Through their selfless actions and sacrifice, our volunteers make a difference in every way.

Read more about these priceless people on page 8!
MISSION STATEMENT

To eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

VISION

A world without Alzheimer’s disease. ®

REGIONAL OFFICE STAFF

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Albuquerque, NM 87111
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Note our Mailing Address: PO Box 21400 Albuquerque, NM 87154
We’ll start with a spoiler. The Poker Run fundraiser in Elephant Butte was a huge, unprecedented success, raising over $25,000 for the Alzheimer’s Association. **Energetic volunteerism contributed to this success at every level.**

The idea for the Poker Run began when I was visiting the lake at Elephant Butte with some friends. The topic of fundraising for the Alzheimer’s Association came up. I had experienced past successes with selling green chile to raise money for our Walk team, which could bring in as much as $3,000 on any given year. But I wanted to up my game.

Being out on the lake provided us inspiration. The prior year, a group of us had participated in a desert ATV / off-road version of a Poker Run for another non-profit. We started thinking - what if we could bring this concept to the water? We could use boats instead of ATV’s, and adapt it all as a fundraiser for the Association? At that very moment, everyone at the table instantly became a volunteer.

Whether it’s on land or lake, the concept of a Poker Run is basically this: Participants visit five locations or stops along a route and pick up a playing card. By the end of the route, you have your poker hand. Best hand wins.

It seemed so fun and enjoyable that we knew we needed to try it – and if we could make at least $5,000, we thought, it would all be worth it.

This would not be easy to pull off. There would be a lot of detail and logistics on a scale we had never attempted before. There would be obstacles and challenges, and it would take not just the full efforts of our small circle of friends, but more. **It would require a small army of volunteers.**

People instantly started brainstorming about ways they could help; friends and connections that could be enlisted. We all started calling business contacts and acquaintances for sponsorship and food donations. Someone volunteered their BBQ trailers and people to cook for the event. Another group of people volunteered to post flyers around town. Everyone basically used their area of expertise and mobilized their circle of friends to give this our best shot.

**Once we really got rolling, we found even more wonderful people to contribute and volunteer in key areas.**

I was told the biggest challenge would be state park approval so I immediately got busy! I called, emailed, even showed up at the official’s office. Eventually my persistence paid off and we got the go-ahead.

The five locations on the water had to be mapped out and permission had to be granted from each of the marinas around the lake. Not only were they persuaded, they actually ended up sponsoring us!

Garrett Stockton, owner of New Mexico Wake, provided the venue at the lake and even threw in a boat giveaway to make it more enticing.

One of our Alzheimer’s Association Care & Support volunteers, a “Skills for Dementia Caregiving” instructor, got involved and basically organized our entire prize raffle.

Volunteers in the form of sponsors, friends, local farmers, boaters and business owners and even the Mayor of Elephant Butte, Eunice Kent, met us after hours and helped us pick up tables and chairs.

Going into the event, we had 50 online pre-registrations and were pretty happy with that turn-out. However, all that volunteer activity meant that word was getting out. We ended up with 115 walk-in registrations the night before and morning of!

On the day of, there were at least 20 volunteers registering, preparing food and drinks, selling raffle tickets, helping with set-up, clean-up and taking the poker hands when participants returned. We had a total of 384 poker hands and fed over 425 people!

Garrett’s entire family showed up and worked sun up until sun down right alongside everyone to manage the unexpectedly large crowd.

There were many times during the day when we felt we were definitely just winging it. However the feedback we got was that people couldn’t believe how organized everything was - and that they never would have guessed we didn’t plan for that many people.

So, I mentioned this event ended up making over $25,000, right? I attribute so much of that success to the volunteers we had who just jumped right in and helped out in any way they could. There is absolutely no way we could have achieved this without them!

**So thank you to volunteers – not just ours, but to volunteers everywhere who make success stories out of pipe dreams and the world a better place because of it.**
Many have written on the virtues of volunteerism, and with good reason. People who choose to give of themselves and sacrifice their time and effort for a cause they believe in are taking that extra step to make the world a better place. Compassion by itself is an admirable trait, but when paired with the resolve to get involved and create action, it is a truly wonderful thing.

This is how great things get done and how change is made. It only takes one person to create the spark that shifts and re-shapes society for the better.

We simply could not achieve the full scope of our work in the community without the help of dedicated volunteers who devote so much to our mission of helping families dealing with Alzheimer’s and furthering the search for a prevention, treatment or cure. Our volunteers are passionate, inspired, and making a difference in the fight to end Alzheimer’s disease.

I can never fully express how much we appreciate these people and admire them for their sacrifice. They strengthen our impact, extend our reach, make us better and more effective as an organization – and they do it all with a full heart to help others.

“Everybody can be great because anybody can serve. You don’t have to have a college degree to serve. You don’t have to make your subject and your verb agree to serve...You don’t have to know the second theory of thermodynamics in physics to serve. You only need a heart full of grace. A soul generated by love.” - Martin Luther King, Jr.

There is no shortage of ways for volunteers to help us make a difference in the fight to end Alzheimer’s disease. Here are just a few:

**CARE & SUPPORT:**
- Volunteer Support Group facilitators ensure that caregivers and families dealing with Alzheimer’s have a safe, regularly-scheduled place to interact and discuss their situations.
- Volunteer Instructors give community presentations and teach education classes across the state.

