Dear friends,

We are pleased to present our 2022 Year in Review, showcasing the important progress we’ve made in the fight against Alzheimer’s disease and all other dementia. Our staff, board members, community partners, volunteers, and public policy advocates have worked tirelessly to support the 156,000 individuals living with this disease across our two states.

As life continued to return to a new normal this year, we are pleased to have provided uninterrupted care and support services for our constituents. Most of our staff have adopted a hybrid work schedule, and we reopened offices in Bedford, NH and Worcester, MA earlier this year. Our Waltham, MA office has remained open.

We continue to increase the number of in-person education programs, support groups, and early-stage engagement programs we offer, while maintaining a robust virtual calendar. Over the past year, over 30,000 people accessed the full range of our programs and services, delivered at no cost to families.

This year, our generous supporters helped us raise more than $15 million to continue funding research and care and support programs in local communities across our two states. Our advocacy efforts resulted in increased federal resources for research and caregiver support.

We continue to expand our diversity and inclusion efforts, reaching into new communities and strengthening our volunteer base, while expanding our awareness activities into underserved communities to reach high-risk populations. We are forging new partnerships with community leaders and grassroots organizations, having connected with more than 36 new partners over the last year.

We have over $20 million in active funding awarded to local researchers through our International Research Grants Program, ensuring that we will continue to have an impact on the quest for an effective treatment for this devastating disease.

All of this wouldn’t be possible without you, and we are tremendously grateful for your continued support.

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Financials

Our local Massachusetts/New Hampshire Chapter total revenues for FY22 (July 1, 2021 through June 30, 2022) were $16,579,820. Total expenditures were $15,251,767 with 79% going directly to Alzheimer’s care, support, research, awareness and advocacy.

The Alzheimer’s Association exceeds relevant watchdog standards in its allocation of donor dollars. According to the Better Business Bureau Wise Giving Alliance, nonprofit organizations should spend at least 65% of total expenses directly on program activities, with remaining funds going to administrative and fundraising expenses.
Mission Metrics

As the world’s leading voluntary health organization in Alzheimer’s care, support and research, we are committed to serving the 156,000 people living with Alzheimer’s in Massachusetts and New Hampshire. We also offer care and support services for more than 338,000 family and friends caring for someone with Alzheimer’s or another dementia. This year, we were in every community through virtual education programs, support groups, and our 24/7 Helpline. No one should face this disease alone—help is just a phone call away.

During the past year...

- **14,531** People reached through education programs, conferences and community outreach
- **431,000** Lives affected by our engagement with Health Systems to effect systems change
- **Over 107** Association-trained support groups
- **2,102** Direct referrals from healthcare providers
- **9,807** Calls to the 24/7 Helpline
- **25,447** Advocates taking action
- **3,593** Care Consultations provided to families at no cost
- **$20 million** in active research funding, awarded to local researchers through our International Research Grants program
Unfortunately, people of diverse backgrounds often face barriers to participation in research. For some people, their circumstances make it harder: they might face issues with transportation to a study site or may be responsible for childcare at home. Others are reluctant to participate because they know that some populations have been taken advantage of by researchers in the past. For these reasons, a one-size-fits-all approach won’t work. Rather, Edmarie engages people individually: “We have to connect with the community, and go to events, we go on radio shows, and I talk to people to find out what challenges they are facing. We need to understand their perspective in order to do a better job serving them.”

Does it help in her recruiting efforts that Edmarie is Latina? Yes, to some extent: “When you have firsthand experience of how it feels to be a minority, how it feels to be discriminated against, it helps.” But even more than cultural background, awareness of history and empathy are what matter most: “Being willing to put yourself in others’ shoes, that’s what matters.”

Clinical psychologist Dr. Edmarie Guzmán-Vélez, a Neuropsychologist and Assistant Professor at Massachusetts General Hospital and Harvard Medical School, did not see herself becoming a scientist when she was a kid: the image she had of “a scientist” was of someone who blows things up at a lab bench, surrounded by beakers and bunsen burners. Edmarie, in contrast, was more into dancing and the arts than chemical compounds. Plus, in her hometown in northwest Puerto Rico, “I never saw or knew of a woman scientist growing up.”

But when she took Intro to Psychology as an undergraduate at the University of Puerto Rico, something clicked: Edmarie realized she was fascinated by the way our brains influence our behaviors, and vice versa. After sharing her enthusiasm with her professor, Edmarie was invited to join a six-person cohort of the National Institute for Mental Health’s Career Opportunities in Research Program, which recruits students from underrepresented backgrounds to pursue their scientific interests. What followed was two years of intensive training: how to be a scientist, how to communicate about science, and how to explore career avenues within science that matched Edmarie’s strengths.

Today, one Ph.D. in Clinical Psychology from the University of Iowa and a post-doc fellowship from Harvard Medical School later, Edmarie is a faculty member on the Multicultural Alzheimer’s Prevention Program (MAPP) at Massachusetts General Hospital, a cutting-edge researcher, and a member of the Alzheimer’s Association’s MA/NH Chapter Board of Directors.

Across all of her roles, Edmarie is all about people: she is particularly passionate about increasing the participation of people from diverse backgrounds in Alzheimer’s research, and finding ways to improve the experiences of individuals with dementia and family caregivers.

The need for diversity in research is a matter of justice and a precondition for good science. As Edmarie explains,

*We need Latino, Black, and Indigenous people and others from ethnic and racial minoritized groups to participate in clinical trials. The prevalence of Alzheimer’s is significantly higher in Latinos and Blacks than whites of similar age—we can’t know what the contributing factors to this increased risk are if we don’t have Latino and Black people in our studies. We see over and over that a lot of studies are based almost entirely on samples from white participants; but if Latinos and Black Americans are at greater risk, does that mean that possible treatments need to be different for them? Even genetics are different—the gene APOE4 places people at high risk for Alzheimer’s, but its effect on memory seems to vary by racial and ethnic group. So we really need people from all backgrounds to participate in research and tailor research and clinical trials to understand these differences.*
Empathy is the cornerstone of Edmarie’s research. When she first encountered the topic of Alzheimer’s, Edmarie realized that “all the decisions I make are based on things I learned and remember; so I couldn’t imagine how it would feel to not be able to learn new things or remember past events.” And as Edmarie interacted with family caregivers at risk for Alzheimer’s, she saw “how much the prospect of getting the disease burdened them. It “interfered not just with their day-to-day lives but with their vision of the future,” including their plans for their retirement or old age. So Edmarie wondered...what can people do today, right now, to feel better and possibly reduce their risk?

Edmarie started thinking about something we already know for sure, namely, that exercising the body is really good for the brain. In fact, there is mounting evidence that healthy people can jumpstart the birth and survival of neurons (nerve cells that transmit information within the brain and across the central nervous system) through cardiovascular exercise. Even better, parts of the brain involved in memory seem to be particularly rejuvenated as a result of such exercise.

So what about people whose brain scans show early signs of proteins linked to Alzheimer’s but who do not yet show any symptoms? What effects might exercise have on their brains? Is there a link between someone’s fitness level and the rate at which Alzheimer’s progresses?

As a first step toward finding answers to these questions, Edmarie and her colleagues designed a study to track eligible participants’ baseline physical activity and fitness, cognitive status, and the amount of Alzheimer’s related proteins in their brains. This study is done with participants from a Colombian kindred who are genetically determined to develop Alzheimer’s due to a mutation in the Presenilin1 gene. Participants wear Fitbits which track their steps and heart rate, and travel to Boston as part of the COLBOS biomarker longitudinal study to complete MRI and PET scans, cognitive tests and do a “maximum effort test” on a treadmill every two years. It is not a small commitment for the study participants, but the insights gained into associations between fitness, physical activity and Alzheimer’s disease progression could be truly groundbreaking.

Initial results are pending (watch this space!). Meanwhile, when asked what her central message would be to the Alzheimer’s Association’s supporters, Edmarie’s answer was immediate: “Scientists are working really hard to cure Alzheimer’s, but we really need your help. The only way we can cure it is with the help of people of diverse backgrounds and experiences— we need people to get involved!”

Programs, Services and Support

The Alzheimer’s Association’s vision is a world without Alzheimer’s and all other dementia. Until that day, we are dedicated to ensuring that people living with dementia, and their caregivers, have the information and support they need to successfully navigate their journey.

The Alzheimer’s Association offers a range of services, virtually and in-person. They include:

- 24/7 Helpline (800.272.3900), available around-the-clock, 365 days a year
- Care Consultations with master’s-level clinicians offering confidential support, resources and information
- Support Groups, where people learn about dementia and discuss their feelings and concerns in a confidential and supportive environment with a trained facilitator
- Education programs for people living with dementia, family caregivers and healthcare professionals
- Alz Meet Ups, providing an opportunity for people living with Alzheimer’s and their caregivers to socialize with and receive support from others who understand what they are going through

Despite the ongoing COVID-19 pandemic, nearly 5,000 unduplicated individuals in our Chapter received direct services through our Helpline and Care Consultation, and nearly 7,000 unduplicated individuals were provided education, support groups or early-stage social engagement programs. We are deeply grateful for the work of our dedicated volunteers in helping to expand the reach of our programs and meeting the growing need for services and support.

Over the past year, we hosted our annual two-day Alzheimer’s Association Virtual Family Conference, with one day dedicated to people living with dementia and the second day dedicated to caregivers. Over 1,000 registrants learned from our impressive faculty of experts, including people living with dementia and family caregivers. Special sessions were presented in Spanish.

We presented the New England Conference for Dementia Care Professionals to over 300 registrants and trained over 200 healthcare professionals in our Person-Centered Dementia Care program. We provided our First Responder Training for emergency responders across Massachusetts and at the New Hampshire Police Academies.

We observed Alzheimer’s and Brain Awareness month in June by partnering with local libraries to raise awareness, and presented research-focused events featuring leaders in the field.
We continue to grow our efforts to support populations at
greater risk of developing Alzheimer’s disease and other
dementia, including but not limited to Black/African-American
and Hispanic/Latinx communities. We were proud to collaborate
with a wide array of local organizations and community leaders
to help us understand the needs of our local communities and to
provide much needed information and services.

We were fortunate to partner with several faith-based
organizations. Through our national partnership with the African
Methodist Episcopal Church, we helped to raise awareness of
Alzheimer’s disease and dementia among the African-American
community. We were delighted to participate in the AME New
England Annual Conference and partnered with the Malden
Mission AME Church for a Purple Sunday event, an awareness
event specifically with AME churches. We also collaborated with
the Massachusetts Alzheimer’s Disease Research Center at Mass
General Brigham to engage faith-based organizations throughout
New England in raising awareness with our annual Memory
Sunday campaign.

