



THE BRAINS BEHIND SAVING YOURS®

2018 Dementia Education Conference

SPEAKER BIOS

Redia Baxter, MPA, is the Community Outreach and Education Manager for the Alzheimer's Association – Western Carolina Chapter. In this role, Redia educates the public on various support services offered for those families affected by Alzheimer's and related dementia, oversees the Alzheimer's Community Educators [ACEs] serving the Chapter's Piedmont Region, and provides education and resources for healthcare professionals. Redia manages all facets of the Chapter's physician and clinical outreach and the Direct Connect program. Redia holds a Masters of Public Administration in nonprofit management and a B.A. in Mass Communication. Redia and her family live in Rock Hill, S.C.

M. Reza Bolouri, M.D., is a board-certified neurologist with more than 20 years of clinical research experience who has dedicated his life's work to treating Alzheimer's disease and related dementias. Dr. Bolouri has extensive experience in conducting clinical trials for Alzheimer's disease and related dementias, and has contributed to many breakthroughs in Alzheimer's research and treatments. Additionally, Dr. Bolouri is committed to providing education and counseling to the medical community, patients, and families affected by Alzheimer's through seminars and speeches at local support groups, churches, and senior communities.

Judy Brinkley, BCBE, M.S., worked for 30-plus years in the field of developmental disabilities, special education, and behavior analysis. She also developed and supervised a day program for individuals with Alzheimer's and dementia while serving as an advocate for her immediate family: a younger brother with Down Syndrome and Alzheimer's, her mother with Younger-Onset Alzheimer's, and her father with Lewy-Body Dementia. These pieces of her heart motivated her then and continue to motivate her now as she navigates her own diagnosis of Younger-Onset Alzheimer's.

Jack Brosch has been a technologist for over 30 years working for companies such as Gateway, Wachovia, New York Life Investment Management, and Wells Fargo. He is currently the Principal for Brosch Business Intelligence. In 2012, Jack became Care partner for his wife Marilyn. He uses technology to help ease the journey.

Mark Bumgarner is the Executive Director of Adult Life Programs, a non-profit organization providing Adult Day Services to disabled adults in five western N.C. counties. Prior, he worked for Catawba County Department of Social Services for 19 years in both adult and child protective services, and at Frye Regional Medical Center as a social worker on the eating disorders/psychiatry unit. He holds a B.A. in Psychology from University of North Carolina-Charlotte, and an M.S. in Strategic Leadership from Mountain State University. Mark serves as an Ambassador for the Alzheimer's Association, co-chair for the Catawba County Aging Coalition, board member to Senior Information Resources, board member of PACE at Home, board member to Adult Children of Aging Parents, and is active in the state and national association of Adult Day Service Providers. Mark's father, Lander, died of Alzheimer's Disease in 2016. Lander was served by Adult Life Programs, giving Mark a unique perspective on this industry. Mark and his partner of 20 years live in the Foothills with their much loved but poorly behaved boxer, Haus, and Roxy the pug.

Ann Campanella, B.A., a former magazine and newspaper editor, serves on the AlzAuthors' management team. Her writing has been published and recognized internationally. She wrote her award-winning memoir, *Motherhood: Lost and Found*, inspired by her mother's development of Alzheimer's while trying to become a parent and experiencing a series of miscarriages. Ann has published four books of poetry, and is a two-time recipient of the Poet Laureate Award from the North Carolina Poetry Society for poems, written about her parents' journey with Alzheimer's. Now, the grateful mother of a teenager, she enjoys writing, blogging and making connections with others on the caregiving journey.

Anthony J. Caprio, M.D., CMD, AGSF, is a graduate of the State University of New York at Buffalo School of Medicine, and is board certified in Internal Medicine, Geriatric Medicine, and Hospice and Palliative Medicine. In 2012, Dr. Caprio joined Atrium Health as the medical director for the Division of Aging in the Department of Family Medicine. He currently serves as the Program Director for the Atrium Health Geriatric Medicine Fellowship Program and oversees the education of medical students, resident physicians, fellows, and other health care

professionals in geriatric principles and care. He is an American Geriatrics Society Fellow (AGSF) and a Certified Medical Director (CMD). Dr. Caprio cares for older adults across all settings of care, including hospitals, nursing homes, and outpatient clinics. His interests include medical education, end-of-life decision making, palliative care, medical ethics, fall prevention, prescribing practices for older adults, and geriatric oncology.

