The white flower, hopeful symbol of Alzheimer’s First Survivor, raised high at the Albuquerque Walk. Photo by Jim Myers.
MISSION STATEMENT

To eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

VISION

A world without Alzheimer’s disease.®

NEW ADDRESS!

9500 Montgomery Blvd., Ste 121  |  Albuquerque, NM 87111  |  (505) 266-4473

Note our Mailing Address: PO Box 21400  Albuquerque, NM 87154
Ever since 2012, when I first became involved in the Walk to End Alzheimer’s in Las Cruces, I’ve had a clear, first-hand picture of the local benefits it provides as a fundraiser. When you participate in the Walk, every dollar raised makes a real difference to families facing Alzheimer’s disease in your community. From caregiver education programs, to support groups, to care consultations and much, much more.

When the Association added the white flower to the Walk ceremony, representing what one day will be the First Survivor of Alzheimer’s, I was very touched by the hope-filled beauty of the symbolism. But like a lot of people, it did make me pause to think: could our local Walks really contribute to the realization of this wonderful ambition? The answer is YES.

It’s important to remember the Alzheimer’s Association is a global organization, and the Walk to End Alzheimer’s is the world’s largest event to raise awareness and funds for Alzheimer’s care, support and research. Last year, Walks across the world, just like the ones right here in New Mexico, raised a total of $88.9 million. That’s a good indication of what we can do when we all come together towards a common goal – and our goal is a world without Alzheimer’s.

Over the last two decades, we’ve seen deaths from other comparable diseases, like heart disease, decrease; while deaths from Alzheimer’s continue to increase as much as 145%. Why? The difference is research. As global citizens, we need to commit the same level of serious research money to ending Alzheimer’s as we do these other diseases.

On a local level, we can do our part by fundraising for the Walk, the Alzheimer’s Association’s flagship fundraiser, which in turn, advances research. It works like this: We support the Walk, the Walk supports the Association, the Association supports research and research will lead to the First Survivor.

The Association is actually the world’s largest non-profit funder of Alzheimer’s science, backing numerous initiatives toward treatment, prevention, and ultimately, a cure. Currently, the Association is investing over $165 million in more than 450 projects in 25 countries. Since awarding our first grants in 1982, the Association has invested over $440 million in more than 2,900 scientific investigations, funding some of the most instrumental research in Alzheimer’s science. A “First Survivor” breakthrough could come from any one of these initiatives.

This is a time of unprecedented promise in the quest to end Alzheimer’s. In addition to direct funding, the Association is actively growing philanthropic support for Alzheimer’s research through our outreach and awareness efforts; and our advocacy continues to secure increased federal funding for research – all of which are instrumental to finding new treatments to stop, slow and prevent Alzheimer’s disease.

This disease has devastated millions of lives, but that’s all going to change when we reach the First Survivor; and the Alzheimer’s Association is committed to making that day happen soon.

But we won’t get there without you, your support and participation. See you at the Walk!

Find a Walk near you - and help us reach the First Survivor of Alzheimer’s disease: alz.org/walk.
Earlier this year, the NM Chapter achieved one of its greatest legislative accomplishments when our priority legislation, SB 42 (Senate Bill 42, “Missing Person Notification Requirements”), was signed into law by Governor Michelle Lujan Grisham. It was a tribute to the determination of our volunteer advocates and a milestone for our public policy efforts. Best of all, it made our state considerably safer for families facing Alzheimer’s.

**SO... WHAT IS SB 42?**

SB 42 is a bill that our chapter helped develop to address the very important issue of **wandering**, a dangerous and all-too common phenomenon. Six out of ten people with dementia will wander as part of their disease behaviors; and when they do, the situation can quickly become perilous. “They can become confused and disoriented, unable to remember their name, communicate where they live, or seek assistance. On average, if they are not found within 24 hours, there’s only a fifty percent survival rate,” says Tina De La Luz (Program Director, Alzheimer’s Association, NM Chapter).

SB 42 was designed to strengthen the **Silver Alert** section of the state’s Missing Person Notification System. A Silver Alert is a public notification system that broadcasts information about missing persons – especially senior citizens with Alzheimer’s disease, dementia, or other mental disabilities – in order to aid in locating them. But the system was outdated and needed improvement.

“SB 42 enhances existing law in three very significant ways, all of which increase the likelihood of a safe return,” says Tommy Hernandez (Public Policy Director, Alzheimer’s Association, NM Chapter), who led this legislative endeavor for the Chapter.

Specifically, SB 42 strengthens **Silver Alert** by:

1. Exempting the endangered person from the age requirement of 50 years when there is an indication of Alzheimer’s or another form of dementia
2. Requiring that a text message alert is issued on the endangered person similar to an Amber Alert
3. Requiring the Department of Public Safety to collect and maintain data that pertains to each Silver Alert issued

Strategic and early preparation proved to be key for SB 42’s successful passage. Months before the legislative session began in January 2019, Hernandez had been working with State Senator Richard C. Martinez of Espanola – the bill’s sponsor – on the drafting process. This “ready on day 1” course of action was intended to prevent hold-ups or unforced errors, and it did.

Now it was time for the voices of our advocates to be heard at Alzheimer’s Advocacy Day at the Roundhouse. A chartered bus was provided with the generous help of our Board and other supportive partners. Donning purple sashes, advocates marched into legislators’ offices to ask for support of SB 42. Afterwards, all gathered to hear speeches from a cross section of influential stakeholders. The day culminated in a productive meeting with Governor Michelle Lujan Grisham, who was kind enough to host the nearly 70 advocates in her Cabinet Room for a discussion on the bill and other crucial dementia-related issues.

