

ALZHEIMER'S  ASSOCIATION®



for Dementia Care Professionals

Formerly A Map Through the Maze and the
Connecticut Dementia Education Conference

THURSDAY MAY 2, 2024
A VIRTUAL CONFERENCE



ALZHEIMER'S ASSOCIATION

NEW ENGLAND CONFERENCE FOR DEMENTIA CARE PROFESSIONALS

WANT TO GET MORE INVOLVED WITH THE ALZHEIMER'S ASSOCIATION?

Volunteerism is critical to the success of our vision of a world without Alzheimer's and all other dementia! Have questions on how you can make a difference?

CONTACT: volunteeralz.org



Visit the Virtual Exhibitor Hall for more
information from our sponsors!

alz.org/manh/events/necdcp/exhibit-hall



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New England Resident Services Coordinators, Inc. (NERSC)
Seven Hills Foundation & Affiliates



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NEW ENGLAND CONFERENCE FOR DEMENTIA CARE PROFESSIONALS

PROGRAM

THURSDAY, MAY 2, 2024 | 9:00 AM - 2:30 PM ET

*Closed caption
will be available*

KEYNOTE: ADVANCING THE SCIENCE: THE LATEST IN ALZHEIMER'S AND DEMENTIA RESEARCH

9:00 am - 10:30 am

The dementia science community has made significant gains in our understanding of the science and basic biology underlying Alzheimer's disease, and these advances are leading to great strides in prevention, detection, diagnostics and therapeutic interventions. This talk will focus on the latest scientific advancements and progress in Alzheimer's and dementia research.

Presenter: Christopher J Weber, PhD, Director of Global Science Initiatives, Alzheimer's Association

10:30 - 10:45 AM BREAK

MORNING PRESENTATION (THREE OPTIONS TO CHOOSE FROM)

10:45 AM - 12:00 PM

OPTION ONE:

SURVIVING ALZHEIMER'S: THE LIVED EXPERIENCE OF TWO HEALTHCARE PROFESSIONALS (SUPPORTING & EMPOWERING PROFESSIONAL & FAMILY CAREGIVERS)

This workshop will provide a unique opportunity for participants to gain insight into how a caregiver attempts to cope with the daily and progressive challenges of Alzheimer's. Mike, the primary caregiver for his wife who was diagnosed with Alzheimer's at the age of 56, will share their lived experience navigating this disease. Through his genuine and thoughtful account of the successes and unavoidable emotional and physical trauma, this session will present strategies and resources to support family caregivers.

Presenter: Mike Corjulo, APRN, Nurse Practitioner, Family Caregiver

OPTION TWO:

LINING LUNCH BOXES WITH POSSIBILITIES (MEANINGFUL ENGAGEMENT TRACK)

This workshop will provide participants with a general understanding of the evidence pertaining to failure free activities that can engage the early and middle stage person living with a progressive dementia. The takeaways from this session include: offering strategies for purposeful distractions when the environment may be understimulating or overstimulating, and offering suggestions to reduce the anxieties experienced by the person with memory loss when they are surrounded by an unfamiliar environment.

Presenter: Judith Pare, PhD, RN, Director, Division of Nursing, Massachusetts Nurses Association



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OPTION THREE:

NAVIGATING SOCIAL AND HEALTH CARE NEEDS FOR PEOPLE LIVING WITH DEMENTIA IN UNDERSERVED COMMUNITIES (CARE APPROACHES TRACK)

This workshop will provide participants a better understanding of the barriers confronting people living with dementia (PLWD) in low-income families and discuss the relevance of providing education to families in order to effectively communicate with their family members living with dementia. We will look at how to form a support team and find useful resources.