Mary Ann Drummond, R.N., is a dementia educator, speaker, and author of titles including *Meet Me Where I am – An Alzheimer’s Care Guide*, *I Choose to Remember*, and co-author of *Grandma and Me – A Kid’s Guide for Alzheimer’s and Dementia*. Mary Ann has a passion for presenting innovative and successful strategies in caregiver and provider settings to assist individuals with dementia “live their best” each day. With over thirty years of nursing experience and sixteen as a Vice President in the assisted living industry developing programs for dementia care, she credits much of her knowledge to the greatest teachers of all, those living with Alzheimer’s and related dementia. In 2017, *Aging in Place* named Mary Ann the number-one aging influencer in their top 50 people to watch list.

Brian Evers, and his wife Julianne, live in Hendersonville, N.C. For the bulk of his career, Brian was an actor living and working in New York, Los Angeles, London, and Canada, amongst other locations. His resume includes commercials, industrial films, Broadway and off-Broadway productions as well as international tours and feature films. Brian was diagnosed with Mild Cognitive Impairment and Parkinson’s disease in 2017. Together, Brian and Julianne are learning to navigate the complex maze of his double diagnosis.

Marie Glapiak is the Advocacy and Operations Manager for the Alzheimer's Association - Western Carolina Chapter. Marie started her career in International Programs at several universities but after four years changed careers to help fight against Alzheimer's during her grandmother's illness. She wears several hats for the Alzheimer's Association, managing the office operations of the four chapter locations, while also building grassroots advocacy and addressing federal policy impacting caregivers and disease research. Marie holds a Master's Degree in Public Policy from Universitat Bremen in Germany, through University of North Carolina's TransAtlantic Master's Program. Marie is currently a caregiver for her grandmother

Nell, who was diagnosed with Alzheimer's Disease in 2017. In her spare time, Marie loves to cook and travel.

Chanel Glover, B.A., M.A., graduated from Clark University with a B.A. in Management and received her Master's Degree in Gerontology from the University of North Carolina at Charlotte (UNCC). She began her career in sales and marketing for Bank of America and served as an academic advisor for the Belk College of Business at UNCC. Chanel's true passion is working with seniors, and she currently serves as the Business Development Director for Brookdale Senior Living. Chanel's hobbies include traveling, cooking, singing, comedy movies and stand-up and, most importantly, raising her five year old son, Ethan.

Roy Goforth and his wife Dona own Home Instead Senior Care serving Gaston, Lincoln, and Cleveland Counties in North Carolina. Roy is a graduate of East Carolina University and a Certified Senior Advisor. He currently serves on the Board of Directors for the Alzheimer's Association – Western Carolina Chapter. He served The Gaston Regional Chamber as Small Business Committee Chair as well as the boards of Gaston Together and Gaston Junior Leadership. Roy and Dona are celebrating 14 years in business and are instrumental in the Gaston County Walk to End Alzheimer's. They have 4 daughters and live in Belmont, N.C.

Scott Herrick is the North Carolina State Director of Public Policy & Advocacy for the Alzheimer's Association. Scott spent ten years in wealth management before changing careers to help the fight against Alzheimer's during his father's illness. Scott now works for the Association building grassroots advocacy, addressing federal policy impacting caregivers and disease research, and implementing state policy initiatives that support the State Alzheimer's plan. Scott is a member of the Alzheimer's Impact Movement, was on the NC Institute of Medicine State Alzheimer's Plan Steering Committee, and now serves on the State Alzheimer's Coalition. He is the State Affairs Lead for the Alzheimer's Association in North Carolina, and serves as a board advisor for COAACH, an African American Alzheimer's Disease outreach initiative in Greensboro. Scott has a Master's Degree in Conflict Resolution from University of North Carolina - Greensboro. Scott was a caregiver for his father, Terry, who was diagnosed with early-onset dementia in his late 50's and passed away at age 70. Scott lives in Stokesdale with his wife Beth, and their two children, Madeline and Connor.

Meghan Knight graduated from Pensacola Christian College with a B.A. in Youth Ministries and M.S. in Educational Administration. She began her career in sales and marketing in apartment leasing and then went to work in sales and community outreach with the YMCA. After her grandmother was diagnosed with Alzheimer's and moved into a Brookdale community, she realized that her true passion was working and partnering with to get the assistance they need. She is currently the Sales and Marketing Manager for Brookdale - South Charlotte. Outside of working, Meghan enjoys reading, spending time with her family and pets, and is a self-proclaimed foodie. She and her husband are expecting their first child, Phinehas, in September.

Jessica Lanier, MSW, is the Family Services Manager for the Alzheimer's Association – Western Carolina Chapter. As a social worker for the Alzheimer's Association, Jessica provides care and support to all people who are affected by Alzheimer's disease and other dementias. She meets with families for care consultations, responds to the 24/7 Helpline, handles physician referrals, oversees caregiver support groups and the Early Stage program for individuals living with the disease. Through all aspects of her role, she uses a variety of resources to refer families to in the 49 counties that the Western Carolina Chapter serves. Jessica is engaged to be married in the fall of 2018.

