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Carol Schaffer
I can usually see it coming. As soon as I tell someone about my work with the Alzheimer’s Association, there’s a slight smile, followed by what is supposed to be a joke.

“Do you ever forget that you work there? Ha ha ha!” Invariably, this person thinks he has told me a real zinger, and he usually acts like he’s the first one to think of something as clever as making light of the memory loss brought on by the disease.

I won’t say that I’ve never laughed at an Alzheimer’s joke, but the longer I am a part of this organization, the less funny I find them. Don’t get me wrong: I understand the impulse to try and find humor in something so scary, and many caregivers find that keeping their sense of humor in their day-to-day lives with their loved ones is an effective coping mechanism.

But having a sense of humor about the disease is not the same as being flippant about its devastating consequences.

A remark equating Alzheimer’s with simple forgetfulness (that we ALL experience sometimes) makes light of the real effects of this disease. A person with Alzheimer’s doesn’t just have episodes of harmless memory loss. They don’t just misplace keys or walk in to a room and forget why they came in. They lose memories, judgment, and reasoning. They stop being able to recognize friends and family. They get scared and confused, and eventually lose the ability to speak, eat, and move. It’s not something I can laugh about.

So instead of brushing it off the next time someone makes a quip about “forgetting,” I am going to try to say “actually, it’s pretty hard to forget all the stories of families and caregivers struggling with this devastating disease. Maybe you’d like to help by donating money or your time?” I don’t think it will stop people from making jokes, but it may start a conversation about Alzheimer’s and dementia, and that may make someone think twice the next time they want to make an Alzheimer’s “joke.”

The end of Alzheimer’s starts with me.

Carol Schaffer
From the Executive Director

Accepting gifts

his diagnosis at age 52, the audience began to realize what the day was really all about. We can talk about statistics and warning signs and programs but the real impact is when you hear from someone like David, who in the prime of his life is speaking to an audience about not knowing just how much time he has left—and wanting to make the most of it by helping others.

When he opened it up for questions, he was asked how it felt to receive the diagnosis; how he talked to his teenage sons about the disease—but one question quieted the room. “David, have you accepted your diagnosis?” “Yes.” That got me thinking about acceptance. For the people we serve, acceptance is a concept that we have to approach with each phase in our journey. Can you accept the diagnosis? Your own or that of your loved one? Can you accept the changes this disease brings at every new stage? Can you accept help? These are hard things to do.

And for those of us supporting those who are living with Alzheimer’s disease and their families and friends, can we offer what can be accepted? Can we adjust our expectations and be flexible? Can we find ways to offer support and kindness when caregivers are overwhelmed and struggling with acceptance?

Let us be thoughtful and offer gifts that can truly make a difference—togetherness, laughter and patience. Let us be mindful of how stressful it can be to care for, and care about a person with dementia, and create a place of peace and acceptance.

If you would like to give a gift to a family living with Alzheimer’s disease, here are a few ideas:

- Stay in touch – A card, a call or a visit means a lot and shows you care.
- Be patient – Adjusting to an Alzheimer’s diagnosis is an ongoing process and each person reacts differently.
- Offer assistance to help the family tackle its to-do list – Prepare a meal, run an errand or provide a ride.
- Be flexible – Don’t get frustrated if your offer for support is not accepted immediately. The family may need time to assess its needs.

New Mexico State Plan Unveiled

After eighteen months of hard work by a statewide task force, the New Mexico State Plan for Alzheimer’s Disease and Related Dementias was published by the New Mexico Aging and Long Term Services Department in August.

In an effort to ensure that the plan is followed and enacted in a cohesive way, Governor Susana Martinez announced that the state would be creating a position specifically to coordinate services related to the plan.

“This new position will allow for better communication and more collaboration between all the organizations and individuals already working with people with Alzheimer’s and related dementias. Too often, we hear that families don’t know where to turn or what to do next when they get a diagnosis. Families who often face this terrible disease in isolation will know that they are not alone, and that there is a clear path for help.”