**EVENTS AND FUNDRAISING**
- Year round, our Volunteer Committee Members plan events from the kick-off to wrap-up, contributing in countless ways to the overall success of each event.
- Whether it’s the Walk to End Alzheimer’s, The Longest Day, The UnFOREgettable Golf Classic or our annual Gala, volunteers raise vital funds and awareness while bringing their personal passion in the fight against Alzheimer’s and dementia.

**ADVOCACY**
- Getting the word out to lawmakers is crucial. This is how funding for research can increase and the policy made can improve the lives for persons and families dealing with dementia. Our New Mexico Volunteer Ambassadors and Congressional Team Members regularly meet with Congressional Members on these important issues.

If you are passionate about putting an end to Alzheimer’s disease, I encourage you to bring your compassion, talent and drive to this important cause. We have Volunteer Orientations available twice a month that help determine what the best fit is for you.

Whether you can spare a few hours a week or can make a more significant time commitment, please consider becoming an Alzheimer’s Association volunteer - we sure could use your help!

Thank you.
annual partners  Reflects commitments received as of September 1st, 2018.

For more information, contact: Nika Lawrie, Development Director, at (505) 266-4473 or nlawrie@alz.org.

Listings in no particular order...
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For more information, contact: Nika Lawrie, Development Director, at (505) 266-4473 or nlawrie@alz.org.

annual partners Reflects commitments received as of September 1st, 2018.

GREAT ABQ WALK

Edward Jones
- Mayberry Senior Services, LLC
- Magic 99.5 KMGA-FM
- Santa Ana Star Casino Hotel
- Haverland Carter Lifestyle Group

Albuquerque Neuroscience
- Las Colinas Village - Senior Star
- Clear Channel Outdoor
- North Ridge Alzheimer's Special Care
- Senior One
- Hospice De La Luz
- Telemundo 2 KASA
- U.S. Eagle Federal Credit Union
- Haven Care
- Visiting Angels
- Peak Behavioral Health Services
- RBC Wealth Management Cates Team
- By Your Side HomeCare

Hospice de la Luz
- Retreat Gardens
- New Mexico Sports
- Wellness - Del Norte
- Albuquerque Neuroscience
- Rio Metro - Railrunner
- Mya.Kai Creative

SW REGIONAL WALK (LAS CRUCES)
- Crossroads In-Home Care
- Good Samaritan Society - Las Cruces Village
- Las Cruces Bulletin
- Peak Behavioral Health Services
- Mesilla Valley Hospital
- Solstice Senior Living
- Ambercare
- Sierra Health Care Center
- Casa Bella Memory Care
- Tender Care Home Health
- Home Instead Senior Care
- Mesilla Valley Hospice
- Physicians Vascular Services
- Mya.Kai Creative
- Pic Quick
- MountainView Regional Medical Center
- Magic Maid Possible, LLC
- Tru Dental
- Exit Realty

Schryver Medical
- Western Heritage Bank
- Southwest Family Dental
- Fraternal Order of Eagles #3187
- Citizens Bank of Las Cruces

SE REGIONAL WALK (ROSWELL)
- Community Homecare
- Wheatfields Senior Living
- Crede Energy Services LLC
- KOB-R TV
- Landmark at Desert Gardens
- Elite Home Health
- Edward Jones Investments
- State Employees Credit Union
- Pioneer Bank
- FOE #3187
- Otero Federal Credit Union
- Mya.Kai Creative

NE REGIONAL WALK (SANTA FE)
- MorningStar Senior Living of Santa Fe
- The Montecito
- US Bank
- Sierra Vista/Vista Hermosa
- Legacy at Santa Fe
- Kingston Residence of Santa Fe
- Century Bank
- Home Instead Senior Care
- Berardinelli Family Funeral Service
- Comfort Keepers
- Capitol Ford Lincoln
- State Employees Credit Union
- Coronado Paint & Decorating
- Clear Choice Cleaners
- Mya.Kai Creative
- Rio Metro – Railrunner
- Saggie’s Coffee House
- Walmart Facility - 3423
- Los Alamos Medical Center

NW REGIONAL WALK (FARMINGTON)
- San Juan Compression
- Citizens Bank
- KOB-F TV
- United HealthCare
- Mayberry Senior Services, LLC
- Hospice De La Luz
- Retreat at Home
- Ethicon
- Suave Radio KSWV 810AM 99.9FM
- AARP
- North Ridge Alzheimer's Special Care
- Senior One
- Visiting Angels
- Haverland Carter Lifestyle Group
- Stellar Senior Housing Experts
- Alliance Home Health Care & Hospice
- ABQ Eider Law
- Klarus Home Care
- Right at Home
- The Retreat
- Retreat Gardens
- Retreat Villas
- Rio Metro - Railrunner
- NMACC
- And all our exhibitors!
“Public policy” is the umbrella term for our work in government affairs and advocacy, at both the state and federal levels. It is through this work that we engage with leaders to increase awareness, secure necessary funding, and drive critical policy, all to help tackle this public health crisis of Alzheimer’s disease.

As the prevalence and burden of this disease rapidly increases, so must our efforts to create meaningful progress in our fight to end Alzheimer’s. In just the past few years, our advocacy has motivated Congress to increase funding significantly for Alzheimer’s research at the National Institutes of Health. The most recent Congressional appropriation was an increase of $425 million to continue seeking a treatment, cure or prevention – bringing the total to 2.3 billion dollars.

As the Public Policy Director, it is my duty to cultivate relationships with our members of Congress, members of our state legislature, and officials who work in public health. But at the core of our advocacy success is a network of concerned citizens that volunteer as advocates, many of whom have a personal connection to the disease. We’ve achieved a lot together, but there’s much more to be done. I encourage you to join our movement as a volunteer advocate. Please contact us at 1 (800) 272-3900 or by visiting alz.org/newmexico.

