

ALZHEIMER'S ASSOCIATION®

DEMENTIA CAREGIVING IN THE AFRICAN AMERICAN COMMUNITY

What You Need to Know



JANUARY 20, 2024 | 9 -11:30 A.M.
Kent County YMCA
200 Scheeler Road | Chestertown, MD 21620

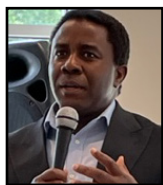
If you are a caregiver for someone living with dementia, or work with individuals and families who are affected, please join us for a program that will help you understand Alzheimer's and dementia and the behaviors commonly associated with Alzheimer's.



Crystal Y. Day-Black,
EdD
Faculty
Coppin State Univ. and
Howard Community
College

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Alzheimer's is not normal aging. It is a disease of the brain that causes problems with memory, thinking, and behavior. Learn about the impact of Alzheimer's, the difference between Alzheimer's and dementia, Alzheimer's disease stages and risk factors, current research and treatments and Alzheimer's Association resources.



David Ajibade, MD
Community Health
Educator and
Executive Director of
the Brain and Body
Foundation

UNDERSTANDING AND RESPONDING TO DEMENTIA-RELATED BEHAVIORS

Behavior is a powerful form of communication and is one of the primary ways people living with dementia communicate their needs and feelings as the ability to use language is lost. However, some behaviors present real challenges for caregivers to manage. Learn how to decode behavioral messages, identify common triggers, and learn strategies to help manage some of the most common behavioral challenges of Alzheimer's disease.

ALZHEIMER'S ASSOCIATION®

Greater Maryland Chapter

In partnership with

UM SHORE
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MEDICAL SYSTEM



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[HERE](#), scan the QR code or
call 800.272.3900.



If you need transportation,
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ext. 5679 by Jan. 17, 2024.