The Plan focuses on five Key Areas: Meeting caregiver needs, elevating quality of care, broadening public awareness of dementia and available resources, matching health care system capacity to consumer need, and increasing research effectiveness. “I’m so pleased to have been a part of this process,” said Agnes Vallejos, Executive Director of the Alzheimer’s Association, New Mexico.
We couldn’t have asked for a more beautiful day. October 7th was sunny and cool; perfect autumn weather for the Alzheimer’s Association UnFORgettable Golf Classic 2013. Once again held at Tanoan Country Club in Albuquerque, this year’s tournament attracted almost 150 participants on 37 teams who each played 18 holes of golf in the morning. The team from National Distributing took first place: Josh Crawford, Chris Cates, Brent Chiado, and Shawn Martinez will get to play a round at Albuquerque Country Club in the near future. Out on the course, the fun was amplified by several hole sponsors who took the term “hospitality” to a whole new level.

The team from Addus HealthCare really pulled out all the stops. Agency Director Candace Guerrero says “Having sponsored a hole for the last few years, we were really looking for a way to stand out. We decided to serve Mimosas, and those seemed to be a big hit! I really like this event because, even though I’m not a golfer, it gives me the opportunity to connect with so many people who I wouldn’t get to meet otherwise.”

Many thanks to Retreat Healthcare for sponsoring our beautiful golf shirts!

**Alzheimer’s Association New Mexico**

**Upcoming Events**

*Walk to End Alzheimer’s*
see box on back cover for details

*Alzheimer’s Day at the Legislature*
Thursday, January 30th, 2014
Capitol Rotunda, Santa Fe

*Dancing Stars Gala*
Saturday, April 5th, 2014
Embassy Suites, Albuquerque

*Professional Conference*
Thursday and Friday
May 29th and 30th, 2014
Marriott Uptown, Albuquerque

*Northern Regional Family Caregiver Conference*
Spring 2014
TBD, Northern New Mexico

*Southern Regional Family Caregiver Conference*
Saturday, June 28th, 2014
New Mexico Farm and Ranch Heritage Museum
Las Cruces

*Longest Day*
Saturday, June 21st, 2014
Sneakerz Sports Bar (Volleyball), Albuquerque

*UnFORgettable Golf Classic*
Monday, October 6th, 2014
Tanoan Country Club - Albuquerque

*Family Caregiver Conference*
Saturday, November 1st, 2014
Sandia Resort and Casino, Albuquerque

*Alzheimer’s Association Open House*
Wednesday, November 12th, 2014
Albuquerque Office

For information on participating in any (or all!) of these activities, please call us at 505-266-4473

**Thank You, Sponsors!**
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*Emeritus Senior Living*

*North Ridge Alzheimer’s Special Care Center*

*Sandia Group Home and Cafe*

*preferred assisted living*

*Decisions*

*preferred assisted living*

*retreat at home*

*Preferred Assisted Living*

*ADDUS HEALTHCARE*

*Addus HealthCare*

*Decisions*

*The Aristocrat*

*Alzheimer’s Association of New Mexico*

*Haciendas de Grace Village*
Every September the Alzheimer’s Association hosts Walk to End Alzheimer’s® events across New Mexico, and 2013 was no exception. This year, we even added an event in Alamogordo. Over 2000 individuals walked and raised, as of this writing, more than $278,000. Here’s a snapshot of each event:

**Albuquerque, September 21st**
- **@ Harry E. Kinney Civic Plaza**
- Participants: 1014
- **Funds raised:** $122,584.45
- **Top Family Fundraising Team:**
  - **Funds raised:** $122,584.45
  - **Participants:** 1014
  - **Location:** Harry E. Kinney Civic Plaza, Albuquerque, September 21st

**Santa Fe, September 14th**
- **@ The Rail Yard**
- **Participants:** 187
- **Funds raised:** $30,568.93
- **Top Family Fundraising Team:**
  - **Funds raised:** $59,494.74
  - **Participants:** 442
  - **Location:** Young Park, Las Cruces, September 7th

**Las Cruces, September 7th**
- **@ Young Park**
- **Participants:** 442
- **Funds raised:** $59,494.74
- **Top Family Fundraising Team:**
  - **Funds raised:** $59,494.74
  - **Participants:** 442
  - **Location:** Young Park, Las Cruces, September 7th

