Hospice Care - It’s About How You LIVE!

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21 Experts
Registrants from 25 Countries
Life Boosts

Co-authors Larry Winget and Suzanne Evans
Both New York Times Best Selling Authors
Why Do I Have to Talk About Dying?

• Baby Boomers – Born early 1940’s to 1964 - 10,000 turn 65 years old every single day – new name- “The Silver Tsunami”

• Doctors will be having lots of these conversations in the coming years.

• Most doctors hate talking about dying!
Hot Topics for The Silver Tsunami

• Advance Care Planning *
• Long Term Care Facilities
• Hospice and Palliative Care *
• Care Giving
• Grief
Benefits of Talking About My Healthcare Wishes

• Greatest gift to your family and loved ones.

• No more arguments about what to do with “Mama”.

• Deepen your relationship and connection with your loved one.

• Help your doctor know it is okay to talk about these things
When Is Hospice Appropriate?

- Estimated End of Life 6 months or less
- No Longer Seeking Curative Treatment
- Palliative Care - Pain and Symptom Management
What is Palliative Care?

- Hospice & Palliative Care Is a Specialty

- **Palliate** = “To Ease”

- Pain and Symptom Management
  Appropriate when seeking curative treatment
Hospice Care
Holistic Approach to Care

Hospice Care

- Medical
- Emotional
- Social
- Spiritual
Team Approach to Care

- Doctor
- Nurse
- Grief Counselors
- Pharmacist
- Complementary Therapies
- Volunteer
- Hospice Aide
- Chaplain
- Social Worker

Patient And Family
4 Levels of Hospice Care

1. Routine Home Care
2. General Inpatient Care
3. Continuous Care
4. Respite Care
Patient Rooms in A Hospice Home in NC
Common Areas In A Hospice Home in NC
Common Areas In A Hospice Home
Not-For-Profit and For-Profit Hospices

- 4,300+ Medicare Accredited Hospices in the US
- Most are For-Profit
- Not-For-Profit – Donations Used For…
  - Grief Counseling - Support Groups and Individual Counseling
  - Complementary Therapies – Music, Art, Massage, Healing Touch
  - Advance Care Planning Workshops
  - Veterans Outreach
  - Pet Assisted Therapy Outreach
  - Patients Who Cannot Afford to Pay
Advance Care Planning
The 3 D’s – Decide – Discuss – Document

• **Decide** – Decide what you want under different scenarios
• **Discuss** – **Have the Conversation!!!** Discuss your wishes with your loved ones, physician, chaplain. Start with “perfect last day”
• **Document** – Put your wishes in writing
Advance Care Planning Documents

- **Living Will** – ONLY covers life sustaining measures:
  - Ventilation
  - Artificial Nutrition
  - Artificial Hydration

- **Healthcare Power of Attorney** - Select someone to speak for you if you cannot speak for yourself – Healthcare Agent
Advance Care Planning

MOST form – A Doctor’s Order

MOST = Medical Order For Scope of Treatment

- Serious, potentially life-limiting diagnosis
- This is not scenario planning - specific illness

The Pink Form!
Advance Care Planning

Lots of tools out there!

- National Healthcare Decisions Day – April 16
  https://www.nhdd.org/public-resources/#where-can-i-get-an-advance-directive
- Got Plans? website for NC – www.gotplans123.org
- Five Wishes - https://agingwithdignity.org/five-wishes/about-five-wishes
Special Moments – It’s About How You LIVE!

• Bride got married after dating her beau for 20 years
• Young Patient in Her 40’s visited with her horse
• Mother was able to get in a portable swimming pool with her family
• Husband and Wife Died within hours of each other – “I can’t live without her.”
• Farmer was able to see his tractors lined up outside of his bedroom
• Husband was able to take his wife on some trips to see cities she had not seen before
• Woman with COPD wanted to go the the beach to drink Tequila Sunrise on the beach at sunset.
Hospice Care—It’s About How You LIVE!
Thank You!

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