Five of the 106,000 New Mexicans who are unpaid Caregivers for their loved ones with Alzheimer’s disease and Dementia: Robyn Esquibel, Vivian R. Martinez, Chuck Carter, Betsy Noel and Jessica Moser. Photo: Jim Myers.
MISSION STATEMENT:
To eliminate Alzheimer’s disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

VISION
A world without Alzheimer’s disease. 

CONTACT US
9500 Montgomery Blvd. NE, Suite 121  |  Albuquerque, NM 87111  |  505.266.4473
Note our Mailing Address: PO Box 21400  |  Albuquerque, NM 87154
We have dedicated this issue to the unpaid caregivers of loved ones who have Alzheimer’s disease and Dementia. There are 106,000 of them in New Mexico alone. These are not medical professionals. They are the spouses, siblings, children and other family members who have been caught in the wake of a devastating disease they don’t even have. We call them the “unsung heroes”. It’s a title they’ve earned in so many ways, not the least of which are the uncommon strength, quiet compassion and selfless dedication they demonstrate, day in and day out, in the face of public health crisis that, for them, has hit home.

With programs like the Savvy Caregiver Course, services like Support Groups and Respite Reimbursement, and educational events like the Family Caregiver Conference, the Alzheimer’s Association has endeavored to help these Caregivers. And with our advocacy efforts, we’ve spoken on their behalf to the public and to lawmakers.

But the impacts of this disease on caregivers are sweeping, and they affect the family in a myriad of ways. One extremely significant repercussion is the financial toll they experience.

Nationwide, 15.9 million family caregivers provided 18.1 billion hours of unpaid care in 2015 to those with Alzheimer’s and other dementias. The estimated economic value of that care was $221.3 billion.

**CAREGIVING IS A FINANCIALLY DIFFICULT RESPONSIBILITY:**

- Nearly half of care contributors – those who are caregivers of someone with Alzheimer’s and/or contribute financially to their care – cut back on their own expenses (including food, transportation and medical care) to pay for dementia-related care of a family member or friend.
- On average, care contributors lose over $15,000 in annual income as a result of reducing or quitting work to meet the demands of caregiving.
- Alzheimer’s disease caregivers spend more hours a week providing care than other caregivers - nearly 1 in 4 provide what is defined as “constant care” – 40 hours a week or more.
- The majority of Alzheimer’s caregivers work full or part time, in addition to their informal caregiving responsibilities and caregiving adversely affects their daily jobs because of the rigorous demands of caregiving.

Considering all this, along with the many other challenges of caregiving, it’s important to remember that “little things” do make a difference. If you know someone who is a caregiver for a loved one with Alzheimer's disease, stop by and visit them. Re-kindle an old friendship. Ask them if they need you to pick up anything at the grocery store. Offer to stay a couple of hours while they take a walk or go see a movie. Let them know you appreciate what they do – for all of us.

*Your support allows us to continue providing FREE programs and services to Caregivers. Call (505) 266-4473.*

from the executive director

Gary L. J. Girón

Supporting caregivers is essential to our mission. We’ve learned through trial and error, and through feedback from our program participants that **successful caregiving for those living with Alzheimer’s disease and other related dementias requires a multifaceted approach: (1) Caregiver Education, (2) Support and (3) Respite.**

We provide all three. Because we believe all three are absolutely necessary to reduce the stress and burden of the caregiver journey.

- **CAREGIVER EDUCATION** provides the caregiver with an understanding of the disease; helps to increase caregiver skill and confidence; helps to reduce caregiver stress and improve stress management skills; teaches communication styles for dealing with challenging behaviors; and reinforces the concept of caregiver self-care.

- **SUPPORT** comes in the form of on-going volunteer-run Support Groups provided under the auspices of the Alzheimer’s Association. These groups offer a safe environment to candidly discuss the challenges of being a caregiver, identify solutions to difficult situations and develop a support network the caregiver can call upon when needed.

- **RESPITE** for the caregiver is very important. Respite is defined as simply taking a break and making time for yourself. It is not uncommon for the caregiver to develop health problems because they do not prioritize their own personal health needs. Respite is a time for the caregiver to take a break and focus on themselves. A caregiver who is able to successfully attend to their own physical and emotional well-being will be more successful at what is already an extremely difficult job.

We’ve learned and are confident that these three services work best when implemented together, and that’s why we stress this multifaceted approach to supporting caregivers throughout the state. And we deliver them all for free, because it’s that important.

*If you are interested in learning more about our Caregiver Education Courses, Support Groups or Respite Reimbursement Program, call us at (505) 266-4473.*

*For a full listing of Savvy Courses throughout the state, January - June 2017, see page 12.*
annual partners

Reflects commitments received by November 1, 2016.

For more information, contact: Nika Lawrie, Development Director at 505.266.4473 or nlawrie@alz.org

MorningStar Senior Living
8051 Palomas Ave NE
Albuquerque, NM 87109
505.750.9540
www.morningstarseniорliving.com

HavenCare
7801 Academy Rd. NE, Bldg 2, Ste 202
Albuquerque, NM 87109
505.275.2275
www.havencarenm.com

Heritage Home Healthcare & Hospice
3721 Rutledge Rd NE
Albuquerque, NM 87109
505.232.3311
www.heritagehomehealthcare.com

Retreat at Home
3808 Academy Pkwy N NE
Albuquerque, NM 87109
505.938.4652
www.retreathome.com

Retreat Gardens
4075 Jackie Rd. SE
Rio Rancho, NM 87124
505.896.8087
www.retreatgardens.com

STELLAR Senior Housing Experts
4600A Montgomery Blvd. NE, Suite 200
Albuquerque NM 87109
505.369.8291
www.stellarseniорhousingexperts.com

Arbor of Del Rey
535 Cerrillos Rd, A
Santa Fe, NM 87501
866.389.5636
www.aarp.org

RBC Wealth Management
301 Uptown Blvd. NE, # 100
Albuquerque, NM 87110
505.883.5311
www.rbcwm-usa.com

ARTESIA General Hospital
702 N 13th St
Artesia, NM 88210
575.748.3333
www.artesiageneral.com