**Roswell, September 7th**
- **@ Chaves County Courthouse Lawn**
- **Participants:** 174
- **Funds raised:** $29,927.96
- **Top Family Fundraising Team:**
  - **Funds raised:** $33,186.04
  - **Participants:** 145
  - **Location:** Berg Park, Farmington, September 21st

**Farmington**
- **@ Berg Park**
- **Participants:** 145
- **Funds raised:** $33,186.04
- **Top Family Fundraising Team:**
  - **Funds raised:** $33,186.04
  - **Participants:** 145
  - **Location:** Berg Park, Farmington, September 21st

**Alamogordo**
- **@ 10th Street - First National Bank**
- **Participants:** 93
- **Funds raised:** $5,612
- **Top Family Fundraising Team:**
  - **Funds raised:** $5,612
  - **Participants:** 93
  - **Location:** 10th Street - First National Bank, Alamogordo, September 7th

**Los Alamos**
- **@ Betty Ehart Senior Center**
- **Participants:** 128
- **Funds raised:** $17,685.50
- **Top Family Fundraising Team:**
  - **Funds raised:** $17,685.50
  - **Participants:** 128
  - **Location:** Betty Ehart Senior Center, Los Alamos, September 21st

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- Haven Behavioral Senior Care
- Eye Associates of New Mexico
- Skilled Healthcare
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- Atria Vista del Rio
- Delta Dental
- Cumbus Radio

**FARMINGTON**
- Citizens Bank
- Cedar Ridge Inn
- San Juan Compression
- Knights of Columbus
- (San Juan Council)

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- Haciendas at Grace Village
- Southwest Center for Aging
- Arbors of Del Rey
- Mountain Shadows
- Mesilla Valley Hospital
- Good Samaritan Society - Las Cruces Village
- Cottonbloom Assisted Living
- Heritage Home Healthcare and Hospice
- Preferred Assisted Living
- Heritage Home Healthcare and Hospice
- Peter’s Assisted Living
- Crossroads In-Home Care
- Memory Care

**ROSWELL**
- Roswell Medico
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- Eye Associates of New Mexico
- Wheat Fields Assisted Living & Memory Care
- Comfort Keepers
- Gentiva Hospice
- Casa Marta Healthcare Center
- Sunset Villa Care Center
- Roswell Sertoma Club

**FARMINGTON**
- Citizens Bank
- Cedar Ridge Inn
- San Juan Compression
- Knights of Columbus
- (San Juan Council)

**ALAMOGORDO**
- Aaron’s Sales and Rentals
- Casa Arena Blanca

**Thanks to our Statewide Sponsors**
ALZHEIMER’S ASSOCIATION, NEW MEXICO CHAPTER
January - June 2014

Education Calendar

Calendar Key:
Savvy caregiver: 10-hour course which helps caregivers develop practical skills in caring for their loved one and themselves.
Cultural Caregiver: For caregivers with an understanding of the language, culture, and traditions of their loved one.
Known in the Warning Signs: Warning signs and presentation of Alzheimer’s.
Living with Alzheimer’s: Describes different stages of Alzheimer’s, and assists in planning.

NORTHEAST REGION
Regional Manager-Darela Montoya 851 S. Mitchell’s Dr., Suite 106 Santa Fe, NM 87506 (505) 417-1297 amontoya@alz.org
January 2, 7-8
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 7, 1-2
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 10, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 13, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 15, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 17, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 19, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 22, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 24, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org
January 26, 2-3
Communication and Behaviors
La Casa Senior Center 1000 Street Court Roswell, NM 88201 (505) 624-3390 plujan@alz.org

SOUTHEAST REGION
Regional Manager-Beth Pettersen 594 W. Kentucky, Roswell, NM 88201 (505) 424-0738 bpettersen@alz.org
January 23, Noon-1pm
Conversations About Dementia
Central Senior Center 4222 A Creston Rd. Carlsbad, NM 88220
February 6, Noon-1pm
Conversations About Dementia
Central Senior Center 4222 A Creston Rd. Carlsbad, NM 88220
February 20, 9-11am
Living with Alzheimer’s—For Caregivers—Middle Stage
La Casa Senior Center 125 Buena Vista St. Deming, NM 88030
March 15, 9-11am
Living with Alzheimer’s—For Caregivers—Late Stage
La Casa Senior Center 125 Buena Vista St. Deming, NM 88030
April 19, 9-11am
Living with Alzheimer’s—For Caregivers—Middle Stage
La Casa Senior Center 125 Buena Vista St. Deming, NM 88030
May 3, 9-11am
Living with Alzheimer’s—For Caregivers—Middle Stage
La Casa Senior Center 125 Buena Vista St. Deming, NM 88030