Within a few weeks, the diligent advocacy started to pay off. SB 42 began swiftly making its way through the legislative committees. On February 7th, SB 42 successfully passed through the Senate and one month later it cleared the House of Representatives with the help of Representative Joseph Sanchez of Alcalde. Both were by unanimous, bipartisan votes.

On March 14th, SB 42 was signed into law by Gov. Michelle Lujan Grisham; and officially went into effect on June 14th of this year.

“No step forward on this bill could have been possible without the advocacy efforts of our volunteers,” says Hernandez. “Whether it was joining us for Advocacy Day, calling or emailing legislators or by using social media, it all contributed to the passing of SB 42. We all share in this success.”

Interested in making a difference as a volunteer advocate for the Alzheimer’s Association? Contact: Tommy Hernandez, Public Policy Director, at (505) 266-4473 or tjhernandez@alz.org.
annual partners Reflects commitments received as of April 1st, 2019.

For more information, contact our Development Team at (505) 266-4473.
annual partners Reflects commitments received as of April 1st, 2019.
For more information, contact our Development Team at (505) 266-4473.

Listings in no particular order...

<table>
<thead>
<tr>
<th>Sponsor Name</th>
<th>Address</th>
<th>Phone</th>
<th>Website</th>
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<tbody>
<tr>
<td>By Your Side HomeCare</td>
<td>3721 Rutledge Rd NE, Albuquerque, NM 87109</td>
<td>(505) 232-3311</td>
<td><a href="http://www.heritagehomehealthcare.com">www.heritagehomehealthcare.com</a></td>
</tr>
<tr>
<td>Cheesecake Factory</td>
<td>417 Rodeo Rd, Santa Fe, NM 87505</td>
<td>(505) 989-7032</td>
<td><a href="http://www.riverfamilyfuneralhome.com">www.riverfamilyfuneralhome.com</a></td>
</tr>
<tr>
<td>Haverland Carter Lifestyle Group</td>
<td>2550 Cerillos Rd, Santa Fe, NM 87505</td>
<td>(505) 476-4799</td>
<td><a href="http://www.nmaging.state.nm.us">www.nmaging.state.nm.us</a></td>
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<tr>
<td>Hospice De La Luz</td>
<td>10501 Lagrima De Oro Rd NE, Albuquerque, NM 87111</td>
<td>(505) 293-4001</td>
<td><a href="http://www.lavidallena.com">www.lavidallena.com</a></td>
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<tr>
<td>KTEL MeTV &amp; Telemundo</td>
<td>101 Hospital Loop NE, Albuquerque, NM 87109</td>
<td>(505) 848-3773</td>
<td><a href="http://www.albneuro.com">www.albneuro.com</a></td>
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<tr>
<td>New Mexico Wake</td>
<td>8101 Palomas Ave NE, Albuquerque, NM 87109</td>
<td>(505) 273-3069</td>
<td><a href="http://www.jeaseni%D0%BE%D1%80living.com">www.jeaseniорliving.com</a></td>
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<tr>
<td>North Ridge Alzheimer's Special Care Center</td>
<td>3812 Academy Pkwy N NE, Albuquerque, NM 87109</td>
<td>(505) 217-2490</td>
<td><a href="http://www.hospicedelaluz.com">www.hospicedelaluz.com</a></td>
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<tr>
<td>Oppenheimer Funds</td>
<td>2550 Cerillos Rd, Santa Fe, NM 87505</td>
<td>(505) 476-4799</td>
<td><a href="http://www.nmaging.state.nm.us">www.nmaging.state.nm.us</a></td>
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<td>Pepsi</td>
<td>417 Rodeo Rd, Santa Fe, NM 87505</td>
<td>(505) 989-7032</td>
<td><a href="http://www.nmaging.state.nm.us">www.nmaging.state.nm.us</a></td>
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<tr>
<td>Quarter Celtic</td>
<td>3812 Academy Pkwy N NE, Albuquerque, NM 87109</td>
<td>(505) 217-2490</td>
<td><a href="http://www.hospicedelaluz.com">www.hospicedelaluz.com</a></td>
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<tr>
<td>RBC Wealth Management Group</td>
<td>8101 Palomas Ave NE, Albuquerque, NM 87109</td>
<td>(505) 273-3069</td>
<td><a href="http://www.jeaseni%D0%BE%D1%80living.com">www.jeaseniорliving.com</a></td>
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<td>Rock &amp; Brews</td>
<td>2550 Cerillos Rd, Santa Fe, NM 87505</td>
<td>(505) 476-4799</td>
<td><a href="http://www.nmaging.state.nm.us">www.nmaging.state.nm.us</a></td>
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BY YOUR SIDE HOME CARE
3721 Rutledge Rd NE, Albuquerque, NM 87109
(505) 232-3311
www.heritagehomehealthcare.com

HOSPICE DE LA LUZ
3812 Academy Pkwy N NE, Albuquerque, NM 87109
(505) 217-2490
www.hospicedelaluz.com

NORTH RIDGE ALZHEIMER'S SPECIAL CARE CENTER
8101 Palomas Ave NE, Albuquerque, NM 87109
(505) 273-3069
www.jeaseniорliving.com

RIVERA
417 Rodeo Rd, Santa Fe, NM 87505
(505) 989-7032
www.riverfamilyfuneralhome.com

