

In-Person Caregiver Support Groups by County *Please check with Facilitator before attending as meeting dates may shift due to holidays or special events.*

County	SG	Time	Meeting Day of Month	Location	Facilitator	Facilitator's Contact	Co-Facilitator	Co-Facilitator Contact
Forsyth	Salemtowne	2pm-3pm	2nd Thursday	Salemtowne, Babcock Health Care Center, 1550 Babcock Drive, Winston-Salem, NC 27106	Rona Klein	rklein@salemtowne.org		
Forsyth	Shepherd's Center of Greater Winston Salem	10am-11:30am	2nd and 4th Thursday	Shepherd's Center of Greater Winston-Salem, 1700 Ebert Street Winston Salem, NC 27103	Angelika Pittet	angelikapittet@gmail.com		
Guilford	First Baptist Church	10:30am-11:30am	1st Tuesday	First Baptist Church, 1000 W. Friendly Ave., Greensboro, NC	Lois Mezer	lmezer54@gmail.com		
Guilford	Jamestown United Methodist Church	4pm-5pm	1st Tuesday	Jamestown United Methodist Church, 403 E. Main Street, Jamestown, NC	Melissa Moore	mamamelissa911@gmail.com		
Iredell	Concord Presbyterian Church	6:30pm-7:30pm	3rd Tuesday	Concord Presbyterian Church, 3867 Taylorsville HWY, Statesville, NC 28625	Jeremy Troyer	Jrtroyer13@gmail.com		
Mecklenburg	Charlotte FTD Support Group	3pm-4:30pm	2nd Sunday	Wesley United Methodist Church, 3715 Rea Road, Charlotte, NC 28226	Charles Elligson	charles41elligson@gmail.com		
Mecklenburg	Cornelius/Mooresville FTD Support Group	10:30am-12pm	3rd Monday	Mt. Zion United Methodist Church, 19600 Zion Ave., Cornelius, NC 28031	Charles Elligson	charles41elligson@gmail.com		
Wake	Wake Forest Caregiver Support Group	10am-11:30am	1st Wednesday	St. John's Episcopal Church, 834 Durham Road, Wake Forest, NC 27587	Lynn Bartholomew	lynnbartholomew123@gmail.com	Edna Toney	frktoney@yahoo.com
Wake	Male Caregiver Support Group- Cary	10am-11:30am	2nd Friday	Wake Med Hospital-Cary, 1900 Kildaire Farm Rd, Cary, NC 27518. Check in at reception desk and they will direct attendees to appropriate room.	Mike Caldwell	ibmikecaldwell@sbcglobal.net	Art Hilson	artflyman@aol.com

Virtual Caregiver Support Groups *Please check with Facilitator before attending as meeting dates may shift due to holidays or special events.*

County	SG	Meeting Day of Month	Time	Location	Facilitator	Facilitator Contact	Co-Facilitator	Co-Facilitator Contact
Durham	Male Caregiver Support Group- Durham	1st Friday	10am-11:30am	Virtual Zoom or Phone-In	Mike Caldwell	ibmikecaldwell@sbcglobal.net	Frank Wootton	frank@kjenterprises.com
Mecklenburg	St. Mark Catholic Church	1st Monday	6:30pm-8pm	Virtual Zoom or Phone-In	Janet Urban	jgraceart@yahoo.com		
Mecklenburg	FTD Virtual Caregiver Support Group	3rd Sunday	3pm-4:30pm	Virtual Zoom or Phone-In	Charles Elligson	charles41elligson@gmail.com		
Durham	Younger-Onset Dementia Support Group	2nd Tuesday	7pm-8:30pm	Virtual Zoom or Phone-In	Janeli McNeal	janeli.mcneal@duke.edu		
Mecklenburg	African American Caregiver Support Group	2nd Wednesday	6pm-7pm	Virtual Zoom or Phone-In	Juanita Wade	jbwade604@gmail.com	Ashley Stevens	
Union	Weddington United Methodist Church	3rd Wednesday	6:30pm-7:30pm	Virtual Zoom or Phone-In	Ginny Hunt	ginnyh513@me.com		
Mecklenburg	Gracious Living Adult Day Support Group	4th Saturday	10am-11am	Virtual Zoom or Phone-In	Renay Clark	renay4885@gmail.com		
								Alzheimer's Association Support Groups November 2022