NORTHWEST REGION
Regional Manager-Donna Ramey 9500 Montgomery Blvd. NE Suite 121 Albuquerque, NM 87111 (505) 866-5201 mramsey@alz.org
January 20, 1-3pm
Communication and Behaviors
Northside Senior Center 908 Buena Vista St. Santa Fe, NM 87504
February 20, 9-11am
Communication and Behaviors
La Villa Assisted Living and Memory Care 2725 N Pennsylvania Ave. Roswell, NM 88201
March 5, 9-11am
Communication and Behaviors
La Villa Assisted Living and Memory Care 2725 N Pennsylvania Ave. Roswell, NM 88201
April 9, 9-11am
Communication and Behaviors
La Villa Assisted Living and Memory Care 2725 N Pennsylvania Ave. Roswell, NM 88201
May 3, 9-11am
Communication and Behaviors
La Villa Assisted Living and Memory Care 2725 N Pennsylvania Ave. Roswell, NM 88201

SOUTHERN REGION
Regional Manager-Patricia Logan 484 N. Kentucky, Roswell, NM 88201 (505) 424-0738 plogan@alz.org
January 23, Noon-1pm
Conversations About Dementia
Central Senior Center 4222 A Creston Rd. Carlsbad, NM 88220
February 6, Noon-1pm
Conversations About Dementia
Central Senior Center 4222 A Creston Rd. Carlsbad, NM 88220
February 20, 9-11am
Living with Alzheimer’s—For Caregivers—Middle Stage
La Casa Senior Center 125 Buena Vista St. Deming, NM 88030
March 15, 9-11am
Living with Alzheimer’s—For Caregivers—Late Stage
La Casa Senior Center 125 Buena Vista St. Deming, NM 88030
April 19, 9-11am
Living with Alzheimer’s—For Caregivers—Middle Stage
La Casa Senior Center 125 Buena Vista St. Deming, NM 88030
Chris’s Corner

My husband and I had to make the decision to place my mother who had Alzheimer’s in an assisted living situation ten years ago and then had to do the same thing two years ago with both my parents. I’m wondering if you might be able to write something about what to do when one spouse has dementia and the other doesn’t. That’s the case we’re in now. My mother (89) has mid-stage dementia and is severely crippled by arthritis in the hips and knees. She needs a wheelchair when we go out. My father (92) has Parkinson’s disease and uses a walker, but he is fairly sharp mentally. Although we placed them in a mid-sized assisted living facility here in Albuquerque after my father had heart problems and was hospitalized, after 18 months my mother had had so many falls that her geriatrician insisted that I move them to a small residential care facility where she would get more supervision and assistance. I moved them in January 2013.

They are getting better care there, and my mother isn’t falling nearly as often. She’s in a good place and is relatively content. My father, on the other hand, is the only man in the place and the only person who is mentally intact, though the other residents are all at about the same level as my mother—they can converse and ambulate. He is bored and refuses to participate in any of the activities (juveniles as they are). He sits in his chair and watches TV morning, noon, and night.

They have numerous friends who visit often, as do my husband and our children. I take them to all of their appointments and bring them to our house or take them out to dinner at least twice a month. (I can’t take them by myself because it’s too hard with one in the wheelchair and one on the walker.) But that’s not enough. I arranged an outing for him using The Silver Runner which is a great service. He had a great time but refused to schedule anything else!

I’m sure I’m not the only person in this situation and I’d be so grateful for any suggestions you might have. Many thanks for the work you do.

Signed,

Cheryl

Dear Cheryl,

As you’ve guessed, the situation you describe is actually not all that uncommon. It is however, sometimes a difficult situation to address. I am assuming that your parents have previously expressed their desire to stay together in placement, and that is why they are in the same residential care facility, despite their differing care needs. I understand that many couples feel this way, and I also understand the need of a family to honor those wishes.