We partnered with multiple community organizations, including
the Mexican Consulate, with whom we featured education
programs about the Alzheimer’s Association-funded US POINTER
clinical trial. We worked with Boston Senior Home Care, AgeSpan,
and the Lawrence Senior Center to offer Savvy Caregiver, a
family caregiver training program. And we presented a program
on the impact of Alzheimer’s disease in the Hispanic community
at the annual International Women’s Conference hosted by the
Dominican Development Center.

We collaborated with Boston’s Age Strong Commission on
a community assessment project and delivered an education
program at the Greater Boston Nazarene Compassionate Center
in Mattapan, which serves a predominantly Haitian population.

We facilitate a support group for LGBT caregivers, and are
participants in the annual Portsmouth PRIDE event in
New Hampshire.

We partnered with multiple organizations throughout the course
of the year, including Union Capital Boston, Inquilinos Boricuas
en Acción, Massachusetts Alzheimer’s Disease Research Center,
Lowell Senior Center, Latina Center Maria, East Boston Social
Services, Boston Las Comadres Network, Sacred Heart Parish,
Center for Assistance to Families, Revere Adult Day Health
Center, North Shore Adult Day Health Center, One Holyoke,
WestMass Elder Care, Senior Co-ops Central Boston Elder
Services, Community Catalyst and the International Academy
in Lawrence.

Finally, we created an internship program dedicated to supporting
our diversity outreach efforts in collaboration with Northern
Essex Community College.
Dementia Care Coordination

In 2022, the Alzheimer’s Association completed a four-year project, generously funded by the Merck Foundation, to expand Dementia Care Coordination (DCC) throughout New England. DCC expansion was further supported by the generous philanthropy of individual families. Dementia Care Coordination is an innovative approach to supporting people living with dementia and their caregivers by establishing partnerships with health care providers and payers. Dementia Care Coordination allows partnering providers and payers to make referrals for caregivers to the Alzheimer’s Association. The Alzheimer’s Association MA/NH Chapter based the development of Dementia Care Coordination on a successful study with the United States Department of Veteran Affairs and the Alzheimer’s Association.

Over the course of this four-year project, referrals to Dementia Care Coordination increased by 170%: prior to this project, Dementia Care Coordination received 1,027 referrals; in 2022, Dementia Care Coordination received 2,775 referrals. Caregivers referred to Dementia Care Coordination receive a proactive call from one of our highly trained and experienced Dementia Care Consultants to offer a telephonic, in-person, or video care consultation free of charge. During the care consultation, Dementia Care Consultants offer expert support and advice tailored to caregiver needs. Care consultations can include general emotional support, education about dementia, strategies for communicating with and managing behavior of dementia patients, and connection to the services from the Alzheimer’s Association and other community resources. Caregivers are offered follow up for the first six months following the initial care consultation and have access to the breadth of support services at the Alzheimer’s Association, including the 24/7 Helpline. Increased referrals throughout all six New England states were made possible by the addition of thirteen new partners and continued work with existing partners. New partners added in the project include: Boston Veterans Administration, DotHouse Health, Rhode Island Hospital, Care New England, Elliot Hospital, and Southern Maine Primary Care. Longstanding partners include: Boston Medical Center, Blue Cross Blue Shield of Massachusetts, Beth Israel Deaconess Medical Center, Brigham and Women’s Hospital, University of Massachusetts Memorial Hospital, Baystate Medical Center, Point 32 Health, and Fallon Navicare. All referring partners receive a summary of recommendations made during the care consultation for discussion with the family and inclusion in the medical record.

The project also featured a comprehensive evaluation by an independent research consultant, Health Resources in Action. The evaluation found high levels of satisfaction with and positive outcomes for Dementia Care Coordination from the perspective of caregivers and providers. Providers who refer more often to Dementia Care Coordination reported improved confidence in their ability to manage dementia care. Caregiver outcomes included improved knowledge of resources, fewer barriers in accessing community resources, and improved ability to manage dementia symptoms. The evaluation documented the value of Dementia Care Coordination during the COVID-19 pandemic which caused so many hardships for families living with dementia. One provider noted, “Dementia Care Coordination is giving them education and advice on how to deal with the patient when other providers are not available.” One caregiver described, “I’m learning so much all of the time, and I feel better able to take on the caregiver role with their support.”

Both the growth in referrals and the findings of the comprehensive evaluation demonstrate the need for and value of Dementia Care Coordination for families and providers. Several payers contribute financially for their participation in Dementia Care Coordination. Dementia Care Coordination also has a strong foundation of individual philanthropic family support. The Alzheimer’s Association MA/NH Chapter is currently in the midst of a fundraising campaign seeking $3,000,000 over three years for expansion of its health systems work including Dementia Care Coordination. In addition to private philanthropy, the Alzheimer’s Association is seeking government funding from Massachusetts and New Hampshire.
Corporate Spotlight
Patty Blake

Patty Blake joined Tufts Health Plan in 1993 to develop the company’s Medicare health plan business. In 2021, Tufts Health Plan and Harvard Pilgrim Health Care combined to become Point32Health, a not-for-profit health services company and one of the top twenty health plans in the US. As President of Medicare at Point32Health, Patty is responsible for all aspects of Tufts Health Plan and Harvard Pilgrim’s Medicare plans. Point32Health offers Medicare plans in Massachusetts, Connecticut, New Hampshire, and Maine, serving over 250,000 members.

Patty served several years on the Board of Directors of the Tufts Health Plan Foundation, has been the Walk to End Alzheimer’s team captain for the company since 2014, and currently serves on the MA/NH Chapter Board. She received her BS in Public Health from the University of Massachusetts, Amherst and both her MA in Health Care Management and MBA from UCLA. Patty was also a family caregiver for her mother, who had Alzheimer’s disease, and has experienced the difficulties of navigating healthcare systems with someone with dementia first-hand.

Q. You are the President of Medicare at Point32Health: How did helping folks eligible for Medicare become your area of interest?

After my own experience with my mother with Alzheimer’s disease and my father who has several chronic conditions, I experienced how challenging it can be to navigate the healthcare system. With all the complexity, I saw the critical need for coordinated care for people as we aged. As we age our healthcare needs increase, and some struggle to get the care and support they need. That is particularly true for people with Alzheimer’s and dementia and their families. The need is just so great.

Q. For those of us who don’t know the ins and outs of Medicare plans available from private companies, can you explain the basics?

Most people are eligible for Medicare coverage from the federal government when they turn age 65. Medicare is an important source of health care coverage, but it does not cover everything completely, so many people opt for other insurance coverage. Many people choose to get their coverage through a private plan, a Medicare Advantage Plan. Point32Health offers Medicare Advantage plans which provide affordable, comprehensive coverage along with coordinated care for those who need it. In addition to our care management and care transition programs, Tufts Health Plan and Harvard Pilgrim Health Care also make the Alzheimer’s Association’s Dementia Care Coordination program available to our members in our Medicare Advantage plans.

Q. Point32Health is a not-for-profit health insurance company. How does that result in different experiences for your members?

As a not-for-profit health plan, we are dedicated to our mission instead of shareholders as a for-profit company may be. We have deep roots in all the communities we serve. Our mission is to guide and empower people to lead healthier lives. We do that by offering a variety of health plan options for people of every age and stage in life through programs and services that support and helps our members stay well. Further, we assist members in the management of chronic conditions and provide care management support, as well as in-home care for members with complex health conditions. Our care managers help arrange and coordinate access to care and help members and their families navigate the health care system. This comprehensive approach results in providing the highest quality of health care for our members. I am proud to say that for the past seven years our Medicare Advantage Plan, Tufts Medicare Preferred, in Massachusetts has received a 5-Star quality rating from CMS (Centers for Medicare and Medicaid Service). We are the only plan in the state, and only one of two in the country to have received that rating for seven years in a row.

Q. How do you think our society’s ideas about aging have changed during your career or should change going forward?

Much has changed over the span of my career. Being 65 or 75 today is quite different than 35 years ago when I started my career. We are living longer, with many people working and staying active and engaged well beyond what used to be considered retirement age. Even the notion of “retirement” has changed. But some issues persist. Many older adults struggle financially, some have difficulty finding affordable housing, and there are inequities in access to health care services, especially in lower income communities and in Black and Brown communities. With Baby Boomers aging, every community has growing demands to meet the needs of the aging population. While there is growing awareness and some action among state, city, and town governments, we still have a long way to go to address inequities that exist especially for communities that are underserved and underrepresented—where the needs are greatest.
Corporate Spotlight
Patty Blake (continued)

Q. What are the major unmet needs that you see in the aging population?

Health disparities are a major issue that needs our attention. This includes differences in disease burden, access to care and treatment, and overall quality of life. Age itself is a contributor to health disparity. An NIA (National Institute on Aging) study found Alzheimer’s disease to be more prevalent among African-Americans and Hispanics than among other ethnic groups in the U.S. People whose primary language is not English, those with lower incomes, and people of color have greater difficulty accessing services, finding transportation, and affording the care they need. These issues require working at the grassroots level to understand the challenges communities face and to work collaboratively to address the root causes of these disparities with all government and private sector stakeholders.

Q. As someone who has gone through it, what advice would you give people who may be about to become a family caregiver for someone with Alzheimer’s or another dementia?

Phew, where to begin...I’d tell them it’s going to be a journey, and you will need help. It’s critical to have a network of some kind, everyone from family to neighbors or healthcare providers, and the Alzheimer’s Association, because it takes a village. It’s very difficult and it’s not something any one individual can do on their own. I have seen situations where one older adult who is dealing with their own health challenges is caring for their spouse who has Alzheimer’s. Sometimes they don’t want to ask for help, even when it’s available. If one is fortunate, they have a physician who helps plug them into support services, but too often people don’t know that things like support groups or the 24/7 Helpline exist. So as much work as we’ve all done, there’s still a lack of awareness. And let’s face it, as human beings, we don’t always pay attention until we must.

Q. Every corporation talks about “corporate citizenship” or community engagement, but every company defines this differently. What qualities do you think are necessary to create conditions for meaningful corporate good citizenship?

