

Come Walk With Us!

The Alzheimer's Association NM Chapter's largest annual fundraiser helps provide vital services to New Mexicans with Alzheimer's disease and related dementias, their families and caregivers.

Statewide Memory Walks schedule

Saturday 9/10 - Las Vegas

El Fidel Hotel

Call Linda Durant for more information (505) 426-9840 or email lindadurant@hotmail.com

Saturday 9/10 - Las Cruces

Field of Dreams

Call Cathy Murphy for more information (505) 647-3868 or email lcalz@zianet.com

Saturday 9/24 - Tri-Cities (*Santa Fe, Los Alamos and Espanola*)

Walk and Pancake Breakfast in **Los Alamos** at the Betty Ehart Senior Center, Call Pauline Schneider at (505) 662-8922 or Mary Yamada for more information (505) 663-3306 or email myamada@aspenridgelodge.com

Saturday 9/24 - Roswell

Call Cathy Murphy for more information (505) 624-1552 or email cmurphy@dfn.com

Saturday 10/1 - Farmington/Aztec

Call Beth Jones for more information (505) 326-3680 or email falz@sisna.com

Saturday 10/15 - Socorro

Good Samaritan Village

Call Annelie Gallea for information 505-266-4473 or email annelie.gallea@alz.org

Watch for more information.



Other *Fun* Fundraisers in Albuquerque
this fall to benefit the Alzheimer's Association NM Chapter

Sunday 9/11 - Volleyball Tournament

Stone Face Tavern Sand Courts

8201 San Pedro NE 9:30 am – approx 3:30 pm

Friday 9/30 – 1st Annual Albuquerque Hall of Fame Celebrity Golf Classic

Sandia Golf Club

Featuring Harmon Killebrew & Don Maynard and other Sports Hall of Fame Celebrities

Saturday 11/12 – 5th Annual East Heights Moose Lodge Dinner/Dance



See pages 3, 9 & 10 for more details

Contact Annelie Gallea for more information on any of the above events
505-266-4473 or email annelie.gallea@alz.org

ALZHEIMER'S ASSOCIATION
New Mexico Chapter

MAIN OFFICE

9500 Montgomery NE Suite 209
Albuquerque, NM 87111
(505) 266-4473
fax (505) 266-0108

Executive Director
Maralie M. Waterman

Patient & Family Services Director
Paula Simons

Education Director
Stella Shaba

Development Director
Annelie Gallea

Administrative Assistant
Heather Wooddell

Communications & Legislative
Advocacy Director
Ronald Lucchino, PhD

Finance Director
Pat Alexander



BRANCH OFFICES

Farmington
Branch Office Coordinator
Beth Jones
3300 N. Butler, Suite 2211
Farmington, NM 87401
(505) 326-3680

Las Cruces
Branch Office Coordinator
Cathy Murphy
1100 S. Main St., #10
Las Cruces, NM 88001
(505) 647-3868

Las Vegas
Branch Office Coordinator
Linda Durant
508 E. Douglas
Las Vegas, NM 87701
(505) 426-9840

Roswell
Branch Office Coordinator
Open
404 ½ N Kentucky
Roswell, NM 88201
(505) 624-1552

Toll Free Helpline
Northern NM 800-777-8155
Southern NM 888-588-0005

Resources: www.nm-alzheimers.org

President's Message

Quentin C. Florence, PharmD

Hi Everyone,

There is going to be a lot going on with the NM Chapter of the Alzheimer's Association the rest of this summer and this fall.

Of immediate interest to many of us is the new Medicare Drug Benefit Program, which begins on January 1, 2006. It is important for everyone eligible to sign up for one of the providers this fall. There will be a number of providers, and they will offer different medication coverage's, different formularies, and different co-payments for various tiers of drugs. Don't just sign up for a plan without examining which medications are covered, and what the co-pay will be. This is of special interest for the different drugs needed to treat Alzheimer's disease and other dementias, for not all will be included. Check with the plan and get help from the association if there are questions.

Alzheimer's Memory Walks are scheduled throughout the state this fall. We really need participation. These walks are one of our major sources of fund raising, so please join in. There is a list of the "Walks and dates on the cover of this newsletter.

We have had some changes with the Board of Directors, the terms of membership have expired for Chastelle Himes of Taos, Kellee Gaddis, and Diane Ward of Albuquerque and Anna Daubon of Albuquerque has moved from the state and had to resign. We really appreciate the dedication, involvement and assistance of the Board members. They have been a great asset for the association and will be difficult to replace.

Once again, please check the date for your local Memory Walk and plan to participate. Better yet, get someone else to join you! Members of the Board of Directors and I will attend as many as possible.

See you there!!

