

# Kansas Support Groups

Support groups are composed of people who meet, share information, and provide support to one another. Support group members report many benefits including:

- Obtaining information about the disease and community resources
- Understanding the behavior of the individual with Alzheimer's
- Receiving validation for negative or ambivalent feelings
- Feeling "I'm not alone"
- Receiving emotional support
- Learning specific strategies to handle their loved one's behavior
- Receiving encouragement to maintain or regain their personal lives.

Participation in a support group may help to normalize the experience of caregiving and decrease feelings of burden.

*The Alzheimer's Association encourages new attendees to contact the support group leader prior to your first visit to assure time and location. Where no contact number is listed, please call the Heart of America Chapter at 913-831-3888.*

## **TELEPHONE SUPPORT GROUP FOR SPANISH-SPEAKING INDIVIDUALS**

### **Grupo de apoyo de teléfono Español**

Este grupo se origina en el sur de California, pero está abierto a los cuidadores a través de los Estados Unidos. El cuarto martes de cada mes.

11:00 a.m. – 12:30 p.m. hora del Centro;

1:00 - 2:30 p.m. hora del Pacífico

*Para más información y detalles por favor póngase en contacto con Linda Loera en 213-220-0713 o lloera@alz.org*

#### **English Translation:**

*Spanish Telephone Support Group*

*This group originates in Southern California but is open to caregivers across the United States.*

*4th Tuesday of each month.*

*11:00 a.m. - 12:30 p.m. Central Time; 1:00 - 2:30 p.m. Pacific Time.*

*For more information and details please contact Linda Loera at 213-220-0713 or lloera@alz.org.*

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## **ANDERSON COUNTY**

### **Parkview Heights Nursing & Rehabilitation Center**

101 N. Pine St.

Garnett, KS 66032

Debbie Welsh, facilitator

(785) 448-2434

4th Wednesday, 1 – 2:30 p.m.

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## **BOURBON COUNTY**

### **Breakfast Club**

*The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.*

#### **Papa Dons**

10 N Main St.

Fort Scott, KS 66701

Angela Decoster, facilitator

(620) 433-2189

3rd Wednesday at 9:00 a.m.

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## **CRAWFORD COUNTY**

### **Breakfast Club**

*The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.*

#### **1st United Methodist Church**

415 N Pine

Pittsburg, KS 66762

Angela Decoster, facilitator

(620) 433-2189

3rd Thursday at 9:00 a.m.

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## **DOUGLAS COUNTY**

### **West Side Presbyterian Church**

1024 Kasold Drive, Lawrence, KS 66049

Gus McClelland, facilitator

4th Monday, 3:30 – 5:00 p.m.

# Kansas Support Groups

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## JOHNSON COUNTY

### **Alzheimer's Association Chapter Office**

3846 West 75th Street

Prairie Village, KS 66208

Darcy Letourneau, facilitator

(913) 948-8648

4th Thursday at 10:00 a.m.

This group is for caregivers. During this group time, social engagement and creative activities are available exclusively for individuals whose care partners are attending the support group. Space is limited. If interested, please contact Darcy Letourneau at (913) 948-8648 before attending.

### **St. Lukes South**

12300 Metcalf, Executive Conference Room

Overland Park, KS 66213

Theresa Gordon, facilitator

2nd Tuesday, 6 – 7:30 p.m.

Contact: Darcy Letourneau

913.831.3888

### **Beautiful Savior Lutheran Church**

13145 Blackbob Road

Olathe, Kansas 66062

1st Thursday at 6:00 p.m.

Jeanne Reeder, LMSW, facilitator

(913) 244-1815

### **For Caregivers**

Education Center

3856 W. 75th Street, Prairie Village, KS 66208

Teri Seward and Michelle Fox, facilitators

***Need to call Darcy Letourneau before first attending***

(913) 948-8648

1st & 3rd Tuesday at 5:45 p.m.

## JOHNSON COUNTY *continued*

### **For the Person with Early Stage (not for caregivers)**

Education Center

3856 W. 75th Street, Prairie Village, KS 66208

***Need to call Darcy Letourneau before first attending***

(913) 948-8648

1st & 3rd Tuesday at 5:45 p.m.

### **Kansas University Clinical Research Center**

Alzheimer's Disease Center

4350 Shawnee Mission Parkway, Ste 1200

Fairway, KS 66205

(Fairway Office Park behind Security Bank)

Phyllis Switzer, facilitator

(913) 588-6981

2nd Monday at 2 – 3:30 p.m.

### **Salem Lutheran Church**

13402 West 92nd Street, Lenexa, KS

(Corner of 92nd and Haskins)

Courtney Goin, facilitator, (913) 609-1891

2nd Friday 10:00 – 11:30 a.m.

### **Village Shalom**

5500 West 123rd Street

Overland Park, KS 66209

Pat Conway, facilitator, (913) 383-3514

3rd Thursday at 9:30 a.m.

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## LABETTE COUNTY

### **Breakfast Club**

*The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.*

### **Four Square Church**

98 Main Street, Parsons, KS 67357

Angela Decoster, facilitator

(620) 433-2189

1st Thursday at 9:00 a.m.

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# Kansas Support Groups

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## LEAVENWORTH COUNTY

### **Council on Aging**

1830 S. Broadway  
Leavenworth, KS 66048  
Patty Willmeth, facilitator  
(913) 684-0777  
4th Monday, 1 – 2:30 p.m.

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## NEOSHO COUNTY

### **Breakfast Club**

*The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.*

### **First United Methodist Church – Fellowship Hall**

202 S. Lincoln Avenue  
Chanute, KS 66720  
Angela Decoster, facilitator  
(620) 433-2189  
1st Wednesday at 9:00 a.m.

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alzheimer's  association

2/6/2020

## **How to Contact the Alzheimer's Association – Heart of America Chapter** **1.800.272.3900 • [alz.org/kansascity](http://alz.org/kansascity)**

### **Main Office**

3846 W. 75th Street  
Prairie Village, KS 66208

### **Northeast Kansas Regional Office**

3625 SW 29th St., Suite 102  
Topeka, KS 66614

### **Northwest Missouri Regional Office**

927 Faraon  
St. Joseph, MO 64501

### **Southeast Kansas Regional Office**

2601 Gabriel  
Parsons, KS 67357

*The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.*