Best,
Tommy Hernandez, Public Policy Director, Alzheimer’s Association, NM Chapter

PS - if you are reading this before January 30th, 2019, I invite to join us on that date at the Roundhouse in Santa Fe from 9am-12noon for Alzheimer’s Advocacy Day; featuring guest speakers, legislators, and other distinguished guests along with people who have been affected by Alzheimer’s in some way. We hope you can join us. Email tjhernandez@alz.org.
By Shelbi Walker

Volunteers are what make all things possible at the Alzheimer’s Association, NM Chapter. Without the kindness, love and dedication that our volunteers bring on a daily basis, we would not be able to fully provide our services to the communities so affected by this disease. Across the state, volunteers help raise awareness, plan and work fundraising events, teach education classes and lead support groups.

Our volunteers may not be paid, but they are certainly priceless! Through their selfless actions and sacrifice, they make a difference in every way; and somehow manage to achieve it with good cheer and smiles on their faces.

They contribute in so many ways and for so many varied reasons. One commonality appears to be a shared desire that no woman, man or family should feel alone, isolated or frightened when faced with an overwhelming crisis like Alzheimer’s disease.

We asked a handful of our volunteers to share their stories with us so that you can get a sense of what motivates these amazing people...

JINELLE SCULLY (VOLUNTEER EDUCATOR, SUPPORT GROUP FACILITATOR)
As a nurse, I know that most caregiving does not take place in a clinic or a hospital. Caregiving mostly happens in our homes and communities provided for by our loved ones and families. This is why I love being a volunteer and teaching family members and friends how to be better caregivers. As caregivers, we must take care of ourselves, keeping our own health a priority in order to give good quality care to those we love.

LAURA HAMAN (SUPPORT GROUP FACILITATOR)
When I was caregiving for my Dad with Alzheimer’s, I was alone. I had an occasional Skype conversation with my sister, but that was it. I would have loved to have known about a support group at that time. Today, I am a volunteer support group facilitator in Tijeras and Moriarty because I know how much caregivers need that kind of help.

SHARON DEAL (WALK COMMITTEE CHAIR)
For nine years I watched as my husband, Larry, suffered the devastating effects of dementia and Parkinson’s disease. Lewy body dementia ravishes the mind and eventually the body. It affects caregivers and families in ways you can hardly explain! My heart breaks when I think of the millions of families that are going through - and will go through – the "Long Goodbye" like we did. I volunteer hoping and praying that what I do will make a difference for future generations. We have to find a cure. I want to inspire and encourage others to get involved and make a difference! If we who have been affected don’t.....who will?
SHELLEY CATES (GALA & GOLF COMMITTEE CHAIR)
I have been volunteering with the Alzheimer's Association for five years now, and I am honored to help them raise money towards finding a cure for this truly devastating disease. Having lost loved ones to this disease was enough for me to find a way to volunteer and give back to our community and other families affected by the disease in New Mexico. Getting involved is easy and once I started working with the passionate NM Chapter's employees I was hooked. I help out with the Gala, Walk to End Alzheimer's and most recently the annual Golf Tournament. I believe if everyone were to volunteer their time, or donate today to this cause, we could find a way to End Alzheimer's! I encourage everyone to reach out to our local NM Chapter today and let's fight this disease together.

CAROL BIRKS (DEVELOPMENT VOLUNTEER)
I volunteer for The Alzheimer's Association to raise awareness. Alzheimer's is the sixth leading cause of death. It's the only disease in the top ten causes of death for which we have no prevention, treatment, or cure! I volunteer to raise awareness of all of the programs, support groups and respite we provide for the overwhelmed caregivers of loved ones suffering from ANY type of dementia! I am hopeful through the hard work of the Alzheimer's Association, that we will see the first survivor in my lifetime.

SUSAN ENSOR (WALK VOLUNTEER)
The reason why I volunteer for the Alzheimer's Association is that my Mother has this terrible disease. I would like to see research continue towards eliminating Alzheimer's in the future.

LINDA SHEDD (OFFICE VOLUNTEER)
I volunteer for the Alzheimer's Association as a THANK YOU for the guidance, support and respite help the Association provided for me when I was caregiver for my mother, who had vascular dementia. I also volunteer in hope for a cure for Alzheimer's disease. My motivation is Kenny, my nephew with Down's syndrome, who may one day be in the 95% group of these people who will develop the disease and for the many others, who may develop Alzheimer's. Maybe my volunteering, in some small way, will contribute to an END of Alzheimer's disease for all of us.

VANGIE & LEONARD NEIL (WALK AND OUTREACH VOLUNTEERS)
Vangie: Losing my father-in-law Joe, and close friend Mary moved me to become a catalyst for change to raise awareness and monies to eradicate this life-taking and life-changing disease. I believe fear and the unknown play a big part in recruiting those afflicted with Alzheimer's to become more involved. My husband and I are committed to increase our reach and outreach to raise more awareness to help make a difference.

MARTY HUTSON (EVENT VOLUNTEER)
Watching my brother-in-law slowly slip away from us due to Alzheimer's disease has motivated me to volunteer to help people learn about the disease and the various options out there to help them. Like cancer, Alzheimer's disease has touched so many lives and a cure will hopefully be in the near future.