Tim

Mid-Life Women's Support Group

Maintain Your Brain Workshop

Presented by Stella Shaba
Education Director, Alzheimer's Association

September 15th 2005 at 1:00pm hosted by Presbyterian Senior Services
The Presbyterian Healthplex
Contact Linda McAllister @ (505) 823-8358

September 19, 2005 at 5:30pm hosted by the Mid-Life Women's Support Group
The Presbyterian Healthplex
Contact Leona Rubin (505) 821-8414

*"It is one of the most beautiful compensations of life
that no man can sincerely try to help another
without helping himself."*

Ralph Waldo Emerson

Executive Director's Report

Maralie M. Waterman

Thank you to the volunteers, sponsors and participants who made our May 21, 2005 Albuquerque Memory Walk at Milne Field such a success! The Association raised over \$70,000 in cash and another \$36,600 in in-kind contributions of services and materials for a total of over \$106,600 to support local direct services and educational programs.

On behalf of our board, staff, volunteers and clients, a sincere thank you to Cheryl Marlow of Prudential Southwest Realty for her commitment and support as our 2005 Corporate Chair.

But... Memory Walk season is far from over, there are events scheduled over the next two months in communities all around New Mexico. Wherever you live, the opportunity to come out and walk with us in support of the 34,000 New Mexican families battling Alzheimer's disease isn't far away.

On Friday, September 30, the Association in conjunction with VistaCare Hospice Foundation will present the First Annual Albuquerque Hall of Fame Celebrity Golf Tournament at Sandia Golf Club. There will be a player's dinner and silent auction at the Marriott Pyramid to follow. Harmon Killebrew and other Hall of Fame celebrities are scheduled to play. Please contact the main office at 266-4473 for more information on sponsorship opportunities or to register a team.

A new event for the Association, a Volleyball Tournament is set for September 11 at the Stoneface Sand Court in Albuquerque. Thank you to La Cueva High volleyball and basketball coach Hubert Montoya for organizing this event, scheduled to run from 9:30 AM until 3:30 PM. To register a team, please contact the main office at 266-4473.

Be on the look out for an invitation to the Fifth Annual East Heights Moose Lodge Dinner to be held during November – Alzheimer's Disease Awareness Month. It is an evening of great food, camaraderie and dancing (optional!).

Our Annual Meeting and Open House will be on November 16 from 4 PM– 7 PM. Please join us to celebrate the accomplishments of the past year. Refreshments will be served and R.S.V.P. is requested by November 13.

There are some new faces on the Chapter governing board. Joining the board in recent months are Greg Gillogy, Dorothy Koch, Mary Lacy and Mary Lucero. Read more about our new board members later in the newsletter.

Many thanks and good wishes to Dolores Hendricks who served as our Las Cruces Branch Office Coordinator for the past seven years. Her hard work and dedication developed the office and it's resources to a high level, building the Association's reputation and public perception among caregivers, professionals and within the communities of southwestern New Mexico.

Congratulations are in order for Cathy Murphy, currently our Branch Office Coordinator in Roswell/Southeastern New Mexico who will be filling the Las Cruces position effective August 15th.

As always, thank you to you all for your continued support of our efforts to support and assist family and professional caregivers and build awareness within the community at large.

Thank you

For contributing
to this issue of the newsletter.

Linda Durant
Patrick Florence
Quentin C. Florence, PharmD
Annelie Gallea
Elizabeth Jones
Mike Lord
Cathy Murphy
Stella Shaba
Paula Simons
Diane Ward
Maralie M. Waterman

Specialized Personal
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Treating the Person
Rather than
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FAX 505.881.3450 EMAIL: woodmarketing@spinn.net
EXCEPTIONAL ASSISTED LIVING & ALZHEIMER'S CARE

More Walk Info

On Saturday, 9/10 take the beautiful drive to **Las Vegas** and participate in their Walk. Meet everyone at the El Fidel Hotel and enjoy the historical district of Old Las Vegas. Food is usually a big part of their festivities – I hear they have a real good time, so let me know. Call Linda for details, directions and time @ 426-9840.

The Tri-Cities Walk is scheduled for 9/24, Saturday. Santa Fe, Los Alamos & Espanola have joined forces and have a Walk and Pancake Breakfast planned. The festivities are in **Los Alamos** at the Betty Ehart Senior Center. Good food and then you can walk it off – isn't that great? Beautiful fall colors to enjoy on your drive too. Contact Pauline @ 662-8922 or Mary @ 663-3306 for the necessary details.

Socorro is our last Walk this year. Join us on Saturday, 10/15 at the Good Samaritan Village for a great time plus Walk. Then after the Walk is over, you can go to the Bosque del Apache & watch the wildlife. Something everyone enjoys! The valley is full of beautiful fall colors & the Good Sam folks are great. What a better way to spend a Saturday. For more information on this event call Annelie @ 266-4473.