FORGET-ME-NOT GALA SPONSORS

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<td>Clear Channel Outdoor</td>
<td>417 Rodeo Rd, Santa Fe, NM 87505</td>
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<td>Heritage Home Healthcare &amp; Hospice</td>
<td>3721 Rutledge Rd NE, Albuquerque, NM 87109</td>
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<td><a href="http://www.heritagehomehealthcare.com">www.heritagehomehealthcare.com</a></td>
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<td>Presbyterian Healthcare Services</td>
<td>3721 Rutledge Rd NE, Albuquerque, NM 87109</td>
<td>(505) 232-3311</td>
<td><a href="http://www.heritagehomehealthcare.com">www.heritagehomehealthcare.com</a></td>
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RUDY'S BBQ
417 Rodeo Rd, Santa Fe, NM 87505
(505) 989-7032
www.riverfamilyfuneralhome.com

STELLAR SENIOR HOUSING EXPERTS
417 Rodeo Rd, Santa Fe, NM 87505
(505) 989-7032
www.riverfamilyfuneralhome.com

TURNER FAMILY
417 Rodeo Rd, Santa Fe, NM 87505
(505) 989-7032
www.riverfamilyfuneralhome.com

VISITING ANGELS
417 Rodeo Rd, Santa Fe, NM 87505
(505) 989-7032
www.riverfamilyfuneralhome.com

THE LONGEST DAY – STATEWIDE

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RBC Wealth Management - Cates Team
417 Rodeo Rd, Santa Fe, NM 87505
(505) 989-7032
www.riverfamilyfuneralhome.com

TURNER FAMILY
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417 Rodeo Rd, Santa Fe, NM 87505
(505) 989-7032
www.riverfamilyfuneralhome.com

800.272.3900 | www.alz.org/newmexico | New Mexico Chapter
We're Moving!

Our Albuquerque Office will soon have a new location!

At press time, the address is not official yet, but...
Stay tuned to our website and social media for updates:
www.alz.org/newmexico and www.facebook.com/alznmchapter
Same phone #: (505) 266-4473

IMPORTANT! ...please remember that all correspondence still goes to our mailing address, which remains:

Alzheimer’s Association, NM Chapter
PO Box 21400
Albuquerque, NM 87154

ANNUAL REPORT

THE ALZHEIMER’S ASSOCIATION, NM CHAPTER - SERVING EVERY CORNER OF OUR STATE
CORE PROGRAM & SERVICES STATEWIDE IMPACT FY18 JULY 1, 2017 - JUNE 30, 2018

5 REGIONAL OFFICES

575 CARE CONSULTATIONS TO CAREGIVERS & PERSONS WITH DISEASE

2,980 HELPLINE INFORMATION & ASSISTANCE CALLS

8,196 INFORMATION PACKETS DISTRIBUTED

1,942 HOURS OF EDUCATION DELIVERED TO 1345 FAMILY CAREGIVERS

3,622 SAVVY CAREGIVERS TRAINED

1,893 HOURS OF EDUCATION DELIVERED TO 1471 PROFESSIONALS

2,496 CAREGIVER SUPPORT GROUPS PARTICIPANTS IN 466 SESSIONS

812 EARLY STAGE SUPPORT GROUP PARTICIPANTS
If you’ve participated in a Walk to End Alzheimer’s event, you’ve undoubtedly seen the Promise Garden portion of the opening ceremony and experienced the emotions surrounding the colorful array of flowers that are held up high by participants. But what does it all mean? In a nutshell, this is the moment when people are given the opportunity to express their own personal connection to the cause.

The Promise Garden flowers represent the promises that Walk participants have come together to fulfill — a colorful display of an intent to honor, remember, care and fight.

“For me, the Promise Garden Ceremony is the moment where we most clearly see that we are not fighting this disease all by ourselves, we are not alone. We see all the other families holding up their flowers too and feel a sense of solidarity. Also, to be in this size of crowd where so many people have a personal connection to Alzheimer’s indicates to me that there is a lot of work to be done.” - Shellie Sims, Walk Participant (Executive Director, MorningStar Senior Living of Albuquerque)

As the crowd transforms into a blossoming rainbow, a special meaning is revealed for each of the four traditional colors:

**YELLOW FLOWER:** If you are one of the people holding a yellow flower, then you are a caregiver, caring for someone with Alzheimer’s.

**PURPLE FLOWER:** Those raising the purple flowers are people who have lost someone to the disease.

**ORANGE FLOWER:** This flower represents supporters and advocates for a world without Alzheimer’s.

**BLUE FLOWER:** Those who are currently living with Alzheimer’s disease hold up the blue flower.

Recently, a new color has been introduced...a single white flower. There is only **one** at each Walk, and it is raised as a symbol of a person we do not know yet. This one flower represents the First Survivor of Alzheimer’s disease. As we know, there is no prevention, proven treatment or cure and to this date, no one has ever survived this disease.
This is why the white flower represents hope. A hope that one day in the near future, what we know to be true today will change - and this vision of a First Survivor can become a reality.

But how can that happen? One answer is the Walk itself. The Alzheimer’s Association is the largest and most impactful nonprofit funder of Alzheimer’s and dementia research in the world; and the Walk to End Alzheimer’s is our flagship fundraiser. So when you participate in the Walk, you are helping raise critical funding for research; and science is the key to ultimately preventing, treating or ending Alzheimer’s forever. Because of the important research that is going on today, it’s quite possible that the First Survivor is out there right now...