Arts Age InnovAge Greater New Mexico RCE
239 Elm St. NE
Albuquerque, NM 87102
505.243.3387
www.centraldesertbh.com

Vista del Rio
904 Las Lomas Rd NE
Albuquerque, NM 87102
1.888.992.4464
www.myinnovage.org

Atria Senior Living
1620 Indian School Rd. NE
Albuquerque, NM 87102
505.206.5094
www.atriaseniорliving.com

Vista at Artesia
4300 Carlisle Blvd. NE, #2
Albuquerque, NM 87107
505.821.7500
www.visitingangels.com

Haciendas at Grace Village
2802 Corte Dios
Las Cruces, NM 88011
575.524.1020
www.gracevillageclic.com

Crossroads
7201 Prospect Pl NE
Albuquerque, NM 87110
505.881.0120
www.seniорlifestyle.com

French Family Funerals & Cremations
189 Howard Pl
Las Cruces, NM 88011
575.680.1889
www.crossroadsihc.com

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www.visitingangels.com

4100 Jackie Rd. SE
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505.896.8087
www.retreatgardens.com

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Albuquerque, NM 87109
505.938.4652
www.retreathome.com

5525 Cottonbloom Ct
Las Cruces, NM 88007
575.523.0300
www.desertpeaksal.com

7801 Academy Rd. NE, Bldg 2, Ste 202
Albuquerque, NM 87109
505.275.2275
www.havencarenm.com

702 N 13th St
Artesia, NM 88210
575.748.3333
www.artesiageneral.com

4600A Montgomery Boulevard NE Suite 200
Albuquerque NM 87109
505.369.8291
www.stellarseniорhousingexperts.com

301 Uptown Blvd. NE, # 100
Albuquerque, NM 87110
505.883.5311
www.rbcwm-usa.com

3731 Del Rey Blvd.
Las Cruces, NM 88012
575.382.5200
www.vistaliving.com

3808 Academy Pkwy N NE
Albuquerque, NM 87109
505.938.4652
www.retreathome.com

4075 Jackie Rd. SE
Rio Rancho, NM 87124
505.891.1234
www.retreatnm.com
annual partners Reflects commitments received by November 1, 2016.
For more information, contact: Nika Lawrie, Development Director at 505.266.4473 or nlawrie@alz.org

SW REGIONAL WALK SPONSORS:
- Haven Behavioral
- Central Desert
- Albuquerque
- Addus HomeCare
- Casa Maria Health Care Center
- Xcel Energy
- Artesia General Hospital
- The Neighborhood in North Ridge
- Clear Channel
- Alliance Home Health & Hospice
- Aging & Long-term Service Dept.
- 99.5 Magic FM
- 770 KKOB
- Cutting Edge Painting
- 3812 Academy Pkwy N NE
- Albuquerque, NM 87109
- 505.217.2490
- www.hospicedelaluz.com

SW REGIONAL WALK SPONSORS:
- Tender Care Home Health
- Aging & Long-term Service Dept.
- Good Samaritan Society - Las Cruces Village
- Mesilla Valley Hospital
- Desert Peaks Assisted Living
- Advocate Services of Las Cruces LLC
- Casa Bella Memory Care
- Order of the Eastern Stars
- Silver Linings Care Guide
- Home Instead Senior Care
- Pic Quick
- Mary Beth Burguete
- MobileX USA
- Citizens Bank of Las Cruces
- Advanced Care & Rehabilitation
- Hospital of NM
- The Fraternal Order of the Eagles
- CSR Garage

SE REGIONAL WALK SPONSORS:
- Artesia General Hospital
- Aging & Long-term Service Dept.
- Xcel Energy
- Visiting Angels of Southern NM
- Casa Maria Health Care Center
- Sunset Villa Care Center
- Roswell Sertoma Club
- First National Bank
- Pioneer Bank

SE REGIONAL WALK SPONSORS:
- Turning Point Dental
- Home Instead Senior Care
- Traverse Orthopedic
- mesilla Valley Hospital
- Desert Health
- Desert Peaks Assisted Living
- Advocate Services of Las Cruces LLC
- Casa Bella Memory Care
- Order of the Eastern Stars
- Silver Linings Care Guide
- Home Instead Senior Care
- Pic Quick
- Mary Beth Burguete
- MobileX USA
- Citizens Bank of Las Cruces
- Advanced Care & Rehabilitation
- Hospital of NM
- The Fraternal Order of the Eagles
- CSR Garage

NE REGIONAL WALK SPONSORS:
- Presbyterian Healthcare Services
- Santa Fe New Mexican
- Aging & Long-term Service Dept.
- 770 KKOB
- 99.5 Magic FM
- Comfort Keepers
- Kingston Residence of Santa Fe
- Pacifica Senior Living
- Capitol Ford Lincoln
- Home Instead Senior Care
- Southwest Care Center
- Sierra Vista Assisted Living
- CHRISTUS St. Vincent Regional Medical Center
- Visiting Angels of Santa Fe
- Los Alamos National Bank
- State Employee Credit Union
- Los Alamos Medical Center
- Plateau Property Management

ABQ CAREGIVER CONF. SPONSORS:
- Addus HomeCare
- Aging & Long-term Service Dept.
- Albuquerque Neuroscience
- Alliance Home Health & Hospice
- Central Desert Behavioral Health Center
- Haven Behavioral Hospital of Albuquerque
- Haven Care
- Heritage Home Healthcare and Hospice
- Home Instead Senior Care
- Hospice de la Luz
- Klarus Home Care
- North Ridge Alzheimer’s Special Care Center
- Pacifica Senior Living Santa Fe
- Palmilla Senior Living
- Retreat Gardens
- Retreat Villas
- Silver Linings Care Guide
- Stellar Senior Housing Experts
- The Retreat Alzheimer’s Specialty Care
- Visiting Angels

SOUTHWESTERN CAREGIVER CONF. SPONSORS
- Advocate Services of Las Cruces LLC
- Aging & Long-term Service Dept.
- Haciendas at Grace Village
- Heritage Home Healthcare and Hospice
- Wealth Stream
Dear Chris,

After months of noticing changes in my mother’s memory and behavior, my family convinced her to see her doctor. Unfortunately, our worst fears were confirmed; she was diagnosed with Alzheimer’s disease. While her physician was very caring throughout the diagnostic process and in breaking the news, we left the visit with more questions than we started with. The sea of questions is so overwhelming, we don’t even know where to begin. What do families just being faced with this do? Where do we start?

