

You Might Benefit From Talking with the Alzheimer's Association if...

- You or your loved one has been newly diagnosed and you want to learn more about:
 - what the disease means
 - ways to manage
 - telling people
 - connecting with others who have the disease or are care partners
- Your loved one is experiencing behavior or mood changes
- Your family members all see the situation differently
- You feel like something else needs to happen, but you are unsure what options exist or how to figure out what is needed.
- You would like to talk to other caregivers who are going through the same thing
- You are a community professional and would like to know about education programs the Association offers or need material to share with those you work with about Alzheimer's and other dementias
- You feel heaviness, are overwhelmed or have persistent guilt about your experience as a caregiver of someone with Alzheimer's disease.
- You want to learn more about:
 - What to expect
 - Strategies to maintain function as long as possible
 - Activities to consider for a person with the disease
- You are concerned about safety issues such as wandering, driving or living alone

How to Contact the Alzheimer's Association – Heart of America Chapter 1.800.272.3900 • alz.org/kansascity

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3625 SW 29th St.
Suite 102
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Northwest Missouri Regional Office
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St. Joseph, MO 64501

Southeast Kansas Regional Office
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Parsons, KS 67357

The Heart of America Chapter provides programs and services in 66 counties in Kansas and Missouri. These programs and services are made possible thanks to generous donations from individuals, corporations, and foundations. Contributions and donations allow the Chapter to provide supportive services, including care consultations, free of charge to individuals and families.