“As a neurologist and geriatrician working in a university center devoted to Alzheimer’s and dementia research and treatment, my main perspective is from the scientific world of how the brain works, and how it doesn’t when something goes wrong. But I also participate in the Walk to End Alzheimer’s every year because I understand the essential link between fundraising and research. This work cannot be done without financial support from the government, the Association and people like you and me.

For me, the concept of the First Survivor, represented by the white flower, is a take-my-breath-away aspiration. Understanding the underlying process of why and what goes wrong in the brain, and then finding ways to fix it, is the very real hope of a cure that research gives us. There is a lot of promising dementia research going on right now, here in this country and all around the world. Just a couple of quick examples that come to mind are the effect of nose and gut microbes on the brain and the way brain and body exercises may help improve cognition. Any one of these might lead us to a breakthrough leading to the First Survivor of Alzheimer’s. But we have to keep trying!” - Dr. Janice Knoefel, Walk Participant (Clinical Director, UNM Memory and Aging Center)

Even as science gets us closer to what will someday be the First Survivor of Alzheimer’s disease, the sentiment behind the white flower and its meaning, hits home with families who have faced, or are currently facing, the disease – particularly those with young children. What a magnificent relief it would be to know that our children would be safe from this unrelenting threat and burden...
“We have faced Alzheimer’s in our family and are all too familiar with the heartbreak and devastation that comes with this cruel disease. As a parent, the symbolism of the White Flower is very powerful. It represents the hope I have that my daughters and their future children will not have to struggle with this terrible disease the way we have.” - Judie Jones, Walk Volunteer

(Community Relations Advisor, A Place for Mom)

The promise of the white flower is a vision of the future. A day when Alzheimer’s is a relic of the past and no one, no family, will ever have to endure the pain this disease brings along with it. And eventually, there will be no more yellow flowers representing dementia caregivers, because no one will require that profound level of care. We will always raise our purple flowers to those loved ones we have already lost to Alzheimer’s, but take comfort in the knowledge that there will be no more. There will be no cause to advocate for, and the orange flowers will be handed off. Blue flowers will cease to be made. In the end, there will be no more Promise Garden, because the promise of the white flower will have been fulfilled.

Help us reach the First Survivor of Alzheimer’s disease. We can’t do it without you. Sign up or donate to the Walk to End Alzheimer’s at alz.org/walk or by calling (505) 266-4473.

The white flower is held by Savannah Cates at Albuquerque Walk, 2018. Photo by Jim Myers.

Nocona Peters raises the white flower at the 2017 Roswell Walk.
EVENT HIGHLIGHTS

Alzheimer’s Advocacy Day at the Legislature
(Santa Fe, 1/30/2019)

We started off the New Year in our State Capital with our Advocacy Day at the Legislature. This was an important day of interaction with NM lawmakers, including a meeting with Gov. Michelle Lujan Grisham. The highlight of the full legislative session was the passing of our bill SB 42, which strengthens our state’s Silver Alert Law!

Unforgettable Golf Classic
(Albuquerque, 5/13/2019)

Our annual charity golf tournament is always lots of fun and this year was no exception. The tournament raised funds and awareness while providing a beautiful day of golf at the exclusive Tanoan Country Club.

2nd Workshop on Alzheimer’s Research
(Albuquerque, 5/22/2019)

In May, we participated in this informative workshop which featured current research efforts by scientists and researchers based in New Mexico. This enlightening event brought together stakeholders from government, academia, industry, non-profit organizations, patient organizations and regulatory agencies.

9th Annual Forget-Me-Not Gala
(Albuquerque, 6/8/2019)

Our first Southern Garden Party-themed Gala made for an exquisite evening that included both live and silent auctions for over 40 great gift packages and prizes. The most inspiring segments of the evening were the mission moments which touched everyone in the room. Guests danced the night away to music of Vanilla Pop.

The Longest Day
(NM & Worldwide, 6/21/2019)

The worldwide Longest Day event means a lot to us here in New Mexico. Participants around the state marshaled their forces of friends and family to create their own fundraisers and raise money to help the Association battle Alzheimer’s. Highlights included a sports tournament in Rio Rancho, a concert in Albuquerque and the Sip & Support Mardi Gras in Las Cruces.

Celebrating The Longest Day at the Sip & Support Mardi Gras.
Skills for Dementia Caregiving is a multi-session, evidence-based educational program designed to help caregivers feel more confident and competent in their caregiving skills. It has also been shown to reduce caregiver stress by identifying risks and learning self-care strategies. These classes are offered to caregivers at no charge, and all curriculum materials are provided at no cost.

Skills for Dementia Caregiving
September 3 – October 8, 10am – 12pm (Tuesdays)
Skills for Dementia Caregiving
Albuquerque, NM 87111
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

For information on presentations and trainings in this area, please contact us using the information provided above. Thank you.

Tina De La Luz, Program Director
tdelaluz@alz.org, 1 (800) 272-3900
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111

July 9 – August 13, 10am – 12pm (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

July 9 – August 13, 5:30pm–7:30pm (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

July 11 – August 15, 10am–12pm (Thursdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

September 3 – October 8, 10am–12pm (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

September 3 – October 8, 5:30pm–7:30pm (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

September 5 – October 10, 10am–12pm (Thursdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

October 29 – December 3, 10am–12pm (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

October 29 – December 3, 5:30pm–7:30pm (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

October 31 – December 12, 10am–12pm (Thursdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Suite 121, Albuquerque, NM 87111

To register or for more information, please contact Tina De La Luz, Program Director at tdelaluz@alz.org or 1 (800) 272-3900.

