

Navigating Nutrition and Mealtime for People Living with Dementia

A Virtual Symposium



Thursday, March 14, 2024 | 12:00 - 3:30 p.m. CST

Join us for a FREE learning opportunity for older adults, families, and caregivers with regional experts in Dementia Management and Nutrition. We'll discuss ways to ensure proper nutrition for people living with dementia, how to navigate mealtime, and what it means when people living with dementia are experiencing difficulty swallowing.

Presentations:

- 12:00 - 12:50 p.m. **Dementia and Dysphagia**
Nicole Kiel Pashke, MS, CCC/SLP University of North Dakota
- 1:00 - 1:45 p.m. **Diet, Nutrition and Dementia**
Puja Agarwal, PhD Rush University
- 1:55 - 2:40 p.m. **Navigating Mealtime Challenges: Strategies for Encouraging Eating and Managing Behaviors in Dementia Care**
Kara Welke, OTD Hometherapy Solutions
- 2:50 - 3:20 p.m. **Panel Discussion**

Healthcare professionals can receive education credits for attending this event

Register online at bit.ly/NavigatingNutritionDementiaSymposium

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