Memory Walk

Annelie Gallea – Development Director

On behalf of the 34,000 New Mexicans grappling with Alzheimer's disease or dementia, and over 100,000 caregivers, I thank all of you for your support of our main fundraising effort -- the Memory Walk. We couldn't have done it without all of your hard work and dedication to the Alzheimer's Association cause. So many volunteers give of yourselves on a daily basis that I cannot name all of you, but know that you are very much appreciated. We are fortunate to have so many individuals and organizations in our communities statewide who give so generously of their time and dollars to make the Walks so successful.

The 12th Annual Albuquerque Memory Walk, held May 21 at Milne Stadium, was one such example. With your help, we raised over \$74,000 cash and \$36,600 in-kind for a total of over \$107,000. Our increase over last years' Walk is more than \$28,000. Over \$2200 of this years' proceeds were raised online through Kintera. (2004: approximately \$400). Many thanks to Maralie for doing such a wonderful job recruiting people online!! The absolutely wonderful raffle by Diane Ward brought in \$1869. Thank you Diane! Corporate Chair Cheryl Marlow obtained donations of fabulous items for our first silent auction and we raised over \$500 for our first effort. And a hearty thank you to all who bought items at the General Store: proceeds were \$238.

We have some phenomenal Walk Coordinators throughout the state, including Pauline Schneider of the Betty Ehart Senior Center and Mary Yamada of Aspen Ridge Lodge, both located in Los Alamos; Velma Arellano and Ruth Dennis of Sierra Vista in Santa Fe; Elizabeth Harris of Espanola; Mickey Baker of Hobbs Healthcare Center; Mary Lacy, Mary and Dan Lucero of Las Cruces; Betty Kuehne of the Good Samaritan Village in Socorro; and Rich Cartney of the Betty Dare GSV in Alamogordo.

We have been fortunate to have superb Walk Corporate Chairs: Cheryl Marlow in Albuquerque, Roger Waterman in Los Alamos, and Alex Pankey in Roswell. Our corporate Chairs and Sponsors exemplify the best in corporate America today – organizations consisting of generous, caring people whose actions have positive results in their community. We appreciate their wholehearted participation as ambassadors and sponsors of our mission.

The Memory Walk Committees are such a pleasure to work with and of tremendous assistance in the planning and execution of the many details of planning the Walks. Many thanks also to our wonderful Board of Directors and Advisory Committee members who are very involved, year-round, in a multitude of ways.

I'd also like to thank our Branch Officers who do such a wonderful job in all their ventures – they really put forth a great effort on a daily basis. Much appreciation also goes to our esteemed Executive Director, Maralie Waterman, and the staff of the Albuquerque office for your teamwork and untiring dedication.

You all made a difference! Thank you! You are vital to our work to assist, educate, train and stand by those who require our services. We truly value your assistance, input, creativity and plain old hard work!!!

Cheryl Marlow, with Marlow & Associates and Prudential Southwest Realty, is the Corporate Chair for the 2005 Albuquerque Memory Walk. Let her make your real estate dreams come true.



Prudential

Southwest Realty

797-5555

#1 Prudential Agent in New Mexico

Her dream is that a cure will be found for Alzheimer's. Her way of helping this dream come

true is to donate 20% of her commission on any real estate transaction that results to the New Mexico Chapter of the Alzheimer's Association. Just mention this ad.

EXECUTIVE BOARD

2005 - 2006

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HONORARY BOARD MEMBERS

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Don't burn out!
Attend a Support Group Meeting!
Start one in your community.
Call us for details.
266-4473

Branch Office News

Southeastern Branch

Cathy Murphy – Branch Coordinator

Roswell

Well, we certainly have accomplished many firsts this year and the “Kickoff” for the Roswell Memory Walk, was one of the finest to date. Thanks to Alex Pankey, our Corporate Chair, and all the fine sponsors who have done so much to make these possibilities – *become dreams come true*.

A Huge Thank You to Our Sponsors!!!

Platinum

Lawyers Title, Roswell Sertoma, Wal-Mart Foundation

Diamond

Eastern New Mexico Medical Center

Gold

Elk Oil Co., First National Bank of Artesia,
Otero Federal Credit Union

Silver

Bank of the Southwest, Caldwell Bankers/Taylor & Taylor,
Desert Eagle Distributing, Desert Sun Autos,
Equitable Realtors, Pioneer Bank,
Prudential Grieves Group, VistaCare Hospice,
Wells Fargo Bank, Wells Fargo Foundation, Xcel Energy

Table Sponsors for the Kickoff

Casa Maria Care Center, CMA, Comfort Keepers,
LaVilla Retirement, Mission Arch Care Center,
Peachtree Village, Roswell Home Care & Hospice,
Sunset Villa Care Center, Villa del Rey Retirement,
VistaCare Hospice

The first-time city-wide Alzheimer’s Walk event will be on Saturday, September 24th and will be located at the Cielo Grande Sports Complex. We will also feature a Poker Run for our cycling fans. Dave Buckingham is the contact person for the Poker Run.

