



## DECEMBER COMMUNITY EVENTS

### COMMUNITY EVENTS

#### Family Caregiver Workshop

December 4th at 8:00 AM CT/9:00 AM ET

Click [HERE](#) to register or call 1-800-272-3900

#### Understanding Alzheimer's and Dementia

December 8th at 11:00 AM CT/12:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

#### 10 Warning Signs of Alzheimer's

December 8th at 12:00 PM CT/1:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

#### Understanding & Responding to

#### Dementia-Related Behaviors

December 9th at 12:30 PM CT/1:30 PM ET

Click [HERE](#) to register or call 1-800-272-3900

#### Dementia Conversations

December 10th at 11:00 AM CT/12:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

#### Understanding Alzheimer's and Dementia

December 10th at 1:00 PM CT/2:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

#### Effective Communication Strategies

December 15th at 2:00 PM CT/3:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

#### 10 Warning Signs of Alzheimer's

December 16th at 12:30 PM CT/1:30 PM ET

Click [HERE](#) to register or call 1-800-272-3900

#### Healthy Living for Your Brain and Body

December 17th at 2:00 PM CT/3:00 PM ET

Click [HERE](#) to register or call 1-800-272-3900

*No one should face Alzheimer's alone. Register for one of our free community webinars for information and resources about Alzheimer's and other dementias from the safety of your own home. Join programs online or by phone!*

### SOCIAL ENGAGEMENT EVENTS

Memory Café | December 14th at 1:00 PM CT/2:00 PM ET | Click [HERE](#) to register

*\*In partnership with UK SBCOA*

#### Speed Art Museum: Memories at the Museum

December 16th at 12:00 PM CT/1:00 PM ET | Click [HERE](#) to register

### FACEBOOK EVENTS

#### What's Up Wednesday

Wednesdays at 11:00 AM CT/12:00 PM ET

#### Forward Fridays

Fridays at 10:00 AM CT/11:00 AM ET



Join at [facebook.com/AlzKYIN](https://facebook.com/AlzKYIN) or [CLICK HERE!](#)

Click [HERE](#) to find a caregiver support group

Need assistance? Please call our 24/7 Helpline at 1-800-272-3900