Alzheimer’s Association National Capital Area Chapter
Virtual Support Groups

Virtual Support Groups in DC

Iona Senior Services

Date: Wednesday, April 8
       Wednesday, April 22
Time: 6:00 PM
Delivery Method: Telephone
RSVP required: Please call the facilitator, Bill Amt (bamt@iona.org)

Audiences: Spouses and Adult Children

Providence Hospital – Carroll Manor

Date: Tuesday, April 21, 2020
Time: 11:00 A.M.
Delivery Method: Google Hangouts
RSVP required: Please Contact Dwayne B. Hughes 301.980.8412

Audiences: Spouses and Adult Children

St. Matthew’s Lutheran Church

Date: Thursday, March 23, 2020
Time: 11:00 A.M - 12:00 P.M
Delivery Method: Telephone
RSVP required: Please contact Vickie Henrikson (vlhenrikson@gmail.com), or Carroll Quinn - 513.673.9921

Audiences: Spouses and Adult Children
Virtual Support Groups in Maryland

Arden Courts of Silver Spring
Date: Tuesday, April 7, 2020
Time: 2:30 PM
Delivery method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.
Audience: Caregivers

Bradley Hills Presbyterian Church
Date: Friday, April 3, 2020
      Friday, April 17, 2020
Time: 11:45 AM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.
Audiences: Caregivers

Brighton Gardens of Friendship Heights
Date: Tuesday, April 7, 2020
Time: 7:00 PM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.
Audience: Caregivers

Calvert Library, Southern Branch
Date: Wednesday, April 8, 2020
Time: 3:00 P.M. - 4:00PM
Delivery Method: Join Hangouts Meet
                  meet.google.com/xqq-xetx-wqh
                Join by phone
                  +1 314-474-2627 (PIN: 136251544)
RSVP required: Please contact Charles Harrell at charrell@asbury.org
Audience: Caregivers
Virtual Support Groups in Maryland (continue)

Faith Temple
Date: Saturday, April 18, 2020
Time: 10:00 AM – 11:30 AM
Delivery Method - Telephone: 712.770.5505, Access code: 609411#
Facilitator: Eileen Williams
Audience: Caregivers

First Baptist Church of Glenarden
Date: Thursday, April 16, 2020
Time: 11:00 AM – 12:30 PM
Delivery Method: Telephone
Registration Required: Please call facilitator, Vikki Kalitsi: 240.354.8895
Audience: Caregivers

Gaithersburg Library
Date: Thursday, April 9, 2020
Time: 6:30 PM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.
Audiences: Caregivers

Google Hangouts for Younger Caregivers
Date: Tuesday, April 9
Thursday, April 23, 2020
Time: 7:30 PM – 8:00 PM
Delivery Method: Google Hangouts
Registration required: Please contact Linda Weitzman at lcweitzman@gmail.com to receive necessary information to participate.
Audiences: Caregivers
Virtual Support Groups in Maryland (continue)

**Holy Cross Resource Center (Weekly Telephone Support Group)**
Date: Tuesday, April 7, 20220
  Tuesday, April 14, 20220
  Tuesday, April 21, 20220
  Tuesday, April 28, 20220
Time: 6:00 PM
Delivery Method: Telephone
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.
Audiences: Caregivers

**Holy Cross Resource Center**
Date & Time:  Wednesday, April 1, April 8, April 15, April 22, and April 29 at 10:00 AM
  Thursday, April 2, April 9, April 16, April 23, and April 30 at 3:00 PM
  Friday, April 3, April 10, April 17, and April 24 at 10:00 AM
Delivery Method: Telephone
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.
Audiences: Spouses

**Holy Cross Resource Center**
Date & Time:  Monday, April 6, April 13, April 20, and April 27 at 6:00 PM
  Tuesday, April 7, April 14, April 21, and April 28 at 3:00 PM
  Thursday, April 2, April 9, April 16, and April 23, and April 30 at 10:00 AM
Delivery Method: Telephone
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.
Audiences: Adult children

**The Lodge at Marlton**
Date: Monday, April 6, 2020
Time: 1:00 PM – 2:00 PM
Delivery Method – Telephone: 712.770.5319, code: 289107
Facilitator: Shirley Young
Audience: Caregivers
Virtual Support Groups in Maryland (continue)

