**Alzheimer’s Association National Capital Area Chapter  
Virtual Support Groups**

**Virtual Support Groups in DC**

**Iona Senior Services**   
  
Date: Wednesday, April 8  
 Wednesday, April 22  
Time: 6:00 PM  
Delivery Method: Telephone  
RSVP required: Please call the facilitator, Bill Amt ([bamt@iona.org](mailto:bamt@iona.org) )  
  
Audiences: Spouses and Adult Children

**Providence Hospital – Carroll Manor**Date**:** Tuesday, April 21, 2020  
Time: 11:00 A.M.Delivery Method: Google HangoutsRSVP required: Please Contact Dwayne B. Hughes 301.980.8412  
Audiences: Spouses and Adult Children

**St. Matthew’s Lutheran Church**  
Date: Thursday, March 23, 2020  
Time: 11:00 A.M - 12:00 P.M  
Delivery Method: Telephone  
RSVP required: Please contact Vickie Henrikson ([vlhenrikson@gmail.com](mailto:vlhenrikson@gmail.com)), or   
Carroll Quinn - 513.673.9921  
  
Audiences: Spouses and Adult Children

**Virtual Support Groups in Maryland**

**Arden Courts of Silver Spring**Date: Tuesday, April 7, 2020  
Time: 2:30 PM  
Delivery method: Google Hangouts  
Registration required: Please contact Sheila Griffith at [sagriffith@alz.org](mailto:sagriffith@alz.org) to receive necessary information to participate.  
  
Audience: Caregivers

**Bradley Hills Presbyterian Church**Date: Friday, April 3, 2020  
 Friday, April 17, 2020  
Time: 11:45 AM   
Delivery Method: Google Hangouts  
Registration required: Please contact Sheila Griffith at [sagriffith@alz.org](mailto:sagriffith@alz.org) to receive necessary information to participate.  
  
Audiences: Caregivers **Brighton Gardens of Friendship Heights**Date: Tuesday, April 7, 2020  
Time: 7:00 PM   
Delivery Method: Google Hangouts  
Registration required: Please contact Sheila Griffith at [sagriffith@alz.org](mailto:sagriffith@alz.org) to receive necessary information to participate.  
  
Audience: Caregivers

**Calvert Library, Southern Branch**    
  
Date: Wednesday, April 8, 2020   
Time: 3:00 P.M. - 4:00PM   
Delivery Method:  Join Hangouts Meet   
 [meet.google.com/xqq-xetx-wqh](https://urldefense.proofpoint.com/v2/url?u=http-3A__meet.google.com_xqq-2Dxetx-2Dwqh&d=DwMFaQ&c=4J0DyIxNDQjAR-x4NjL0NpGXBwDO_RhvZ8C7KRkAL-I&r=qWNlUMMegw1UNZ8hMcteJuHIsvKFk-1BduY_oPfNyjs&m=eTdKcszF2vtF1BQf3QV5VpG_-4fROShwHkgdD25UExM&s=Iwxcq4RT1IGo_5e2xyOqjCpZ0LU-mfvX1mgb_zp5e70&e=)   
 Join by phone   
 +1 314-474-2627 (PIN: 136251544)    
RSVP required: Please contact Charles Harrell at [charrell@asbury.org](mailto:charrell@asbury.org)  
  
Audience: Caregivers

**Virtual Support Groups in Maryland** (continue)

**Faith Temple**   
  
Date: Saturday, April 18, 2020  
Time: 10:00 AM – 11:30 AM  
Delivery Method - Telephone: 712.770.5505, Access code: 609411#  
Facilitator: Eileen Williams  
  
Audience: Caregivers

**First Baptist Church of Glenarden**Date: Thursday, April 16, 2020  
Time: 11:00 AM – 12:30 PM  
Delivery Method: Telephone

Registration Required: Please call facilitator, Vikki Kalitsi: 240.354.8895

Audience: Caregivers

**Gaithersburg Library**Date: Thursday, April 9, 2020  
Time: 6:30 PM   
Delivery Method: Google Hangouts  
Registration required: Please contact Sheila Griffith at [sagriffith@alz.org](mailto:sagriffith@alz.org) to receive necessary information to participate.  
Audiences: Caregivers

**Google Hangouts for Younger Caregivers**  
Date: Tuesday, April 9   
 Thursday, April 23, 2020  
Time: 7:30 PM – 8:00 PM  
Delivery Method: Google Hangouts  
Registration required: Please contact Linda Weitzman at [lcweitzman@gmail.com](mailto:lcweitzman@gmail.com) to receive necessary information to participate.  
  
Audiences: Caregivers

**Virtual Support Groups in Maryland** (continue)

**Holy Cross Resource Center (Weekly Telephone Support Group)**Date: Tuesday, April 7, 20220  
 Tuesday, April 14, 20220  
 Tuesday, April 21, 20220  
 Tuesday, April 28, 20220   
Time: 6:00 PM   
Delivery Method: Telephone  
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.  
  
Audiences: Caregivers

**Holy Cross Resource Center**   
  
Date & Time: Wednesday, April 1, April 8, April 15, April 22, and April 29 at 10:00 AM  
 Thursday, April 2, April 9, April 16, April 23, and April 30 at 3:00 PM  
 Friday, April 3, April 10, April 17, and April 24 at 10:00 AM

Delivery Method: Telephone  
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.  
  