- Signed, At Sea

Dear At Sea,

The first thing to do is breathe. The second is to congratulate yourselves. By getting your mom in for a diagnosis early, you’ve already accomplished one of the most important and difficult tasks. In contacting the Alzheimer’s Association, you’re demonstrating that you want to be prepared for what’s to come, so you’re already ahead of the game.

Your next step should be to contact the Association to schedule a care consultation. This will be a one-on-one meeting with one of our staff to help you determine next steps based on your family’s individual needs and resources. For example: if your mother is a veteran or surviving spouse, we would want you to have information about the Aid and Attendance Pension for which she might qualify through the Veterans Service Office. Every family has unique needs and their plans will look different from one another. This is where we begin to tailor a plan that works for you, including connecting you with any resources in the community you will need on your journey.

THE NEXT STEP IS ACTUALLY A SERIES OF STEPS:

Get educated. Education is critical, leading to more effective care for your mother and lessening the burden for yourself. This should be an ongoing part of your development as a caregiver, but the most important topics on which to focus initially are: Understanding the disease process and the changes it will make in your mom. The importance of legal and financial planning. Self-care strategies. Community resources (see graphic on page 10). The Alzheimer’s Association, NM Chapter provides free community education opportunities on all of these topics and many more throughout the state. You can find all of our upcoming educational opportunities in the calendar located elsewhere in this newsletter.

Get support. Attend a support group. Support groups not only offer a safe environment for caregivers to be supported, they are also opportunities to learn more about caregiving strategies and available resources from other more seasoned caregivers, and to network with other individuals who understand what you’re going through.

Take a break. Enroll in the Respite Reimbursement Program. Self-care is a critical part of being a caregiver, and one of the most important parts of self-care is knowing how and when to take a break. The NM Chapter can help caregivers strategize their respite plan and provide some financial assistance for caregivers who qualify. Contact your nearest regional office for more information. It’s critical that caregivers do not wait too long before taking respite. Studies show that respite is less effective for caregivers who wait until they’re already “burnt out”.

These three strategies comprise a multifaceted approach that should immediately be addressed when undertaking the caregiving journey. Utilize the helpful numbers listed on page 10 if you have questions along the way, and know that you’re already doing a great job, as evidenced by your proactive approach.
There are 106,000 New Mexicans who are unpaid family caregivers for their loved ones with Alzheimer’s disease and Dementia. Their numbers are alarming, but it’s their stories that paint the real picture. In this article, we will attempt to put a face to the numbers, and allow these unsung heroes to share a small slice of their experience with you, in their own words.

- **Vivian R. Martinez** (59), is a caregiver for her husband, Ken (62), who was diagnosed at age 59.
- **Chuck Carter** (68), is a caregiver for his wife, Joanne (68), who was diagnosed at age 61.
- **Betsy Noel** (59), is a caregiver for her husband, Pete (63), who was diagnosed at age 59.
- **Jessica Moser** (25), is a caregiver for her mother, Peg (68), who was diagnosed at age 65.
- **Robyn Esquibel** (55), is a caregiver for her husband, David (57), who was diagnosed at age 53.

How would you describe the impact of the initial diagnosis on your family?

**ROBYN:** In one word, profound. It was truly life-altering. For our two sons, now 23 and 26, it began to dawn on them that their father would gradually be disappearing from their lives and wouldn’t have a presence in their futures. Like them, it made me realize that we’d be losing David’s strength, love and support. It left us feeling very alone.

**VIVIAN:** My whole world fell apart. I was devastated and couldn’t believe that our plans and dreams to grow old together were shattered; our world had caved-in on us. The unknown was driving me crazy and I was feeling so helpless and so desperate for answers. When my husband lost his job [District Court Criminal Judge], he spiraled into a deep depression, was very angry and mourned for nine solid months. It was one of the most heart-breaking and challenging times in my life. I cried myself to sleep almost every night for several months.

**JESSICA:** The impact of my mother’s diagnosis on our family has been devastating. First, we could not truly fathom that she was chronically ill. She was so young! My mother had not only been a foundation of support for my family, but for an entire community, so many of us were in denial.

**CHUCK:** Devastation. Particularly for Joanne. We went through the five stages of grief: denial (this can’t be happening); anger... bargaining (She would say things like “how can this be happening to me? I thought I did everything right.”) And then, you know... depression; and acceptance - I don’t think we’ve even come close to acceptance yet. We don’t want to accept it.

Please describe your role now, versus prior to the diagnosis.

**BETSY:** It’s entirely different. Because of where he’s at in his journey, I have to do everything for him. Pete’s deteriorating fairly rapidly. I have to help feed him, help him get ready with showering, brushing his teeth. He doesn’t wash his own face. Before, we were a normal couple, we did things independently. I didn’t worry about him getting lost or having trouble with something.

**ROBYN:** I had a partner who shared goals and responsibilities with me, someone who I could communicate and share my dreams with. We were a great team. Now, I do it all. I still must hold down a job, I run the household, finances, make all of the major decisions, while juggling all of the anxiety and effort required to keep my husband safe and content as his disease progresses and his cognitive function gradually diminishes. On top of all of this, it is heart-breaking to watch this person disappear, and so incredibly lonely to no longer be able to share all of the things that made you a couple.

**CHUCK:** We were always great friends, even long before we got married. It was a partnership, we had our defined roles. We helped each other. If I was out of work, she
would take up the slack and vise-versa. Now, it’s almost like taking care of a child. If I don’t do it, it won’t get done. She can still do a lot of things, but it takes a lot of supervision.

**VIVIAN:** At the time my precious Ken was diagnosed with Alzheimer’s, I was in the middle of battling breast cancer. It was my hope to return to work after my treatment… I am now responsible for my husband’s care and safety. He no longer drives; he forgets when to take his medications, when he last ate, what day it is, or what his plans are for the day. I have become mother and father to our two adopted foster daughters (8 and 10), and our two biological daughters (20 and 22). On a daily basis, my biggest challenge is keeping our lives as normal as possible while I jump in and out of his world. I must constantly fight off the sadness and devastation, as I witness Alzheimer’s slowly steal the love of my life, my best friend, my confidant, my soul mate, and the father of our precious daughters.

