

CARE & SUPPORT

SUPPORT GROUPS

Registration & info:

nmsupportgroups@alz.org or 24/7 Helpline
1 (800) 272-3900



Virtual/Location	Support Group	Meeting	Facilitator Name	Address/Link
Virtual	Young Adult Caregivers, for family caregivers under the age of 40 who are caring for someone who has Alzheimer's or Dementia.	1st & 3rd Monday at 12 Noon.	Alexis Ramirez	Zoom
Virtual	Alzheimer's & Dementia Caregiver Support Group	1st & 3rd Tuesday of Each Month at 10:00am	Charles Gregory	Zoom Alzheimer's Office 6731 Academy Rd NE
Virtual	Adult Children caring for Parents with Alzheimer's/Dementia Disease	Every Other Tuesday of Each Month at 6:30pm	Kathleen DiMasi	Zoom
Albuquerque	Grief Caregiver Support Group	1st Wednesday of Each Month at 1:00pm	Jane "Chiyo" Thornton	North Ridge 8101 Palomas Ave NE
Virtual	LGBTQ SAGE Alzheimer's & Dementia Caregiver Support Group	Every Other Friday of Each Month at 12:00noon	Daniel White	Zoom
Virtual	Alzheimer's & Dementia Caregiver Support Group	2nd Tuesday of Each Month at 2:00pm	Carolyn Scott & Kathleen DiMasi	BlueJeans
Las Cruces	Alzheimer's & Dementia Caregiver Support Group	2nd and 4th Tuesday of every month at 2:00pm-3:00pm	Pamela Rodgers	Good Samaritan Society 3025 Terrace Dr,
Virtual	"The Golden Hour" Senior Social Isolation Early Stage Persons with Dementia Engagement Group	2nd & 4th Wednesday of Each Month at 10:00am	Carolyn Scott	BlueJeans
Silver City	Caregiver Dementia Support Group	2nd & 4th Thursday of Each Month at 5:00pm	Gigi Ellis	Methodist Church 300 W College Ave 88061
Albuquerque	Caregiver Support Group	3rd Thursday of Each Month at 1:00pm – 3:00pm	Laura Todd	North Ridge 8101 Palomas Ave NE
Virtual	Alzheimer's & Dementia Caregiver Support Group	3rd Thursday of Each Month at 6:00pm	Carolyn Scott & Kathleen DiMasi	BlueJeans
Virtual	Early Stage - Person with Dementia (care partner assistance encouraged)	3rd Friday of Each Month at 2:00pm	Barbara Michels	ZOOM
Virtual	Families & Friends of Loved Ones Residing at Long Term Care Facilities	Last Thursday of Each Month at 5:30pm	Gale Garcia	ZOOM
Santa Fe	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	Please Contact nmsupportgroups@alz.org	Marie Bass	Alzheimer's Office 1409 Luisa Street Suite
Albuquerque	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	Please Contact nmsupportgroups@alz.org	Marie Bass	Alzheimer's Office 6731 Academy Road NE

Virtual	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	Please Contact nmsupportgroups@alz.org	Marie Bass	ZOOM
Virtual	Together We Can - Alzheimer's/ Dementia Support Group	2nd & 4th Saturday of Each month at 1:00pm	Mariel Anguiano	ZOOM

** Last Updated - November 2021*