DON JOHNSON (MEDIA VOLUNTEER)
After I retired, I felt a tug to do something constructive with the talents and experience derived from my long business career. About the same time, I attended a high school reunion and discovered two of my classmates are suffering with late-stage Alzheimer's disease. Later, I attended a health fair, met a representative from the New Mexico Alzheimer's Chapter and, on impulse, took his card. Some time passed and I decided to follow up, stopped in the office and offered my services. Nearly three years later, my volunteer experience is one of the most satisfying experiences of my life. My efforts are appreciated, my presence is welcomed and I feel like a valued member of a remarkable team doing important work.

BARBARA MICHELs (COMMUNITY EDUCATOR, AUTHOR & BOARD MEMBER)
Since losing both Mom and Dad to Alzheimer's disease over a twenty-seven year period, my dream has been for a cure to be found. Until that time, persons with dementia, their caregivers and families face the many daunting challenges the disease presents on a daily basis. The Alzheimer's Association strives to make this difficult journey the very best it can be. I like being a part of that; sharing the wonderful resources and education available through the Association; helping caregivers and families realize they do not have to walk this journey alone; and sharing what I have learned over the past sixty years. Caregivers are my heroes. Someday we will all celebrate that cure!
Kен Hendricks (Walk Volunteer)
I volunteer for the Walk in hope of a future in which we won't have to worry about Alzheimer's awareness and research. A future where we'll have accomplished the goal and arrived at a cure for this terrible disease.

Ana Luisa Gonzales (Community Educator)
I learned how satisfying it is to participate in the community as a volunteer since I was a child. When I started working in “Cuidando con Respeto”, I realized the need we all have to learn about Alzheimer's and dementia, and I wish I had the opportunity to know all this when I took care of my grandmother and my husband. At the same time, I realized that in Las Cruces there was not a support group for Spanish-speaking families, and during the workshops it was always clear that these families needed more help and resources. That’s why I decided to learn about how to organize one, and I’m trying to make it more widely known in our area. Currently it is a small group, but I am confident that one day, it will grow to fulfill that necessity.

Brenda Dye (Walk Volunteer)
I volunteer because my husband is a victim of Alzheimer’s. I volunteer because I know how hard it is for a family to care for and watch the decline of their loved one. I volunteer to help raise the funding necessary to find the cause and a cure. And, I volunteer because I want to see the day this dreadful disease can be prevented.

Jessica Lager (Event Volunteer)
I feel called to serve! Volunteering for the Alzheimer's Association is near and dear to my heart. My grandmother Betty had Alzheimer’s and I completely understand that it takes a village to take care of a loved one. My dream is to one day live in a world where dementia no longer exists. I have hope that one day we will find a cure!

Patricia Sanchez (Advocacy Volunteer)
As a volunteer, I’m excited to be part of this team who are like-minded - as I am - to end Alzheimer’s. I assisted as a caregiver to my late Mamacita who battled dementia/Alzheimer’s for over fifteen years. I’ve seen and experienced first-hand how this disease takes over a person’s life, a caregiver’s life and the heartbreak a family experiences. These are my reasons for why I advocate. Throughout the years, our family participated in the ‘Walk to End Alzheimer’s’ with our Mother, attended the Caregiver Conferences, and participated in ‘The Longest Day’; we are so very grateful to have received the support from the NM Alzheimer’s Association throughout the years. I’ve attended Alzheimer’s Advocacy Day at the Legislature the last two years and I’m committed to do my part to support the cause and the vision to end this disease - and I look forward to one day seeing our first survivor.

John Ruybalid (Walk Volunteer)
My father, who received a PhD from the University of California Berkeley, spent the last three and a half years of his life in Casa Real’s Alzheimer’s Unit. The progression of the disease was hard to watch and even harder on my mother. He died in 2007 and he is the reason I volunteer for the Alzheimer’s Association, New Mexico Chapter.

Gayle Davis (Event Volunteer)
My husband Terrell has Alzheimer’s and has been in a nursing home for six years, slowly slipping away. I do what I can for him even though I know he will never get better. The one way I feel I can best help him and others with Alzheimer's / dementia is to give of my time and energy to help raise awareness for this devastating disease.

Now that you have an idea of how these remarkable individuals inspire us, maybe you've become inspired yourself. If you are interested in volunteering alongside these incredible people, our chapter offers Volunteer Orientations every month with sessions available both afternoons and evenings. Call us at (505) 266-4473 for more info.
EVENT HIGHLIGHTS

SW Regional Walk (Las Cruces, 9/15/2018)

This beautiful morning at Young Park was a magnificent start for our 2018 Walk Season! Emcee Jessica Nevarez (KTSM News Channel 9) and the spirited cheerleading squads from both Mayfield and Las Cruces High School got the crowd pumped and motivated to walk for a cure.

Photo by Alejandra Rodriguez, The Portrait Place.

NW Regional Walk (Farmington, 9/29/2018)

Berg Park and its spectacular views provided the perfect backdrop for emcees Vangie and Leonard Neil (Neil Agency Auctioneers, LLC) to spread the message of hope for a cure to the concerned citizens of Northwestern New Mexico.

Photo by Bacon Design & Photography.

SE Regional Walk (Roswell, 10/13/2018)

The Walk in Roswell is always rich with community support and good vibes - and this year was no exception. The generous hearts of this region were again on full display at Pioneer Plaza. Big thanks to emcee Darryl Burkfield (94.9 KBIM The Country Giant) for keeping the message alive.

Photo by Ashley Vernon Photography.