**JESSICA:** I was a normal 22 year-old – going to school, working, and enjoying my life. Previous to my mom’s diagnosis – and concurrently for two years – my grandmother had dementia. I lost my college scholarship during that period as a result of helping to care for them both. It was very challenging.

**How has Alzheimer’s affected your family financially? What adjustments have you had to make?**

**ROBYN:** It drains what you may have financially, since the income is no longer coming in. But the expenses mount: medical, caregiving, health insurance coverage. I wish I could quit work to be able to stay home and take care of David but cannot afford to.

**VIVIAN:** It has devastated our family financially, emotionally, and socially. We have learned to live on a very tight budget. We will probably be forced to sell our home when I can no longer care for Ken - because most of his disability income will be used to pay for his care. As a middle income family, we will not qualify for Medicaid and will be financially devastated due to paying thousands of dollars a month to an Alzheimer’s facility as Ken’s disease progresses and he needs specialized care.

**What would you say is the hardest part of being a family caregiver?**

**CHUCK:** The hardest part for me is the loneliness. For a spouse, I think it’s different. There’s no one to talk to because you don’t have that shared experience with anyone else. There’s no one to share the funny stuff you saw, the little things that happen during the day, you can’t share it with them anymore.

**JESSICA:** 1) Watching my mother, the woman who was supposed to see me through my life’s milestones – getting married, having children, finding success in my career – quickly fade away before I’m even in my late 20’s. 2) Emotional and physical exhaustion. 3) The good moments, where things almost feel somewhat normal, followed quickly by the fog of Alzheimer’s.

**BETSY:** It’s unrelenting, it’s 24/7 all the time, 365 days a year. It affects me in every way of my life. I don’t think the way I used to, I don’t act the way I used to, I don’t have the friends that I used to have. The relationship isn’t the same anymore with your spouse. The love that we used to share… it’s not really sharing anymore. I have to ask him for a hug. I miss that warmth.

**How do you deal with stress?**

**CHUCK:** Very poorly. I lived on stress when I was working, but it was always resolved. Now... there is no end. To this day I don’t know how to deal with it. I’ve always been a problem solver. That was my job, finding solutions. For this, there is no solution. It’s the hardest thing I’ve ever done in my entire life. Nothing compares to it.

**BETSY:** Well, thank God for respite. It gives me a little time to myself. I like to exercise. It makes me feel invigorated. I can watch a movie. It’s self-care, and taking care of me helps me take care of him. Caregivers need to take advantage of respite. You don’t realize how much you need a little time to yourself until you get it. But it really helps.

**ROBYN:** Dealing with the stress is the trickiest part of all of this. It is experiencing the constant proverbial emotional roller coaster. I know that getting adequate sleep and rest is crucial to dealing with this disease as a caregiver. Incidentally, I am not getting enough rest or respite.

**Has any resource proven particularly helpful to you? What resource is most lacking?**

**VIVIAN:** I immediately reached out to Alzheimer’s Association, NM Chapter. They have become my lifeline and provided materials, support, education and training. I’ve taken their Savvy Caregiver Class twice and attended their Caregiver Conference every year since Ken was diagnosed. I attend a monthly Younger Onset Caregiver Support Group and once a month I join these caregivers for an evening of fun and relaxation. I am grateful for the Respite Reimbursement Program because it helps pay for the day care Ken attends once a week.
**CHUCK:** Savvy was great – having the information and knowing what to expect was much better than not knowing. I really didn’t even know what Alzheimer’s was. But I also like the Support Groups, particularly early on in the process. It was important for me to hear that stuff. The support groups let you see inside other people’s real-life situation, lets you know what’s really going on, and what you need to do. Practical, real-world information.

**BETSY:** Most day care is 8-5, but that’s not really helpful to someone who works 40 hours a week. Weekends and afterhours would help. There’s so many people who watch their loved one all day, they need some time to themselves.

**ROBYN:** I think what I most want people to know about Alzheimer’s is that it is lurking in everybody’s future - it will affect you or invariably someone you deeply love and care for.

**CHUCK:** Get ready. The probability of you having to deal with this is significant. Either you, your spouse, or someone you’re close to is going to have Alzheimer’s or going to have to deal with it. This is not pie-in-the-sky, this is real. One in six of you is going to get Alzheimer’s. My number one recommendation for anyone is: get long-term care insurance. As much as you can afford.

**What is your advice to other caregivers?**

**JESSICA:** Invest in self-care. If you don’t, no one else will.

**BETSY:** The most important thing is to ask questions. Ask the doctor questions. When Pete got diagnosed all the doctor gave us was the Alzheimer’s Association contact information - but I drove right over. Take advantage of the Savvy courses. Take advantage of the annual Family Caregiver Conference - the networking and information you find there. And also Support Groups. The advice they give us is to take care of ourselves. We can’t fall apart and then be able to take care of our loved ones.

**VIVIAN:** Allow yourself to be sad, angry, lost, and devastated when your loved one is diagnosed with this dreadful disease. Once you are past the initial shock and devastation, reach out to your local Alzheimer’s Association, join a support group and educate yourself about the disease. Know that you are not alone. Never hesitate to ask for help.

**CHUCK:** Try not to feel guilty. Try not to beat yourself up. You’re not perfect, you’re not going to be perfect. And don’t listen to those people who sound like they’re perfect. They’re not.

*If you are a caregiver who needs help, call us at (505) 266-4473.*

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**HELPFUL NUMBERS FOR CAREGIVERS:**

- **The Alzheimer’s Association Helpline 1-800-272-3900**
  - Toll free, 24/7 helpline. Available in over 150 different languages to answer any and all questions related to Alzheimer’s disease.

- **The Aging and Disability Resource Center (ADRC) 1-800-432-2080**
  - Phone support and referral for questions about adult protective services, Medicaid eligibility, State Health Insurance Assistance Program (SHIP), and other issues related to aging.