My first recommendation would be to have a discussion with the care team at the facility to express your concerns and problem-solve strategies to better engage your father in the community. Perhaps he can be asked to assume some sort of leadership role where he is responsible for helping other residents or facilitating activity groups, as opposed to participating in “juvenile” activities. Or maybe a staff member can be assigned to interact with your dad on a one-to-one basis once a week to do activities that are more appropriate for his cognitive level. The team at this facility may also have some ideas that you haven’t thought of.

Another idea is to explore the possibility of a senior companion that can visit your father at the facility on a regular basis. There are few different options here. Many municipalities and counties have a volunteer senior companion program. You can check with yours to see if this is a viable option in your area. Many of the home health agencies that provide an array of home-based services also offer senior companionship. The hourly rate for this service varies, and they may have a minimum hour requirement per visit (usually no fewer than two hours). You will have to contact each agency individually for specific details about what they offer.

You mention that you’ve taken advantage of the Silver Runner, and that even though he enjoyed the experience, he refuses to schedule another outing. I am unclear on whether he is refusing to participate at all, or is just resistant to taking the lead on contacting them. It may be that he will participate again if you schedule the activity rather than waiting for him to initiate that on his own. It’s also possible that he is resistant to leaving your mom alone at the care center, because he feels like he has to be her caregiver. In spite of the fact that she has caregivers at the facility, he probably feels like he is still ultimately responsible for her and has difficulty giving up that responsibility.

From what you’ve described, you are doing a wonderful job of both visiting your parents and getting them off grounds on a regular basis. The only other idea I have in this regard is to take your father out on visits without your mom to give him opportunities to socialize without having to worry about being her caregiver. All that said, I want to make other readers aware that many facilities discourage this type of placement and some will actually refuse the placement of a non-demented individual into a milieu that is geared primarily to meet the needs of a dementia population. There are a few reasons for this: as you’ve already mentioned, the person without dementia is too often very out of place. They are-at best-bored from the lack of stimulation, and at worst can become resentful of their spouse and the other residents. In some cases this resentment can lead to the withdrawn and isolative behavior that you see in your father. Other people may actually become verbally or physically aggressive as a result. Another reason the mixed population is discouraged is because many believe that the lack of appropriate stimulation may actually cause the person without dementia to cognitively decline at a faster pace than more engaging surroundings would.

This consensus seems to be anecdotal, as I could find no empirical data in the literature on the subject, but it is a widely held point of view amongst the dementia care community. To paraphrase one member of the community on the subject, “Necessity sometimes outweighs preference.” Often the compromise in these situations is to find a facility that has a memory care unit on the same grounds. This provides the structure, supervision and appropriate level of stimulation for the person with dementia while keeping them close enough to the non-demented partner that daily interaction is still a regular part of their routine. This type of arrangement can also allow the person without dementia to just be a spouse again without the burden of being the primary caregiver. The relief of the caregiving burden may allow the partner to be less resistant to other activities such as the Silver Runner outings we discussed above. It is important in these situations that the needs of both partners are given equal consideration, and it is evident from your letter that you recognize this and have made every effort to see that both parents receive the highest quality of care.

Chris

Greater Albuquerque Regional Manager

Helpline Q & A information contributed by Chris McCaffrey.
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Mr. and Mrs. Michael Kelly
James Doyle
Mr. and Mrs. Mark Soo Hoo
James Michael Kelly
Mr. and Mrs. Michael Kelly
The Vineyard Homeowner’s
(Cynthia Walters)

In Memory & in Honor of

In Honor Of...