Greater Albuquerque Walk (10/20/2018)

The cool morning was perfect for a crowd that was heatin’ up for the largest walk in the state, emceed by reporter Brittany Hope (KOAT Action 7 News). Albuquerque and surrounding communities joined together at Hoffmantown Church, proudly sporting a purple hue that shined throughout the city.

Photo by Jim Myers.

NE Regional Walk (Santa Fe, 10/20/2018)

It’s always a rewarding experience in the state’s capitol with mariachis, tasty food and participants ready to make a difference. Each year at the NE Regional Walk, Santa Fe provides us all with smiling faces that are a great reminder of hope.

Photo by Brandon Barela.

Alzheimer’s Boot Camp for Family, Friends & Professionals (Las Cruces, 10/27/2018)

This caregiver education boot camp provided important training for local families and professionals. Participants learned to better understand Alzheimer’s disease, how it affects thinking, feelings and behaviors as well as the importance of self-care for the caregivers.

And a HUGE SHOUT-OUT to all who participated in our 2018 Community Walks in Ruidoso (9/22), Clayton (9/26), Truth or Consequences (10/6) and Hobbs (10/27)!
Skills for Dementia Caregiving classes

January – June 2019

SKILLS FOR DEMENTIA CAREGIVING

Skills for Dementia Caregiving is a multi-session, evidence-based educational program designed to help caregivers feel more confident and competent in their caregiving skills. It has also been shown to reduce caregiver stress by identifying risks and learning self-care strategies. These classes are offered to caregivers at no charge, and all curriculum materials are provided at no cost.

Cuidando Con Respeto
A two-day linguistic and cultural translation of Skills for Dementia Caregiving.

GREATER ALBUQUERQUE SKILLS FOR DEMENTIA CAREGIVING CLASSES

Tina De La Luz, Program Director
tdelaluz@alz.org, 1 (800) 272-3900
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111

January 15th - February 19th, 9:30am-11:30am (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

January 15th - February 19th, 9:30am-11:30am (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

January 17th - February 21st, 10:00am-12:00pm (Thursdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

March 12th - April 16th, 9:30am-11:30am (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

March 12th - April 16th, 9:30am-11:30am (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

March 14th - April 18th, 10:00am-12:00pm (Thursdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

May 7th - June 11th, 9:30am-11:30am (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

May 7th - June 11th, 9:30am-11:30am (Tuesdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

May 9th - June 13th, 10:00am-12:00pm (Thursdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

For information on additional presentations, trainings and classes in this region, please contact us using the information provided above. Thank you.

SOUTHWESTERN SKILLS FOR DEMENTIA CAREGIVING CLASSES

Alexis Ramirez, SW Regional Programs Manager
alramirez@alz.org, 1 (800) 272-3900
1155 S. Telshor, Ste. 202
Las Cruces, NM 88011

January 24 - February 28, 1pm-3pm (Thursdays)
Skills for Dementia Caregiving
Alzheimer’s Association, NM Chapter
1155 S. Telshor Blvd., Las Cruces, NM 88011

April 18 – May 23, 10am-12:00pm (Thursdays)
Skills for Dementia Caregiving
Location TBD

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

NORTHEASTERN SKILLS FOR DEMENTIA CAREGIVING CLASSES

Cheryl Fischer, NE Regional Manager
cafischer@alz.org, 1 (800) 272-3900
811 St. Michael’s Dr., Suite 106
Santa Fe, NM 87505

January 10 - February 14, 10am-12pm (Thursdays)
Skills for Dementia Caregiving
Morningstar Assisted Living and Memory Care of Santa Fe
2041 S. Pacheco Street, Santa Fe, NM 87505

February 28 – April 4, 1000pm-3:00pm (Thursdays)
Skills for Dementia Caregiving
The Montecito
500 Rodeo Road, Santa Fe, NM 87505

March 9 - April 13, 10:00am – 12:00pm (Saturdays)
Skills for Dementia Caregiving
1204 San Juan Blvd., Farmington, NM 87401

January 8 - February 12, 10:00am – 12:00pm (Tuesdays)
Skills for Dementia Caregiving
Cedar Ridge Inn Assisted Living
800 Saguaro Trail, Farmington, NM 87401

March 5 - April 9, 10:00am – 12:00pm (Tuesdays)
Skills for Dementia Caregiving
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

March 3 – April 7, 1:00pm-3:00pm (Thursdays)
Skills for Dementia Caregiving
Morningstar Assisted Living and Memory Care of Santa Fe
2041 S. Pacheco Street, Santa Fe, NM 87505

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

NORTHWESTERN SKILLS FOR DEMENTIA CAREGIVING CLASSES

Waldon Lynch, NW Regional Manager
wllynch@alz.org, 1 (800) 272-3900
3300 N. Butler Avenue, Suite 221
Farmington, NM 87401

January 8 - February 12, 10:00am – 12:00pm (Tuesdays)
Skills for Dementia Caregiving
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

March 5 - April 9, 10:00am – 12:00pm (Tuesdays)
Skills for Dementia Caregiving
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

March 3 – April 7, 1:00pm-3:00pm (Thursdays)
Skills for Dementia Caregiving
Morningstar Assisted Living and Memory Care of Santa Fe
2041 S. Pacheco Street, Santa Fe, NM 87505

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

SOUTHWESTERN SKILLS FOR DEMENTIA CAREGIVING CLASSES

Tina De La Luz, Program Director
tdelaluz@alz.org, 1 (800) 272-3900
Sunwest Centre Office Complex
500 N. Main, Suite 501
Roswell, NM 88201