- **State Bar of New Mexico Legal Resources for the Elderly Program (LREP) 1-800-876-6657**
  - Phone consultation and referral for legal issues faced by the elderly such as powers of attorney and guardianship issues, debt problems, estate planning etc.

- **U.S. Department of Veteran’s Affairs 1-800-827-1000**
  - Referral to local Veteran’s Service Offices (VSOs) to connect veterans and their surviving spouses to programs and services such as the Aid and Attendance Pension, support lines, and respite assistance.
EVENT HIGHLIGHTS
Walks Across New Mexico: Magical Moments from the 2016 Walk to End Alzheimer's Season

Albuquerque Walk (9/17/2016)

NM’s largest Walk continues to grow bigger and better each year. Celebrity emcees Erica Zucco and Rachel Hackbarth (KOB 4) fired-up the crowd at Civic Plaza. Moving moments included Secretary Myles Copeland (NM Aging and Long-term Services Dept.) introducing this year’s Promise Garden Flower-Holders and Bagpiper Mike Henry’s inspirational rendition of “Amazing Grace”.

NE Regional Walk (Santa Fe) (8/27/2016)

The awe-inspiring edifice of Cathedral Basilica of St. Francis of Assisi and an unbelievably gorgeous day set the scene for this year’s NE Walk at Cathedral Park. Local flavor included the shimmering a cappella of the Santa Fe Harmonizers, vibrant New Mexican melodies from Mariachi Azteca, and a special appearance from Mayor Javier M. Gonzales.

SW Regional Walk (Las Cruces) (9/24/2016)

Motivated New Mexicans from all over the SW region gathered in Las Cruces to traverse the scenic Walk route through Young Park as one. The LC High School Cheerleaders kept the energy high and spirits lifted; while emcee Adrian Rodriguez drove the core message home with his tender reading of the Promise Garden Ceremony.

NW Regional Walk (Farmington) (9/10/2016)

The skilled presentation of the opening ceremony by co-emcees Vangie and Leonard Neil (Neil Agency Auctioneers, LLC) gave this event a polished feel; while the plush-green setting of Berg Park, nestled along the San Juan River, made it sublime. The enthusiasm was heightened by encouragement from the Lady Devil Cheerleaders.

SE Regional Walk (Roswell) (10/01/2016)

Perfect weather and a generous outpouring of community support contributed to an uplifting SE Walk. Emcee Todd “The Hobbit” Verciglio (KBIM Radio 94.9 The Country Giant) helped us spread the message while the Berrendo Middle School Cheerleaders kept the walkers motivated! The heart and soul of SE New Mexico showed up in full force, and was evident in every direction.
Savvy Caregiver classes

SAVVY CAREGIVER
Savvy Caregiver is a 14 hour, evidence-based educational program designed to help caregivers feel more confident and competent in their caregiving skills. It has also been shown to reduce caregiver stress by identifying risks and learning self-care strategies. These classes are offered to caregivers at no charge, and all curriculum materials are provided at no cost.

Cuidando Con Respeto
A two-day linguistic and cultural translation of Savvy Caregiver.

Chris McCaffrey, Program Director
ccmcaffrey@alz.org | 505.266.4473
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111

SAVVIY CAREGIVER
Priscilla Lujan, Regional Manager
plujan@alz.org | 575.624.1552
404 1/2 N Kentucky | Roswell, NM 88201

January 3-February 14, 5:30pm-7:30pm (Tuesdays)
Savvy Caregiver
Alzheimer’s Association Office
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111 | 505.266.4473

January 5-February 16, 10:00am-12:00noon (Thursdays)
Savvy Caregiver
Alzheimer’s Association Office
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111 | 505.266.4473

February 28-April 11, 5pm-7pm (Tuesdays)
Savvy Caregiver
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

March 2-April 13, 2pm-4pm (Thursdays)
Savvy Caregiver
Chaves County J.O.Y. Center
1822 N Montana Ave. | Roswell, NM 88201

May 2-June 13, 2pm-4pm (Tuesdays)
Savvy Caregiver
Chaves County J.O.Y. Center
1822 N Montana Ave. | Roswell, NM 88201

Southwestern Regional Office - Las Cruces

Steven Montaño, Regional Manager
smontano@alz.org | 575.647.3868
125 North Main Street, Ste. 103
Las Cruces, NM 88001

Please Note: We can offer Special Classes and Dates to service Large Groups or Centers. Please contact Steven Montaño 575.647.3868.

Jan. 10 - Feb. 21, 10:30am-12:30pm OR 5:30pm-7:30pm (Tuesdays)
Savvy Caregiver
Alzheimer’s Association Office
125 North Main Street, Ste. 103 | Las Cruces, NM 88001

March 8-April 26, 5pm-7pm, (Thursdays)
Savvy Caregiver
Brookdale Santa Fe Assisted Living
640 Alta Vista | Santa Fe, NM 87505

March 7-April 18, 1pm-3pm, (Tuesdays)
Savvy Caregiver
Brookdale Santa Fe Assisted Living
640 Alta Vista | Santa Fe, NM 87505

March 24-25, 10am-12noon (Tuesdays)
Savvy Caregiver
Chaves County J.O.Y. Center
1822 N Montana Ave. | Roswell, NM 88201

May 2-June 15, 5pm-7pm (Thursdays)
Savvy Caregiver
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

Southwestern Regional Office - Roswell

Regional Map

Regional Map

Farmington - Northwestern Regional Office
Santa Fe - Northwestern Regional Office
Albuquerque - Greater Albuquerque Regional Office
Las Cruces - Southwestern Regional Office
Roswell - Southeastern Regional Office

Greater Albuquerque Regional Office

Chris McCaffrey, Program Director
ccmcaffrey@alz.org | 505.266.4473
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111

January 3-February 14, 5:30pm-7:30pm (Tuesdays)
Savvy Caregiver
Alzheimer’s Association Office
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111 | 505.266.4473

January 5-February 16, 10:00am-12:00noon (Thursdays)
Savvy Caregiver
Alzheimer’s Association Office
9500 Montgomery Blvd. NE, Suite 121
Albuquerque, NM 87111 | 505.266.4473