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Corina Gutman
Teri Kerr
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Mr. and Mrs. Ben McCarthy
Barbara Michaels
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Stewart, Rosemary
Stone, Barbara
Summers, Betty
Tenex, Rodney
Terrasus, Amber
Thomas, Carroll
Thrail, Deb
Tinkertown Museum
Tratehau, Paul and Joy
Trujillo, Felina
Turner, Leigh
UNO Chicago Grill
Valdyes, Agnes
Velas, James and Harriet
Waterman Br, onge, Mariale
Weber, Joy
Weber, Thomas and Charmaine
Wex, Diana
Weichbrodt, Norm
Weil, BJ
White, P
Wickenstrand, Peter
Wiesner, Deloris
Wilkinson Bequest
Williams, Laurie
Williams, Mark and Breanne
Williams, Sam and Kay
Wilson, Eugene and Donna
Wischkmper, Mike and Mary
Work, Mary
Wosick, Joe
Yepa, Sarah
Zador, Paul
Zador, Paul
Zimmerman, Wanda
Southern Regional Family Caregiver Conference

The 2013 Family Caregiver Conference was held at Sandia Resort and Casino on November 2nd. Presented by the City of Albuquerque Bernalillo County Agency on Aging and the Alzheimer’s Association, New Mexico Chapter, the conference hosted over three hundred caregivers for a day of education, connection, and pampering. Workshops ran the gamut from managing emotions, legal issues, paying for care, to family dynamics and poetry. In addition to the educational sessions, caregivers could sign up for a free massage courtesy of the Garden Gate Spa. At lunch, two awards were announced: Community Hero of the Year was awarded to Kay Burick who has volunteered on the Los Alamos Walk to End Alzheimer’s® to present her with the Community Hero of the Year Award.

Chris Saavedra is honored with the Marian Vallejos Caregiver of the Year Award.

L-R Maria Zamora-Hughes, Chris Saavedra, Agnes Vallejos, and Janet Hiller.

Special thanks to Share Your Care for providing onsite respite.

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You Can Help Find a Cure

For the second year in a row, the Alzheimer’s Association, New Mexico Chapter held a Southern Regional Family Caregiver conference in Las Cruces. On June 29th, nearly 100 participants spent a day at the Hotel Encanto learning new skills and strategies for caregiving. Barbara Michaloff gave the keynote address titled “Care for the Caregiver.” Her practical approach, gleaned from many years of caregiving for both her parents, was especially well-received. One participant called it “inspirational and very educational. I’m so very thankful that I was able to attend this session - Barbara helped me understand so much.”

Another very popular session taught participants how to use music to enhance the caregiving experience. Music Therapist Rose Baker led a session that included group singing as well as concrete strategies for caregivers who want to use music with their loved-ones. “Rose had so many great ideas to help with what we are facing” commented one participant.

Maia Sideris-Dorame, Southwestern Regional Manager for the Association says “I love that we are able to provide this opportunity to caregivers in the southern part of the state free of charge, and I’m excited to bring the conference back next year.”

You Can Help Find a Cure

One aspect of the work the Alzheimer’s Association does is connecting individuals in communities across the country to clinical trials being conducted in their areas. It may surprise you to know that while researchers certainly need individuals who have Alzheimer’s and dementia to study, they are also looking for people with normal cognitive function, and people who are dementia caregivers to help understand the mechanisms of these diseases.

Through clinical trials, researchers test new ways to detect, treat and prevent Alzheimer’s disease and dementia. Recruiting and retaining clinical trial participants is now the greatest obstacle, other than funding, to developing the next generation of Alzheimer’s treatments.

If you are in the Albuquerque area, Albuquerque Neuroscience Inc. frequently recruits for study participants. You can visit their website at www.alzineuro.com or like them on Facebook to receive posts with information on upcoming events and newly enrolling research trials. People often ask if they have to have medical insurance to participate in a trial, but there is never any charge to a patient or to their insurance to participate in a study. Often, the patient and/or their caregiver will be compensated for their time and travel to ensure that study participation is not a financial hardship for the patient. Trials typically include memory screening, PET scans or MRI’s and research medications free of charge.

Working together with volunteers, patients and caregivers, you can help in finding the cure for Alzheimer’s disease by spreading the word about clinical drug trials. The Alzheimer’s Association maintains a database of clinical trials and offers an easy way to volunteer, no matter where you live.

For a study near you visit www.alz.org/trialmatch or call (800)272-3900 today. Volunteering to participate in a clinical trial is another way you can help in the fight against Alzheimer’s.

Thanks to D.D. Butterfield from Albuquerque Neuroscience for contributing to this article.
Join a team. Start a team. Walk with us.

Albuquerque  9.27.14