SOUTHWESTERN SKILLS FOR DEMENTIA CAREGIVING CLASSES

Alexis Ramirez
Programs Volunteer Case Manager
aramirez@alz.org, 1 (800) 272-3900
1155 S. Telshor, Ste. 202
Las Cruces, NM 88011

July 18 – August 22, 1pm–3pm (Thursdays)
Skills for Dementia Caregiving
TBD
Las Cruces, NM

September 19 – October 24, 1pm–3pm (Thursdays)
Skills for Dementia Caregiving
TBD
Las Cruces, NM

November 6 – December 11, 1pm–3pm (Wednesdays)
Skills for Dementia Caregiving
TBD
Las Cruces, NM

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

Waldon Lynch, NW Regional Manager
wlynch@alz.org, 1 (800) 272-3900
3300 N. Butler Avenue, Suite 221
Farmington, NM 87401

July 9 – August 13, 10am – 12pm (Tuesdays)
Skills for Dementia Caregiving
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

July 13 – August 17, 10am – 12pm (Saturdays)
Skills for Dementia Caregiving
San Juan Center for Independence - Gallup Río West Mall, Suite 200, Gallup, NM 87010

September 3 – October 8, 10am – 12pm (Tuesdays)
Skills for Dementia Caregiving
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

September 7 – October 12, 10am – 12pm (Saturdays)
Skills for Dementia Caregiving
Crown Point Chapter House
P.O. Box 336
Chapter House Dr., Crown Point, NM 87313

October 29 – December 3, 10am – 12pm (Tuesdays)
Skills for Dementia Caregiving
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

November 2 – December 14, 10am – 12pm (Saturdays)
Skills for Dementia Caregiving
(No class held on Saturday, November 30th)
Life Care Center of Farmington Assisted Living
1101 W. Murray Dr., Farmington NM 87401

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

SOUTHERN SKILLS FOR DEMENTIA CAREGIVING CLASSES

Sashua Patton, SE Regional Manager
sapatton@alz.org, 1 (800) 272-3900
Sunwest Centre Office Complex
500 N. Main, Suite 501
Roswell, NM 88201

September 19 – October 24, 1pm–3pm (Thursdays)
Skills for Dementia Caregiving
TBD
Las Cruces, NM

September 26 – October 30, 1pm–3pm (Thursdays)
Skills for Dementia Caregiving
TBD
Las Cruces, NM

November 2 – December 14, 1pm–3pm (Thursdays)
Skills for Dementia Caregiving
TBD
Las Cruces, NM

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

Roswell - Southeastern Regional Office
Las Cruces - Southwestern Regional Office
Santa Fe - Northeastern Regional Office
Albuquerque - Greater Albuquerque Regional Office
Farmington - Northwestern Regional Office

For information on presentations and training in this area, please contact us using the information provided above. Thank you.
EDUCATIONAL CLASSES

Tina De La Luz, Program Director
tdelaluz@alz.org, 1 (800) 272-3900
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111

July 1st, 10:00am-1:00pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

July 3rd, 10:00am-1:00pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

July 11th, 1:30pm-2:30pm
Legal Issues for Caregivers—What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

July 17th, 12:00pm-1:00pm
Know the 10 Warning Signs
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

August 5th, 10:00am-1:00pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

August 7th, 10:00am-1:00pm
Communications and Behaviors
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

August 8th, 1:00pm-3:00pm
Legal Issues for Caregivers—What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

August 21st, 12:00pm-1:00pm
Social Security
Presented by Rhonda Romero
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

September 12th, 1:30pm-2:30pm
Legal Issues for Caregivers—What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

September 19th, 12:00pm-1:00pm
Oral Care for People Living with Dementia
Presented by Janaki Menfiled
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

September 25th, 1:00pm-2:30pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

October 2nd, 10:00am-2:00pm
Communications and Behaviors
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

October 7th, 10:00am-1:00pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

October 10th, 1:30pm-2:30pm
Legal Issues for Caregivers—What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

October 16th, 12:00pm-1:00pm
The Journey: Dealing with Grief & Loss before the Loss
Presented by Barbara Michels and Tina De La Luz
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

November 4th, 10:00am-1:00pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

November 6th, 10:00am-1:00pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

November 14th, 1:30pm-2:30pm
Legal Issues for Caregivers—What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

December 9th, 10:00am-1:00pm
Introduction to Support Group
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

December 11th, 10:00am-1:00pm
Communications and Behaviors
Presented by Barbara Michels (Author, The Alzheimer’s Journey)
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

December 12th, 1:30pm-2:30pm
Legal Issues for Caregivers—What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

December 18th, 12:00pm-1:00pm
A Caregiver’s Journey—Living Gordon
Presented by Ruth Pollard
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

For information on presentations, training and classes in this region, please contact us using the information provided above. Thank you.

CALANDER KEY
Skills for Dementia Caregiving
Multi-session course which helps caregivers develop practical skills in caring for their loved one and themselves.

Cuidando Con Respeto
Two-day linguistic and cultural translation of Skills for Dementia Caregiving.

Basics of Alzheimer’s Disease
Overview, warning signs, risk factors and scope of the disease.

Know the 10 Warning Signs
Identifying early warning signs of Alzheimer’s & dementia.

Living with Alzheimer’s: For Caregivers
Describes different stages of Alzheimer’s, and assists in preparation.

Conversations About Dementia
Various presentations on Alzheimer’s disease and related topics.
eductional classes continued...