February 28-April 11, 5pm-7pm (Tuesdays)
Savvy Caregiver
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

March 2-April 13, 2pm-4pm (Thursdays)
Savvy Caregiver
Chaves County J.O.Y. Center
1822 N Montana Ave. | Roswell, NM 88201

May 2-June 13, 2pm-4pm (Tuesdays)
Savvy Caregiver
Chaves County J.O.Y. Center
1822 N Montana Ave. | Roswell, NM 88201

Northwestern Regional Office - Farmington

Tina De La Luz, Regional Manager
tdelaluz@alz.org | 505.473.1297
811 St. Michael’s Dr., Ste. 106
Santa Fe, NM 87505

January 10-February 21, 1pm-3pm (Tuesdays)
Savvy Caregiver
Brookdale Santa Fe Assisted Living
640 Alta Vista | Santa Fe, NM 87505

March 9-April 20, 5pm-7pm, (Thursdays)
Savvy Caregiver
Pacifica Senior Living
2961 Galisteo Rd. | Santa Fe, NM 87505

May 4-June 15, 5pm-7pm, (Thursdays)
Savvy Caregiver
Pacifica Senior Living
2961 Galisteo Rd. | Santa Fe, NM 87505

Savvy Caregiver
Alzheimer’s Association Office
1204 San Juan Blvd. | Farmington, NM 87401

March 8-April 26, 5:15pm-7:15pm (Wednesdays)
Savvy Caregiver
San Juan Center for Independence
1204 San Juan Blvd. | Farmington, NM 87401

March 7-April 25, 10am-12noon (Tuesdays)
Savvy Caregiver
Suzanne Blevins, Regional Manager
sblevins@alz.org | 505.326.3680
3300 N. Butler Avenue, Suite 221
Farmington, NM 87401

January 4-February 22, 5:15pm-7:15pm (Wednesdays)
Savvy Caregiver
San Juan Center for Independence
1204 San Juan Blvd. | Farmington, NM 87401

February 24-25, 10:00am-2:00pm
Cuidando Con Respeto
TBA

Alzheimer’s Association New Mexico Chapter
800.272.3900 | www.alz.org/newmexico

Alzheimer’s Association New Mexico Chapter
800.272.3900 | www.alz.org/newmexico
ed\textit{ucational classes}

\begin{center}
\textbf{GREATER ALBUQUERQUE REGIONAL OFFICE}

Chris McCaffrey, Program Director  
cmccaffrey@alz.org | 505.266.4473  
9500 Montgomery Blvd. NE, Suite 121  
Albuquerque, NM 87111
\end{center}

January 4, 10:00am-2:00pm  
Basic of Alzheimer's disease  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

January 9, 10:00am-2:30pm  
Introduction to Support Group  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

January 12, 1:30pm-2:30pm  
Legal issues for caregivers-What you should know  
Presented by Don Pinnock  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

January 18, 12:00noon-1:00pm  
Choosing Wisely: 10 Things every caregiver and provider should know Part I  
Presented by Dr. Janice Knoefel, MD  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

February 1, 10:00am-2:30pm  
Communications and Behaviors  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

February 6, 10:00am-2:30pm  
Introduction to Support Group  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

February 9, 1:30pm-2:30pm  
Legal issues for caregivers-What you should know  
Presented by Don Pinnock  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

February 15, 12:00noon-1:00pm  
Know the 10 Warning Signs  
Presented by Dr. Benjamin Clark, PhD  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

March 1, 1:00-2:30pm  
Basics of Alzheimer's disease  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

March 6, 1:00pm-2:30pm  
Introduction to Support Group  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

March 9, 1:30pm-2:30pm  
Legal issues for caregivers-What you should know  
Presented by Don Pinnock  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

March 15, 1:00pm-2:00pm  
An Alzheimer's Disease Research Update  
Presented by Dr. Benjamin Clark, PhD  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

April 1, 10:00am-2:30pm  
Introduction to Support Group  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

April 5, 1:00pm-2:30pm  
Communications and Behaviors  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

April 13, 1:30pm-2:30pm  
Legal issues for caregivers-What you should know  
Presented by Don Pinnock  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

April 19, 12:00noon-1:00pm  
Understanding Powers of Attorney & Guardianship  
Presented by Mary Galvez, MA, CMC, NCG  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

May 5, 1:00pm-2:30pm  
Introduction to Support Group  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

May 3, 10:00am-2:30pm  
Basics of Alzheimer's disease  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

May 11, 1:30pm-2:30pm  
Legal issues for caregivers-What you should know  
Presented by Don Pinnock  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

May 17, 12:00noon-1:00pm  
Know the 10 Warning Signs  
Presented by Chris McCaffrey  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

June 5, 10:00am-2:30pm  
Introduction to Support Group  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

June 7, 10:00am-2:30pm  
Communications and Behaviors  
Presented by Barbara Michels  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

June 14, 12:00noon-1:00pm  
Control in Caregiving  
Presented by Chris McCaffrey  
Alzheimer's Association Office  
9500 Montgomery Blvd NE, Suite 121 | Albuquerque, NM 87111

\end{center}

**CALENDAR KEY**

- **Savvy Caregiver**  
  Seven-week, 14-hour course which helps caregivers develop practical skills in caring for their loved one and themselves.

- **Cuidando Con Respeto**  
  Two-day linguistic and cultural translation of Savvy Caregiver

- **Basics of Alzheimer's disease**  
  Pathology, warning signs, risk factors and scope of the disease

- **Know the 10 Warning Signs**  
  Warning signs and prevention of Alzheimer's

- **Living with Alzheimer's: For Caregivers**  
  Describes different stages of Alzheimer's, and assists in preparedness

- **Conversations About Dementia**  
  Various presentations on Alzheimer's disease and related topics.
educational classes continued...

SOUTHWESTERN REGIONAL OFFICE - LAS CRUCES

Steven Montaño, Regional Manager
stmontano@alz.org | 575.647.3868
125 N. Main Street, Suite 103-104
Las Cruces, NM 88001

Please Note: We can offer Special Classes and Dates to service Large Groups or Centers. Please contact Steven Montaño 575.647.3868.

