**Alzheimer’s Association National Capital Area Chapter
Virtual Support Groups**

**Virtual Support Groups in DC**

 **Iona Senior Services**

Date: Wednesday, April 8
 Wednesday, April 22
Time: 6:00 PM
Delivery Method: Telephone
RSVP required: Please call the facilitator, Bill Amt (bamt@iona.org )

Audiences: Spouses and Adult Children

**Providence Hospital – Carroll Manor**Date**:** Tuesday, April 21, 2020
Time: 11:00 A.M.Delivery Method: Google HangoutsRSVP required: Please Contact Dwayne B. Hughes 301.980.8412
Audiences: Spouses and Adult Children

**St. Matthew’s Lutheran Church**
Date: Thursday, March 23, 2020
Time: 11:00 A.M - 12:00 P.M
Delivery Method: Telephone
RSVP required: Please contact Vickie Henrikson (vlhenrikson@gmail.com), or
Carroll Quinn - 513.673.9921

Audiences: Spouses and Adult Children

**Virtual Support Groups in Maryland**

**Arden Courts of Silver Spring**Date: Tuesday, April 7, 2020
Time: 2:30 PM
Delivery method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.

Audience: Caregivers

**Bradley Hills Presbyterian Church**Date: Friday, April 3, 2020
 Friday, April 17, 2020
Time: 11:45 AM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.

Audiences: Caregivers **Brighton Gardens of Friendship Heights**Date: Tuesday, April 7, 2020
Time: 7:00 PM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.

Audience: Caregivers

**Calvert Library, Southern Branch**

Date: Wednesday, April 8, 2020
Time: 3:00 P.M. - 4:00PM
Delivery Method:  Join Hangouts Meet
 [meet.google.com/xqq-xetx-wqh](https://urldefense.proofpoint.com/v2/url?u=http-3A__meet.google.com_xqq-2Dxetx-2Dwqh&d=DwMFaQ&c=4J0DyIxNDQjAR-x4NjL0NpGXBwDO_RhvZ8C7KRkAL-I&r=qWNlUMMegw1UNZ8hMcteJuHIsvKFk-1BduY_oPfNyjs&m=eTdKcszF2vtF1BQf3QV5VpG_-4fROShwHkgdD25UExM&s=Iwxcq4RT1IGo_5e2xyOqjCpZ0LU-mfvX1mgb_zp5e70&e=)
 Join by phone
 +1 314-474-2627 (PIN: 136251544)
RSVP required: Please contact Charles Harrell at charrell@asbury.org

Audience: Caregivers

 **Virtual Support Groups in Maryland** (continue)

**Faith Temple**

Date: Saturday, April 18, 2020
Time: 10:00 AM – 11:30 AM
Delivery Method - Telephone: 712.770.5505, Access code: 609411#
Facilitator: Eileen Williams

Audience: Caregivers

**First Baptist Church of Glenarden**Date: Thursday, April 16, 2020
Time: 11:00 AM – 12:30 PM
Delivery Method: Telephone

Registration Required: Please call facilitator, Vikki Kalitsi: 240.354.8895

Audience: Caregivers

 **Gaithersburg Library**Date: Thursday, April 9, 2020
Time: 6:30 PM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive necessary information to participate.
Audiences: Caregivers

**Google Hangouts for Younger Caregivers**
Date: Tuesday, April 9
 Thursday, April 23, 2020
Time: 7:30 PM – 8:00 PM
Delivery Method: Google Hangouts
Registration required: Please contact Linda Weitzman at lcweitzman@gmail.com to receive necessary information to participate.

Audiences: Caregivers

**Virtual Support Groups in Maryland** (continue)

**Holy Cross Resource Center (Weekly Telephone Support Group)**Date: Tuesday, April 7, 20220
 Tuesday, April 14, 20220
 Tuesday, April 21, 20220
 Tuesday, April 28, 20220
Time: 6:00 PM
Delivery Method: Telephone
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.

Audiences: Caregivers

 **Holy Cross Resource Center**

Date & Time: Wednesday, April 1, April 8, April 15, April 22, and April 29 at 10:00 AM
 Thursday, April 2, April 9, April 16, April 23, and April 30 at 3:00 PM
 Friday, April 3, April 10, April 17, and April 24 at 10:00 AM

Delivery Method: Telephone
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.

Audiences: Spouses

**Holy Cross Resource Center**

Date & Time: Monday, April 6, April 13, April 20, and April 27 at 6:00 PM
 Tuesday, April 7, April 14, April 21, and April 28 at 3:00 PM
 Thursday, April 2, April 9, April 16, and April 23, and April 30 at 10:00 AM

Delivery Method: Telephone
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.

