Kansas Support Groups

Support groups are composed of people who meet, share information, and provide support to one another. Support group members report many benefits including:

- Obtaining information about the disease and community resources
- Understanding the behavior of the individual with Alzheimer's
- Receiving validation for negative or ambivalent feelings
- Feeling "I'm not alone"
- Receiving emotional support
- Learning specific strategies to handle their loved one's behavior
- Receiving encouragement to maintain or regain their personal lives.

Participation in a support group may help to normalize the experience of caregiving and decrease feelings of burden.

The Alzheimer's Association encourages new attendees to contact the support group leader prior to your first visit to assure time and location. Where no contact number is listed, please call the Heart of America Chapter at 913-831-3888.

TELEPHONE SUPPORT GROUP FOR SPANISH-SPEAKING INDIVIDUALS

Grupo de apoyo de teléfono Español

Este grupo se origina en el sur de California, pero está abierto a los cuidadores a través de los Estados Unidos. El cuarto martes de cada mes.

11:00 a.m. – 12:30 p.m. hora del Centro;

1:00 - 2:30 p.m. hora del Pacífico

Para más información y detalles por favor póngase en contacto con Linda Loera en 213-220-0713 o lloera@alz.org

English Translation:

Spanish Telephone Support Group

This group originates in Southern California but is open to caregivers across the United States.

4th Tuesday of each month.

11:00 a.m. - 12:30 p.m. Central Time; 1:00 - 2:30 p.m. Pacific Time. For more information and details please contact Linda Loera at 213-220-0713 or lloera@alz.org.

ANDERSON COUNTY

Parkview Heights Nursing & Rehabilitation Center

101 N. Pine St. Garnett, KS 66032 Debbie Welsh, facilitator (785) 448-2434 4th Wednesday, 1 – 2:30 p.m.

BOURBON COUNTY

Breakfast Club

The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

Papa Dons

10 N Main St. Fort Scott, KS 66701 Angela Decoster, facilitator (620) 433-2189 3rd Wednesday at 9:00 a.m.

CRAWFORD COUNTY

Breakfast Club

The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

1st United Methodist Church

415 N Pine Pittsburg, KS 66762 Angela Decoster, facilitator

(620) 433-2189 3rd Thursday at 9:00 a.m.

DOUGLAS COUNTY

West Side Presbyterian Church

1024 Kasold Drive, Lawrence, KS 66049 Gus McClelland, facilitator 4th Monday, 3:30 – 5:00 p.m.

Kansas Support Groups

JOHNSON COUNTY

Alzheimer's Association Chapter Office

3846 West 75th Street Prairie Village, KS 66208 Darcy Letourneau, facilitator (913) 948-8648

4th Thursday at 10:00 a.m.

This group is for caregivers. During this group time, social engagement and creative activities are available exclusively for individuals whose care partners are attending the support group. Space is limited. If interested, please contact Darcy Letourneau at (913) 948-8648 before attending.

St. Lukes South

12300 Metcalf, Interdisciplinary Conference Room Overland Park, KS 66213 Theresa Gordon, facilitator 2nd Tuesday, 6 – 7:30 p.m. Contact: Darcy Letourneau 913.831.3888

Beautiful Savior Lutheran Church

13145 Blackbob Road Olathe, Kansas 66062 1st Thursday at 6:00 p.m. Jeanne Reeder, LMSW, facilitator (913) 244-1815

For Caregivers

Education Center 3856 W. 75th Street, Prairie Village, KS 66208 Teri Seward and Michelle Fox, facilitators *Need to call Darcy Letourneau before first attending* (913) 948-8648 1st & 3rd Tuesday at 5:45 p.m.

JOHNSON COUNTY continued

For the Person with Early Stage (not for caregivers)

Education Center 3856 W. 75th Street, Prairie Village, KS 66208 **Need to call Darcy Letourneau before first attending** (913) 948-8648 1st & 3rd Tuesday at 5:45 p.m.

Kansas University Clinical Research Center

Alzheimer's Disease Center 4350 Shawnee Mission Parkway, Ste 1200 Fairway, KS 66205 (Fairway Office Park behind Security Bank) Phyllis Switzer, facilitator (913) 588-6981 2nd Monday at 2 – 3:30 p.m.

Salem Lutheran Church

13402 West 92nd Street, Lenexa, KS (Corner of 92nd and Haskins) Courtney Goin, facilitator, (913) 609-1891 2nd Friday 10:00 – 11:30 a.m.

Village Shalom

5500 West 123rd Street Overland Park, KS 66209 Pat Conway, facilitator, (913) 383-3514 3rd Thursday at 9:30 a.m.

LABETTE COUNTY

Breakfast Club

The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

Four Square Church

98 Main Street, Parsons, KS 67357 Angela Decoster, facilitator (620) 433-2189 1st Thursday at 9:00 a.m.

Kansas Support Groups

continued

LEAVENWORTH COUNTY

Council on Aging

1830 S. Broadway Leavenworth, KS 66048 Patty Willmeth, facilitator (913) 684-0777 4th Monday, 1 – 2:30 p.m.

NEOSHO COUNTY

Breakfast Club

The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

First United Methodist Church - Fellowship Hall

202 S. Lincoln Avenue Chanute, KS 66720 Angela Decoster, facilitator (620) 433-2189 1st Wednesday at 9:00 a.m.

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2/4/2020

How to Contact the Alzheimer's Association – Heart of America Chapter 1.800.272.3900 • alz.org/kansascity

Main Office 3846 W. 75th Street Prairie Village, KS 66208 Northeast Kansas Regional Office 3625 SW 29th St., Suite 102 Topeka, KS 66614

Northwest Missouri Regional Office 927 Faraon St. Joseph, MO 64501 Southeast Kansas Regional Office 2601 Gabriel Parsons, KS 67357