

## Social Engagement Activities

These social engagement activities provide opportunities for individuals with Alzheimer's to stay socially active and contribute in their community.

Dates for these activities are listed on the back of this flyer. Any questions about these programs can be directed to the Heart of America Chapter office by calling 913.831.3888.

### JAM SESSION

These informal jam sessions are for individuals with memory loss who are musicians and caregivers who are musicians. No musical talent is required — just a love for music!

1:00 - 2:00 p.m.

Occurs on the fourth Thursday of every month.

### ARTS AND INSPIRATION

Creative encounters for the person with Alzheimer's. This group meets at the same time that their care partners are attending a support group in the same building, but a separate room.

10:00 a.m.

Occurs on the fourth Thursday of every month.

Alzheimer's Education Center

3856 W. 75th Street, Prairie Village, KS

### MINDS IN MOTION

The Nelson-Atkins Museum of Art, in partnership with the Alzheimer's Association - Heart of America Chapter, provides free gallery tours for people with memory loss and their caregivers. Come explore art in a caring environment with specially trained docents sensitive to the interests and abilities of the guests.

1:00 p.m.

Occurs on the first Wednesday of every month.

Contact: 816.751.1ART or visit [nelson-atkins.org](http://nelson-atkins.org) to register.

### MEMORY CAFE (Two different locations: Kansas City, MO and St. Joseph, MO)

Memory Cafe provides a safe place to learn and socialize for those living with dementia and their care partners, and offers opportunities to meet people, explore new ideas, and stay engaged in the community.

**Kansas City location:** Kansas City Public Library, Plaza Branch, 4801 Main Street, Kansas City, MO

10:30 a.m.

Occurs on the third Tuesday of each month

Contact: Heather Harrison at [heatherharrison@kclibrary.org](mailto:heatherharrison@kclibrary.org) or 816.701.3763.

**St. Joseph location:** Word of Life Church, 3902 NE Riverside Rd.

10:00 a.m.

Occurs on the second Thursday of each month

Contact: Brenda Gregg at 816.364.4467 or [bgregg@alz.org](mailto:bgregg@alz.org).

### MOVIES AND MEMORIES

These movies are part of a special, intergenerational cinema series for individuals with dementia, their friends, and families.

10:30 a.m.

Occurs on the first Wednesday of the month (beginning in March)

Kansas City Public Library, Plaza Branch

4801 Main Street, Kansas City, MO

Contact: Heather Harrison at [heatherharrison@kclibrary.org](mailto:heatherharrison@kclibrary.org) or 816.701.3763.

*The dates shown below correspond with the Social Engagement activities, times, and locations listed on the front of this flyer.*

<b>JAM SESSION</b> Fourth Thursdays 1:00 p.m.	<b>ARTS AND INSPIRATION</b> Fourth Thursdays 10:00 a.m.	<b>MINDS IN MOTION</b> First Wednesdays 1:00 p.m.	<b>MEMORY CAFE KANSAS CITY</b> Third Tuesdays 10:30 a.m.	<b>MEMORY CAFE ST. JOSEPH</b> Second Thursdays 10:30 a.m.	<b>MOVIES AND MEMORIES</b> First Wednesdays 10:30 a.m.
January 24	January 24	January 2	January 15	January 10	<i>Begins in March</i>
February 28	February 28	February 6	February 19	February 14	<i>Begins in March</i>
March 28	March 28	March 6	March 19	March 14	March 6
April 25	April 25	April 3	April 16	April 11	April 3
May 23	May 23	May 1	May 21	May 9	May 1
June 27	June 27	June 5	June 18	June 13	June 5
July 25	July 25	July 3	July 16	July 11	July 3
August 22	August 22	August 7	August 20	August 8	August 7
September 26	September 26	September 4	September 17	September 12	September 4
October 24	October 24	October 2	October 15	October 10	October 2
November 14 <i>(due to holiday conflict)</i>	November 14 <i>(due to holiday conflict)</i>	November 6	November 19	November 14	November 6
December 12 <i>(due to holiday conflict)</i>	November 14 <i>(due to holiday conflict)</i>	December 4	December 17	December 12	December 4

