WEBINAR: MANAGING MULTIPLE MEDICATIONS WITH DEMENTIA: HOW TO GET THE MOST FROM YOUR MEDICATIONS
Polypharmacy, or the use of multiple medications and supplements at the same time, is a special concern for people with dementia. Join us as we learn about balancing the benefits with the side-effects of medications commonly prescribed for people with dementia. Presented by Dr. Demetra Antimisiaris, Associate Professor of Pharmacology and Toxicology who leads the Frazier Polypharmacy and Medication Management Program at the University of Louisville.
To register for this program go to ALZWebinars.org.

DATE: April 3, 2018
TIME: 11:00 a.m.-12:00 p.m. & 1:00-2:00 p.m. CST or recorded to watch at a later time.

Living with Alzheimer’s Series
Throughout the progression of the disease families face new challenges as they adjust to the changes of the disease. Join us for this series of programs that provide answers to the questions that arise in the early, middle, and late stages of the disease. See videos from those directly affected and learn what you need to know, what you need to plan, and what you can do at each point along the way.

Registration required; please call 1.800.272.3900 to register or at .
http://www.communityresourcefinder.org/
$5 donation suggested. Designed for family caregivers; please no professionals.

Early Stage: April 4, 2018
Middle Stage: April 26, 2018
Late Stage: May 31, 2018

TIME: 10:00 a.m.-12:00 p.m.
LOCATION: 701 N. Weinbach Ave., Suite 510, Evansville, IN

PROGRAM BY PHONE: HEARING LOSS & DEMENTIA: WHAT ARE THE CONNECTIONS?
Hearing loss is associated with poor cognition and a progression to mild cognitive impairment, a condition that can be a precursor to Alzheimer’s disease. Join us as we learn from doctor of audiology Jessica Tooley what we can do to protect our hearing and what is being learned about the connection between hearing loss and dementia.
To register for this program go to http://Alzphoneprograms.org.
If no internet access, please call 800-272-3900 to register.

DATE: April 10, 2018
TIME: 11:00 a.m.-12:00 p.m. & 1-2:00 p.m. CST or recorded to listen to at a later time.
The Memory Café is a monthly social group providing a safe, comfortable environment where people with memory loss and their care partners can enjoy time together and remain socially engaged with others traveling the same journey. It is a time and place where people can interact, find support and celebrate without feeling embarrassed or misunderstood. It encourages friendship and acceptance.

Registration required. Donations welcomed.
Designed for people with memory loss and their caregivers, please no professionals.

This program is offered in partnership with SWIRCA.

The Memory Café takes place the second Wednesday of every month.

For location information and to register, please call 812/297-9726

DATE: April 11, 2018
TIME: 2-3:30 p.m.
LOCATION: Evansville, IN

Family Caregiver Workshop
This workshop is produced specifically for family and friend caregivers, offering information and ideas on Alzheimer’s disease related topics.

The “Dementia Conversations” portion will offer tips on how to have honest and caring conversations with family members about: deciding when to stop driving, going to the doctor, making legal and financial decisions and reduce stress by building a strong care team.

Guest speakers include Dr. Laurie Ballew, “Diagnostic procedures for memory loss and the importance of a proper diagnosis.” & a representative from the Area Agency on Aging, “Support Available for Families and Individuals with Dementia.”

Registration required; please call 1.800.272.3900 to register or at .
http://www.communityresourcefinder.org/ $5 donation suggested.

Designed for family caregivers; please no professionals.

DATE: April 19, 2018
TIME: 10 a.m.-1 p.m.
LOCATION: Lourdes Hospital, 1530 Lone Oak Rd, Paducah, KY

Lunch will be provided by Lourdes Hospital

The Kroger community Rewards Program is the easiest way to donate to the Alzheimer's Association simply scan your Kroger Plus Card. To register your Kroger Plus card online, go to www.krogercommunityrewards.com

When it’s not possible to be at one of our local programs in person, take advantage of our online opportunities. A wealth of information and tips are available 24 hours a day. Go to http://elearning.alz.org/home.aspx
Understanding and Responding to Dementia-Related Behavior

Behavior is a powerful form of communication and is one of the primary ways for people with dementia to communicate their needs and feelings as the ability to use language is lost. However, some behaviors can present real challenges for caregivers to manage. Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer’s disease.

Registration required; please call 1.800.272.3900 to register or at http://www.communityresourcefinder.org/

$5 donation suggested. Designed for family caregivers; please no professionals.

DATE: April 24, 2018
TIME: 10 a.m.-12:00 p.m.
LOCATION: Healthpark, Classroom B, 1006 Ford Ave, Owensboro, Ky

Community Resources for Dementia Care: Finding Support for Yourself and Your Loved Ones

Join us for an educational session focused on identifying and accessing community resources for dementia care. We will discuss resources to support both the individual with dementia and their caregivers. Please bring your questions about dementia community resources. We look forward to an engaging session!

This program is offered through an interactive telemedicine system to connect with persons who are impacted by Alzheimer’s and related memory disorders, providing education and supportive services across the state of Kentucky. This event is FREE and open to the public. Registration is required.

Contact Hardin Stevens at the UK Sanders Brown Center on Aging at 859-323-2997 or hardinstevens@uky.edu to register. Deadline to register is April 19th.

Date: April 26, 2018
Time: 5:30-7:00 p.m. CST
Locations: Hopkinsville, Murray, Paducah & Madisonville

Follow us on Facebook and Twitter

www.facebook.com/AlzKYIN   www.twitter.com/AlzKYIN
REGISTRATION IS REQUIRED FOR ALL PROGRAMS; TO REGISTER FOR A PROGRAM OR FIND A SUPPORT GROUP IN YOUR AREA PLEASE CALL 1.800.272.3900 OR REGISTER ONLINE AT http://www.communityresourcefinder.org

Get the Emotional Support You Need

A support group provides a safe, supportive environment to allow family members, friends, caregivers, and other interested individuals to meet regularly for mutual support and to exchange coping skills with one another in matters relating to Alzheimer’s disease. All support groups are free and open to the public and of no religious affiliation unless otherwise designated. For more information call 1-800-272-3900

Wellington Parc
2885 New Hartford Road Owensboro, KY
3rd Thursday; 6:30pm

Pennyvile Area Development District
300 Hammond Drive Hopkinsville, KY
2nd Tuesday; 10:00am

Chapel Hill Church
985 Bend Gate Road Henderson, KY
1st Thursday; 2:00pm

Lourdes Hospital
1530 Lone Oak Road Paducah, KY 42003
3rd Thursday of every month; 11am
Group meets in the Franciscan Room

Graves County Public Library
601 N 17th Street Mayfield, KY
Respite provided with 1 day notice for $6.60/hour
1st Wednesday of the month at 12pm

Blue Grass UMC
14200 Petersburg Rd Room 1001
Evansville, IN 47725
2nd Monday of the month at 2pm

Murray Calloway County Senior Center
607 Poplar Street
Murray, KY 42071
1st Thursday of the month at 10am

Northside
Evansville Alzheimer’s Association’s Office,
701 N. Weinbach Avenue, Suite 510 Evansville, IN 47711
3rd Saturday of the month at 10am

For a more comprehensive listing of support groups throughout Kentucky and Southern Indiana, please visit http://www.alz.org/kyin/in_my_community_60821.asp

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