Missouri Support Groups

Support groups are composed of people who meet, share information, and provide support to one another. Support group members report many benefits including:

- Obtaining information about the disease and community resources
- Understanding the behavior of the individual with Alzheimer's
- Receiving validation for negative or ambivalent feelings
- Feeling "I'm not alone"
- · Receiving emotional support
- Learning specific strategies to handle their loved one's behavior
- Receiving encouragement to maintain or regain their personal lives.

Participation in a support group may help to normalize the experience of caregiving and decrease feelings of burden.

The Alzheimer's Association encourages new attendees to contact the support group leader prior to your first visit to assure time and location. Where no contact number is listed, please call the Heart of America chapter at 913.831.3888.

TELEPHONE SUPPORT GROUP FOR SPANISH-SPEAKING INDIVIDUALS

Grupo de apoyo de teléfono Español

Este grupo se origina en el sur de California, pero está abierto a los cuidadores a través de los Estados Unidos. El cuarto martes de cada mes.

11:00 a.m. – 12:30 p.m. hora del Centro; 1:00 - 2:30 p.m. hora del Pacífico Para más información y detalles por favor póngase en contacto con Linda Loera en 213-220-0713 o lloera@alz.org

English Translation:

Spanish Telephone Support Group
This group originates in Southern California but is open to caregivers across the United States.
4th Tuesday of each month.

11:00 a.m. - 12:30 p.m. Central Time; 1:00 - 2:30 p.m. Pacific Time. For more information and details please contact Linda Loera at 213-220-0713 or lloera@alz.org.

ATCHISON COUNTY

Community Hospital

26136 US 59 Hwy Fairfax, MO 64446 Gale Ball, facilitator (660) 686-2339 3rd Thursday, 12:30 p.m.

BUCHANAN COUNTY

Living Community of St. Joseph

1202 Heartland Road St. Joseph, MO 64506 Mary Schrom Breese, facilitator (816) 671-0015 2nd Tuesday, 5:00 p.m.

CASS COUNTY

Cass Regional Medical Center

2800 Rock Haven Road Harrisonville, MO 64701 Shelly Mikuls, facilitator 2nd Tuesday, 6:00 – 7:30 p.m.

Foxwood Springs

1500 W. Foxwood Drive Raymore, MO 64083 Jeanie Parris, facilitator (816) 331-3111 or (816) 318-2282 3rd Monday, 3:00 p.m.

Missouri Support Groups

CLAY COUNTY

North Kansas City Hospital

Barry Room 2800 Clay Edwards Drive North Kansas City, MO 64116 Jeanne Reeder, facilitator (913) 244-1815 3rd Monday, 6:00 p.m

CLINTON COUNTY

Missouri Veterans Home

1111 Euclid Avenue Cameron, MO 64429 Brenda Gregg, facilitator (816) 364-4467 3rd Wednesday 1:30 p.m.

GRUNDY COUNTY

Dino's Diner

3027 E. 10th Street Trenton, MO 64683 Brenda Gregg, facilitator (816) 364-4467

1st Wednesday, 10:00 a.m., however this group will not meet in January due to the holiday.

HARRISON COUNTY

Senior Center

1316 S. 25th Street Bethany, MO 64424 Brenda Gregg, facilitator (816) 364-4467 1st Friday, 1:00 p.m.

HENRY COUNTY

Ben Franklin Coffee Shop

106 S. Main Clinton, MO 64735 Ranae Walrath, facilitator Contact: Darcy Letourneau (913) 831-3888 2nd Thursday at 10:00 a.m.

JACKSON COUNTY

Breakfast Club

The Breakfast Club is a hometown support experience where people gather in a safe environment and where support is provided in a round table way.

Jewish Family Services, Brookside East

425 E. 63rd Street Kansas City, MO 64130 Kelly Loeb, facilitator (913) 327-8278 2nd Saturday, 9:30 – 11:30 a.m.

Christ United Methodist Church

14506 East 39th Street Independence, MO 64055 Audrey Sloane, facilitator 2nd Thursday, 7:00 p.m.

First Baptist Church

2 NE Douglas Lee's Summit, MO 64063 (west side of Douglas between Maple and 1st) Jan Horn, facilitator (913) 948-8644 4th Monday, 6 – 7:30 p.m.

Vesper Hall

400 NW Vesper Blue Springs, MO 64014 Darcy Letourneau, facilitator (913) 948-8648 2nd Thursday, 2:30 – 4:00 p.m.

JOHNSON COUNTY

Missouri Veterans Home

1300 Veterans Road Warrensburg, MO 64093 Angela Boone, facilitator (660) 543-5064 2nd Wednesday at 10:00 a.m.

Missouri Support Groups

continued

LIVINGSTON COUNTY

Livingston County Health Department Meeting Room

800 Adam's Drive, Chillicothe, MO 64601 Geri Curtis, facilitator (660) 646-1595 3rd Wednesday, 1:30 p.m.

NODAWAY COUNTY

Oak Pointe Community Room

817 Country Club Drive Maryville, MO 64468 Hanna Danner, facilitator (660) 240-0065 3rd Wednesday, 6:00 p.m.

Nodaway County Senior Center

1210 E 1st St. Maryville, MO 64468 Autum Fisher, facilitator (660) 582-7447 4th Thursday, 6:00 pm

PLATTE COUNTY

Platte Woods United Methodist Church

Room 254
7310 Northwest Prairie View Road
Platte Woods, MO
Doreen Farmer, facilitator
Contact: Darcy Letourneau
(913) 831-3888
3rd Thursday, 11 a.m. – 12:30 p.m.

RAY COUNTY

Ray County Library

215 E. Lexington St. Richmond, MO 64085 Christal Milligan, facilitator (816) 332-3435 Becky Franklin, facilitator (816) 217-4152 4th Thursday, 5:30 – 6:45 p.m.

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3/6/2020

How to Contact the Alzheimer's Association – Heart of America Chapter 1.800.272.3900 • alz.org/kansascity

Main Office 3846 W. 75th Street Prairie Village, KS 66208 Northeast Kansas Regional Office 3625 SW 29th St., Suite 102 Topeka, KS 66614 Northwest Missouri Regional Office 927 Faraon St. Joseph, MO 64501 Southeast Kansas Regional Office 2601 Gabriel Parsons, KS 67357