Jean Lee worked full-time teaching elementary school when she was thrust into a caregiving role for her parents when they were dually diagnosed. Her memoir, *Alzheimer's Daughter*, follows two sisters— Jean, living a mile from her parents, and her sister living 1,000 miles away—through a near-decade journey as they work together to move their parents out of their life-long home, and eventually to a locked memory-care facility. After the publication of *Alzheimer's Daughter*, Jean connected with other authors of Alzheimer's books to cofound AlzAuthors.com whose goal is to eliminate the stigma and silence often accompanying a diagnosis. AlzAuthors enables caregivers and those living with memory impairment to find written resources – memoirs, novels, nonfiction, or blogs – which educate and enlighten. In just over a year, the site is now managed by five administrators, and posts weekly essays from over 140 authors with direct links to their books.

Tracy McGinnis has served as Director of Philanthropy at Southminster since 2014. Prior to joining the senior leadership team at Southminster, Tracy led business development efforts in North and South Carolina in independent living, assisted living, and specialized memory care. Tracy earned a B.A. in Communications/Journalism and is a published writer in both local and national publications. Tracy completed graduate work in the field of Gerontology and was inducted into the Sigma Phi Omega Honor Society with the Gerontological Society of America. Tracy currently serves on the board of directors for the Shepherd's Center, Volunteer Transportation Services and is a certified Dementia specialist through the Arnold School of Public Health at the University of South Carolina. Tracy's current efforts include expanding Southminster's philanthropic mission by building community partnerships that focus on education, cultural arts and healthy community initiatives.

Lia Miller, Executive Director of Creative Aging Network – North Carolina, received a Bachelor of Fine Arts with a concentration in Video from Savannah College of Art & Design in 1990. Lia worked for TV news and ad agencies for 7 years before switching careers to find more fulfilling work as a recreation assistant at a nursing home. Seeing the need for more meaningful engagement, she co-founded the Evergreens Renaissance Program in 2003 to provide creative classes and continuing education for the nursing home residents. This led to the establishment of the Creative Aging Network-NC (CAN-NC). In 2012, Lia began working full-time with CAN-NC and enjoys developing visual arts programs such as ARTmail for older adults. She also provides training, consultation, educational presentations and workshops in the field of creative aging for healthcare staff, artists, older adults and those closest to them. She is a Master TimeSlips Trainer and has received training in national programs such as Memories in the Making, Alzheimer's Poetry Project, Poetry for Life and Meet Me at Moma.

Wes Misson, B.A., J.D., is a partner of Cadwalader, Wickersham & Taft LLP's Finance Group. Wes' practice focuses on fund finance, and he has represented financial institutions as lenders and lead agents in hundreds of subscription credit facilities and other fund financings during the course of his career. Wes works extensively with financial institutions to develop form agreements for fund finance transactions and to educate bankers, internal legal counsel and credit officers on hot issues and trends affecting the fund finance market. He was recognized by *Law360* in 2017 as a "Rising Star" in the area of Capital Markets, and is a frequent speaker and an accomplished author in the fund finance area. In the community, Wes served two years as an advising board member for the young professionals group of the Charlotte Chamber of

Commerce and currently serves as a member of the board's Wisdom Council. He recently joined the board of directors for the Western Carolina Chapter of the Alzheimer's Association, is a member of Young Professionals Against Alzheimer's, is a member of the Young Donor Society of the Arts & Science Council in Charlotte, and a member of the Mecklenburg County Bar Association.

Maggie Norris has over 25 years of operational experience. She is currently principal of Indigo B, an operational services /COO on-demand business. Maggie has been active on the board of directors for the Alzheimer's Association of Western Carolinas since 2013, currently serving as Chair. She also captains a Walk team and The Longest Day event. Maggie graduated from Thiel College with a B.A. degree in Accounting and Business Administration. Maggie has held positions in public accounting and financial services, where her work assignments have included operational process improvement projects, customer experience enhancements, investor relations, finance, merger due diligence, integration and post integration management and daily operations management. Prior to forming Indigo B, she was Chief Operating Officer for a \$2 billion financial services organization. Most of Maggie's career was spent with First Union/Wachovia as they executed more than 100 mergers prior to being acquired by Wells Fargo. Maggie worked on many integration teams and temporary assignments at acquired companies both coast-to-coast and in London.

Courtenay O'Donoghue, Ph.D., serves as the Program Services Director for the Alzheimer's Association – Western Carolina Chapter. Prior to her current position, Coury worked in long-term care as a Skilled Nursing and Assisted Living administrator, sales and marketing and business development. She holds a Ph.D. in Educational Leadership from Virginia Commonwealth University, an M.A. in English Literature from the University of Richmond, and a B.A. in Art History and Religious Studies from Franklin and Marshall College. She, her husband Mark, their 10 year old son, Jackson, and 2 dogs live in Matthews, NC, where they are also involved with the Cub Scouts and looking forward to crossing over to the Boy Scouts in 2019.