Audiences: Spouses

**Holy Cross Resource Center**   
  
Date & Time: Monday, April 6, April 13, April 20, and April 27 at 6:00 PM  
 Tuesday, April 7, April 14, April 21, and April 28 at 3:00 PM  
 Thursday, April 2, April 9, April 16, and April 23, and April 30 at 10:00 AM

Delivery Method: Telephone  
Registration required: Please contact Sister Kathy Weber 301.754.7152 to receive necessary information to participate.  
  
Audiences: Adult children

T**he Lodge at Marlton**  
Date: Monday, April 6, 2020  
Time: 1:00 PM – 2:00 PM  
Delivery Method – Telephone: 712.770.5319, code: 289107

Facilitator: Shirley Young  
  
Audience: Caregivers

**Virtual Support Groups in Maryland** (continue)

**Sunrise of Rockville**Date: Tuesday, April 21, 2020  
Time: 7:00 PM  
Delivery method: Google Hangouts  
Registration required: Please contact Sheila Griffith at [sagriffith@alz.org](mailto:sagriffith@alz.org) to receive the information necessary to participate.   
  
Audience: Caregivers

**Virtual Support Groups in Virginia**

**Goodwin House**Date: Saturday, April 4, 2020   
Time: 11:00 AM -1:00 PM  
Delivery Method: Google Hangouts   
RSVP required: Please Contact Dan Cronin at 703-226-9295 or [dacronin@alz.org](mailto:dacronin@alz.org)   
  
Audiences: Caregivers

**Leesburg Adult Day Center**

Date: Wednesday, May 6, 2020  
Time: 4:00 PM

Delivery Method: Telephone

Registration required: Please contact Jaimee Conner 703-771-5334 to receive necessary information to participate.

Audience: Caregivers

**Lansdowne Woods of Virginia**

Date: Thursday, April 2, 2020  
Time: 12:00 PM

Delivery Method: Telephone

Registration required: Please contact Deb Harney 703-283-6554 or Judy Smith 703-608-0482 to receive necessary information to participate.

Audience: Caregivers

**Virtual Support Groups in Virginia** (continue)

**Novant Caton Merchant House**

Date: Thursday, April 16, 2020  
Time: 7:30 PM

Delivery Method: Telephone

Registration is required: Please call Mary Kren at 703-361-8841 to receive necessary information to participate.

Audience: Caregivers

**Prince William Senior Center**

Date: Tuesday, April 14, 2020  
 Tuesday, April 28, 2020  
Time: 7:00 PM

Delivery Method: Telephone

Registration required: Please call Kate Tanner at 703-501-0749 to receive necessary information to participate.

Audience: Caregivers

**The Carver Center**

Date: Thursday, April 23, 2020  
Time: 3:00 PM

Delivery Method: Zoom

Registration required: Please contact Bobbie Carducci at 540-903-6831 to receive necessary information to participate.

Audience: Caregivers

**The Villa at Suffield Meadows**

Date: Wednesday, April 22, 2020  
Time: 4:00 PM

Delivery Method: Telephone

Registration required: Please contact Mary Kasky at 540-428-3525 or Barbara Stohlman 703-508-3056 to receive necessary information to participate.

Audience: Caregivers

**Westminster at Lake Ridge**

Date: Friday, April 10  
 Friday, April 24  
Time: 11:00 AM

Delivery Method: Telephone

Registration required: Please contact Elizabeth Glyer at 703-590-0856 to receive necessary information to participate.  
Audience: Caregivers

**Virtual Early Stage Engagement Programs**

**Forgetful Friends Chorus**Date: Tuesday, April 14, 2020  
Time: 6:30 PM

Delivery Method: telephone

Registration is required: Please call Connie Young at 703-743-1841 to receive necessary information to participate.  
  
Audience: Care partners & early-stage individuals

**Forgetful Friends Early Engagement Programs**

Potluck Lunch /Memory Cafe and Networking)  
  
Date: Saturday, April 18, 2020  
Time: 11:00 AM

Delivery Method: Telephone

Registration required: Please call Mary Kren at 703-361-8841 or Connie Young at 703-743-1841 to receive necessary information to participate

Audience: Care partners and early stage-individuals

**Virtual Memory Cafes**

**Rockville Senior Center**Date: Monday, April 6, 2020  
 Monday, April 13, 2020  
 Monday, April 20, 2020  
 Monday, April 27, 2020  
Time: 12:00 PM – 12:40 PM  
Delivery Method: Google Hangouts  
Registration required: Please contact Amy Fox at afcrnp@gmail.com  
  
Audiences: People living with early stage memory loss and their caregivers.

**Virtual Memory Cafes** (continue)

**Leisure World of Maryland**Date: Thursday, April 30, 2020  
Time: 2:00 PM – 3:30 PM  
Delivery Method: Google Hangouts  
Registration required: Please contact Sheila Griffith at [sagriffith@alz.org](mailto:sagriffith@alz.org)  
  
Audience: People living with early stage memory loss and their caregivers.

**Olney Library**Date: Wednesday, April 29, 2020  
Time: 3:30 PM – 5:00 PM  
Delivery Method: Google Hangouts  
Registration required: Please contact Sheila Griffith at [sagriffith@alz.org](mailto:sagriffith@alz.org)  
  
Audience: People living with early stage memory loss and their caregivers.