Great question. One of the first things is there really needs to be a heartfelt commitment from the top. It’s easy to pay lip service to this, but in my experience, having lived it, it comes from the top of a company and with leadership that is active and engaged in the work, not just by writing a big check but really getting behind the initiatives. Leaders need to walk the talk. Second, you’ve got to have a variety of ways to engage colleagues. Corporate citizenship is in the eye of the beholder and we all have different things that have touched us. My experience is that to get involved you must be passionate about it—life is busy, and if you don’t find out from your workforce what matters to them, you’re not going to get the uptake, whether in volunteerism, philanthropy, giving your time to consult with a nonprofit, or sit on a board. So, you must open a lot of doors to service and support peoples’ efforts to champion something they are passionate about and help them grow it.

Q. You have served as a Walk to End Alzheimer’s Captain for many years. What’s the best thing about participating in Walk?

Walk is where I learned the idea of champions—that if you have a few very passionate people, they can really drive something big. Probably for me, the best thing is the sense of hope that Walk inspires in people: you feel like you’re making a difference in a cause that really matters in people’s lives. There’s a sense of passion, excitement, and hope—the thousands of people that come out together, all on a shared mission. It makes me so hopeful!

Q. Our country has been through a couple of tough years. What lessons have you taken from the last few years, and how will these affect Point32Health going forward?

It’s been a very challenging few years. COVID forced us to think out of the box and accelerate some things that were on a slow track. One of the biggest things is increased access to telehealth, which was creeping along before COVID, but suddenly in a matter of weeks, people did what would have taken years. Many of those things have stuck and these are the silver linings to the pandemic. The prevalent use now of telehealth to provide mental health or behavioral health services has really helped improve access to these much-needed services. We have also learned that the private sector and government can collaborate well and mobilize quickly. Point32Health worked with communities to bring in a mobile van for COVID vaccinations, and the Point32Health Foundation gave millions in financial support to community organizations addressing racial injustice and health inequities: together we were able to make things happen.

Q. Finally, if you wanted to send one message to the people reading this, primarily people who use Alzheimer’s Association services or participate in events like the Walk, what’s the one message you want to send?

First, I’d like to say a huge thank you to your donors for continuing to be generous, and for continuing to be engaged especially at a time when many people are struggling personally and with their families. Continued support and engagement of individuals, government, and the private sector is critical. Despite the COVID crisis, and the divisiveness that we have now in politics, the fact that people can come together around a common issue regardless of politics or their walk-in life, that’s what it’s going to take to beat Alzheimer’s. We’ve made progress, but we have a long way to go. We need more people to join us in fighting this disease and supporting individuals and families to find treatments and a cure. We need to march on!
Corporate & Foundational Support

We’d like to thank the many companies and private foundations that contribute so generously to our mission and share our vision of a world without Alzheimer’s and all other dementia.

**$250,000+**
- Essex County Community Foundation
- MERCK

**$100,000+**
- Biogen
- Commonwealth of Massachusetts
- CVS Health
- M.P.G. Corporation
- Point32Health companies / Point32Health Foundation

**$50,000 - $99,999**
- Blue Cross Blue Shield Of Rhode Island
- Blue Cross Blue Shield Of Massachusetts
- The Herb Chambers Companies

**$25,000 - $49,999**
- Arbella Insurance Foundation
- Bank of America
- Boston University
- Brown & Brown Insurance
- Eisai, Inc.
- Hartford Provision Company
- John Wiley & Son
- LCB Senior Living, LLC
- Mass General Brigham
- New Balance Foundation
- Welch & Forbes

**$10,000 - $24,999**
- Abbvie, Inc.
- Axinn
- Ayco Charitable Foundation
- Baystate Health Foundation
- Benchmark Senior Living
- Brightview Senior Living
- Callahan Construction Managers
- CGI Technologies and Solutions
- Cigna Health and Life Insurance
- Corium, Inc.
- Covivity Healthcare
- Definitive Healthcare
- Demand Science
- Digital Federal Credit Union
- Eastern Bank
- Elder Services of the Merrimack Valley
- Embrace Home Care
- Empower Retirement
- EyeMed Vision Care
- Faber Daeruffer & Irato PC
- Finn Partners
- FMG Financial Services Inc.
- Full Contact / Norbella Media
- Garrity Advantage
- Gray, Gray, & Gray, LLP
- Green Family Foundation
- Health Edge Software
- Hebrew Rehabilitation Center
- KeifeRx, LLC

**$5,000 - $9,999**
- Adams Community Bank
- AmazonSmile Foundation
- Anthem Blue Cross
- Belfort Group
- Best Buy
- Bridges By Epoch
- Burns & Levinson
- Cambridge Savings Bank
- Cboe Global Markets
- Combined Jewish Philanthropies
- Connexus Credit Union
- Data Axle
- Delta Dental of Massachusetts
- Demoulas Foundation
- Edgewood Retirement Community
- Freedom Credit Union
- IBM Employee Services Center
- Income Research & Management
- InterContinental Insurance Brokers
- J. Calnan & Associates
- Jewish Communal Fund
- John Hancock Financial Services, Inc
- Johnson & Johnson Foundation
- Keyes and Donnellan, PC
- L.C. Anderson, Inc.
- Linden Ponds by Erickson Senior Living
- LPL Financial
- Natixis Investment Managers
- Needham Bank
- Payden & Rygel
- Pentucket Bank
- PeoplesBank
- Polar Beverages
- Quanterix
- Raytheon
- RiverMead
- Safe at Home Homecare
- Seyfarth Shaw, LLP
- St. Anne’s Credit Union
- The Waldwyn Group
- Welch Senior Living, LLC
- White Mountains Capital, LLC
Thanks A Million!

These companies reached a major milestone this year, raising over $1 million each to support our mission. We thank them for their generosity and commitment to our cause.

Purple Pump Up
Now in its 11th year, Purple Pump Up is the largest convenience store cause-marketing campaign for the Alzheimer’s Association nationwide. Eighteen Rapid Refill Convenience and Garrett’s Family Market locations throughout Massachusetts, New Hampshire and Rhode Island held a seven-week campaign where customers made donations in the stores and at the gas pumps. Volta Oil made a matching gift, and on The Longest Day 5 cents for every gallon of gas pumped was donated to the Association. They raised over $170,000, making their 11-year total over $1 million!

The Bluefin Blowout
The Bluefin Blowout is New England’s premier giant bluefin tuna fishing tournament to benefit The Alzheimer’s Association through The Longest Day, our do-it-yourself fundraising program. Presented by the Lyon-Waugh Auto Group, and hosted by Cape Ann’s Marina Resort in the historic fishing port of Gloucester, MA, the tournament draws some of the best fishermen on the east coast! The tournament kicks off with a 5K Family Fun Run, followed by the Bluefin Bash dinner and auction, ending with two days of competitive fishing to take home an impressive jackpot, prizes and the coveted Bluefin Blowout Trophy. 2022 marked a special milestone for this incredible community as they “blue” it out of the water and surpassed $1 million raised since 2016! To date the Bluefin Blowout has raised an amazing $1,310,174!

Point32Health
We are proud to have Point32Health, the combined company of Tufts Health Plan and Harvard Pilgrim Health Care, as a partner in the fight against Alzheimer’s disease and all other dementia as well as our first company to hit the $1 million mark! They have been a leader with both our Walk to End Alzheimer’s event and our Hope on the Harbor gala. Their pace-setting innovation and superior health care support lead them to become the first insurer in New England to adopt our Dementia Care Coordination (DCC) model. Their success with DCC opened up the program to grow and become a model for the entire New England region.
At any given moment, research and discovery are happening. As the world’s largest non-governmental funder of research, the Alzheimer’s Association has over $310 million invested in 450 projects in 39 countries. Currently, there is just over $20 million in active funding for researchers in Massachusetts and New Hampshire. We are grateful for your support.

The Alzheimer’s Association connects and convenes the research community by hosting premier global forums for Alzheimer’s and dementia scientists to connect across disciplines, address common challenges, and share new discoveries. The Alzheimer’s Association International Conference (AAIC) is the world’s largest and most prestigious Alzheimer’s and dementia research conference, serving as a catalyst for generating new knowledge about dementia. In July 2022, AAIC was again held as a hybrid, with 5,000 scientists attending the conference in-person in San Diego and more than 4,000 joining virtually. The highlights of this year’s conference included the presentation of research showing that the experience of racism is associated with memory loss and increased cognitive decline; learnings on COVID-19 and its effects on brain health; the latest information on blood-based biomarkers; and a link between hypertensive disorders during pregnancy and dementia risk. Additionally, two Massachusetts researchers were among seven researchers recognized for lifetime achievement: Cynthia Lemere, PhD, Professor of Neurology at Harvard Medical School and Brigham & Women’s Hospital, and Keith Johnson, MD, Director of molecular neuroimaging at Mass General Hospital and co-principal investigator of the Harvard Aging Brain Study.

Over the last year, we continued our work to bring research to our communities with the following initiatives, all of which were delivered virtually:

- **ALZTalks:** This year, three virtual presentations were delivered by Alzheimer’s Association staff scientists: Dr. Percy Griffin discussed changes in research recruitment to increase participation of communities of color; Dr. Heather Snyder presented ongoing research into long-term neurological effects of COVID-19; and Dr. Claire Sexton provided an update on risk factors and the role of lifestyle modifications. These sessions were attended by close to 400 people.

- Prior to the final ALZTalk with Dr. Sexton, we held a virtual reception recognizing the most recent cohort of 12 local grant recipients, who received over $1 million in grants from the Association.

- The Chapter Research Champion presented research updates to community audiences and constituents. Nearly 30 presentations were offered with a total of over 400 participants.

- Nicole McGurin, Director of Programs and Services, and Liz McCarthy, Research Champion, were authors on an abstract that was accepted for publication at AAIC. Liz attended AAIC and was the presenting author for a poster based on the abstract.

We are grateful for the ongoing support and dedication from the researchers and clinicians who make up the Chapter’s Medical and Scientific Advisory Committee. We were able to expand the Committee in 2022 to include more researchers from varied specialties, more clinicians working in underserved communities, and more members from ethno-racially diverse backgrounds.
Concern and Awareness

Our Communications team worked hard in FY22 to bring the Alzheimer’s Association’s messaging to cities and towns across Massachusetts and New Hampshire. Utilizing both traditional and social media, we helped educate the public about the disease while increasing awareness of the Alzheimer’s Association and our mission.

