Hospice Care -
It’s About How You LIVE!

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21 Experts
Registrants from 25 Countries

It's About How You LIVE!

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Life Boosts
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Both New York Times Best Selling Authors
Doctors Hate Talking About Dying

MAYBE A MONTH... TWO AT MOST.
Problem – Boomers Are Aging

• Baby Boomers – Born early 1940’s to 1964 - 10,000 turn 65 years old every single day
  New name- “The Silver Tsunami”

• Doctors will be having lots of these conversations in the coming years.

• Most doctors hate talking about dying due to lack of training. People avoid doing things they are not good at.
Here’s the Data

• Patients/Families bring up psychosocial aspects of the illness 60% more often than the doctor does.

• 80% say they want to die at home, but only 34% died at home (2009).

• During last days of life –
  • Transitions from one care setting to another in the last 90 days of life increased by 50%, from an average of two moves in 2000 to three in 2009
  • 10% faced a care transition in their last three days in 2000 - 14% were moved in 2009.
  • 24% of those who died used the ICU in 2000 - 29% used ICU in 2009
  • 11% had three or more hospitalizations in the last 90 days of their life.
Hot Topics for The Silver Tsunami

• Advance Care Planning
• Long Term Care Facilities
• Hospice and Palliative Care
• Care Giving
• Grief
Do You Know How To Talk About The “H” word

• What is Hospice Care?
• Who is eligible for Hospice Care?
• What does it cost?
• Hospice Care and Palliative Care
  • How are they similar?
  • How do they differ?
Solution - Three Key Steps

1. Change the way you think.

2. Understand what hospice is.

3. Practice having difficult conversations.

3-Hour VIP Training Available
Benefits of Talking About It

- No more family arguments about what to do with “Mama”.
- You don’t feel like a failure when you cannot cure the illness.
- Patient/Family do not feel like you gave up on them.
- They feel supported when they need it the most.
- It stops being your most dreaded conversation and becomes your most rewarding conversation of the day.
When Is Hospice Appropriate?

• Estimated End of Life 6 months or less

• No Longer Seeking Curative Treatment

• Palliative Care - Pain and Symptom Management
What is Palliative Care?

- Hospice & Palliative Care Is a Specialty
- **Palliate** = “To Ease”
- Pain and Symptom Management
  Appropriate when seeking curative treatment
- Introduce Palliative Care At Time of Diagnosis
“I’m ordering a transfusion. We’ll replace your B-negative blood with B-positive and see if that improves your mood.”
Hospice Care
Holistic Approach to Care

- Medical
- Emotional
- Social
- Spiritual
Team Approach to Care

- Patient
- And Family
- Doctor
- Nurse
- Grief Counselors
- Pharmacist
- Complementary Therapies
- Volunteer
- Hospice Aide
- Chaplain
- Social Worker
4 Levels of Hospice Care

1. Routine Home Care
2. General Inpatient Care
3. Continuous Care
4. Respite Care
Patient Rooms in A Hospice Home in NC
Common Areas In A Hospice Home in NC
Common Areas In A Hospice Home
Advance Care Planning

The 3 D’s – Decide – Discuss – Document

• **Decide** – Decide what you want under different scenarios
• **Discuss** – **Have the Conversation!!!** Discuss your wishes with your loved ones, physician, chaplain. Start with “perfect last day”
• **Document** – Put your wishes in writing
Advance Care Planning Documents

- **Living Will** – ONLY covers life sustaining measures:
  - Ventilation
  - Artificial Nutrition
  - Artificial Hydration

- **Healthcare Power of Attorney** - Select someone to speak for you if you cannot speak for yourself – Healthcare Agent
Advance Care Planning

MOST form – A Doctor’s Order
MOST = Medical Order For Scope of Treatment

• Serious, potentially life-limiting diagnosis
• This is not scenario planning - specific illness

The Pink Form!
Special Moments – It’s About How You LIVE!

• Bride got married after dating her beau for 20 years
• Young Patient in Her 40’s visited with her horse
• Mother was able to get in a portable swimming pool with her family
• Husband and Wife Died within hours of each other – “I can’t live without her.”
• Farmer was able to see his tractors lined up outside of his bedroom
• Husband was able to take his wife on some trips to see cities she had not seen before
• Woman with COPD wanted to go the the beach to drink Tequila Sunrise on the beach at sunset.
Hospice Care—It’s About How You LIVE!
Thank You!

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