With over half our goal of \$10,000 reached by the “Kickoff” we are confident that this will be an outstanding Memory Walk. A special thanks for all the time and hard work in making this such a success - Corporate Chair Alex Pankey, Media/PR Cindy Lewis, Team Builders Jerry Romero and Logistics Chair Diana Arnold.

In **Hobbs**, Micky Baker is heading our Memory Walk/Poker Run on Saturday, August 20th at the Hobbs Health Care Center and it is always such a SUPER event. Please join us!

In **Portales**, we have a brand new Support Group thanks to facilitators Chris Paxton & Shirley Connor. This meeting is held the 2nd Tuesday of each month, at 4:30 at the Roosevelt General Hospital near the cafeteria. We appreciate the efforts these two have made in getting this much needed group up and running. If you need a local contact, please call Chris at 276-

8579. They are planning programs for the year and ask for input from those needing services or assistance.

In addition to our AA Respite Program (\$300/yr), the Eastern NM Area Agency on Aging Office in Clovis is offering an additional Respite Voucher. Contact Debbie Bowman, Program Coordinator for more information 1-877-762-6228 or 769-1613. We certainly do appreciate the agency’s consideration of our caregiver’s needs and to offer specific funding is exceptional.

Artesia Senior Center will be hosting our new “Maintain Your Brain” training on August 10th. We certainly appreciate Dora Fierro and her staff for making room for us every 2nd Wednesday, when our support group meets in their facility.

East Goes West: It is truly with a heavy heart that I say good bye to you fantastic folks in Southeastern NM. We are moving to Las Cruces where I will become the Southwest Branch Coordinator. Dolores Hendricks has been the coordinator for 7 years and she is “retiring” to become Nanny to her first born grandchild.

It has been such a pleasure and a joy serving as your Roswell Branch Coordinator, I will miss you more than I can say. The only reason we would leave Roswell is to be nearer our son Ty, his wife Lacey and our 3 granddaughters who live in Las Cruces. Change is always filled with anticipation and excitement, but you have been so good to me, I just wish there was some magical way I could both go and stay.

I will miss you more than I can say.

Northeastern Branch

Linda Durant – Branch Coordinator

We wish to thank every one who helped to make our Northeastern New Mexico’s Alzheimer’s Caregivers Conference such a great success.

A great big thank you to:

Jytte Lokvig

I couldn’t have done it with out you!

Carla Ward and Mike Lord

for all of the time and effort put in to seeing that The Ross Ward Art Show went smoothly and became a success.

Stella and Annelie from our chapter office.

My wonderful *volunteer.*

William Tilley

from Santa Fe Community College for all their help and support.

Continued on next page

A special note of thanks to

Sponsorship

Forest Pharmaceuticals and Novartis Pharmaceuticals.

Booth Donors and Representatives

Sierra Vista, The Rosemont, The Kingston, Open Hands,
Consumer Direct, Home Instead, Aspen Lodge,
PMS Hospice, Wholistic Health Care,
The Santa Fe County Sheriff & Project Life Saver

Speakers

Dr. Jerry Williams, Jytte Lokvig, Gary Glazner
and Father John Malecki for allowing us to show his
enlightening video presentation

Workshop Presenters

Jeri Braccialarghe, Deborah Stanley, Cathy Murphy,
Susan Stuart, Ruth Dennis, Gary Glazner,
Jytte Lokvig and David Ruyle, Cindy Bonilla, Chris Trujillo,
and their group members, you were all truly inspiring!

If you missed this Event we hope you will be able to join us
next year at our 6th annual Caregivers, Caring and Sharing
Conference in Santa Fe.

We have a new Caregivers Group in Santa Fe at The
Rosemont on the second Tuesday of each month at 6:30 pm,
and they are welcoming new members. Their group leader is
Jytte Lokvig, please give her a call at (505) 466-8195 for more
details.

There will be a class on How to Maintain Your Brain and a
Caregivers Group opening at Pojoaque Pueblo's Wellness
Center. Please call Linda at (505) 426-9840 for information.

Northwestern Branch

Elizabeth Jones - Branch Coordinator

Memory Walk efforts are off to a wonderful start in the Four
Corners area. We anticipate the Knights of Columbus to come
through donating the most money in this area to the
Alzheimer's Association via their annual Tootsie Roll Drive.
This is the 4th year in a row that the Farmington office has
been fortunate to hope to receive such a generous gift from
such a great organization. They too have felt the personal
affects of Alzheimer's disease amongst their members and
their families. So, a big "thank you" to them. Please support
their efforts all across the state of New Mexico – they help
many, many people/organizations. A doctor might tell you
than an enlarged heart is a bad thing – theirs' is huge and only
a good thing.