**January 13, 130pm-2:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**January 19, 100pm-2:00pm**
Know the 10 Warning Signs
Tularosa Senior & Community Center
35 Rodo Rd. | Tularosa, NM 88352

**January 19, 130pm-2:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**February 22, 10:30am-1:30pm**
Basics of Alzheimer’s disease
Almogordo Senior Center
2201 Puerto Rico Ave | Almogordo, NM 88310

**February 22, 10:30am-1:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**February 22, 10:30am-1:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**March 28, 1:30pm-2:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**April 22, 1:30pm-3:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**May 22, 1:30pm-3:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**June 13, 1:30pm-3:30pm**
Basics of Alzheimer’s disease
Alzheimer’s Association Office
125 North Main Street, Ste. 103 / Las Cruces, NM 88001

**CALENDAR KEY**

**Savvy Caregiver**
Seven-week, 14-hour course which helps caregivers develop practical skills in caring for their loved one and themselves.

**Cuidando Con Respeto**
Two-day linguistic and cultural translation of Savvy Caregiver

**Basics of Alzheimer’s disease**
Pathology, warning signs, risk factors and scope of the disease

Know the 10 Warning Signs
Warning signs and prevention of Alzheimer’s
c

**Living with Alzheimer’s: For Caregivers**
Describes different stages of Alzheimer’s, and assists in preparedness

**Conversations About Dementia**
Various presentations on Alzheimer’s disease and related topics.
SOUTHEASTERN REGIONAL OFFICE - ROSWELL

Priscilla Lujan, Regional Manager
plujan@alz.org | 575.624.1552
404 ½ N. Kentucky | Roswell, NM 88201

Please Note: We can offer Special Classes and Dates to service Large Groups or Centers. Please contact Priscilla Lujan (575) 624-1552.

January 11, 11am-1:30pm
Know the 10 Warning Signs
Ruidoso Community Center
501 Sudderth Dr. | Ruidoso, NM 88345

January 18, 9am-11am
Know the 10 Warning Signs
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

February 15, 10am-11am
Know the 10 Warning Signs
Artesia Senior Center
202 W Chisum | Artesia, NM 88230

February 15, 1pm-3pm
Know the 10 Warning Signs
Artesia Senior Center
202 W Chisum | Artesia, NM 88230

February 22, 9am-11am
Basics of Alzheimer's disease
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

March 19, 1pm-3pm
Basics of Alzheimer’s disease
Ruidoso Community Center
501 Sudderth Dr. | Ruidoso, NM 88345

March 22, 9am-11am
Living with Alzheimer’s: For Caregivers – Early Stage
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

April 19, 10am-11am
Safety In The Home
Artesia Senior Center
202 W Chisum | Artesia, NM 88230

April 19, 1pm-3pm
Safety In The Home
San Jose Senior Center
2814 San Jose Blvd. | Carlsbad, NM 88220

April 26, 9am-11am
Living with Alzheimer’s: For Caregivers – Middle Stage
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

May 17, 9am-11am
Living with Alzheimer’s: For Caregivers – Late Stage
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

May 24, 1pm-3pm
Safety In The Home
Ruidoso Community Center
501 Sudderth Dr. | Ruidoso, NM 88345

June 21, 10am-11am
Communications and Behaviors
Artesia Senior Center
202 W Chisum | Artesia, NM 88230

June 21, 1pm-3pm
Communications and Behaviors
San Jose Senior Citizen Center
2814 San Jose Blvd. | Carlsbad, NM 88220

June 28, 9am-11am
Safety In The Home
Roswell Adult and Senior Center
807 N Missouri Ave. | Roswell, NM 88201

NORTHEASTERN REGIONAL OFFICE - SANTA FE

Tina De La Luz, Regional Manager
tdelaluz@alz.org | 505.473.1297
811 St. Michael’s Dr., Suite 106
Santa Fe, NM 87505

Please Note: We can offer Special Classes and Dates to service Large Groups or Centers. Please contact Tina De La Luz (505) 473-1297.

January 6, 10:00am-12:00noon
Living with Alzheimer’s: For Caregivers- Early Stage
Kingston Residence
2400 Legacy Court | Santa Fe, NM 87507

January 18, 10:00am-2:00pm
Know the 10 Warning Signs
Española Library
355 N. Paseo De Dona (Española, NM 87532)

January 23, 10:00am-2:00pm
Basics of Alzheimer’s disease
Santa Clara Pueblo
588 Kee Street | Española, NM 87532

February 3, 10:00am-12:00noon
Living with Alzheimer’s: For Caregivers- Middle Stage
Kingston Residence
2400 Legacy Court | Santa Fe, NM 87507

February 15, 10:30am-12:30pm
Know the 10 Warning Signs
Española Senior Center
320 Hunter St. | Española, NM 87532

February 22, 11:00am-12:00noon
Basics of Alzheimer’s disease
Vista Grande Library in Eldorado
14 Ave. Torreon | Santa Fe, NM 87508

March 3, 10:00am-12:00noon
Living with Alzheimer’s: For Caregivers- Late Stage
Kingston Residence
2400 Legacy Court | Santa Fe, NM 87507

March 20, 10:00am-11:00am
Basics of Alzheimer’s disease
Dixon Senior Center
US Hwy. 75 House #138 | Dixon, NM 88320

April 7, 10:00am-12:00pm
Living with Alzheimer’s: For Caregivers- Early Stage
Kingston Residence
2400 Legacy Court | Santa Fe, NM 87507

April 17, 10:00am-2:00pm
Basics of Alzheimer’s disease
Vista Grande Library in Eldorado
14 Ave. Torreon | Santa Fe, NM 87508

THE LONGEST DAY

Wednesday, June 21, 2017. Teams around the world come together to raise funds and awareness and to honor those facing Alzheimer’s with a day of activity. Do something you love, or honor a loved one by doing something they loved from sunrise-to-sunset. Visit alz.org/thelongestday or call (505) 266-4473.

ALZHEIMER’S DAY AT THE LEGISLATURE

Thursday, January 19, 2017. The State Capitol Building aka “The Roundhouse”, Santa Fe. A day of advocacy and awareness-building with New Mexico’s policy-makers. 9am-12noon. Concerned citizens are encouraged to attend the press conference at 11am.
Call (505) 266-4473.