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.
EDUCATIONAL CLASSES
GREATER ALBUQUERQUE EDUCATIONAL CLASSES

Tina De La Luz, Program Director
tdelaluz@alz.org, (1)800) 272-3900
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111

January 7th, 10:00-2:30pm
Introduction to Support Groups
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

January 9th, 10:00-2:30pm
Basis of Alzheimer’s Disease
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

January 10th, 1:30-2:30pm
Legal Issues for Caregivers: What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

February 4th, 10:00-2:30pm
Introduction to Support Groups
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

February 6th, 10:00-2:30pm
Communications and Behaviors
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

February 14th, 1:30-2:30pm
Legal Issues for Caregivers: What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

February 20th, 12:00-1:00pm
Alzheimer’s Impact Movement
Presented by Tommy Heinrandez, Public Policy Director
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

March 4th, 10:00-2:30pm
Introduction to Support Groups
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

March 6th, 10:00-2:30pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

March 14th, 1:30-2:30 pm
Legal Issues for Caregivers: What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

March 20th, 12:00-1:00pm
Medicare Made Easy
Presented by Valentina Salmeron & Jacylyn Gonzalez, Liberty Insurance Group, LLC
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

April 1st, 10:00-2:30pm
Introduction to Support Groups
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

April 3rd, 10:00-2:30pm
Communications and Behaviors
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

April 9th, 1:30-2:30pm
Legal Issues for Caregivers: What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

April 17th, 12:00-1:00pm
Safety in the Home
Presented by Tina De La Luz, Program Director
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

May 6th, 10:00-2:30pm
Introduction to Support Groups
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

May 8th, 10:00-2:30pm
Basics of Alzheimer’s Disease
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

May 9th, 1:30-2:30pm
Legal Issues for Caregivers: What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

May 22nd, 12:00-1:00pm
Silver Alert for People Living with Alzheimer’s Disease & Related Dementias
Presented by Cecilia Salazar, Department of Senior Affairs
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

June 9th, 10:00-2:30pm
Introduction to Support Groups
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

June 12th, 10:00-2:30pm
Communications and Behaviors
Presented by Barbara Michels
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

June 19th, 10:00-2:30pm
Legal Issues for Caregivers: What You Should Know
Presented by Don Pinnock, JD
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

June 26th, 12:00-1:00pm
Veteran’s Benefits for People Living with Alzheimer’s Disease & Related Dementias
Presented by TBA
Alzheimer’s Association, NM Chapter
9500 Montgomery Blvd. NE, Ste. 121, Albuquerque, NM 87111

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

EDUCATIONAL CLASSES
NORTHEASTER EDUCATIONAL CLASSES

Cheryl Fischer, NE Regional Manager
cafischer@alz.org, (1)800) 272-3900
811 St. Michael’s Dr., Suite 106
Santa Fe, NM 87505

January 9, 11:00am – 12:00pm
Basics of Alzheimer’s Disease
Mora Senior Center
13 Courthouse Drive, Mora, NM 87732

February 13, 11:30am-12:30pm
Know the 10 Warning Signs
Espanola Senior Center
320 Hunter Street, Espanola, NM 87532

March 13, 11:30am-12:30pm
Basics of Alzheimer’s Disease
Taos Senior Center
601 Lovato Place, Taos, NM 87571

April 10, 11:00am-12:00pm
Know the 10 Warning Signs
Berardelli Family Funeral Service
1399 Luisa Street, Santa Fe, NM 87505

May 8, 11:00am-12:00pm
Basics of Alzheimer’s Disease
Berardelli Family Funeral Service
1399 Luisa Street, Santa Fe, NM 87505

June 12, 11:00am-12:00pm
Know the 10 Warning Signs
Eagle Nest Senior Center
74 N. Tumbay Drive, Eagle Nest, NM 87718

For information on presentations, training and classes in this region, please contact us using the information provided above. Thank you.

CALENDAR KEY
Skills for Dementia Caregiving
Multi-session course which helps caregivers develop practical skills in caring for their loved one and themselves.

Cuidando Con Respeto
Two-day linguistic and cultural translation of Skills for Dementia Caregiving.

Know the 10 Warning Signs
Basics of Alzheimer’s disease
Overview, warning signs, risk factors and scope of the disease.

Living with Alzheimer’s: For Caregivers
Describes different stages of Alzheimer’s, and assists in preparedness.

Insurance Group, LLC
www.alz.org/
educational classes continued...

NORTHWESTERN EDUCATIONAL CLASSES

Waldon Lynch, NW Regional Manager
wlynch@alz.org, 1(800) 272-3900
3300 N. Butler Avenue, Suite 221
Farmington, NM 87401

Jan 10, 10:00am – 12:00pm
Basics of Alzheimer’s Disease
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

Jan 24, 11:45am – 1:45pm
Basics of Alzheimer’s Disease
College Clinic, Rehoboth McKinley Christian Health Services
Galup, NM

Feb 7, 10:00am – 12:00pm
Know the 10 Warning Signs
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

Feb 21, 10:00am – 12:00pm
Basics of Alzheimer’s Disease
Aztec Cultural Center
101 South Park Ave., Aztec, NM 87410

Mar 14, 9:30am – 11:30am
Know the 10 Warning Signs
Bloomfield Cultural Center
124 West Ash Ave, Bloomfield, NM 87413

Mar 28, 10:00am – 12:00pm
Basics of Alzheimer’s Disease
Crownpoint Chapter House
Crownpoint, NM 87313

April 11, 10:00am – 12:00pm
Know the 10 Warning Signs
San Juan Center for Independence
1204 San Juan Blvd., Farmington, NM 87401