**Total Earned Media Impressions**: 36.4 Million

**# of Social Media Posts**: 2,905

**Number of Hits to Our Chapter Website**: 91,000

**Donated Media Impressions**: 6 Million

**Number of News Stories Placed in Local Media Outlets**: 72

**Graphic Design Pieces Created**: 273
Kathy Harvard of Hanover, New Hampshire is a committed advocacy and public policy volunteer. Kathy’s husband Andy passed away from Younger-Onset Alzheimer’s in 2019. Kathy is producing two documentaries rooted in her family’s experiences with Alzheimer’s: The Final Climb, a personal story about Andy and his Alzheimer’s experience, is nearing completion. The second, which Kathy envisions as a four-part series about the state of Alzheimer’s research, is in production.

The Alzheimer’s Association estimates that there are approximately 200,000 Americans under the age of 65 living with Younger-Onset dementia.

Alzheimer’s Association: Can you tell us about your husband Andy a bit, what he was like, why people who knew him say he was “larger than life?”

Kathy: Andy dreamed big and he lived big. He was not daunted by any challenge, whether mountaineering in the Himalayas or in the business world: he thrived on challenge. For Andy it was all about putting together the best team he possibly could, and that was what he was really good at. He didn’t take up all the oxygen in the room, but he accomplished a lot of things in his lifetime that most people would not have thought possible; he was just not intimidated by big challenges.

Alzheimer’s Association: Andy passed away in 2019. As you look back on your caregiving experience, what are your takeaways and what do you tell other caregivers?

Kathy: Wow, where to start? First and foremost, I learned firsthand that what caregivers are doing is very hard but you’re not alone. The minute you reach your hand out to connect, whether to a support group or an education program, or to another caregiver, it makes what seems like an impossible journey much more doable.

Second, education and information is power. So much rests on the caregiver, and every person with the disease is different, so you have to figure it out on a case-by-case basis and just remember to keep learning and keep looking for resources. You can make this work and make the time you have together the best it can possibly be. Adjust your expectations and cultivate the positive; the hard times will pass, and you’ll figure it out. Just keep going one step at a time. This is not for one second to say that it is easy.

Alzheimer’s Association: People often say that joining a support group changed their whole caregiving trajectory. Was that your experience?

Kathy: The first time I went to the Bedford [NH] office and met folks who were also going through Younger-Onset Alzheimer’s, it suddenly made all the difference. We had a telephone support group and I’d hear about the trajectory of people who were farther along than Andy, and I’d think, “Am I ready to hear about this?” But I realized if they’re strong enough to go through it, I’m going to listen and be strong too. To be very honest, that’s what inspired me to do the work I now do with the Alzheimer’s Association: my support group gave me hope and light when I could find it nowhere else.

Alzheimer’s Association: We have a lot of ways that people can get involved; why did you choose advocacy?

Kathy: I had seen in my professional life that if you want lasting
change, you have to approach it at a policy level. I’d worked on global issues before, so I knew how to do it, and I knew how important advocacy is to advance something we care about. I use everything that I do as an opportunity for education and raising awareness, even if I’m just talking with someone.

What I’d like to see is a real grassroots movement, but to do that, we have to educate folks through our information channels and we have to create policy receptiveness. We have to change attitudes about these diseases, Alzheimer’s and other dementias, and help people realize that this issue is about whole families. Especially since we now know that the processes that lead to Alzheimer’s begin in midlife.

**Alzheimer’s Association:** Are you hopeful that a grassroots movement will really take hold? Is there a way for us to have a healthcare issue that doesn’t become politically polarized?

**Kathy:** Healthcare systems realize they have to make changes; they know they have to enlist caregivers and the public because we just don’t have the facilities and resources to manage [the extent of the Alzheimer’s and dementia public health crisis]. And millennials, when they realize how much their lives might be disrupted by caregiving, I believe they will get involved.

I’ve spent a lot of time reading about HIV and AIDS and asking “What aren’t we doing, and what do we need to be doing?” There are a lot of parallels: with HIV and Alzheimer’s, people avoid dealing with it by isolating a particular group and not seeing the bigger picture.

**Alzheimer’s Association:** There has been fear and stigmatization in both cases.

**Kathy:** Exactly! As long as there’s stigma it stops people in their tracks from planning or getting involved. Stigma is the biggest obstacle possible. We need to normalize Alzheimer’s as a health condition, like any other disease. I feel like we could make a lot of progress if we could just change people’s understanding: it’s a disease like other diseases.

If you follow the science, there is a tremendous amount of amazing stuff happening—scientists are very optimistic, they see tremendous progress already bearing fruit. It will take a lot of individual steps to get us to prevention of symptoms and management of symptoms. But the idea of prevention is so exciting: if you give people tools to prevent or delay the disease, you empower them and liberate them from fear. They’ll say, “oh, I do have some control!”

**Alzheimer’s Association:** One of our other profile pieces is about a psychologist at MGH/Harvard Medical School who is trying to find out what effects exercise might have in preventing or slowing down disease progression.

**Kathy:** This is exactly what we should be doing. Maybe exercise won’t be a slam-dunk, but chances are good that you may be more protected. We should be shouting this from the rooftops because it gives people hope and the ability to not just wait for the ax to fall.

**Alzheimer’s Association:** What’s going on in the world of New Hampshire policy and advocacy these days?

**Kathy:** We had a very successful year in that we took three proposals to the legislature and they were all adopted: first, funding for respite care for caregivers; second, a financial exploitation bill to make sure there’s a way to ensure that vulnerable adults are protected. This gives the banking industry tools to put a 14-day hold on something that looks dubious and make sure no one is taking advantage of a vulnerable person. A lot of people find out that a loved one may have dementia after their bank account has been cleaned out. Finally, we secured improved reimbursement to nursing homes and other facilities so more facilities are able to provide residential care. We got a lot of bipartisan support. We’ll keep at it!

**Alzheimer’s Association:** How about federal advocacy?

**Kathy:** Federally, I’m delighted with ENACT (the Equity in Neuroscience and Alzheimer’s Clinical Trials Act) which requires inclusion and equity in research trials: the quality of research will improve for everyone. I’m also really happy to have helped advocate for the reauthorization of NAPA (the National Alzheimer’s Project Act), which is a coordinated federal battleplan with every state and several federal departments, ensuring it will continue past 2025, which is really important to me. We’re going to make 2025 a big year!

**Alzheimer’s Association:** What would you say to people who might be interested in advocacy but either don’t know where to begin or have some trepidation about speaking publicly?

**Kathy:** There’s nothing to be intimidated by. There’s always someone to help. It’s using your voice: but you can use your voice by just being on a Zoom call and you don’t even have to speak! Writing a letter or showing up for testimony in your statehouse (in the audience)-- it’s literally being present, being visible, helping remove the barriers of stigma. You can do advocacy with your own social media. Advocacy can be formal or informal, using your voice to educate others. If you want to do more, there are people, volunteers, and staff who will make it easy and fun.

**Alzheimer’s Association:** Finally, Kathy, the floor is yours! What would you like to say to our readers?

**Kathy:** To anybody who’s reading this: we are the soldiers. We’re going to move this issue forward so that people with dementia will be treated more kindly and appropriately. If you’re involved as a family member or a person with dementia, there’s nobody who knows this issue better than you. We are the ones every day walking the walk together, and we have to bring more people along with us!
Public Policy

Over the last year, our public policy team saw significant legislative wins and advocacy progress on the state and federal levels for our community. Additionally, our advocates began to return to in-person engagement with our elected officials after two years of virtual advocacy work.

Massachusetts Public Policy

In 2022, we worked with our legislative champions to lead a new budget ask to provide funding for the Alzheimer’s Association’s Dementia Care Coordination (DCC) program. DCC is an evidence-based program that provides vital support to family caregivers who are caring for a loved one living with Alzheimer’s disease or another dementia through collaboration with the Alzheimer’s Association and healthcare partners.

During the COVID-19 pandemic, we saw a need for additional resources for this service which can be delivered virtually. The legislature and Governor Baker recognized this need and approved $100,000 for the DCC program in fiscal year 2023. The $100,000 in state funding, originally sponsored by Representative Tricia Farley-Bouvier, will allow DCC to serve hundreds of families and further support the 130,000 people living with Alzheimer’s disease in Massachusetts. Additionally, $150,000 was approved in the FY23 budget for a public awareness campaign on Alzheimer’s and other dementia. This funding will be especially targeted towards diverse communities who are most at risk for developing Alzheimer’s.

You can read more about our legislative work in Massachusetts and New Hampshire online at bit.ly/AlzAdvocacy.

New Hampshire Public Policy

In New Hampshire, we are excited and proud to share that our entire legislative agenda passed into law this legislative session, thanks to the hard work of our advocates and legislative champions. The trio of bills, each strongly advocated for by the Alzheimer’s Association MA/NH Chapter, expand access to critical respite grant funding for caregivers, help protect vulnerable adults from financial exploitation, and improve reimbursement rates to ensure quality of care in nursing facilities.

The first bill, SB414, increased access to respite care in New Hampshire by expanding the definition of Alzheimer’s so that caregivers of those who are symptomatic of the disease, but may not have a formal diagnosis, can be eligible for a respite grant. Caregivers who qualify for the grant, administered by the Department of Health and Human Services Bureau for Elderly and Adult Services, can use the funds to pay for temporary in-home care, a stay at an assisted-living facility, access to an adult day care center, or light housekeeping. We were grateful to Governor Sununu for attending a bill signing ceremony at one of our Longest Day events in Merrimack, New Hampshire.

Learn more about our legislative work in Massachusetts and New Hampshire online at bit.ly/AlzAdvocacy
The second bill, SB 385, ensures that those living with cognitive impairment in the Granite State are safe from financial abuse by allowing banks and other financial institutions to place holds on the distribution of funds if they suspect financial exploitation of a vulnerable adult. The third bill, SB 412, increases Medicaid reimbursement rates to ensure those living with Alzheimer’s or dementia will have access to quality residential care. Reimbursement rates often directly impact an individual’s access to residential care settings, quality care, and the wages of those working in nursing facilities.

You can read more about our successful legislative agenda in New Hampshire and watch our opening program from our New Hampshire Advocacy Week 2022 at http://bit.ly/AlzAdvocacy.

Federal Advancement
Thanks to our strong grassroots advocacy efforts nationally, coupled with the Alzheimer’s Impact Movement at the federal level, we were successful in securing a $289 million increase in Alzheimer’s research funding at the National Institutes of Health (NIH) for fiscal year 2022. With this increase, the NIH is expected to spend $3.5 billion on Alzheimer’s research in 2022. Additionally, $25 million was appropriated to implement the BOLD Infrastructure for Alzheimer’s Act, which passed in 2018.

