Take action. Join us.

» **Volunteer** with us. Serve on an event committee, engage in community education or sign up for another opportunity to advance the cause.

» **Join** our Young Champions, a group of young professionals committed to changing the face of Alzheimer’s.

» **Advocate** for those affected by Alzheimer’s and tell your story to legislators to make the disease a state and national priority.

» **Participate** in one of the seventeen Walk to End Alzheimer’s® across MN/ND, the world’s largest event to raise awareness and funds for Alzheimer’s care, support and research.

» **Start a team** for The Longest Day®. Celebrate the Summer Solstice and create your very own fundraising event for the Association. Help fight the darkness of Alzheimer’s on the day with the most light.

» **Donate** to advance vital research and provide care and support programs.

» **Register** for TrialMatch® ([alz.org/trialmatch](alz.org/trialmatch)), a free, easy-to-use clinical studies matching service for people impacted by dementia and healthy volunteers.
More than six million people in the United States are living with Alzheimer’s and more than 11 million are serving as unpaid dementia caregivers. The Alzheimer’s Association® works to address the global Alzheimer’s disease epidemic by providing education and support to the millions who face dementia every day, while advancing critical research toward methods of treatment, prevention and, ultimately, a cure. We are here to help.

**ADVOCACY**

» We recruit advocates across Minnesota and North Dakota to ensure the need for Alzheimer’s care, education and research is heard at every level of government.

» We call on state governments to increase public awareness, ensure quality dementia training and provide caregiver supports.

» We help pass landmark legislation, such as the National Alzheimer’s Project Act, which mandated a national plan to fight Alzheimer’s.

» We urge the federal government to increase research funding and improve access to Alzheimer’s diagnosis and care planning. Funding levels at the National Institutes of Health (NIH) have increased substantially through our efforts.

**RESEARCH**

» As the world’s largest nonprofit funder of Alzheimer’s research, we have invested more than $300 million in 920 projects in 45 countries.

» We bring the global research community together to collaborate, connect and address common challenges. The Alzheimer’s Association International Conference® is the world’s largest forum for the dementia research community.

**EDUCATION**

» Our no-cost community education classes are available to businesses, community groups and faith-based organizations on such topics as diagnosis, warning signs of the disease, living with Alzheimer’s, caregiving resources and communication strategies.

» Our website at alz.org is robust - with resources and information about dementia and Alzheimer’s.

» We provide healthcare professionals with the tools to diagnose Alzheimer’s and educate people with the disease on available therapies and resources.

**CARE & SUPPORT**

» Our free nationwide 24/7 Helpline (800.272.3900) operates in 200 languages staffed by specialists who offer information, education, crisis assistance, referrals and emotional support.

» Care Consultations are also available through our Helpline, providing individualized support with decision-making, planning and identifying resources.

» We offer support groups for caregivers and others dealing with Alzheimer’s disease or another dementia.

» We provide social engagement programs for individuals living with early stage dementia.