April 25, 10:00am – 12:00pm
Basics of Alzheimer’s Disease
Aztec Cultural Center
101 South Park Ave., Aztec, NM 87410

May 7, 10:00am – 12:00pm
Basics of Alzheimer’s Disease
Cibola Senior Center (Grants)
955 Jurassic Ct Grants, NM 87020

May 23, 9:30am – 11:30am
Basics of Alzheimer’s Disease
Bloomfield Cultural Center
124 West Ash Ave, Bloomfield, NM 87413

June 6, 9:30am – 11:30am
Know the 10 Warning Signs
Bloomfield Cultural Center
124 West Ash Ave, Bloomfield, NM 87413

June 20, 10:00am – 12:00pm
Know the 10 Warning Signs
Aztec Cultural Center
101 South Park Ave., Aztec, NM 87410

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

SOUTHWESTERN EDUCATIONAL CLASSES

Alexis Ramirez, SW Regional Programs Manager
alarimorez@alz.org, 1(800) 272-3900
1155 S. Telshor Ste. 202
Las Cruces, NM 88011

January 8, 2:00pm–3:00pm
Know the 10 Warning Signs
Lamigordaro Senior Center
2201 Puerto Rice Ave, Alamogordo, NM 88310

January 29, 2:00pm–3:00pm
Basics of Alzheimer’s Disease
Peace Lutheran Church
1701 Missouri Ave, Las Cruces, NM 88001

February 12, 2:00pm–3:00pm
Communications and Behaviors
NM State Veterans Home
992 S Broadway St, Truth or Consequences, NM 87901

February 26, 2:00pm–3:00pm
Know the 10 Warning Signs
Peace Lutheran Church
1701 Missouri Ave, Las Cruces, NM 88001

March 12, 2:00pm–3:00pm
Basics of Alzheimer’s Disease
Alternative Personal Care
1215 Anthony Dr # A, Anthony, NM 88021

March 26, 2:00pm–3:00pm
Communications and Behaviors
Peace Lutheran Church
1701 Missouri Ave, Las Cruces, NM 88001

April 9, 2:00pm–3:00pm
Know the 10 Warning Signs
Era Mitchell Senior Center
532 DeMoss St., Lordsburg, NM 88045

April 30, 2:00pm–3:00pm
Basics of Alzheimer’s Disease
Peace Lutheran Church
1701 Missouri Ave, Las Cruces, NM 88001

May 14, 2:00pm–3:00pm
Communications and Behaviors
Silver City Senior Citizen Center
205 W Victoria St, Silver City, NM 88061

May 28, 2:00pm–3:00pm
Know the 10 Warning Signs
Peace Lutheran Church
1701 Missouri Ave, Las Cruces, NM 88001

June 11, 2:00pm–3:00pm
Basics of Alzheimer’s Disease
NM State Veterans Home
992 S Broadway St, Truth or Consequences, NM 87901

June 25, 2:00pm–3:00pm
Communications and Behaviors
Peace Lutheran Church
1701 Missouri Ave, Las Cruces, NM 88001

For information on additional presentations, training and classes in this region, please contact us using the information provided above. Thank you.

SOUTHEASTERN EDUCATIONAL CLASSES

Tina De La Luz, Program Director
tdelaluz@alz.org, 1(800) 272-3900
Sunwest Centre Office Complex
500 N. Main, Suite 501
Roswell, NM 88201

For information on presentations, training and classes in this region, please contact us using the information provided above. Thank you.

CALENDAR KEY

Skills for Dementia Caregiving
Multi-session course which helps caregivers develop practical skills in caring for their loved one and themselves.

Cuidando Con Respeto
Two-day linguistic and cultural translation of Skills for Dementia Caregiving.

Basics of Alzheimer’s disease
Overview, warning signs, risk factors and scope of the disease.

Know the 10 Warning Signs
Identifying early warning signs of Alzheimer’s & dementia.

Living with Alzheimer’s: For Caregivers
Describes different stages of Alzheimer’s, and assists in preparedness.

Conversations About Dementia
Various presentations on Alzheimer’s disease and related topics.

Programs provided by the Alzheimer’s Association New Mexico Chapter.
From now through June 21st, people across the world are participating in the Alzheimer’s Association’s year-round event, The Longest Day. It’s never too soon to do something you love for someone you love. Join the fight to end Alzheimer’s today! Start your own customized fundraiser to honor a loved one and raise funds for much-needed research. Call 1 (800) 272-3900 or online at alz.org/tld.

save the dates

**ALZHEIMER’S ADVOCACY DAY AT THE LEGISLATURE**
Wednesday, January 30th, 2019, The State Capitol Building aka “The Roundhouse”, Santa Fe. This important day of advocacy is a time for addressing public policy issues that affect families dealing with Alzheimer’s disease. Event time: 9am-12pm. Citizens around the state are invited to attend the press conference at 10am. Contact (505) 266-4473.

**9TH ANNUAL ALZHEIMER’S ASSOCIATION GALA**
Saturday, June 8th, 2019. The Albuquerque Convention Center. An elegant evening of fine dining and entertainment to raise funds for Alzheimer’s disease. Event Time: 5pm-11:30pm. Call 1 (800) 272-3900

**THE LONGEST DAY**
Friday, June 21st, 2019. This do-it-yourself fundraiser encourages you to do something you love for someone you love. Communities around New Mexico and the Nation gather on this day, to raise funds and awareness for Alzheimer’s disease. For more information on The Longest Day, call 1 (800) 272-3900.