Speaking of Memory Walk, ours is October 8th in Downtown
Aztec during Oktoberfest. Please come walk in the parade and
enjoy all of the festivities up and down Main Street.
Registration starts at 8 am with the parade starting at 10 am.
Last year, we had the most people we have ever had
participate – LifeCare Center and the Four Corners Good

Samaritan Village were very much involved bringing to our
family – theirs – many of their residents cruised down Main
Street. It was an awesome sight. But, I think the best sight
was when we all let the purple balloons go at the same time –
it put things in perspective – we may have problems of our
own, but the world is a huge and awesome place and we can
make a difference. So, please, even if you do not bring money
to the Walk, (yes, we do like that...) we would love to have
people there to show our community how many people this
disease affects and what good people there are out that to
make the road ahead, better. Thank you and we look forward
to seeing you there!

*For more information, or if you are interested in
becoming a Memory Walk Committee Member,
assisting in other fundraising efforts, or becoming a
corporate or individual sponsor of any of these
worthy events, please contact me at 266-4473 or
annelie.gallea@alz.org.*

**Anyone interested in meeting in Socorro
with others who have been
affected by Alzheimer's
disease or dementia
please call Tom Johnson
(505) 838-295.**



EDUCATION SERIES

The Alzheimer's Association
in conjunction with Sandia Springs

Presents the last in a series

September 20th 3:00

Community Resources

presented by

Susan Stuart BUS, CMC, RG

Location

**Sandia Springs
1000 Riverview Dr. SE
Rio Rancho**

Contact:

Marianne Cox (505) 892-8400

or

Stella Shaba @

The Alzheimer's Association
(505) 266-4473

Alamogordo

2nd Monday @ 6:30 PM
The Aristocrat I
252 Robert Bradley Drive
Pam T. 437-3020

2nd Tuesday @ 7 PM
Casa Arena Blanca
205 Moonglow
Linda S. 434-4510

4th Thursday - Call for Appt
Alamogordo Senior Center
2201 Puerto Rico Ave
Phyllis M. 437-5256

Albuquerque

Call for Interview
For Early-Stage Individuals
with Alzheimer's disease
Stella S. 266-4473

Call for day and time
Child of Parent with AD
9500 Montgomery RD Suite 209
Sandra C. 271-9060

*1st Tuesday @ 7 PM
Woodmark at Uptown
7201 Prospect Place NE
Sharon C. 263-9636

4th Wednesday @ 11:30 AM
Manor Care Heights
2216 Lester Drive NE
Mary B. 296-4808

*1st Thursday @ 7 PM
Manzano del Sol
Good Samaritan Village
5201 Roma NE
Marta D. 262-2311, ext. 137

1st Friday at 10 AM
St Stephen's United Methodist
4601 Juan Tabo NE
Barbara M. 266-4473
& Eleanor E.

3rd Friday at 10 AM
Bear Canyon
4645 Pitt NE
Barbara M. 266-4473
& Eleanor E.

4th Saturday at 1 PM
Palo Duro Senior Center
5221 Palo Duro NE
Virginia/Betty 888-8102

3rd Sunday at 4 PM
Valle Norte Caring Center
8820 Horizon Blvd NE
Shirley J. 823-1885

3rd Monday @ 5:30 PM
Sunrise Assisted Living
4910 Tramway Ridge Dr
Sheila W. 271 4900
& Vanessa J. 271-4900

Anthony

Last Wednesday @ 1:30 PM
St. Anthony Hall
Bi-lingual support group
224 Lincoln Ave
Mary Helen L. 523-7577

Artesia

2nd Wednesday @ 1:30 PM
Artesia Senior Center
202 W. Chisum
Imogene L. 746-4372

Aztec

3rd Wednesday @ 1:30 PM
Good Sam's
500 Care Lane
Jan Z. 334-9445

Bloomfield

2nd Tuesday @ 10 AM
Bloomfield Cultural Ctr
Behind Bloomfield Senior Ctr
Joy H. 334-0048

Carlsbad

2nd Wednesday @ 2 PM
Landsun Home
1900 West Ridge Road
Barbara K. 234-2203

Clayton

4th Tuesday @ 2:30 PM
Union Hospital
301 Harding Street
Judy L. 374-8778
& Fran S.

Clovis

3rd Thursday @ 3:30 PM
Health Plex by Cancer Center
Dillion Street
Carolyn D. 762-3181

Deming

4th Wednesday @ 11 AM
Deming Sr Citizen's Center
800 S. Granite
Karla V. 546-8823

Elephant Butte

3rd Friday @ 6 PM
Hodges Corner Restaurant
915 Hwy 195
Janice G. 894-5112

Farmington

2nd Tuesday @ 1 PM
Life Care Center
1101 W. Murray
Brandi 326-1600

Grants

1st Monday @ 6 PM
3rd Monday @ Noon
Future Fund Family Center
551 Washington W
Delia D. 285-3922

Hobbs

1st Monday @ Noon
Merrill Gardens
200 S Linam
Deyana D. 393-2828

3rd Tuesday @ Noon
Hobbs Healthcare
5715 Lovington Highway
Mickey B. 392-6845
& Kathy D.

