

10 Warning Signs: Learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process, and Alzheimer's Association resources.

– Wednesday, September 16 • 12pm – 1pm

[REGISTER NOW](#)

COVID Caregiving: Caring for someone living with dementia during the COVID-19 pandemic adds unique challenges for caregivers. This program provides simple tips caregivers can put in place whether the person living with dementia lives at home, in a residential facility, or care providers are coming into the home.

– Friday, September 25 • 2pm – 3pm

[REGISTER NOW](#)

Dementia Conversations: Get tips for breaking the ice with your family, so you can address some of the most common issues that are difficult to discuss: going to the doctor for a diagnosis or medical treatment, deciding when to stop driving, and making plans for future care.

– Monday, September 28 • 2pm – 3pm

[REGISTER NOW](#)

Effective Communication Strategies: Explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages and identify strategies to help you connect and communicate at each stage of the disease.

– Tuesday, September 8 • 6pm – 7pm

[REGISTER NOW](#)

– Wednesday, September 23 • 1pm – 2pm

[REGISTER NOW](#)

Healthy Living for Your Brain and Body: Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement to create a plan for healthy aging.

– Wednesday, September 16 • 1pm – 2pm

[REGISTER NOW](#)

– Thursday, September 24 • 2pm – 3pm

[REGISTER NOW](#)

Introduction to Alzheimer's: Hear a brief overview of Alzheimer's disease, dementia and the Alzheimer's Association services. Topics include the impact of Alzheimer's, risk factors, warning signs and how others can join the fight against the disease.

– Thursday, September 10 • 10am – 11am

[REGISTER NOW](#)

Legal and Financial Planning: Learn about making legal plans, legal documents you'll need if facing an Alzheimer's diagnosis and what they mean for you; how to find legal and financial assistance; practical strategies for making a long-term care plan; tax deductions and credits; and government programs that can help pay for care.

– Thursday, September 17 • 1pm – 2pm

[REGISTER NOW](#)

– Wednesday, September 30 • 3pm – 4pm

[REGISTER NOW](#)

Series: Living with Alzheimer's for Middle Stage Caregivers: In the middle stage of Alzheimer's disease, those who were care partners now become hands-on caregivers. Join us for this 2-part series and hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's.

– **PART ONE** Wednesday, September 9 • 12pm – 1pm

[REGISTER NOW](#)

– **PART TWO** Wednesday, September 23 • 12pm – 1pm

[REGISTER NOW](#)

Understanding Alzheimer's and Related Dementia: Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement to create a plan for healthy aging.

– Thursday, September 3 • 12pm – 1pm

[REGISTER NOW](#)

– Monday, September 21 • 10am – 11am

[REGISTER NOW](#)

Understanding and Responding to Dementia-related Behavior: Learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer's disease.

– Tuesday, September 15 • 2pm – 3pm

[REGISTER NOW](#)

– Tuesday, September 29 • 12pm – 1pm

[REGISTER NOW](#)