**NORTHWESTERN EDUCATIONAL CLASSES**

Waldon Lynch, NW Regional Manager
wlynch@alz.org, 1(800) 272-3900
3300 N. Butler Avenue, Suite 221
Farmington, NM 87401

July 12, 11:00am – 12:00pm  
**Basics of Alzheimer’s Disease**  
Gallup Chamber of Commerce  
101 W. Hoy St., Gallup, NM 87301

July 17, 10:00am – 12:00pm  
**Basics of Alzheimer’s Disease**  
San Juan Center for Independence  
202 San Juan Blvd., Farmington, NM 87401

August 21, 10:00am – 12:00pm  
**Basics of Alzheimer’s Disease**  
Aztec Cultural Center  
101 S. Park Ave., Aztec, NM 87410

August 28, 10:00am – 12:00pm  
**Know the 10 Warning Signs**  
San Juan Center for Independence  
202 San Juan Blvd., Farmington, NM 87401

August 30, 10:00am – 12:00pm  
**Basics of Alzheimer’s Disease**  
Chaparral Senior Center (Grants)  
550 Jurassic Ct., Grants, NM 87020

September 18, 9:30am – 11:30am  
**Know the 10 Warning Signs**  
Aztec Cultural Center  
101 S. Park Ave., Aztec, NM 87410

September 25, 10:00am – 12:00pm  
**Basics of Alzheimer’s Disease**  
Zuni St Center  
1886 Hwy 53, Zuni, NM 87327

October 9, 10:00am – 12:00pm  
**Know the 10 Warning Signs**  
San Juan Center for Independence  
202 San Juan Blvd., Farmington, NM 87401

October 21, 10:00am – 12:00pm  
**Basics of Alzheimer’s Disease**  
Aztec Cultural Center  
101 S. Park Ave., Aztec, NM 87410

November 14, 10:00am – 12:00pm  
**Basics of Alzheimer’s Disease**  
Cibola Senior Center (Grants)  
950 Jurassic Ct, Grants, NM 87020

November 14, 1:00pm – 2:00pm  
**Basics of Alzheimer’s Disease**  
Pine Hill Health Clinic  
7 BIA 140, Pine Hill, NM 87357

December 11, 9:30am – 11:30am  
**Know the 10 Warning Signs**  
Aztec Cultural Center  
101 S. Park Ave., Aztec, NM 87410

December 18, 10:00am – 12:00pm  
**Know the 10 Warning Signs**  
Aztec Cultural Center  
101 S. Park Ave., Aztec, NM 87410

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you

**SOUTHWESTERN EDUCATIONAL CLASSES**

Alexis Ramirez  
Programs Volunteer Case Manager  
alramirez@alz.org, 1(800) 272-3900
1155 S. Telshor Ste. 202  
Las Cruces, NM 88011

July 9, 2:00pm-3:00pm  
**Basics of Alzheimer’s Disease**  
189 Howard Pl, Las Cruces, NM 88019

July 23, 10:00am-2:00pm  
**Communications & Behaviors**  
TBD

August 6, 2:00pm-3:00pm  
**Know the 10 Warning Signs**  
Crossroads In-Home Care  
189 Howard Pl, Las Cruces, NM 88019

August 20, 5:15pm-6:15pm  
**Basics of Alzheimer’s Disease**  
Hatch Senior Center  
510 E. Hall Hatch, NM 87537

September 10, 1:00pm-2:00pm  
**Know the 10 Warning Signs**  
Sacramento Mountain Senior Service  
212 Glorieta Ave, Cloudcroft, NM 88317

September 24, 2:00pm-3:00pm  
**Communications & Behaviors**  
Crossroads In-Home Care  
189 Howard Pl, Las Cruces, NM 88011

October 8, 2:00pm-3:00pm  
**Basics of Alzheimer’s Disease**  
Crossroads In-Home Care  
189 Howard Pl, Las Cruces, NM 88011

October 22, 1:00pm-2:00pm  
**Know the 10 Warning Signs**  
TBD

November 5, 1:00pm-2:00pm  
**Communications & Behaviors**  
TBD

November 19, 2:00pm-3:00pm  
**Know the 10 Warning Signs**  
Crossroads In-Home Care  
189 Howard Pl, Las Cruces, NM 88011

November 22, 1:00pm-2:00pm  
**Communications & Behaviors**  
TBD

December 17, 1:00pm-2:00pm  
**Basics of Alzheimer’s Disease**  
TBD

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you

**SOUTHEASTERN EDUCATIONAL CLASSES**

Sashua Patton, SE Regional Manager  
sapatton@alz.org, 1(800) 272-3900
Sunwest Centre Office Complex  
500 N. Main, Suite 501  
Roswell, NM 88201

For information on presentations, training and classes in this region, please contact us using the information provided above. Thank you

**CALENDAR KEY**

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Multi-session course which helps caregivers develop practical skills in caring for their loved one and themselves.

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LET’S DO THIS, NEW MEXICO!

WALK TO END ALZHEIMER’S

GALLUP: Aug. 24th - Rio West Mall
LAS CRUCES: Sept. 7th - Young Park
SANTA FE: Sept. 28th - NM School for the Deaf
FARMINGTON: Sept. 14th - Berg Park
ROSWELL: Sept. 21st - Pioneer Plaza
TRUTH OR CONSEQUENCES: Sept. 21st - NM State Veterans Home
ALBUQUERQUE: Oct. 19th - Hoffmanntown Church
HOBBES: Oct. 26th - Lea Regional Medical Center

For Info on Walks in your community, contact:
(505) 266-4473 or online at alz.org/walk

MORE GREAT EVENTS!