1st Wednesday @ Noon
Lea County Good Samaritan
1701 N. Turner
Adam G. 393-3156

Las Cruces

4th Monday @ 6 PM
University Terrace Good Sam
3011 Buena Vida
Kathy B. 524-9808
Micky W. 522-1362

First Tuesday @ 3 PM
Heritage Program
1401 Don Roser Suite C
Isabella M. 532-1006
& Cathy F.

Las Vegas

2nd Monday @ Noon
Alzheimer's Office
508 Douglas
Linda D. 426-9840

Last Thursday @ 7 PM
Alzheimer's Office
508 Douglas
Linda D. 426-9840

Portales

2nd Tuesday @ 4:30 PM
Roosevelt General Hospital
42121 US Hwy. 70
Chris P. & S. Conner 276-8579

Rio Rancho

3rd Tuesday @ 5:30 PM
Meadowlark Senior Center
4330 Meadowlark Ln SE
Darlene J. 235-1353

3rd Tuesday @ 2 PM
Sandia Springs Asst. Living
1000 Riverview Dr
Marriane C. 892-8400

Roswell

4th Tuesday @ Noon
First United Methodist
200 N. Pennsylvania
George & Kay L. 622-0967

4th Monday @ 2 PM
Mission Arch Care Center
3200 Mission Arch
Jan D. 624-2583

Last Tuesday @ 6 PM
La Villa Rose Garden
2725 N. Pennsylvania
Jane J. 625-8426

Ruidoso

2nd Friday @ 1:30 PM
Heritage Senior Care Ctr.
101 Raines
Cathy M. 624-1552

Santa Fe

1st Monday @ 1:30 PM
Mi Casa Bonita
10 Camino de Vaca
Jan O. 424-0577

2nd Tuesday @ 6:30 PM
Rosemont Asst. Living
2961 Galisteo
Jytte L. 426-9840

3rd Thursday @ 6 PM
Sierra Vista
402 E Rodeo Road
Ruth D. 986-9696
& Velma A.

Silver City

3rd Saturday @ 1 PM
Presbyterian Church
1915 N. Swan
Ora S. 388-2135
& Hazel

Socorro

1st Monday @ 2 PM
Socorro Good Samaritan
Hwy 60
Betty K. 835-2724

Zuni

3rd Wednesday @ 6:30 PM
Zuni Senior Center
1386 State HWY 53
Maryanne J. 782-5541

* Indicates monthly Educational Program

Support Groups

Meet the New Board Members

Dorothy Koch is a retired retail executive originally from the Midwest. She was a family caregiver and this led to her initial involvement with the Alzheimer's Association. This is her second tour as a Governing Board member. Dorothy served from 1996 – 2002, co-chairing the Development Committee. She continues to work actively with the Development Committee, particularly with the Memory Walk and as a member of the Personnel Committee.

A New Mexican for the past twenty-five years, Dorothy is employed with the Bold Financial Group. In addition to her work with the Association, she is a Rio Grande Zoo Docent, past Elder and Deacon of the First Presbyterian Church. Dorothy is also a fitness walker, logging three miles most days of the week.



DOROTHY KOCH



GREG GILLOGLY

Greg Gillogly was born and raised in Albuquerque. He graduated from Eldorado High in 1972 and attended the University of New Mexico.

After spending 22 years in retail as Vice President of stores for three different national retail chains, Greg owned and operated his own business in Dallas, Texas for five years before returning to Albuquerque. He is currently a Realtor and SRES (Senior Real Estate Specialist).

Greg became involved with the Alzheimer's Association as a volunteer after his mother's passing. She had been diagnosed with dementia.

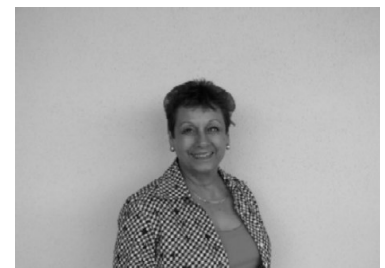
"I decided that it was time in my life to get involved with a charitable organization and I look forward to learning more about this dreadful disease and hopefully be around when a cure is found."

Mary Lacy is a recent transplant to Las Cruces, where she has been an active member of the southwestern New Mexico advisory committee and volunteered extensively with the Memory Walk and other Chapter events.

She was educated in El Paso, Texas and holds a Bachelor's of Arts degree from Texas Western College (now UTEP). Mary retired after 32 years of teaching and worked for several years as Director of the Youth Leadership Program for the YWCA. Mary is a past President and former member of the Alzheimer's Association, STAR Chapter (El Paso) Board of Directors.