For the first time in three years, the Alzheimer’s Impact Movement’s Annual Forum conference returned to Washington, D.C. in May 2022. A delegation of 20 advocates and staff from Massachusetts and New Hampshire traveled to this event in person. Our chapter facilitated a full day of meetings on Capitol Hill with our Members of Congress in addition to attending research and advocacy conference sessions.

Our Ambassadors and Alzheimer’s Congressional Teams have been focused on growing support for our top legislative priorities before Congress, which are currently:

- The NAPA Reauthorization Act (S. 4203/H.R. 7775)
- The Alzheimer’s Accountability and Investment Act (S. 4202/H.R. 7773)
- The Comprehensive Care for Alzheimer’s Act (S. 1125/H.R. 2517)
- The Equity in Neuroscience and Alzheimer’s Clinical Trials (ENACT) Act (S. 1548/H.R. 3085)
- The Alzheimer’s Caregiver Support Act (S. 56/H.R. 1474)
- Increasing funding to the NIH for Alzheimer’s research and the BOLD Infrastructure for Alzheimer’s Act, which requires funding for public health grants through the CDC.

Our chapter’s advocates have held meetings with every congressional office in MA/NH to build support for our new federal legislative agenda. You can read more about our federal priorities and efforts at alzimpact.org.

All of these incredible achievements at both the state and federal level wouldn’t be possible without the tireless dedication of our thousands of advocates. Their efforts are effecting change and putting us one step closer to our vision of a world without Alzheimer’s and all other dementia.
Hope on the Harbor

The 10th Annual Hope on the Harbor gala was another successful event! Attendees were thrilled to celebrate in-person again for the first time since 2019.

The 2022 gala committee was chaired by Marty Donohue, Founding Partner at Full Contact, and Surya Kolluri, Managing Director, Thought Leadership, Retirement and Personal Wealth Solutions at Bank of America. The event honored LCB Senior Living for their commitment to the fight against Alzheimer’s, as well as board member Kevin Reynolds for his dedication to expanding our diversity efforts and outreach.

The highlight of the evening’s program for many was the inspiring story of Kirsten Hano and her family. Kirsten was diagnosed with Younger-Onset Alzheimer’s just two years ago. Her glass-half-full attitude while dealing with this incredibly difficult diagnosis is truly inspiring. Kirsten and her family spoke about how the Alzheimer’s Association has provided a lifeline for them, given them a purpose, and helped to make navigating this journey a bit easier.

Thanks to our generous sponsors and guests who donated, we were able to raise over $1 million in support of our mission. We express our sincere gratitude to the Executive Dinner Committee who helped to plan our event and were instrumental in raising crucial funds in support of our vision of a world without Alzheimer’s and all other dementia.

2022 Committee Chairs:
Marty Donohue
Surya Kolluri

Executive Dinner Committee:
Rob Baldassarre
Stephen Clarke
Teresa Cronin
Frank D’Agnese
Tim Driver
Barry Greene
Karin Hellsvik
Paul Kraft
Melody Libby
Hector Montesino
Jeremy Perisho
Clare Richer
Jim Ross
Joe Salerno
Nadeem Sarwar
John Stadtler
Gayle Thieme
When a gift is made to the Alzheimer’s Association in honor or in memory of an individual, we are reminded why we strive to secure a world without Alzheimer’s. Each year, we inscribe their names on The Giving Spirit plaque at our headquarters in Waltham, MA. The tall glass plaques that line our entryway are a constant inspiration to those who visit our office each day.

The names represented on this year’s plaque acknowledge those individuals who inspired others to support our Chapter through a gift of $350 or more during the calendar year (January 1, 2021 to December 31, 2021).

**Millenium Society**
-$5,000+
In memory of Cecile T. Balevre
In memory of Milton J. Downey
In memory of Robert J. Drummond
In memory of Esther L. Gath
In memory of Doris Labecki
In memory of Scott Moskowitz
In honor of Michael and Patricia O’Connor
In honor of Judith and Gerald Schulze
In honor of Sondra Miller and Robert Spitzler

**Founders Club**
-$2,000-$4,999
In memory of Raynald F. Martin
In memory of Angela Munnelly
In memory of Bea Rauchwager
In memory of Susan Bates Spooner
In memory of Joseph F. Taylor

**Ambassador**
-$600-$1,999
In honor of Ethel Marie Sullivan Amrhein
In memory of Edna M. Anagnost
In memory of Tyler Blanchette
In memory of Evelyn Canty
In memory of Constantine Cockinos
In memory of Thomas N. Demakes
In memory of Frances Maran Fink Emerson

**Benefactor $350-$599**
In memory of Aurelie Jones Goodwin
In memory of David L. Hebert
In memory of Helen Rose Kearney
In honor of Anna Elizabeth Lavoie
In memory of Robert E. Loy
In memory of Eariel Matte
In memory of William T. McDonough
In memory of Agnes L. Novitske
In honor of Robert F. Pernice, Sr.
In memory of Patricia Powers
In honor of The Professionals and Communities who help our seniors thrive
In honor of Betsy H. Reynolds
In memory of Harriett Párrott Ritchie
In memory of Della Estelle Roth
In memory of Adele Sachs
In memory of Carleton E. Shores “Grampy”
In honor of Ellen M. Shoushanian
In memory of William A. Stearns, Jr.
In memory of Phyllis M. Stranburg

**In memory of Russell W. Cournoyer, Sr.**
In memory of Rachel L. Cyr
In memory of Anthony DeSimone
In memory of Robert F. Dickson
In memory of Mary J. Frisoli
In honor of Patrick C. Gillick
In memory of Carol Roy Howland
In memory of Dr. & Mrs. Garry deN. Hough III
In memory of Florence A. Jerome
In honor of Thomas R. Jerome
In memory of Dorothy M. Kickham
In memory of Jean Anne Koontz
In memory of Sharon Liptzin
In honor of Joseph “Big Guy” Liscinsky
In memory of Paul J. Lyons
In memory of Mrs. Elaine W. Manning
In memory of Lois Fraser McCartney

**In memory of Milton Morrisette**
In memory of Shirley Morrisette
In memory of Barbara P. Neely
In honor of John E. Poirier
In memory of MaryEllen Roe
In memory of M. Josephine Roy
In honor of Donald M. Skillins
In memory of Pearl Courtney Smith
In memory of Shirley Smith
In memory of Anthony J. Spinosa
In memory of Margaret “Peggy” Stephanou
In honor of Kenneth Kenzo E. Sullivan
In memory of Jack Surro
In memory of Dr. Fortunato Torresyap
In memory of Francis A. Urciuoli, Sr.
In memory of Ken Wood
In memory of Emily Yeung

When a gift is made to the Alzheimer’s Association in honor or in memory of an individual, we are reminded why we strive to secure a world without Alzheimer’s. Each year, we inscribe their names on The Giving Spirit plaque at our headquarters in Waltham, MA. The tall glass plaques that line our entryway are a constant inspiration to those who visit our office each day.

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Volunteer Spotlight

Betsy McAlister Groves

Betsy McAlister Groves is a member of the Alzheimer’s Association’s MA/NH Chapter Early-Stage Advisory Group and serves on the national and local Chapter Boards. Betsy was the Founding Director of the Child Witness to Violence Project at Boston Medical Center and is the author of “Children Who See Too Much: Lessons from the Child Witness to Violence Project.” Betsy has served as a lecturer at the Harvard School of Education and in a wide variety of other roles throughout her distinguished career as a social worker.

In 2008, Betsy McAlister Groves was invited to give the commencement address at the Boston University School of Social Work. In her address, Betsy quoted Jane Addams, a foundational figure in the history of social work:

“The good we secure for ourselves is precarious and uncertain until it is secured for all of us and incorporated into our common life.”

That is, to be truly good, insights and advances in the human condition must include everyone and be woven into the fabric of society.

Despite Jane Addams’ guiding words, we know that social progress can be halting. At the outset of Betsy’s career in social work, even as understanding of the effects of traumatic experiences on adults progressed in leaps and bounds, it was thought that children—especially very young children—were insulated from the effects of witnessing violence. In effect, the experiences of children were excluded, and the benefits of new insights about healing from trauma were not extended to them.

In her years of study and clinical practice, Betsy was at the forefront of including children’s experiences. Through her work at the Child Witness to Violence Project, Betsy not only identified new ways of understanding the effects of witnessing violence on children, but also advanced best practices for guiding children toward recovery: she helped incorporate into our common life new ways of helping children and families heal from violence. How influential a figure is Betsy in her field? Well, let’s just say Mr. Rogers asked her to have breakfast with him so he could learn about her work.

Now 73, Betsy is facing a new and very personal challenge: a diagnosis of Alzheimer’s disease. The first signs were subtle: just small changes that Betsy noticed while she was teaching at the Harvard School of Education. As Betsy puts it, “I was feeling not so much on my toes, just having a little trouble responding quickly in discussions. I thought it was normal aging, just running out of steam a little bit.” In 2018, Betsy retired, and “I had three years of doing fine and not being terribly worried, until I was talking with a friend who’s a nurse practitioner and I said, ‘I feel like I’m losing it,’” and she said, “You should get neuropsych testing.” I got the full battery of tests done at MacLean Hospital, and the diagnosis was probable Alzheimer’s.”

The words “probable Alzheimer’s”—for Betsy, her husband Tim, and their two daughters—“were devastating.” Betsy had read the book Still Alice, and she thought, “Oh, I don’t want that to be me.” But one thing made a difference in those early days: access to a social worker from the Alzheimer’s Association who understood how overwhelming it is to experience such a diagnosis. “I had a long conversation with her and it just stabilized me a bit,” says Betsy. And then she and Tim started to figure out what to do next.

An initial challenge was how and whether to share the news outside of her immediate family. No one wants to be viewed differently because of a medical condition, or defined by it. So it took some reflection—and courage—to begin to let her wider circle know. Fortunately, most friends have been supportive and helpful, but for others, they were uncomfortable, or avoided discussion about this diagnosis. “Some friends and family didn’t want to talk about it; they didn’t know how to deal with it.”

One group of new friends, however, can always be relied on to “get it”: namely, the members of Betsy’s Alzheimer’s Association support group for people with early-stage dementia. As anyone who has been in a support group knows, there’s a respite that comes just from being with people who are going through what you’re going through. You don’t have to explain everything to them, and together, you can even find the funny side of things. “At least half of our time we’re just laughing,” says Betsy. “I’m so grateful to have such camaraderie.”