ALBUQUERQUE CAREGIVER CONFERENCE:
NOV. 2ND - SANDIA RESORT & CASINO
Informative presentations & workshops designed to educate both family and professional caregivers. Free, limited space. Register today: (505) 266-4473.

OPEN HOUSE: NOV. 14TH - ALBUQUERQUE OFFICE
Join us as we celebrate our wonderful volunteers, partners & friends! Free hors d’oeuvres & beverages. Info: (505) 266-4473.
in memory/in honor of

October 1st, 2018 - November 30th, 2018

IN MEMORY OF...

Richard Lee Abraham
Francis Abraham
Larry L. Abraham, D.P.M - Podiatrist
Mr. and Mrs. Shirley Abraham
Mr. and Mrs. Wayne Abraham
Harlan Bang
Mr. and Mrs. Phyllis Dickart
Mr. and Mrs. Joyce Farha
Judy George
Mr. and Mrs. Alan Kacere
Phyllis A Kamas Living Trust
Harlan Bang
Mr. and Mrs. Phyllis Dickart
Mr. and Mrs. Joyce Farha
Judy George
Mr. and Mrs. Alan Kacere
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Lois Stanton Phyllis Torres
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Margaret Atencio
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Cheryl Davis
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Janice Timmons
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Katie Craig
Vineyard Community
Zula Cunningham
Donald Wenner

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John Diehl
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Mr. & Mrs. Sam Madrid
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Joe E. Parker
Lee Ann Parker and Eugena Castillo
Jo Peters
Cloudcroft Community Cares
Dave's Cafe
Julie Dugger
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L.F. McDaniel
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Verla Jamison
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Harold E Richter Revocable Trust (Harold Richter)
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IN HONOR OF...

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Cecil Brown
Mary Galvez
Vicki Johnson & Michael Raugh Rev Trust
Dan and Careen Gilthrow
Mr. and Mrs. David Gilthrow
Els & Jim Hoffer
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Clinton Huthill
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Vickie Robertson
Barbara Michels
Belle Brown
Mr. and Mrs. Kristin Enger
Rev. R.L. Mencik and Rev. L. M. Mencik
Brad & Jill Schwane
C F Schwane

*For a list of Tributes made from December 1st, 2018 – March 31st, 2019, visit our website at this link: alz.org/newmexico/donate
general donations

October 1st, 2018 – December 31st, 2018*

Pita Abeyta
ABQ Elder Law, PC
Ann Aceves
Janet Ahrens
Albuquerque Preferred Assisted Living
Albuquerque Uptown Living Inc.
American Legion, Rhea Valdez
Ms. Damaris Ames
Joe Anaya
Roman Anaya
Barbara Anderson
Barbara Angstadt
Anonymous
Peter Aragon
Elisa Archuleta
Gloria Archuleta
Arenvidas Family
Yolanda Arrey
Articles for Her
Ashlar Assembly 58, IORG
Eliana Aubin
B&B Bakery, Inc.
Lisa Baca
Dodge Baird
Ms. Janice Ballard
Mr. and Mrs. Jack Barker
Mary Barrows
Linda Bartucca
Sabina Basham
Bear Canyon Senior Center
Bear Canyon Walk Team
Mr. Stephen Becker
Joy Beery
Mr. and Mrs. Floyd Bell
Barrie Benson
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Berry Kelly Group & Individual Insurance
Gina Binion
Kristi Birtch
Kenneth Blemel
Blue Horizon Properties
William Bode
Debra Boggs
John Boldt
Betty Boops Team
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Kenneth Bray
Melissa Brennan
Felicia Brewster
Mr. & Mrs. Larry Brown
David Brown
Theresa Brown
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Shannon Bush
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Kathy Candelaria
Casa Mesita
Caring Hearts For You, Inc.
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Castillo Family
Carmen Castillo
María Chavez and Lisa Jakob
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Tori Chouinard
Karen Cipoletti
Jose A. Cisneros
Clafouts
Sandra Clark
Clayton Nursing and Rehab Walk (Melissa Deherrera)
Clear Channel Outdoor
Christy Mae’s
Richlyn Clements
Betty Cockrell
Beth Cohen
Alberta Cole
Mr. & Mrs. David H. Collins
Mr. Eugene Colton
Community Foundation of Simeon Cook
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Ann Critchlow
Susan Dalley
Dane Rae Photography (Danielle Montoya)
Mr. and Mrs. Edward Darvish
Jennifer Davies
Mr. and Mrs. William Decker
Mr. William Deissler
Dental Care in Your Home, Inc.
Dickey’s Barbecue Pit (Ernest)
Mary & Dave Dillon
Dinner for Two
Severiana Dixon
Ms. Margaret M. Doolittle
John Dowell
Dulce Dollars- Bakery and coffee
Douglas & Carol Earp
Ms. Marissa Earp
Eclipse
Mr. and Mrs. Bonita Eddings
Edward Jones/ Vernon Lawhorn
Ms. Lansky Elaine
Elan Santa Monica (Hannah)
Mr. and Mrs. Van Eldredge
Scott Eldredge
Elmcroft Senior Living (Sheila)
Kay Emery
Mr. and Mrs. Kristin Enger
Mr. and Mrs. Lena Ernst
Marva Erwin
Lorey Esquibel
Mr. and Mrs. Antonio Esquibel
Es-Telas LLC (Elaine Stack)
Donnis Estrada
Mr. Kenneth Everingham
Paul E. & Alice Fehlau
Fidelity Brokerage Services LLC
Patrick Floyd
Lindsey Fluhman
Flying Star #25
Flying Star Nob Hill
Michael Forman
Barbara Forrest
Ms. Mary J. & Mary Jane Fox
Mr. and Mrs. Terrance Frame
Mr. and Mrs. Mary Franco
Rhoda Franks
Fraternal Order of Eagles 4101
Larry Frescias
Dr. Reinhard H. Friedel
Emd抵sters (Tamara Fitzgerald)
J.T. Evans American Legion Post
Ellen Gallegos
Rita Gallegos
Virginia Gallegos
Dennis Galvan
Gap, Inc.
Ben & Charlotte Garcia
Leny Garcia
Gavin Garcia
Lisa Garcia
Martina Garcia
Garcia Street Boys
Mr. and Mrs. Margo Gathers
Genesis Striders from Northrise
S Gerwin
Mr. and Mrs. Loretta Giglio
Margaret Gill
Melvin Goering
Goldsberry
Mr. and Mrs. Ricardo Gonzales
Janelle Gonzales
Yvonne Gonzalez
Mr. and Mrs. Jim Goodlander
Faith Gorman
Teresa Gorman
generals donations continued...