Presenters: Beth Edelberg-Cardillo, M.Ed., LSW, CDP; Alina Sibley, APRN, BCI Izckra Speight, CHW, CDP; Rebecca Symmons, BSN, RN, Baystate Health (Baystate House Calls)

12:00 - 1:00 PM LUNCH BREAK

AFTERNOON PRESENTATION (THREE OPTIONS TO CHOOSE FROM)

1:00 PM - 2:15 PM

OPTION ONE:

FIRST THINGS FIRST: SELF-CARE FOR PROFESSIONAL CAREGIVERS (SUPPORTING & EMPOWERING PROFESSIONAL & FAMILY CAREGIVERS)

This session will explore the unique challenges faced by individuals in professional caregiving roles, and will offer embodied strategies to be proactive in navigating stress, preventing burnout, and fostering resilience. Participants will gain practical insights into incorporating sustainable self-care practices, recognizing the symbiotic relationship between personal well-being and effective caregiving leadership. It will also explore the many potential barriers to accessing self care, and how to overcome them.

Presenter: Amber Evans, MA, LCMHC, R-DMT, BC-DEd, VP Memory Care and Resident Engagement, LCB Senior Living



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OPTION TWO:

HARMONIZING MINDS: INNOVATIVE INTERVENTIONS FOR ATYPICAL DEMENTIA AND CARE PARTNER EMPOWERMENT. (MEANINGFUL ENGAGEMENT TRACK)

This workshop will equip attendees with a comprehensive understanding of the importance of cognitive skills-building exercises, including music-based activities, in managing neurodegenerative disorders, emphasizing the person living with a dementia and care partner (both professional and family caregivers) dynamic. It will explore the dynamics between individuals with cognitive disorders and their care partners, underscoring the importance of their collaborative efforts in facing dementia's challenges. The focus will be on innovative cognitive tools designed to enhance cognitive functions and improve the person's independence. The primary goal is to provide participants with basic knowledge and practical tools that can fortify the person living with dementia and care partner bond, thereby improving the quality of life for those impacted by dementia. This is an adaptable, modifiable and interactive program.

Presenters: Bonnie Wong, PhD/ABPP-CN, Directory, Neuropsychology Program, FTD Unit, Massachusetts General Hospital

OPTION THREE:

FROM ANALYSIS TO ACTION: CASE STUDIES AS CATALYSTS FOR ELEVATED CARE STANDARDS AND STAFF SATISFACTION (CARE APPROACHES TRACK)

In this workshop, we will delve into the power of utilizing innovative case study formats and discussion sessions to elevate the quality of care of those living with cognitive change. This session will demonstrate the power of cross-departmental collaboration to best serve residents through person-centered case studies. Examples of case study formats will be shared in addition to the positive impact of case studies on families, care teams, and individuals living with cognitive change.

Nicole Atchison, LPC, R-DMT, Memory Support Manager, RiverWoods Durham

2:15 - 2:30 PM CLOSING REMARKS

2024 ALZHEIMER'S DISEASE FACTS AND FIGURES



NEARLY
7 MILLION
AMERICANS ARE LIVING
WITH ALZHEIMER'S

1 IN 3

SENIORS DIES WITH
ALZHEIMER'S OR
ANOTHER DEMENTIA

IT KILLS MORE THAN
BREAST CANCER AND
PROSTATE CANCER
+
COMBINED

OVER **11 MILLION**
AMERICANS PROVIDE
UNPAID CARE
FOR PEOPLE WITH ALZHEIMER'S
OR OTHER DEMENTIAS

BETWEEN 2000 AND 2021, DEATHS
FROM HEART DISEASE HAVE

DECREASED 2.1%



WHILE DEATHS FROM
ALZHEIMER'S DISEASE HAVE
INCREASED 141%

IN 2024, ALZHEIMER'S
AND OTHER DEMENTIAS WILL
COST THE NATION
\$360 BILLION
———— \$\$\$\$\$ ————

BY 2050, THESE COSTS
COULD RISE TO NEARLY
\$1 TRILLION



THESE CAREGIVERS
PROVIDED MORE THAN
18 BILLION HOURS
VALUED AT NEARLY
\$347 BILLION

THE LIFETIME RISK FOR
ALZHEIMER'S AT AGE 45 IS

1 in 5
FOR
WOMEN

1 in 10
FOR MEN

70% OF DEMENTIA
CAREGIVERS
FEEL STRESSED WHEN
COORDINATING CARE

**AND MORE
THAN HALF**
OF CAREGIVERS
SAID NAVIGATING
HEALTH CARE IS
DIFFICULT



3 in 5 DEMENTIA
CAREGIVERS
SAY LESS STRESS AND MORE PEACE OF
MIND ARE POTENTIAL BENEFITS OF
HAVING A **CARE NAVIGATOR**

56% SAY IT COULD
HELP THEM BE
BETTER CAREGIVERS

For more information, visit alz.org/facts

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VOLUNTEER

Become an Alzheimer's Association volunteer and help us deliver support and education, raise critical funds, advocate for families and more!