In the months following her diagnosis, Betsy joined the national Alzheimer’s Association Board and that of the local MA/NH Chapter; she is already applying a social work lens to issues that families navigating dementia face. Access to health care and support services are major concerns. For Betsy herself, finding a neurologist after her preliminary diagnosis took months, even in Boston, home to world-class hospitals, and even for Betsy, who has a wealth of expertise, will find a new insight into the disease and whose work, like Betsy’s, will be secured for—and benefit—all of us.
“Research and finding a cure is my huge wish—we know my daughters are at a higher risk now; my wish is that there will be a cure.”
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Joseph Aceto
Martha & Rayce Anselmo
Ms. Ruth Archer
Beth Athanasouls
Governor Charles Baker and First Lady Lauren Baker
Austin Barrett
Gregory A. Barrett
Mary & Piotr Bartkiewicz
Stacey Bellabona
Charlene Bemis
The Berry Family Foundation
Patricia E. Blake
Emily & Barbara Blount
Mr. Henry Bookke
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Patrick Carter
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MaryLou Cavanaugh
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Clayton Turnbull
Mr. & Mrs. Nicholas Titzon
Ms. Claire F. Umanzio
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Jwalant Vadalia
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Donna M. Vanschaik
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Mr. Richard Vengroff
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Graham Veysey
Michael Veysey
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Cai Von Rumohr
Michel Vounatsos
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Thomas Walsh
Peter Warren
Taryn & Michael Washkowitz
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Emily Weinberg
Teri Welch
John J. Weltman
Kristie-Lee Wendler
James Wessler & Susan Goodman
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John F. Whelan
Natalie Whelan & Bill Whelan
Dr. Bonnie Honig &
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Jane M. & Larry A. Wilcox
Nadine & Justine Wilk
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Patricia Wilkinson-Bizjak
Virginia & Michael L. Williams
Eugene Williams
Lynn Williams
Stacy Williams
Rafael Williamson
Margaret A. Wilson
Mr. J. David Wimberly
Ms. Linda Wincak-Moore &
Griffin Moore
James Wolfe
Barry Wolff
Jill A. Wollins
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Catherine & Peter Wonson  
Sandra D. Wood  
Gregory Wood  
Jeff Wozney  
Dr. & Mrs. Mark C. Wyers  
Ms. Janet M. Wynn  
Frank S. P. Yacino  
Alka Yadav-Mehta  
Erin Yaeger  
Mr. Yonatan Yamin  
Sandra D. Wood  
Gregory Wood  
Jeff Wozney  
Dr. & Mrs. Mark C. Wyers  
Ms. Janet M. Wynn  
Frank S. P. Yacino  
Alka Yadav-Mehta  
Erin Yaeger  
Mr. Yonatan Yamin  
Mary Ellen & Frank Zappulla  
Lili Zhang  
Phyllis A. & Robert W. Zimmerman  
Deborah Zolna  
Derek Zurn

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Diane Abbott & Henry Abbott  
Marilyn Ace  
Gudrun & Robert Achton  
Sandra Ackerson  
Mr. Lyle Adams  
Christine Adams  
Mr. Tim Adams  
Robin Adams  
Andrew Adelson  
Mr. & Mrs. Steven Adler-Golden  
Pamela J. Youn  
Pamela J. Youn  
Mary Ellen & Frank Zappulla  
Lili Zhang  
Phyllis A. & Robert W. Zimmerman  
Deborah Zolna  
Derek Zurn
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Susan Crawford
Tara Cringan
Nancy Crochiere
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Brant M. Cruz
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Kevin J. Daley
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Marilyn & Andre Danesh
Amy & Jock Danesh
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Alisa Busch & Mr. Andrew Dankwerth
Brenda & Fred Dargie
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Tina Davis
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Mrs. Lisa DeAngelo & Mr. Domenic W. DeAngelo
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Gabrielle Defeo
Derek Degon
Louise Dekreon-Watsjold
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Sandra Deluca
Angela Delude
Mr. Daniel Delvecchio
Debbie & Tom Demakis
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Brenda M. & Derick V. Denby
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Francesca & Bob Johnston
Pam Johnston
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Norman G. Jones
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Charles Karp
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Milly Kayyem
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Mrs. Bruce R. Kerrigan
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Ms. Claire Zar-Kessler
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Nancy Kimball
Walker Kimball
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Marilyn Kinkead
Doug Kinney
Dawn Kirsty
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Kurt Klages
Myra Klahr
Alison Klein
Betsy R. Klein
Betsy Klein
Kathy Knapp
Hillary Kniffen
Julia Knight
Knoppers-McCormack Gift Fund
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Rajeev Kotyan
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Ellen G. Kreiger Rubin
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Timothy Labua
Thomas Lachance
Peter Lacombe
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Dr. Nancy Levy-Konesky
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Linda Morris
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e Michael Morrison
Mike Morrison
Lesia Morrison
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Brittany O’Loughlin
Ms. Dianne Olson
Mrs. Karen O’Malley
Emilie O’Malley
Joanne O’Maro
Robert O’Neil
Ms. Jeaneine O’Neil
Zoe & Cedric Onsruth
Doug Orifice
Sue & Glen Ortman
Ms. Rebecca Osborne
Mr. Richard Ossof
Kristin & Mark S. Ostrem
Mary A. & James M. O’Sullivan
Timothy O’Sullivan
Linda O’Toole
Lisa & John O’Toole
Individual Support continued

Marie Roy
Carl Rubin
Stephen Ruemenapp
Damian Ruof
Maureen O. Russert & Maureen Orth
David Ruszczyk
John Ryan
William Sabanosh
Lisa Sabatino
Dr. Allison H. Sacher & Mr. Jeffrey A. Sacher
Barbara C. & Juan G. Saldarriaga
Ms. Susanne E. Salerno
Amy Salerno
John Sales
Jason Salpas
Marann Saltus
Jeff Saltus
Ms. Brenda Salyer
Monica Samano
Tracy Samek
Andrea Samra
Mitchell Sanders
Paul W. Sandman
Abhinav Sarapure
Lee Sardone
Jonathan Sargent
Mrs. Margaret V. Sarrat
Michael Scanlon
Roberta Scannell
Elise Scaringello
Kenneth J. Scarry
Brian Scasserra
Joanne Schade
Mark Schatz
Mike Schaus
Michael Scheer
Todd Schell
Mr. Greig T. Schneider
Ms. Daphne Schneider
Ms. Susan Schortmann
Victoria Schortmann
Reina S. Schrattet & Elisabeth Zogbaum
Mr. & Mrs. Paul Schwabe
The Schwarzkopf Family Foundation
Susan L. Schwegen
Anthony Schweizer
Michael Scola
Michael Scott
John W. Scott II
Sherry Scovell
Ellen B. & Steven G. Segal
Patrick Sell
Mr. Stephan H. Semerjian & Family
Joseph Senna
Ms. Linda Serafino
Mr. David Shafarow
Ms. Minita Shah-Mara
Jerrilyn G. Shannon
Ruth M. Bonsignore & Andrew I. Shapiro
Todd Shapiro
Jim Sharton
James P. & Margie A. Shaughnessy
Anne M. & Robert W. Shaw
Nyria Shaw
Mr. Jeffrey Shaw – Clark Insurance
Nichole Shea
Richard Shea
Jim Sheehan
Brenda D. Sheehan
William J. Sheehan
Lisa & Brian Sheehan
Elizabeth Sheehan
Karen L. Sheehy
Karen & Jeffrey Sheehy
Jennifer Aszling & William Shek
Anne Steer & Ralph S. Sheridan
Mrs. Brenda M. Shield
James Shilale
Melissa Shirccliff
Donna M. Shook
Terri Short
Jill & Donald Shulman
Kelley Shultz
Adam Shyevitch
Francois Sicard
Mrs. Elsa Sidel & Mr. Stanley Sidel
Barbara A. Silva & Manuel Silva
Karen Simeone Romano
Jennifer & Kein Simes
Christina Siracusia
Karen & Doug Skillins
Nicholas A. Skinner
Ms. Elizabeth Skrzyriarz
Mrs. & Mr. Amy & John Slavik
Robert Stein
Samantha Sloane
Tyler Smith
Ryan Smith
Paul Smith
Mark Smith
Angelina Smith
Robert J. Smith
Matthew Smith
Elizabeth & David Smith
Cindy Smith & Ms. Allison Skinner
Jeanne Smith
Kathleen Smith
Larry Smith
Betty S. Smith
Janice Smith
Craig Smith
Ellen Snow
Mr. Jonathan F. Sobin
Hayden S. Soloman
Theodore M. Solso
Margery & Jerome H. Somers
Ms. Beverly Somerville
Mr. & Mrs. William J. Soucy
Amy Sousa
Jade Souza
Kelsey Space
Matthew Sparrow
John & Frances Spath
Linda Spear
Jillian Spinale
Ms. Luci Spinale & Mr. James Spinale
Donna & Stephen Spinelli
Barbara Spinney
Ms. Anne Spinosia
James Stack
Nancy Stafford
Lisa Stamegna
Herbert Staniszewski
Zuleyka Stanley
Mrs. Jennifer Stanley
Marianne Stanton
Elyse & Andrew Starling
Elena M. & David C. Stasey
Bruce Stebbins
Ms. Sharon Stehman
Jacqueline Steinberg
Ms. Brenda S. Steinberg
Debra & Robert Stengel
Adam Stenn
Kathy Stevens
Robert Stewart
Prescott Stewart
Mel Stoler
Edith Story
Julianne Stoughton
Brian Strachan
Kurt Strandon
Diana Strano
Dr. David Strassler
Matt Streisfeld
Susan N. Strong & Jeremy B. Strong
Marlena Sturtevant
Adam Subber
Mark E. Sullivan
Ms. Kathleen A. Sullivan
Ms. Natalie T. Sullivan
Michael J. Sullivan
Jeanne Sullivan
Wilma & Philip Sullivan
Jane & Robert Sullivan
Rosanne Suprina
Ms. Mary Ellen Susi
Mr. William F. Swanson
Thayer Swartwood
Mr. Kurt M. Swenson
Gary Swerling
Jennifer Swist-Florindo & Aderico Florindo
Bethanee Syversen
Bessie & John T. Szum
Ms. Janet Taft
Brittany Talbot
Maria Tamagna
Bian Tatum
Alyson Taubert
Margaret S. & Paul J. Taylor
Bobby Tchaprazian
Mr. & Mrs. Ralph J. Tedesco
Molly Teets
John Tegan
Dorothy Tenney
Shannon Tesini
David Theran
Mrs. Jayme L. Thibeault
Tim Thibodeau
Richard Thomas
Claudette Thompson
Nancy Thompson & Mr. W. W. Thompson
Haley Thompson
Ms. Michelle Thomson & Mr. & Mrs. William D. Thom
Team End ALZ

Team End ALZ athletes run in honor of loved ones with the mission of bringing us one mile closer to a cure for Alzheimer’s and all other dementia. Our Team End ALZ program offers the opportunity to participate in the world-renowned Boston Marathon® through our partnership with the John Hancock Marathon Program, as well as the Asics Falmouth Road Race and various other races through our Run Your Own Race program.