Sunrise of Rockville
Date: Tuesday, April 21, 2020
Time: 7:00 PM
Delivery method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive the information necessary to participate.
Audience: Caregivers

Virtual Support Groups in Virginia

Goodwin House
Date: Saturday, April 4, 2020
Time: 11:00 AM - 1:00 PM
Delivery Method: Google Hangouts
RSVP required: Please Contact Dan Cronin at 703-226-9295 or dacronin@alz.org
Audiences: Caregivers

Leesburg Adult Day Center
Date: Wednesday, May 6, 2020
Time: 4:00 PM
Delivery Method: Telephone
Registration required: Please contact Jaimee Conner 703-771-5334 to receive necessary information to participate.
Audience: Caregivers

Lansdowne Woods of Virginia
Date: Thursday, April 2, 2020
Time: 12:00 PM
Delivery Method: Telephone
Registration required: Please contact Deb Harney 703-283-6554 or Judy Smith 703-608-0482 to receive necessary information to participate.
Audience: Caregivers
Virtual Support Groups in Virginia (continue)

**Novant Caton Merchant House**
Date: Thursday, April 16, 2020  
Time: 7:30 PM  
Delivery Method: Telephone  
Registration is required: Please call Mary Kren at 703-361-8841 to receive necessary information to participate.  
Audience: Caregivers

**Prince William Senior Center**
Date: Tuesday, April 14, 2020  
Time: 7:00 PM  
Delivery Method: Telephone  
Registration required: Please call Kate Tanner at 703-501-0749 to receive necessary information to participate.  
Audience: Caregivers

**The Carver Center**
Date: Thursday, April 23, 2020  
Time: 3:00 PM  
Delivery Method: Zoom  
Registration required: Please contact Bobbie Carducci at 540-903-6831 to receive necessary information to participate.  
Audience: Caregivers

**The Villa at Suffield Meadows**
Date: Wednesday, April 22, 2020  
Time: 4:00 PM  
Delivery Method: Telephone  
Registration required: Please contact Mary Kasky at 540-428-3525 or Barbara Stohlman 703-508-3056 to receive necessary information to participate.  
Audience: Caregivers

**Westminster at Lake Ridge**
Date: Friday, April 10  
Time: 11:00 AM  
Delivery Method: Telephone  
Registration required: Please contact Elizabeth Glyer at 703-590-0856 to receive necessary information to participate.  
Audience: Caregivers
Virtual Early Stage Engagement Programs

**Forgetful Friends Chorus**

Date: Tuesday, April 14, 2020  
Time: 6:30 PM  
Delivery Method: Telephone  
Registration is required: Please call Connie Young at 703-743-1841 to receive necessary information to participate.  
Audience: Care partners & early-stage individuals

**Forgetful Friends Early Engagement Programs**  
Potluck Lunch /Memory Cafe and Networking)

Date: Saturday, April 18, 2020  
Time: 11:00 AM  
Delivery Method: Telephone  
Registration required: Please call Mary Kren at 703-361-8841 or Connie Young at 703-743-1841 to receive necessary information to participate  
Audience: Care partners and early stage-individuals

**Virtual Memory Cafes**

**Rockville Senior Center**

Date: Monday, April 6, 2020  
Monday, April 13, 2020  
Monday, April 20, 2020  
Monday, April 27, 2020  
Time: 12:00 PM – 12:40 PM  
Delivery Method: Google Hangouts  
Registration required: Please contact Amy Fox at afcrnp@gmail.com  
Audiences: People living with early stage memory loss and their caregivers.
Virtual Memory Cafes (continue)

Leisure World of Maryland

Date: Thursday, April 30, 2020  
Time: 2:00 PM – 3:30 PM  
Delivery Method: Google Hangouts  
Registration required: Please contact Sheila Griffith at sagriffith@alz.org  
Audience: People living with early stage memory loss and their caregivers.

Olney Library

Date: Wednesday, April 29, 2020  
Time: 3:30 PM – 5:00 PM  
Delivery Method: Google Hangouts  
Registration required: Please contact Sheila Griffith at sagriffith@alz.org  
Audience: People living with early stage memory loss and their caregivers.