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**Title:** Be Your Own Man: Dementia-Inclusive Activities for Men

**Learning Objectives:**

1. Identify two ways in which male residents may interpret their physical care environments differently
2. Recognize the motivations behind why men might decline invitations to socialize or participate in programs
3. Describe the role of props and prompts in initiating a successful engagement opportunity

**Summary:**

This workshop will provide participants an opportunity to learn how engagement and socializing experiences can differ for men and women living with dementia. The various impacts of socially-constructed masculine identities will be explored, as they relate to recreation and care goals. Participants will get practical insights into how to implement successful engagement activities for men in a culturally safe way, both at home and in care communities. Case studies will be presented to illustrate how programs can be adapted to improve quality of life based on unique, gendered life narratives.

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