We were very excited to return to our typical race calendar for 2022 and watch our Boston Marathon runners cross the finish line on Boylston Street in April! This team raised an incredible $534,560! Our Falmouth Road Race runners endured the heat and humidity on Cape Cod to complete the 7.1 race in August, raising over $75,000 for our chapter! Additionally, we had 31 athletes participate in various races throughout the year collectively raising over $25,000, bringing the program total for 2022 to more than $635,000!

Top Participants

$40,000+
Suzanne Keohane
Colleen McLaughlin

$20,000+
Eliza Core
Kristyn Dees
Meredith Parnell

$10,000+
Annie Canzano
Caitlyn Caramello
Dara Cuffe
Brinton Dekreon
Samantha DeSisto
Claire Gutekanst
Caroline Kistner
John Klees
Tessa Lundquist
Connor McLeod
Jackie Mundry
Francis “FJ” Murphy
Conor Murphy
Amanda Murphy
Susan Pardus
Danny Schwarz
Ryan Sell
Greg Tremblay
Charlotte Watts
Justine Wilk

$5,000+
Paul & Lulu Coakley
Lauren Farkash
Nancy Picard
Veronica Pizzorni
Jim Sheehan
Lili Zhang

$2,000+
Lynn Anderson
Alana Barrett
Meghan Braciska
Angela Day
Heather Gallo
Heather Healy
Lorraine Kermond
Jason Kramer
Alison Marshall
Safdar Medina
Debbie Murphy
Robert Palmer
Caitlyn Scheuermann
David Theran
Allison Toner
Joshua Wessler
Kathleen Young
James Young

$1,000+
Rose Anderson
Beth Annarino
Jaclyn Bown
Christine Conti
Samantha Creamer
Tom Foley
Luke Foley
Colleen Frost
Christopher Galland
Morgan Grayno
Kathryn Guess
Arnav Harve
Maeve Hickey
Sherrill Anne Keenan
Eric Lind
Jack Poppenga
Brooke Robinson
Connor Rynning
Melissa Rynning
Rachel Rynning
Hannah Struver
Lillian Thygeson
Susan Thomas
Patsy Jeffries Zukowski
Ride to End ALZ New England

This year was an exciting year for the Ride, as the event aligned with the National Alzheimer’s Association’s Ride to End ALZ program and became the Ride to End ALZ New England! On June 4, 2022 over 400 cyclists joined together in person for the first time in three years for an amazing day of cycling, fun, camaraderie, and most importantly, raising awareness and funding for Alzheimer’s and dementia research. The Ride also had more than 80 virtual cyclists hit the roads, trails, and paths in their communities, and some even jumped on their indoor bikes at home.

Together, 537 riders and more than 110 volunteers raised over $737,000, making the 26th annual Ride to End ALZ New England the highest fundraising year in the history of the event!

**Top Fundraising Individuals**

<table>
<thead>
<tr>
<th>$20,000+</th>
<th>Brian Igoe</th>
</tr>
</thead>
<tbody>
<tr>
<td>$15,000 - $19,999</td>
<td>Mel Stoler</td>
</tr>
<tr>
<td>$10,000 - $14,999</td>
<td>Michael Dern, Richard O’Connell, Robbin Price</td>
</tr>
<tr>
<td>$5,000 - $9,999</td>
<td>Larry Alford, Brian Barao, Kevin Chapman, Rita Cramer, Michael Crowther, Andrew Dunberger, Jack Faer, John Kaufmann, Tom Keegan, Troy Kenyon, Randy Krauss, Paul Kussell, Emmanuele Salvati, Paul Sullivan</td>
</tr>
</tbody>
</table>


**Top Fundraising Teams**

| $10,000 - $14,999 | Mary Rita, Midlife Crisis, Nashoba Valley Pedalers, Robbin’s Riders, Team Cramer, Team Bike-A-Soreass |
| $5,000 - $9,999 | #LiveLikeJerry, Memento, Mikonah, OutSpoken, Over the Hill Gang, Pal4Alz, Papa & Poppy’s Peddlers, Pedaling for a Cure, Relax & Smile, Salesforce & Friends, Team Eisai, Team JB, Vidz Kidz |

*Each year, 90% of the proceeds from the Ride to End ALZ New England support Alzheimer’s and dementia research restricted grants.*
The Longest Day

The Longest Day is the signature do-it-yourself fundraising event for the Alzheimer’s Association where participants host their own fundraiser by doing an activity they love to honor someone they love affected by dementia. Throughout the year, 266 events and activities took place across the chapter! On the longest day of the year—the summer solstice—we collectively honored those facing dementia, remembered those we’ve lost, and celebrated our success of raising vital funding and awareness to support our mission. Many amazing teams and events returned from past years, and we welcomed lots of new people, including hundreds of hikers for our 48 Peaks hiking challenge, thanks to a new partnership with the “Hiking Buddies NH 48” Facebook group! Passion and creativity were on full display from barbecues and dinner parties to game nights, kayaking, fishing, working out, golfing and so much more! We also celebrated a major milestone with the Bluefin Blowout team as they surpassed $1 Million dollars raised in 5 years of hosting their fishing tournament! The MA/NH Chapter is proud and honored to be the Top Fundraising Chapter again this year, raising $726,662!

Top Fundraising Teams & Groups

$500,000+
Bluefin Blowout
(team ranked #1 nationally, $1.3M raised since 2016!)

$200,000+
48 Peaks
(group ranked #2 nationally)

$100,000+
The Washburn Challenge
(group ranked #5 nationally)

$30,000+
Team SISU
Washburn Founders to END ALZ

$20,000+
UBS: The BPIT to END ALZ

$15,000+
Lexington Goes Purple

$10,000+
Best Paddlers in Town (BPIT)
Bruyettes to END ALZ
HBNH48 Team 5 (Carrigain)
HBNH48 Team 7 (Bondcliff)
NH Hot DogZ for ALZ
Sally’s Res-a-thon
This Is Our Life
Washburn Bay Riders

$5,000+
100 Holes For Alzheimer’s Research
Bootybybrabants
For Evelyn
HBNH48 Team 10 (Lafayette)
HBNH48 Team 11 (Garfield)
HBNH48 Team 12 (Jackson)
HBNH48 Team 15 (Waumbek)
HBNH48 Team 18 (Whiteface)
HBNH48 Team 2 (Pierce)
HBNH48 Team 25 (Liberty)
HBNH48 Team 29 (Mt. Hale)
HBNH48 Team 3 (Moosilauke)
HBNH48 Team 6 (Washington)
HBNH48 Team 8 (Jefferson)
HBNH48 Team 9 (Osceolas)

Jess’ Ride to Remember
Longest Day Superfans
Marathon PT
Purple Pump Up
Spark Fitness & Tennis
Team Simpatico

$2,500+
Catherine’s Champions
Christine’s Longest Day Fundraising
END ALZ for LES
Fight to Remember
FORe MOM
G.O.A.T. Hike for Alzheimer’s
HBNH48 Team 1 (Eisenhower)
HBNH48 Team 13 (Isolation)
HBNH48 Team 14 (Tecumseh)
HBNH48 Team 16 (Moriah)
HBNH48 Team 19 (Madison)
HBNH48 Team 20 (Wildcats)
HBNH48 Team 23 (Zealand)
HBNH48 Team 26 (Galehead)
HBNH48 Team 27 (North Twin)
HBNH48 Team 28 (Owl’s Head)
HBNH48 Team 30 (Passaconaway)
HBNH48 Team 32 (Flume)
HBNH48 Team 4 (Cannon)
Hollis Brookline Lacrosse Team
Kar’s Crew to End ALZ
Kick Alz in the Balz
Ladies Bocce Scramble
Lisa’s Legacy
Needham Bank
Paddling for Mom
Paddling to New Heights
Pickle with a Purpose: Alzheimer’s Fundraiser
Ridder Women’s Golf League
Run Raisers
Sue’s Circle Biking and Kayaking
Team Blue
Team EMS
The Hills Are Alive
Unconditional Adventurers
Solstice Champions
(Individuals who raised $1,600+ representing the 16 hours of daylight on the summer solstice.)

$30,000+
Stuart McLeod

$7,500+
Booty by Brabants
Jessica Poliquin
Spark Fitness & Tennis
Rafael Williamson

$5,000+
Matt Kiehle
Lee Larkin
Craig Martin
Carol McKean
Bill Morse
Janet Petronio
Elaine Smith

$1,600+
Joseph Aceto
Michelle Andrighetto
Jennifer Ashworth
Karen Beebe
Paul Bohmiller
Lydia Borenstein
Alana & Emily Bresnahan

Meghan Brookes
Tommy Brooks
Shari Brown
Antoinette Butterfield
Lorraine & Lionel Carle
Jennifer Chamberlain
Billie Jean Chouinard
Brad & Alice Christenson
James Christenson
The Renny Classic
Mark Clausen
Mike Curran
Linda & Greg Durbin
Mel and Floki Elam
Emily Engeland
Margaret Farrell Bruno
Stacey Fitzgerald
Debbie Flanagan
Adam Galuza
Tiffany Giannato DeBerardinis
Christina Handorff
Cindy Hession
Jennifer Hoadley
Debra Holloway
Donna Horvath
Susan Howell
Kristin Hudson
Mandy Jarominski
Judith Johanson
Pam Johnstone
Christine Kayser
Heather Killie
Kenneth King
Bernice Kuca
Bryan LaBua
Hollis Brookline Lacrosse Team
Lara Laskowski
Ian Lim-Bonner
Judy Loubier
Lakshmi Mahantesh
Ann-Marie Martin
Joyce Martin
Marguerite McGugan
Nicole McGurin
Karen McLeod
Lynn Meltzer
Gwen Morgan
Samantha Moyer
Joyce Murphy
Claire O
Christopher O’Brien

Meghan O’Neil
Alexandra Pagliuca
Paul Parisi
Valerie Patnaude
Ben Pease
Josh Pelletier
Lori Penney
Kimberly Poirier
Melissa Puls
Lisa Redding
Joshua Riley
Jill Setian
Ron Sloane
Patty Smith
Dana Snowdon
Fran St. Peter
Peter Stokloza
Lynn Swezey
Kathleen Thomson
Camille Valentine
Melinda Vining
Peggy Walsh
Sylvia White
Helen Will
Andrea Wojciak
Jamie Wolfe

[Image of people at an event]
Walk to End Alzheimer’s

In 2021, nearly 11,000 people joined our Walk to End Alzheimer’s in 13 locations throughout Massachusetts and New Hampshire. The Walk to End Alzheimer’s is the world’s largest event to raise awareness and funds for Alzheimer’s care, support and research, and we are incredibly grateful to each participant, volunteer and sponsor who made this year a huge success. Together we raised $3,850,269!