Audiences: Adult children

T**he Lodge at Marlton**
Date: Monday, April 6, 2020
Time: 1:00 PM – 2:00 PM
Delivery Method – Telephone: 712.770.5319, code: 289107

Facilitator: Shirley Young

Audience: Caregivers

 **Virtual Support Groups in Maryland** (continue)

**Sunrise of Rockville**Date: Tuesday, April 21, 2020
Time: 7:00 PM
Delivery method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org to receive the information necessary to participate.

Audience: Caregivers

**Virtual Support Groups in Virginia**

**Goodwin House**Date: Saturday, April 4, 2020
Time: 11:00 AM -1:00 PM
Delivery Method: Google Hangouts
RSVP required: Please Contact Dan Cronin at 703-226-9295 or dacronin@alz.org

Audiences: Caregivers

**Leesburg Adult Day Center**

Date: Wednesday, May 6, 2020
Time: 4:00 PM

Delivery Method: Telephone

Registration required: Please contact Jaimee Conner 703-771-5334 to receive necessary information to participate.

Audience: Caregivers

**Lansdowne Woods of Virginia**

Date: Thursday, April 2, 2020
Time: 12:00 PM

Delivery Method: Telephone

Registration required: Please contact Deb Harney 703-283-6554 or Judy Smith 703-608-0482 to receive necessary information to participate.

Audience: Caregivers

**Virtual Support Groups in Virginia** (continue)

 **Novant Caton Merchant House**

Date: Thursday, April 16, 2020
Time: 7:30 PM

Delivery Method: Telephone

Registration is required: Please call Mary Kren at 703-361-8841 to receive necessary information to participate.

Audience: Caregivers

**Prince William Senior Center**

Date: Tuesday, April 14, 2020
 Tuesday, April 28, 2020
Time: 7:00 PM

Delivery Method: Telephone

Registration required: Please call Kate Tanner at 703-501-0749 to receive necessary information to participate.

Audience: Caregivers

**The Carver Center**

Date: Thursday, April 23, 2020
Time: 3:00 PM

Delivery Method: Zoom

Registration required: Please contact Bobbie Carducci at 540-903-6831 to receive necessary information to participate.

Audience: Caregivers

**The Villa at Suffield Meadows**

Date: Wednesday, April 22, 2020
Time: 4:00 PM

Delivery Method: Telephone

Registration required: Please contact Mary Kasky at 540-428-3525 or Barbara Stohlman 703-508-3056 to receive necessary information to participate.

Audience: Caregivers

**Westminster at Lake Ridge**

Date: Friday, April 10
 Friday, April 24
Time: 11:00 AM

Delivery Method: Telephone

Registration required: Please contact Elizabeth Glyer at 703-590-0856 to receive necessary information to participate.
Audience: Caregivers

 **Virtual Early Stage Engagement Programs**

**Forgetful Friends Chorus**Date: Tuesday, April 14, 2020
Time: 6:30 PM

Delivery Method: telephone

Registration is required: Please call Connie Young at 703-743-1841 to receive necessary information to participate.

Audience: Care partners & early-stage individuals

 **Forgetful Friends Early Engagement Programs**

Potluck Lunch /Memory Cafe and Networking)

Date: Saturday, April 18, 2020
Time: 11:00 AM

Delivery Method: Telephone

Registration required: Please call Mary Kren at 703-361-8841 or Connie Young at 703-743-1841 to receive necessary information to participate

Audience: Care partners and early stage-individuals

 **Virtual Memory Cafes**

 **Rockville Senior Center**Date: Monday, April 6, 2020
 Monday, April 13, 2020
 Monday, April 20, 2020
 Monday, April 27, 2020
Time: 12:00 PM – 12:40 PM
Delivery Method: Google Hangouts
Registration required: Please contact Amy Fox at afcrnp@gmail.com

Audiences: People living with early stage memory loss and their caregivers.

**Virtual Memory Cafes** (continue)

**Leisure World of Maryland**Date: Thursday, April 30, 2020
Time: 2:00 PM – 3:30 PM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org

Audience: People living with early stage memory loss and their caregivers.

 **Olney Library**Date: Wednesday, April 29, 2020
Time: 3:30 PM – 5:00 PM
Delivery Method: Google Hangouts
Registration required: Please contact Sheila Griffith at sagriffith@alz.org

Audience: People living with early stage memory loss and their caregivers.