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Ms. Eileen Green
Charles Gregory
Emma Grey
Anita M. Greig
Claretta Griego
Wendy Griego
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Mr. and Mrs. Dave Grusin
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Candace Guerro
Jody Gulsvig and Marissa Gomez
Elsa Gutierrez
Joan Hamilton
June Hamrich
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Sharon M. Harrison
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Haven Care (Maribeth Voke)
Jeanne and Tom Hawekotte
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David Hein
High Desert Hospice LLC
Jeff Hinzman
Pierre & Akio Hirano
Ms. Anita Hisenberg & Anita M. Griego
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Cheryl Holcomb
Home Modification Solutions (Shandi Gallagher)
Hospice de la Luz
Giahi Hossein
Mary Hubbard
Sharon Hubbard
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Jason Johnson
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Kid’s Corner
Kim Jew
John King
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L. D. Lalich
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Mr. and Mrs. Albert Lanting
Las Colinas Walk Team
Ms. Julie LeBlanc
Legends at Legacy
Ramona Lendeman
Mr. Michael R. Lester
Let your hair down Salon
Morgan Libby
Lids Locker Room
Raymond Lobato
Mr. and Mrs. Sheralee Longoria
Rhonda Loos
Andrea Lopez
Crystal Lopez
Daniel Lopez
B. Lopez
Mr. and Mrs. Loretta Lopez
Los Alamos National Security, LLC
Gilbert Lovato
Bruce Lovett
Loyal Order of Moose
Jacob Lozand
Mr. Ray Lucero
Mr. and Mrs. Ryan Lucero
Marian Lujan
Mary Lou Lujan
Joan Luke
Mr. and Mrs. Terri Machin
Mr. and Mrs. Mel Mackaron
Linda Maggart
Mr. and Mrs. Richard Maguire
Main St (Roy Untalan)
Ms. Kimberly Mancuso
Susie Marbury
Mario’s
Joyce Marley
James Martin Martinez
Dorothy Martinez
Rosina Martinez
Melissa Martinez
Therese Nava and Ray Martinez
Edward and Roberta Massart
Karen Matz
Ms. Ann M. Mayo
James Mcbee
Jacqueline McDaniel
Mr. and Mrs. Jacqueline McDaniel
Mary McLaren
Laure McNamara
Ms. Connie Medina
Melissa Melendrez
Sarah Menapace-Walker
April Mendoza
Mr. Timothy Mercer
Rashaun Merryman
Mesilla Valley Hospital Movers
Ann Michels
Mr. and Mrs. Kevin Michels
Mr. and Mrs. Gary Michels
Mr. and Mrs. Vicki Millender
Linda Miller
Mimmo’s Ristorante and Pizzeria
Miranda Family
Mission Arch Team
Anna Mondragon
Montebello on Academy (Sheri Miller)
Caroline Montoya
Melinda Montoya
Mr. and Mrs. Adolfo Montoya
Mrs. Susan J. Mooney
Foy Moore
Mr. and Mrs. Delbert Moore
Mr. Lonny Morgan
Ms. Marylin Morgan
Morningstar of Santa Fe
Rosalyn Myers
National Christian Foundation
Dawn Nelson
Kent Nelson
Mr. and Mrs. James Nelson
Richard Nelson
David Newton
Adele Nieto
Mr. and Mrs. Luanne North
North Ridge Alzheimer’s Special North Ridge
RockStarsTeam
Sylvia Nutting
Ana & Cesar Ojeda
Joseph Olague
Janet Olivas-Bingham
Nancy Oliver
Ms. Tracie Oliver
O’Neill’s
Agnes Opdyke
Adrian Ortega
Alex Ortega
Alfredo Ortega
Donna Ortega
Willa Ortega and Noe Pacheco
Patricia Otero
Thank You

October 1st, 2018 – December 31st, 2018*

P & D Petroleum Inc.
Pacific Pizzaria, Inc.
Pacifica Senior Living
Crusita Padilla
Rosemary Padilla
Painting with a Twist
Panera Bread Santa Fe
Lee Ann Parker and Eugena Castillo
Mary Parsons
Peacock Family
Marie Pena
Mary Kay Pera
Dave & Mona Perkins
Mr. and Mrs. Clifford Perrin
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