Mary has received numerous professional accolades and honors for her good works, including the University of Texas at Austin Excellence Award for Outstanding High School Teacher in 1989 and 1991 and induction into the El Paso Women's Hall of Fame 1997.

Mary is an accomplished artist in addition to her community work. She is married, mother of three children and grandmother of eight.



MARY LACY

WE NEED YOU...

For the Fifth Annual Cookie Walk...

Each year, the Alzheimer's Association, in conjunction with Community Health Charities of New Mexico, brings the 'Cookie Walk' to the Rio Grande Arts and Crafts Fair at the Manuel Lujan Building on the State Fairgrounds. The Cookie Walk is an event coordinated through the members of Community Health Charities and the donated cookies will be sold by the box.

Funds raised by the event support statewide public awareness efforts for Community Health Charities member agencies, including the Alzheimer's Association, New Mexico Chapter.

The Chapter needs a hundred dozen homemade cookies prior to the Arts and Crafts Fair the first week of December. If you are a baker and could commit to providing us with five-dozen cookies at the end of November, please call Maralie or Annelie at 266-4473 for the recipe.

Thank you!

SATURDAY RESPITE

10:00 AM – 4PM

activities, lunch, field trips, and fun for those with Alzheimer's/dementia

Providing professional care to give caregivers a stress free break

Games, Exercise, Movies, Friends

FREE OFFER

Space is Limited
To RSVP
Call (505) 428-2336

OPEN HANDS ADULT DAY SERVICES

2976 Rodeo Park Drive East
Santa Fe

Serving Northern NM since 1977
(funded by the Alzheimer's Association)

The New Mexico Chapter is now accepting sponsorship of the Quarterly Chapter Newsletter which reaches 10,500 homes and businesses all with interest in Alzheimer's disease and dementia care and services.

If you would like to learn more, we will be happy to discuss this with you and/or send you a packet.

Call Maralie or Annelie @ 266-4473.

Mark Your Calendars!

Roswell's first time citywide Walk will be held at the Cielo Grande Sports Complex. There will also be a Poker Run. Someone new will be assisting you, call & introduce yourself. 624-1552. See you September 24th!

Farmington's Walk is in downtown Aztec, during Oktoberfest. On 10-1 registration begins at 8 am and the parade starts at 10 am. It is on Main Street in Aztec, but call Beth for more info or if you need to find Aztec! 326-3680

Volleyball Tournament - Something new & different for us! On 9-11 bring your family and friends to cheer you on. Call Annelie for information on team and individual registration. 266-4472

The 1st Annual Albuquerque Hall of Fame Celebrity Golf Classic is on 9-30 & will benefit both the NM Alzheimer's Association and VistaCare Hospice Foundation. Two of the celebrities playing are Don Maynard and Harmon Killebrew.

Galles Chevrolet will be giving away a car... ...for a hole-in-one on a selected par 3

Following the tournament there will be a dinner at 7 pm at the Marriot Pyramid & a silent auction & even more. Don't wait! Call Bruce Kemper @ 821-5404 or Diane Ward @ 856-8903 for details. Tournament will be held at the Sandia Golf Club, which is located in north Albuquerque with the Sandia Casino.

A cool time of year and a delicious Mexican food event is still happening! Yes, it is the 5th Annual East Heights Moose Lodge Dinner/Dance. What could be better? You can eat while helping the NM Alz. Chapter. A **HOMEMADE** Mexican dinner, good food and no messy kitchen! It is always a fun evening, you can stay and dance or just tap your feet and enjoy the music. Oh yes, they have food for the kiddos too. Mark your calendars & bring your friends!

Saturday - November 12th - 5 pm

East Heights Moose Lodge - 12825 Skyline NE (it's near I-40 & Juan Tabo)

Call Annelie for info, more details or directions, 255-4473

PS - If you are interested in assisting in our fundraising efforts please contact Annelie at 266-4473 or annelie.gallea@alz.org

Gracias
&
Thank You

for your

Honorariums

Memorials
&
Contributions

Visit
www.nm-alzheimers.org
for details



Six Big Issues a Year!

BY New Mexicans
FOR New Mexicans

Only \$9.50 a year will deliver it to your door. Almost half of your bi-monthly subscription will benefit our Chapter.

Mail your check to:
Alzheimer's Association, NM Chapter
9500 Montgomery NE – Suite 209
Albuquerque, NM 87111

On the "Note" area write 505 – it's that easy!

"I am of the opinion that my life belongs to the community, and as long as I live, it is my privilege to do for it whatever I can. I want to be thoroughly used up when I die, for the harder I work, the more I live. Life is no 'brief candle' to me. It is a sort of splendid torch which I got hold of for a moment, and I want to make it burn as brightly as possible before handing it on to future generations."

