LEGAL AND FINANCIAL PLANNING FOR ALZHEIMER’S DISEASE
If you or someone you know is affected by Alzheimer’s disease or dementia, the time for legal and financial planning is now. This workshop is for anyone who would like to know more about what legal and financial issues to consider and how to put plans in place. Registration required. Designed for family caregivers; please no professionals. $5 donation suggested.

DATE: April 10, 2018  TIME: 5:30pm-7:30pm  LOCATION: Alzheimer’s Association 6100 Dutchmans Ln, 4th floor, Louisville, KY

DATE: April 17, 2018  TIME: 1:00pm-3:00pm  LOCATION: Hardin County Public Library 100 Jim Owens Drive Elizabethtown, KY

Early Stage Support Group
The early support groups provide an opportunity to discuss issues and changes related to memory loss and a gathering to share experiences and feelings for both those with early stage memory loss and their care partners. Registration required. Vetting is necessary. Designed for people with memory issues and their care partners; no professionals please. Louisville, KY

COMMUNITY RESOURCES FOR DEMENTIA CARE: FINDING SUPPORT FOR YOURSELF AND YOUR LOVED ONES
Join us for an educational session focused on identifying and accessing community resources for dementia care. We will discuss resources to support both the individual with dementia and their caregivers. Please bring your questions about dementia community resources. We look forward to an engaging session!

This program is offered through an interactive telemedicine system to connect with persons who are impacted by Alzheimer’s and related memory disorders, providing education and supportive services across the state of Kentucky. This event is FREE and open to the public. Registration is required. Contact Hardin Stevens at the UK Sanders Brown Center on Aging at 859-323-2997 or hardinsteven@uky.edu to register. Deadline to register is April 19th.

Registration required. Designed for family caregivers; please no professionals.

DATE: April 26, 2018  TIME: 5:30pm-7:30pm CST/6:30-8:00pm EST  LOCATION: Glasgow and Tompkinsville

Follow us on Facebook and Twitter

www.facebook.com/AlzKYIN  www.twitter.com/AlzKYIN

Thursday, March 15 is Kentucky Alzheimer’s Advocacy Day!

TrialMatch a first-of-its-kind, free, confidential, easy-to-use interactive clinical studies matching service that connects individuals with Alzheimer’s, caregivers, healthy volunteers and physicians with current studies.

Don’t just hope for a cure.
Help us find one.

Email infoKY-IN@alz.org with questions or to RSVP
MEMORY CAFÉ
The Memory Café is a monthly social group comprised of people with memory loss and their loved one(s). Its mission is to provide a safe, comfortable, engaging environment where people with memory loss and their care partners can laugh, learn and remain socially engaged with others traveling the same journey. It is a time and place where people can interact, find support, and celebrate together without feeling embarrassed or misunderstood. It encourages friendship and acceptance. Registration requested. Designed for people with memory issues and their care partners; no professionals please.

DATE: April 10, 2018  TIME: 2-3:30pm EST
LOCATION: Hodgenville United Methodist Church, 825 Tonieville Rd, Hodgenville, KY
This program is offered in partnership with LaRue County Cooperative Extension Service and Health Department

DATE: April 30, 2018  TIME: 2-3:30pm EST (Greg Ackers and Hamidou will be here with the drums!)
LOCATION: Alzheimer’s Association 6100 Dutchmans Ln, Held in the basement this month Louisville, KY

Learn from your home

WEBINAR: MANAGING MULTIPLE MEDICATIONS WITH DEMENTIA: HOW TO GET THE MOST FROM YOUR MEDICATIONS
Polypharmacy, or the use of multiple medications and supplements at the same time, is a special concern for people with dementia. Join us as we learn about balancing the benefits with the side-effects of medications commonly prescribed for people with dementia. Presented by Dr. Demetra Antimisiaris, Associate Professor of Pharmacology and Toxicology who leads the Frazier Polypharmacy and Medication Management Program at the University of Louisville.

To register for this program go to ALZWebinars.org.

DATE: April 3, 2018  TIME: 12:00-1:00pm and 2:00-3:00pm EST or recorded to watch at a later time.

PROGRAM BY PHONE: HEARING LOSS & DEMENTIA: WHAT ARE THE CONNECTIONS?
Hearing loss is associated with poor cognition and a progression to mild cognitive impairment, a condition that can be a precursor to Alzheimer’s disease. Join us as we learn from doctor of audiology Jessica Tooley what we can do to protect our hearing and what is being learned about the connection between hearing loss and dementia.

To register for this program go to http://Alzphoneprograms.org. If no internet access, please call 800-272-3900 to register.

DATE: April 10, 2018  TIME: 12-1pm EST, 1-2pm EST or recorded to listen to at a later time.
Get the Emotional Support You Need
A support group provides a safe, supportive environment to allow family members, friends, caregivers, and other interested individuals to meet regularly for mutual support and to exchange coping skills with one another in matters relating to Alzheimer's disease. All support groups are free and open to the public and of no religious affiliation unless otherwise designated. For more information call 1-800-272-3900.

Park Terrace
9700 Stone Street Rd Louisville KY 40272
2nd Wednesday; 5pm
Activities room; third floor

Beargrass Christian Home
4100 Shelbyville Rd Louisville, KY
Room 201
2nd Thursday; 10:30am

Thrive at Beckley Creek
13700 English Villa Drive Louisville, KY 40245
Lunch and respite provided
3rd Friday of the month; 11:30am

The Club Olmsted Bistro
Masonic Homes Campus
3701 Frankfort Ave Louisville KY 40206
3rd Tuesday of the month; 6:30pm

Home Instead
4101 Taylorsville Rd Suite 200 Louisville KY 40220
2nd Tuesday of the month; 2pm

Nazareth Home
2000 Newburg Rd Louisville, KY
3rd Monday of the month; 5:30pm

Episcopal Church Home
7504 Westport Rd
Louisville, KY
3rd Wednesday of the month; 7:30pm

For a more comprehensive listing of support groups throughout Kentucky and Southern Indiana, please visit http://www.alz.org/kyin/in_my_community_60821.asp

Follow us on Facebook and Twitter

www.facebook.com/AlzKYIN  www.twitter.com/AlzKYIN

The Alzheimer’s Awareness license plate is now available at Kentucky County Clerk’s offices. When it is time to renew your license plate, consider upgrading to the End Alzheimer’s plate to help raise awareness.

The Longest Day is all about love. Love for all those affected by Alzheimer’s disease. On the summer solstice, team up with the Alzheimer’s Association and select any activity you love — or an activity loved by those affected — to help end Alzheimer’s. Together, we will raise funds and awareness for care and support while advancing research toward the first survivor of Alzheimer’s. To learn more go to http://act.alz.org/site/TR?fr_id=10935&pg=entry