Join other passionate, committed New Englanders who are volunteering to help move our mission forward every day & making a difference for people living with Alzheimer's or dementia and their caregivers.

[Learn more & join the fight! volunteeralz.org](http://volunteeralz.org)



ALZHEIMER'S ASSOCIATION®

24/7

HELPLINE

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OUR VISION

A world without Alzheimer's and all other dementia®

alz.org



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BECOME AN ADVOCATE

Thanks to the tireless work of our advocates, we've passed critical legislation and significantly increased federal research funding. But our work isn't done. We need dedicated, passionate advocates like you to build on this success in Congress and in state capitals throughout our nation. Whatever your availability or experience, we want you to make a difference by sharing your story and joining our volunteer team.

alzimpact.org/volunteer

WALK TO END ALZHEIMER'S

ALZHEIMER'S ASSOCIATION

At the Alzheimer's Association Walk to End Alzheimer's®, we're fighting for a different future. For families facing the disease today. For more time. For treatments. We're closer than ever to stopping Alzheimer's. But to get there, we need you. Join us at Walk to End Alzheimer's — the world's largest fundraiser to advance the care, support and research efforts of the Alzheimer's Association®.

FIND YOUR WALK TO END ALZHEIMER'S

alz.org/Walk



THE FIRST SURVIVOR OF ALZHEIMER'S IS OUT THERE. WE RIDE FOR THEM!



SATURDAY, JUNE 1, 2024
HAMPTON BEACH STATE PARK, NH

Join us for the 28th annual #Ride2EndALZ New England, a fully supported one-day fundraising event on the beach including 14 miles of coastal riding! We offer scenic, quintessential New England routes for a range of riders. Choose between 100, 62 or 30 miles or ride with us virtually in your community! This is more than just a bike ride. 90% of all funds raised fuel cutting edge research. Join us as we keep the momentum going to #ENDALZ!

RideToEndAlzheimers.org



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24/7 HELPLINE

The Alzheimer's Association 24/7 Helpline (800.272.3900) is available around the clock, 365 days a year. Through this free service, specialists and master's-level clinicians offer confidential support and information to people living with dementia, caregivers, families and the public.

800.272.3900



The Longest Day is our do-it-yourself fundraising event. Pick any activity and any date that works for you and invite family, friends, neighbors and colleagues to participate and donate.

On the longest day of the year--the summer solstice--we collectively honor and remember all those affected and celebrate the impact of our year round fundraising efforts for the fight to #ENDALZ.

alz.org/TheLongestDay

Purple Pump-Up for Alzheimer's

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**FUELING THE FIGHT
TO #ENDALZ!**


Rapid Refill Convenience and Garrett's Family Market locations throughout MA, NH and RI will hold a seven-week campaign to benefit the Alzheimer's Association. During the campaign, customers have the option to give donations to the Alzheimer's Association at all stores both inside and at the gas pumps. Customer donations will be matched by the company.

PurplePumpUp.org



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Proud Partners of The Alzheimer's Association

NEW ENGLAND RESIDENT SERVICE COORDINATORS, INC.

Building a Community of Learning

New England Resident Service Coordinators, Inc. (NERSC) is a 501c-3 non-profit dedicated to providing high quality and affordable education to resident service coordinators, social workers, and housing professionals from across the country.



YOUR LEGAL PARTNER IN DEMENTIA CARE

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- Medicaid & Estate Planning
- Patient Advocacy & Conservatorships
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We offer a holistic approach to estate and life care planning. Our attorneys and care coordinators are here to answer your questions and guide your clients toward the best path for the greatest level of independence, control, and dignity.



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Building the Foundation for Community-Based Care

From day programs to residential options, Seven Hills Foundation offers community-based supports for adults with Alzheimer's Disease and Related Disorders (ADRD). Day programs provide a flexible therapeutic, recreational, and social alternative to nursing and long-term-care facilities. Adult Family Care and medically intensive homes keep loved ones residing in a family environment with nursing oversight and caregiver support.

Build a solid foundation for your ADRD supports with community-based care at Seven Hills—call today!



81 Hope Avenue, Worcester, MA 01603 • 508.796.1517 • sevenhills.org

YOU ARE NOT ALONE

24/7 HELPLINE 800.272.3900

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Started in 1969, Minute Women, a family-run organization has provided home care services for families in the Greater Boston Area.

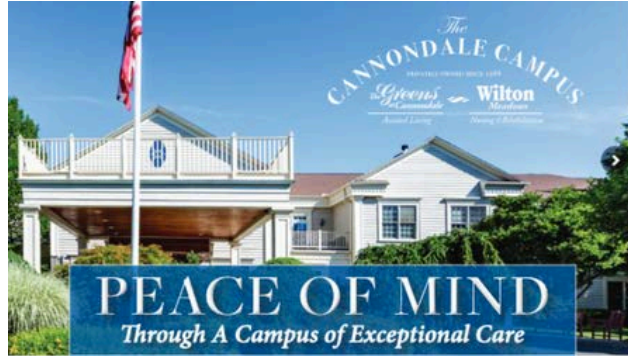
Contact us to learn more about our person-centered care approach

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BECOME AN ADVOCATE TODAY!



**Our vision is a world without Alzheimer's and all other dementia.
JOIN US IN THIS FIGHT BY BECOMING AN ADVOCATE.**

Whether you take one of these actions or all of them, you will make a difference!

- ★ Take action through an action alert. It only takes a minute or two, and you can start today by texting AIMWALK to 52886
- ★ Share an action alert on social media
- ★ Attend an advocacy info session in person or online
- ★ Learn about our policy issues
- ★ Become an Alzheimer's Congressional Team Member
- ★ Write a Letter to the Editor
- ★ Attend a meeting with a member of Congress or their staff in your area
- ★ Participate in State Advocacy Day
- ★ Join fellow advocates in the fight to #ENDALZ

LEARN MORE

alz.org/get-involved-now/advocate



Would you like to train your staff in evidence based best practices?

PERSON-CENTERED DEMENTIA CARE: A HABILITATION THERAPY TRAINING CURRICULUM

This training includes the nationally recognized, peer-reviewed, evidence-based person-centered care approach from the Alzheimer's Association Dementia Care Practice Recommendations. The 7-hour train-the-trainer program teaches attendees 13 hours of curriculum based on the person-centered model of Habilitation Therapy.

MODULE TOPICS

- Understanding Alzheimer's and Dementia: Caring for the Person
- Person-Centered Care Model: Habilitation Therapy
- Person-Centered Assessment: Knowing the Individual
- Communication Skills: Creating a Positive Social Environment
- The Physical Environment Makes a Difference
- Approach to Personal Care: Knowing the Person
- Activity Based Person-Centered Care
- Behavior as Communication: Understanding and Responding
- Supporting Families and Caring for Ourselves

WHY ATTEND

- Cost-effective and sustainable training approach
- Evidence-informed curriculum
- Person-centered care approach
- Eligibility to purchase essentiALZ certification for staff



Those who complete our Person-Centered Dementia Care Training are eligible to purchase EssentiALZ certification, designed for professionals working in long-term and community based care settings. EssentiALZ helps to position organizations on the forefront of quality dementia care, empowers staff to handle complex situations at work, and allows individuals living with dementia to receive personalized, person-centered, quality care to optimize their quality of life.

To learn more visit

tinyurl.com/ProfessionalTrainingALZ

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THANK YOU!

VISIT OUR WEBSITE



We emphasize practical, concrete recommendations that you can take back to any care setting.

[AlzProfConference.org](https://www.alzprofconference.org)

STAY CONNECTED



Join the Facebook group for updates and to connect with other dementia care professionals!

[facebook.com/groups/neconference](https://www.facebook.com/groups/neconference)

The policies of the Alzheimer's Disease and Related Disorders Association promote sharing resources. We do not endorse any product, person, agency or facility