**THE UNFOREGETTABLE GOLF CLASSIC**
Monday, May 13th, 2019, Tanoan Country Club. Our annual charity golf tournament is always lots of fun and a great way to raise funds and support the Alzheimer’s Association. Start planning your foursome now! Call 1 (800) 272-3900.
IN MEMORY OF...

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Mr. and Mrs. Maura Youle
Reverend Dulaney Barrett
Barbara Freeman
Mr. and Mrs. Carl Hervey
Chris Hervey
Philip Hervey
Dorothea Houck
Alice Kell
Shirley SanFilippo
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Dale Elliott
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Helen Torres
Teresa Torres
Cliff Trolinger
Josala Fetherof
Virginia Whitehead
(Aunt Virginia)
Jill Witt
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Sherry Melendez
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Mr. and Mrs. Jesus Rodriguez
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Jerald Valentine
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Vickie’s Snack Shop
Barbara Michels
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Maria Villa
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Adcock, Albert
Admiral Beverage Corporation
Albert I Pierce Foundation (Debra Thrail-Pierce)
Albuquerque Community Foundation (Nancy Johnson)
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Alderete, Ray and Nancy
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Ascension Financial Group Inc
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Berg, Owen
Berger, Beth
Berry, D C and Libby
Berty, Phillip and Harriet
Bickel, Carol and Doug
Bierwirth, Elizabeth
Billy, Marianne and Myumeh
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Biemel, Kenneth
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Blue Horizon Properties Blummanhurst, Mary
BMW Roofing Inc
Bojen, Stephanie
Boles, Kathleen
Boone Transportation, Inc.
Boyd, Jim
Boyer, Charles and Montoya, Margaret
BPOE DOES #91
Bradley, Roxana and Javan
Brand, Matt
Brannan, Suzanne
Bravine, Daniel and Pauline
Breech, Adele
Breen, Ann
Bristol, Tiffany
Brosmen, Bill
Brown, Cynthia
Bgriculton, Anna
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Cake Fetish
Caledon, Margaret
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Casas, Douglas
Cates, Brad
Chavez Ortiz, Lucy and Ortiz, Jose
Chavez, Aimee
Chavez, Javier
Chick-fil-A
Christensen, Carole and Jay
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Cole, Alberta
Collins, Marie
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Davis, Joan
Davis, Linda
Davis, Lora and Kelly
Davis, Lorin and Martinez-Davis, Perla
Deal, Sharon
Demedici, Michele
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Domínguez, Max
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Ekmar Abstract & Title Co
Elder Services of the Merrimack Valley, Inc.
Elite Home Health
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Emily McCarthy
Enger, Kristin and Norman
England, Jan and David
Ensor, Susan and Roger
Ernest, Martha
Ernst, Lena and Robert
Escojeda, Bryanne
Escojeda, Laura
Escojeda, Natalie
Escojeda, Serenity
Estreda, Aida and David
Evans, Angela
Eyberg, Carla
F.O.E. NO. 3187 Charity Account
Fanner, Kenneth
Farris, Denise
Fernandez, Marti and Raul
Ferrara, Virginia
Fetherolf, Josalda and Edward
Fidelity Charitable Gift Fund
Finch, Paul and Judith
Firebird Structures LLC
Fong, Flora
Footprints Home Care
Ford, Bruce
Forster, Arnold
Foster, Patricia and Frank
Franciscan RV Inc
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Galvez, Mary
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King, John and Kelly
Kirby Family Living Trust
Kircher, Helen
Kirikos Family Funeral Home
KJ Franchise Inc.
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Knights of Columbus, San Juan Council No. 3448
Knippel, Rebecca
Korn, Nathan and Peacock, Deborah
Koski, Diana
Kosel, Constance
Kroger
Kugelman, Peg
Kilikowsko, John
Kurucz, Mary Ellen
La Rux Hair Salon
La Vida Llena
LaFont, Susan and Gerald
Lago Rico, Inc.
Land Titles of Ruidoso, LLC
Landmark Senior Living Communities
Lasitter, Jeffrey and Tyson
Latner, Linda
Lea, William
Leblanc, Sheryl
Lenderman, Ramona
Lewis, Claude
Lewis-Bailey, Sherry Jo and Bailey, Thomas
Liao Dentistry PC
Lien, Kim and Lien, Eric
Life Care Center of Farmington
Life Options & Advocacy, LLC
Linebrink-Allison, Wendy and Allison, Jason
Lofthus, Charles and Sheryl
Lopez Wooten, Mercedes and Wooten, William
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Lowery, Eugene and Caroline
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Lynch, Trent
Lynn’s Landscape
Lyons, Jean
Macken, Luisa
Macken, Rosemary
Magnus Opus Welding LLC
Marbury, Susie
Martinez, Carlos and Aragon, Carla
Mathers, Jeff
Mayberry Senior Services
MBPT LLC
McAfee, Nadine and Alaine
McCarty, Emily
McCormick, Susan and Timothy
McKenna, Tim and Pat
Mcrod Company LLC, DBA Crossroads
In-Home Care
Melendez, Sherry
Mercedes Benz of Albuquerque
Mercure, Joann
Mesilla Valley Hospice Foundation, Inc.
Mesilla Valley Hospital
Michels, Gary and Barbara
Midway Boat and RV Storage LLC
Miles, George
Mitchell-Medina, Jennifer and Medina, Nick
Miyake, V.T.
Mohamed, Hanif
Mondlick, Ruth
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North, Luanne and Wendal
Off, Phyllis

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