

**CARE & SUPPORT**

**SUPPORT GROUPS**

Registration & info:

nmsupportgroups@alz.org or 24/7 Helpline  
1 (800) 272-3900



Virtual/Location	Support Group	Meeting	Facilitator Name	Address
Virtual	Your Time Caregiver Support Group	1st & 3rd Monday at 12 Noon.	Kathleen DiMasi	Virtual
Virtual	Navajo Nation Caregiver Support Group - Dual Language English and Dine	2nd and 4th Monday of each month at 3:30pm	Valerie Tsosie	Virtual
Virtual-Albuquerque	Alzheimer's & Dementia Caregiver Support Group	1st & 3rd Tuesday of Each Month at 10:00am	Charles Gregory Joan March	Virtual + Alzheimer's Office 6701 Academy NE 87109
Virtual	Adult Children caring for Parents with Alzheimer's/Dementia Disease	Every Other Tuesday of Each Month at 6:30pm	Kathleen DiMasi	Virtual
Las Cruces	Early Stage - Person with Dementia (care partner assistance encouraged)	1st and 3rd Tuesday of Each Month at 1:00pm	Pam Rodgers Karintha Dixon	Alzheimer's Association Office 141 Roadrunner Ste. 133, 88011
Albuquerque	Early Stage - Person with Dementia (care partner assistance encouraged)	2nd Tuesday of Each Month at 10:00am	Ellen Roy Day	Alzheimer's Association Office 6731 Academy Rd 87109
Albuquerque	Alzheimer's & Dementia Caregiver Support Group	3rd Tuesday of Each Month at 9:30am-11:00am	Helen Purser	Los Volcanes Senior Center, 6500 Los Volcanes Rd NW 87121
Farmington	Alzheimer's & Dementia Caregiver Support Group	3rd Tuesday of Each Month at 1:00	Judy Harris Tori Rohrer	San Juan Center for Independence 1204 San Juan Blvd., 87401
Albuquerque	Grief Caregiver Support Group	1st Wednesday of Each Month at 1:00pm	Jane "Chiyo" Thornton	North Ridge 8101 Palomas Ave NE 87109
Las Cruces	Alzheimer's & Dementia Caregiver Support Group	1st and 3rd Thursday of Each Month at 1:00PM BEGINNING IN OCTOBER	Pam Rodgers Karintha Dixon	Alzheimer's Association Office 141 Roadrunner Ste. 133, 88011
Virtual	LGBTQ+ SAGE Alzheimer's & Dementia Caregiver Support Group	Every Other Friday of Each Month at 12:00 Noon	Daniel White	Virtual

<b>Virtual</b>	Alzheimer's & Dementia Caregiver Support Group	<b>2nd Tuesday of Each Month at 2:00pm</b>	Carolyn Scott	Virtual
<b>Rio Rancho</b>	Alzheimer's & Dementia Caregiver Support Group at Meadowlark	<b>1st Wednesday of Each Month at 9:30 am- 11am</b>	Helen Purser	Loma Colorado Library 755 Loma Colorado Ave. NE 87124
<b>Virtual</b>	Early Stage - Person with Dementia (care partner assistance encouraged)	<b>1st Friday of Each Month at 10:30 AM</b>	Barbara Michels	Virtual
<b>Santa Fe</b>	Brainiacs Early Stage - Support Group	<b>2nd Saturday of Each Month at 1:00pm</b>	Laura Hendrie	Location varies-Please contact nmsupportgroups.com
<b>Virtual</b>	"The Golden Hour" Senior Social Isolation Early Stage Persons with Dementia Engagement Group	<b>2nd &amp; 4th Wednesday of Each Month at 10:00am</b>	Carolyn Scott	Virtual
<b>Virtual</b>	"The Golden Hour II" Senior Social Isolation Early Stage Persons with Dementia Engagement Group	<b>1st &amp; 3rd Wednesday of Each Month at 10:00am</b>	Carolyn Scott	Virtual
<b>Silver City</b>	Alzheimer's & Dementia Caregiver Support Group	<b>2nd &amp; 4th Thursday of Each Month at 5:00pm</b>	Gigi Ellis	Methodist Church 300 W College Ave 88061
<b>Las Cruces</b>	Men's Alzheimer's & Dementia Caregiver Support Group	<b>2nd &amp; 4th Thursday of Each Month at 2:00pm</b>	Steve Gaskell	Alzheimer's Association office 141 Roadrunner Ste. 133 88011
<b>Albuquerque</b>	Alzheimer's & Dementia Caregiver Support Group	<b>3rd Thursday of Each Month at 1:00pm – 3:00pm</b>	Laura Todd	Alzheimer's Association office 6731 Academy Rd NE 87109
<b>Virtual</b>	Alzheimer's & Dementia Caregiver Support Group	<b>3rd Thursday of Each Month at 6:00pm</b>	Carolyn Scott	Virtual
<b>Albuquerque</b>	Alzheimer's Men's Group-Breakfast Gang	<b>2nd Friday of Each Month at 10:00am</b>	Norm Falk	Weck's 3913 Louisiana Blvd. NE 87110
<b>Albuquerque</b>	Eastside Memory Cafe—Social Time for Loved Ones + Caregivers	<b>2nd Saturday of Each Month at 3:00-4:30pm in the Son-Shine Cafe. Please contact Sharon for more information</b>	Sharon Jensen, ssmjens@aol.com	St. John's United Methodist Church 2026 Arizona St., 87110
<b>Albuquerque</b>	Westside Memory Cafe-Support & Social Time for Loved One & Caregiver	<b>3rd Saturday of Each Month at 1:30-3:00</b>	Twila Kirkpatrick	Mesa View United Methodist Church 4701 Montano Rd NW 87120
<b>Virtual</b>	Early Stage - Person with Dementia (care partner assistance encouraged)	<b>3rd Friday of Each Month at 2:00pm</b>	Barbara Michels	Virtual
<b>Virtual</b>	Families & Friends of Loved Ones Residing at Long Term Care Facilities	<b>Last Thursday of Each Month at 5:30pm</b>	Gale Garcia Sarah Torres	Virtual
<b>Virtual</b>	Husbands caring for Spouse or Partner with Alzheimer's/Dementia Support Group	<b>1st &amp; 3rd Friday of each month at 12:00pm (Noon)</b>	Robert Lewis, LMFT Ron Eppes	Virtual
<b>Santa Fe</b>	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	<b>Please Contact nmsupportgroups@alz.org</b>	Marie Bass	Alzheimer's Office 1409 Luisa St. Ste. F 87501
<b>Albuquerque</b>	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	<b>Please Contact nmsupportgroups@alz.org</b>	Marie Bass	Alzheimer's Office 6731 Academy Rd NE 87109
<b>Virtual</b>	Wives Caring for Spouse or Partner with Alzheimer's/Dementia Support Group	<b>Please Contact nmsupportgroups@alz.org</b>	Marie Bass	Virtual

\* Last Updated - December 9, 2022