- George Bernard Shaw

16 Things That It Took Me 50 Years to Learn

Dave Barry

1. You will never find anybody who can give you a clear and compelling reason why we observe daylight savings time.
2. You should never say anything to a woman that even remotely suggests you think she's pregnant unless you can see an actual baby emerging from her at that moment.
3. The most powerful force in the universe is gossip.
4. The one thing that unites all human beings, regardless of age, gender, religion, economic status or ethnic background, is that, deep down inside, we ALL believe that we are above average drivers.
5. There comes a time when you should stop expecting other people to make a big deal about your birthday. That time is age 11.
6. There is a very fine line between "hobby" and "mental illness".
7. People who want to share their religious views with you almost never want you to share yours with them.
8. If you had to identify, in one word, the reason why the human race has not achieved, and never will achieve its full potential, that word would be "meetings".
9. The main accomplishment of almost all organized protests is to annoy people who are not in them.
10. If there really is a God who created the entire universe with all of its glories, and He decides to deliver a message to humanity, He WILL NOT use, as His messenger, a person on cable TV with a bad hairstyle.
11. You should not confuse your career with your life.
12. A person who is nice to you, but rude to the waiter, is not a nice person.
13. No matter what happens, somebody will find a way to take it too seriously.
14. When trouble arises and things look bad, there is always one individual who perceives a solution and is willing to take command. Very often that individual is crazy.
15. Your friends love you, anyway.
16. Nobody cares if you can't dance well. Just get up and dance.

YOU ARE INVITED...

To the

Alzheimer's Association
New Mexico Chapter

**2005 ANNUAL MEETING
& OPEN HOUSE**

Celebrate the past year's successes &
meet our board members,
staff and volunteers

**November 16, 2005
4 PM – 7 PM**

Alzheimer's Association Main Office
9500 Montgomery NE
Suite 209
Albuquerque, NM 87111

Refreshments Provided
Please RSVP to 266-4473
by November 13, 2005
if you plan to attend

We Need You!

Yes, we need you and more volunteers. We would appreciate it if you could bring someone with you the next time you are here. Do you know someone that has a little bit of time or a lot of time to help a very deserving cause? If so, please introduce them to us.

YES! I am interested in being a volunteer. Name: _____ Call me @ _____

The New Mexico Chapter of the Alzheimer's Association is continually updating its mailing list. If you have an address change or some other correction for our mailing list, please complete the following form (please print or type) and return this form to us.

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Please update your mailing list. Please remove me from your mailing list. Please add me to your mailing list.

Yes! I want to help the New Mexico Chapter of the Alzheimer's Association.

Please use my gift to help those afflicted with Alzheimer's disease and other related disorders in New Mexico.

I'm enclosing my tax deductible contribution of ___\$25 ___\$50 ___\$100 ___\$250 ___\$500 or \$ _____
(Make checks payable to: Alzheimer's Association.)

Please accept my donation by using the following account information and signature.

Master Card Visa Card #: _____ Expiration Date: _____

Signature: _____

Name (print): _____

Address: _____

City: _____ State: _____ Zip Code: _____

Send your gift to: Alzheimer's Association
9500 Montgomery NE
Suite 209
Albuquerque, NM 87111

Your donation is tax deductible.

Thank you for your generous support & donations. We can't do it without you!

What your gift means in the fight against Alzheimer's disease and related forms of dementia...

By making a planned gift, you do more than help us find a cure. You help support the 34,000 New Mexican families who are caring for a loved one with this devastating disease. More importantly, your gift helps guarantee better days to come for future generations.

Have you remembered the Alzheimer's Association in your will or trust?

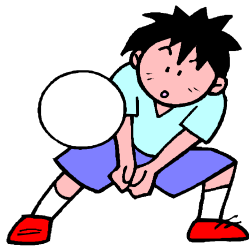
Here is sample bequest language you can take to your attorney: "I give, devise and bequeath [insert amount of gift, percentage of estate or residuary of estate] to the New Mexico Chapter of the Alzheimer's Disease and Related Disorders Association, Inc. with offices located at 9500 Montgomery NE, Suite #209, Albuquerque, NM 87111."

New Mexico Chapter

9500 Montgomery NE
Suite 209
Albuquerque, NM 87111

meet a board member at a 2005 walk or special event
all events are family oriented, join in the fun
& new this year are...

Sunday - September 11th



Volleyball Tournament

Stone Face Tavern Sand Courts

8201 San Pedro NE

9:30 am – approx 3:30 pm

Team registration: 266-4473

Organizer: Hubert Montoya,
La Cueva High volleyball & basketball coach

1st Annual Albuquerque
HALL OF FAME

Celebrity Golf Classic

September 30th

Featuring:
Harmon Killebrew
Don Maynard

Selected Par 3
Hole-In-One
Sponsored by Galles Chevrolet

CAR give away

Sponsored by: Vista Care Hospice Foundation
& Alzheimer's Association, NM Chapter

More details on page 9