Keith Ross, AAMS, serves as a financial advisor with Edward Jones. In this capacity, Keith tailors solutions to help each client increase their net worth by focusing on what is important to them. His process is approachable and guides clients through each milestone on the path to achieving their unique financial goals. Keith meets with clients' CPAs and attorneys to design

and implement tax saving investment strategies, trust services, legacy strategies and gifting strategies. A graduate of Nazareth College with post-graduate coursework at Michigan and Wharton, Keith also earned his AAMS designation from the College for Financial Planning. He and his wife, Pam, have been married for over 30 years. They enjoy traveling, cooking, attending the performing arts and have two grown children.

Rose Sauro was born in Worcester, MA, one of nine children. She and her husband Mike married in 1965 and raised four wonderful children. In addition to homemaking, Rose worked in various positions including nursing assistant and substitute teacher. Rose and Mike retired to North Carolina in 1999. In 2005, Rose was diagnosed with Vascular Dementia.

William (Bill) Smutny has an M.S. in physiology from WVU and has served as VP of Sales and Marketing for several international biotech companies. However, Bill feels the most challenging role of his career is his current responsibility as Carepartner for his beautiful wife Laura who was diagnosed with younger-onset AD at the age of 61. Bill and Laura have been active in the dementia community starting support groups and encouraging education through public speaker and Bill's blog caregiverscarereceivers4dementia.tumblr.com

Heather M. Snyder, Ph.D., is the Senior Director of Medical and Scientific Operations at the Alzheimer's Association. In this role, she oversees Association initiatives that accelerate innovative Alzheimer's research and provide opportunities for the global dementia community to connect and collaborate. In addition, Dr. Snyder serves on the executive team for the U.S. Study to Protect Brain Health (U.S. POINTER) and oversees the development and management of the field's leading clinical neurology journal, Alzheimer's & Dementia. Dr. Snyder earned her bachelor's degree in biology and religious studies from the University of Virginia, her Ph.D. in molecular biology from Loyola University Chicago Stritch Medical School, and completed her postdoctoral fellowship in the neurobiology program at Children's Memorial Research Center.

Alison Starkey, P.T., MBA/MHA, CAPS, CDP, is originally from the United Kingdom where she graduated from King's College in Physical Therapy. Alison worked in a Level 1 Trauma and Burn Center in Canada before relocating to Boston as a Clinical Specialist for Massachusetts General Hospital. A traveling assignment brought Alison to North Carolina, where she has lived and worked for the past 25 years. Alison is the founder and owner of Gaitway of Charlotte, LLC,

which has provided in-home Physical and Occupational Therapy and safety consulting concierge service with a special focus on individuals living with a dementia diagnosis and their families for 30 years. Outside of her work, she enjoys travel, public speaking, advocacy and serves on several community organization boards. Alison and her husband have three children and live in South Charlotte.

Tina Ketchie Stearns-Speaker/Educator/Author, has worked in the hospice and elder care industry for many years and educates medical professionals and caregivers about hospice and end of life care, advance care planning, care giving, long term care communities and grief. She has educated over 50,000 people from 25 countries. Tina's father died in the hospital after the heart wrenching decision to take him off life support. Her mother was in hospice care for five months and died in her home, peacefully and comfortably. The difference in the two end-of-life experiences was amazing, which is why she has committed her life to educating people about hospice care and advance care planning. Tina has an MBA from Wake Forest University and lives in Winston-Salem, N.C.

Kimberly Terry, O.T., OTR/L, MSOT, CAPS, is a registered and licensed Occupational Therapist and Certified Aging in Place Specialist. She currently serves as a consultant providing private home-based therapy services for Gaitway of Charlotte as well as a Lead Occupational Therapist in acute care at a local hospital. Kimberly specializes in fall prevention, cognitive staging, and independent living. Kimberly graduated from the University of Alabama at Birmingham with a Master's of Occupational Therapy (2012) and from Auburn University with a B.S. in Rehabilitation and Disabilities Studies.

Juanita B. Wade moved from her lifelong home of Boston, M.A. to Washington, D.C. in August 2004. This move was a dramatic change for Juanita, as she had managed several notable careers in Boston over the past 30 years as an elementary school teacher, a nonprofit executive manager; a university lecturer, a three-term elected official to Boston's School Committee, and a 10-year cabinet official under the late Mayor Thomas M. Menino. In late 2004, Juanita was asked by the Fannie Mae Foundation to join them and a coalition of committed partners in a community engagement project focused on a strong education agenda – thus the DC Education Compact was launched. In early 2007, