

OLDER ADULT CARE



MENTAL HEALTH CARE FOR OLDER ADULTS

The Division of Geriatric Services at McLean Hospital provides clinical and research services focused on the evaluation, prevention, diagnosis, and care of ailments impacting older adults. This includes cognitive impairments like Alzheimer's disease or other types of dementia, and mood disorders such as depression, anxiety, and bipolar disorder.

mclean.org/older-adult



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ASSESSING MEMORY DISORDERS

The Memory Disorders Assessment Clinic specializes in the evaluation, treatment, and follow-up of older adult outpatients who have mild-to-moderate memory or cognitive impairment. During two to three half-day sessions, patients receive thorough psychiatric, neuropsychological, psychosocial, and neurological evaluations, as needed. Diagnostic information and recommendations are discussed with the patient, care providers, and family members to help inform treatment and care.

For more information, please email Julie Brody Magid, PsyD, at jbrody-magid@partners.org.

GERIATRIC PSYCHIATRY RESEARCH PROGRAM

The Geriatric Psychiatry Research Program participates in global clinical research on the safety and efficacy of disease-modifying therapies for Alzheimer's disease as well as studies of novel treatments for behavioral symptoms of dementia. Our research focuses on studying new treatments for the symptoms of agitation and aggression, the most challenging obstacles to continued care in the home. Our program is highly collaborative with investigators both within and outside of McLean Hospital.

For more information, please email Brent P. Forester, MD, MSc, at bforester@partners.org.

TECHNOLOGY AND AGING

The Technology and Aging Laboratory at McLean Hospital investigates how digital tools can impact

the psychiatric care of older adults. We study digital diagnosis, technology enhanced therapeutic approaches, and the implementation and integration of technology into patient care.

Through global collaborations, our research spans both academia and industry, with current projects involving digital phenotyping, digitally guided treatment decision-making, and the ethics of technology in psychiatry.

For more information, please email Ipsit Vahia, MD, at ivahia@mclean.harvard.edu.

GERIATRIC INPATIENT PROGRAMMING

McLean provides comprehensive treatment for individuals ages 50 and older who are experiencing emotional, cognitive, or behavioral symptoms. Symptoms may include memory loss, mood disturbances, anxiety, difficulty coping with losses and transitions, or behavioral conditions that are emotionally distressing and would benefit from acute care treatment in a hospital setting.

The main components of care include diagnostic evaluation, solution-focused treatment, group therapy, behavioral interventions, medication evaluation and management, and aftercare planning. In addition to patients, treatment also considers the complexities of caring for older adults and provides support and education for families and caregivers.

For more information on treatment options, please call [877.300.0382](tel:877.300.0382) or visit mclean.org/older-adult.