7TH ANNUAL DANCING STARS GALA

Saturday, April 22, 2017, Sandia Resort & Casino, Albuquerque. An evening of fine dining and competitive dancing to raise funds for Alzheimer’s disease. Time 5pm-10:30pm. Call (505) 266-4473.

6TH ANNUAL PROFESSIONAL CONFERENCE

Thursday, May 18 and Friday, May 19, 2017, Embassy Suites, Albuquerque. Two-day educational conference for healthcare professionals and caregivers. Times 8am-7pm (Thurs), 8am-12:30pm (Fri). Call (505) 266-4473.

THE UNFORGETTABLE GOLF CLASSIC


save the dates
IN MEMORY OF...

Mary Alei
Rhoda Berry
Rena Ballew
Jerry Ballew
Duane Benton
Mr. and Mrs. Rick Sneddon
Richard Thompson
Mr. and Mrs. Victor Zurcher
Richard Black
Mr. and Mrs. Paul Tratechaud
Richard J. Boyle
The Robert H. Weeks Family
Kay Cady
Kelly Griffin
Mary Emma Chavez
Julie Bachechi
Vangie Ellis
Pat German
Frankie Gildewell and Tiffany Hall
Joseph & Nora Giles
Susan Nichols
Michael Smith
Darrell Childress
Mr. and Mrs. Raymond Velasquez
Juanita Cordova
Teeter Irrigation, Inc.
Les Croughan
Amy Bauer
Gerald Culver
Mary Bolton-Koppenhaver
Douglass Orville De Vore
Ed Kettering
Genevieve Dillon
Atchey 6 LLC
Daniel Doyle
Mr. and Mrs. Paul Tratechaud
Dorothy Eby
Phyllis Davis
Sonya Fein
Mr. and Mrs. Barbara Lipphardt
Elaine Pruchansky
Linda Robbins
Schuyler Living Trust (Lucy Schuyler)
Marilyn Edgas
Mr. and Mrs. Paul Tratechaud
Wanna Dene Erdman
Mary Ellen Schafer
Mr. and Mrs. Paul Tratechaud
Jerry Lee Esch
Mr. and Mrs. Herb Pitts
Nancy Everett
Bob & Shirley Calhoun
Naomi Falk
Jerry Ballew
Mr. and Mrs. John Eshbaugh
Mr. and Mrs. Paul Tratechaud
Howard Gerwin
Mr. and Mrs. Larry Tinkemeier
Mr. and Mrs. Paul Tratechaud
Eugene Gomez
Liberty Tax Service (Rufus Herron)
Western New Mexico University (Rosa Romero)
Jeanne Greenwalt
Bevery Guertin
Nellie Guinn
Mr. and Mrs. Renate Riggs
Gordon Hair
Doris Curb
Mike Heck
Elizabeth Doe
Carol Hrdlicka
Maggie Auld
Mr. and Mrs. Ted Berridge
Bonnie Brock
Gail Bush
Lois Chiarito
Joan Chodosh
Reagan Coker
Joan Dalbey
Mr. and Mrs. Charles Herman
Indian River Community Foundation
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Ruth Koval
Linda Morsman
Nancy Mroz
Ann Ross
Carol Rudman
Dottie Shively
Sabra Strasser
Jane Stringfield
Mary Watts
Judy Wilson
Stephanie (Marty) Jenkins
Doris Curb
Raymond Dewey
Lorraine Fernandez Pod
Archie Pratt
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Sanchez Family Enterprises, LLC
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David Scott
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Rosalie Shelton
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Linda Skocypec
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Kathleen Stout
Angela Hartwig
Mr. and Mrs. Kay-Nell Hartwig
Ralph Stout
Jose Victoria
Dogoberto Chanza and Victoria Suazo-Chanza
Felomen Torres
Mr. and Mrs. Robert Johnson
Helen Torres
Teresa Torres
Evelyn Vigil
Mr. and Mrs. Paul Tratechaud
Michael Wade
Mr. and Mrs. Willard Dunlap
Mike Wade
Mr. and Mrs. Paul Tratechaud
Burt Weil
Mr. and Mrs. Paul Tratechaud
Norbert Weir
Mr. and Mrs. Blaine Benson
Dorothy Wilson
Shirley Heasley
Louise Wright
Mr. and Mrs. Gregory Durfee

IN HONOR OF...

Ardella Green
Elizabeth Churchill
Ken Martinez
Vickie’s Sandia C-Store
Barbara Michels
Mr. and Mrs. Kristin Enger
Don Vandock
YourCause, LLC Trustee for Century Link Emp. Giving

IN MEMORY OF...

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Barbara Michels
Mr. and Mrs. Kristin Enger
Don Vandock
YourCause, LLC Trustee for Century Link Emp. Giving
general donations

(as of 09/30/2016)
general donations continued...

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Fraternal Order of Eagles Ladies Auxiliary Social Fund Freytag-Farrar Jewelers
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Gail Bush
Gail Davis
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GE Foundation
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Ginger Opdyke
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Glenn Stark
Gloria Newton
Gloria Harre
Gloria Archuleta
Gloria Duran
Grace Macken
Greg Gillogly
Greg Armfield
Greg Gomez
Gregory Dupee
Guillermo & Roberto, Inc. dba Monroe's Restaurant
H. L. Wilson
Haeli Miceli
Hairley Kilpatrick
Hannah Chapell
Hannah Rocco
Harley Davidson
Harold Weisbrod
Harold Layne
Harriette Mitchell
Harry Linneman
Heather Tanner
Heidi Raki
Helen Giron
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Helen Torres
Helen Lehman
Henry Jacobs
Henry Smith
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Herman Vilapondo
Horace Chavez
Idly Sishman Rolfs
Indian River Community Foundation
Isabelle Searle
J. Reppik
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J. Dudley & Associates, LLC
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JA Jewelers
Jacki Morris
Jaclyn Smith
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James Robin
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Jane Anderson
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Janet McWhorter
Janet Dean
Janette Bain
Janice Knoefel, MD
Janice Nance
Janice Gaynor
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Joan Dalbey
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Joann Sambrano
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Joanne Ray
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