Teams

$20,000+
- Banda
- Bayberry at Emerald Court
- Dansfans
- Deb Mazza-Scanlon Family & Friends
- Don’t Stop Believing
- Harvard Pilgrim Health Care and Tufts Health Plan - Greater Boston Walk
- Harvard Pilgrim Health Care and Tufts Health Plan - Neponset Valley Walk
- Kirsten’s Crusaders
- MIT Lincoln Laboratory
- Phyllis And Her Badass Gang
- Queen Deb’s Bees
- Team Green Street
- Team Yia Yia

$10,000-$19,999
- Adams Community Bank
- Artis of Reading
- Biogen
- Callahan2015
- Cooney Conquerors
- Cresa Boston
- Every Mile a Memory
- Fairway United 7580
- Good Memories
- Grammie’s Groupies
- Harvard Pilgrim Health Care and Tufts Health Plan - Northeastern MA Walk
- Harvard Pilgrim Health Care and Tufts Health Plan - Worcester County Walk
- Jack Attack
- JHC on the Move
- Joe’s JEMs
- Josie’s Journey
- Katz’s Kittens
- Marchin’ with Mackie
- McCormack Strong
- Mind over Matter
- MurphysMinions
- Nina’s Clan
- Patricia Van Geyte
- Paula’s Posse
- PwC Boston
- Ralph’s Anchors
- RiverWoods Durham
- Seniors Helping Seniors of Greater Boston & Metrowest
- Sully’s Foot Patrol
- Team Big Guy!
- Team Bill
- Team Mary
- Team O’Callaghan
- Team RJB
- Team Rogerson House
- The Memorables
- The Triple DDDs-Deaconess Dementia Defenders

$5,000-$9,999
- Barbara’s Team
- Baystate Striders
- Beth and Julie Fentin
- Border to Beach Ride
- Bridges by EPOCH at Andover
- Brightview - Country Club Heights
- Brightview Wakefield Warriors
- Brooksby Village
- Charlie’s Angels
- Considine Crew
- Dedham Savings - Here for the Journey
- Don’s Marchers
- Dorothy’s Dozen
- Duxbury Doves
- Elaine’s Campaign
- Fighting ALZ Together
- Fitzy’s Followers
- Flo’s Flamingos (Team Burns)
Mandy’s Marchers
Mason Wright’s Starfeet Enterprise
Mazz’s Making Memories
Memories for Mom
Memory Fighters
Memory Mitzvah
Mimi’s Tribe
Northbridge Plymouth Campus - Laurelwood at the Pinehills
Papa’s Team
Patricia’s Emeralds
Pega Virtual Walk
Pete’s Warriors
Pigs and Rats
Remember for Rita
Rita’s Shamrocks
SandysAngles86
Sigma Kappa - Kappa Omega
Silver Foxes
Sithoo’s Posse
Sunrise Angels of Leominster
Team Baker
Team Borowski
Team Cornerstone at Milford
Team Donohue
Team Faherty
Team Inspire
Team John Hancock/Manulife
Team MCU
Team Mindset
Team Nona
Team Safety Insurance
Team Sally Lou
Team Sando
Team Stuka
Team Tuttle
Team Until
Team Virginia
Team VPG
Team Youville!
The Forget-Me-Not’s - Central NH Walk
The Sweepers
Walk to Remember

Elite Grand Champions

$10,000+
Nina M. Bandera
Patty Blake
Kristin Blount
Kathleen P. Brolly
Kathleen Cable
Kevin Callahan
Susan Cooney
Doug Hano
Shari Klahr
Jessica Kritter
Deborah Mazza-Scanlon
Mary Ann McGrain
Joe Montminy
Jean Morse Jones
Peter Nikolakopoulos
Dawn Sneade
Janelle Terciak
Leigh Hebard
Kit Holland
Nancy Hubbard
Dymphna Hurley
Charlotte Jackson
Tara Jaibert
Laura Jenkins
Catherine Korn
Elizabeth Koufle
Dawn Lampiasi
Amy Levy
Karla Mackenzie
Stacey Mann
Olivia Marasca
Crista Martinez Padua
Melinda Mason
Joanne McBride
Bill McGrail
Michael McManama
Jaye Mirza
Jamie Mitcheson
Leslee Murphy
Patrick Murphy
Josh Obeiter
Greg Palmer
Michelle Palomera
Faith Parker
Jeffrey Pantedosi
Marion Pollock
Julie Rivers

$5,000-$9,999
April Broderick
Chris Burns
Patricia Carpenter
Brennan, Emily, Abigail & Brennan Collins
Tara Cringan
Karen Dobson
Marty Donohue
Deborah Fins
Nicole Garvey
Linda Glahn
April Broderick
Chris Burns
Patricia Carpenter
Brennan, Emily, Abigail & Brennan Collins
Tara Cringan
Karen Dobson
Marty Donohue
Deborah Fins
Nicole Garvey
Linda Glahn

YEAR IN REVIEW 2022 — 49
Renee Rudnick
Jane Streisfeld
Paul Stuka
Sally Tucker
Jesse W
Terri Welch
Meghan Wentworth
Laura Westmoreland

$2,500-$4,999
Sheila Babine
Elizabeth Baker
Casey Barber
Leslee Barbosa
Matthew Barry
Constance Bartelson
Lynne Belanger
Martha Berardino
Sheri Bernstein
TomBolduc
Elaine Bolognese
Ralph Bolognese
Lexi Borbotsina
Kristin Borowski
Laurie Brandt
Frank Carey
Michael Carvalho
Kevin Caviston
Lucy Champion
Lauren Chin
Robin Citrano
Betsy Collins
KC Collins
Ryan Collins
Suzanne Colvin
Carey AnnComeau
Brian Considine
Lorinda Coulter
Suzanne Credit
Janice Dayton
Joanne Derr
Kristy DeSisto
Sal DiAgostino
David DiMartino
Susan Downard
Jessica Dudra
Roger Duhaime
Seth Elterman
Matthew Feiner
Beth Fentin
Sue FitzPatrick
Philip Freitas
William Galarneau, III
Bridget Galvin
Christine Garofalo
Stacy Garrepy
Karen Giroux
Kady Goldists
Peter Goodwin
Jocelyn Graham
Jodi Grosberg
Adam Gross
Elizabeth Gross
Gina Hale
Janelle Hall
Kirsten Han
Ed Hayward
Nathaniel Heilbron
John Henderson
Eileen Hickman
Kendra Hobart
Danika Hodges
Jennifer Hozempa
Paula Hutchinson
Corey Jackson
Courtney Jago
Zaven Kaprielian
Rachel Kern
Marge Kilmer
Karen King
Margaret Law
Catherine Leary
Stacey Lester
Rebekah Levit
Arlene Liscinsky
Anne MacDonald
Kathryn Macdonald
Carol Mack
Lauren Malone
Michele Mazzarella
Michael McCormack
Paige McGlynn
Benedict McNamara
Elizabeth McNamara
Maura McNamara
Raymond Medeiros
Barbara Meehan
Julie Meehan
Maureen Meletis
Chris Meyer
Harry Mintz
James Mitcheson
Marissa Monaco
Eileen Drumm Moore
Jodie Morgan
Christine Morrisey
Ronilda Moura
Louise Murphy
Megan Murphy
Laura Nardone
Lisa Nicholson
Nicole O’Callaghan
Linda O’Toole
Richard and Mary Pacella
Gail Peterson
Katheleen Pflack
Anna Pier
Leslie Piken
Michelle Pollack
Sanine Potemri
Dee Powers
Jane Pratt
Kevin and Samantha Pratt
Mike, Lisa, Courtney, and Cody Pratt
Amy Ranji
Erin Rasmussen
Kevin Reynolds
Jean Ricketts
Lauren Ritchie
Maura Roberts
Adrenne Ross
Erik Ross
Ann Russell
Paul Schwabe
Scott Schwalbert
Karen Sheehy
Carleton Simpson
Thomas Smith
Mallory Snow
Heather Soracco
Gloria Sousa-Cosquete
Deborah St. Pierre
Lisa Stagner
Maria Stephanou
Jonathan Su
Ellie Sullivan
Jane Sullivan
Jay Taranto
Ashley Thibault
Denise Thorud
Alanna Tierney
Mark Tubinis
Gil Van Geyte
Steve Van Geyte
Jennifer Vey
Cherie Wagner
Norma Walker
Elizabeth Wallace
Taryn Washkowitz
Nancy Webb
John Whelan
Alka Yadav-Mehta
Christine Zdonek
Gail Zimmerman
Our vision is a world without Alzheimer’s and all other dementia.

*Thank you for your generous support.*

We have been careful in the preparation of all donor lists. However, some errors or omissions may have occurred. If so, we express our sincerest apologies. If your name has been inadvertently omitted or incorrectly listed, please bring the error to our attention so that we may update our records.

Please contact us at **617-868-6718** with your correction.

“Becoming involved with the Alzheimer’s Association has truly been a blessing in disguise, as it solidified for me that I was not alone when navigating the uncharted territory known as Alzheimer’s. Becoming a Walk to End Alzheimer’s volunteer was just the beginning for me. Once I realized how many more families are impacted by this disease, I knew I would not stop there. I am now an advocate, a virtual education volunteer, a former board member, and I am continuously raising awareness of this awful disease.”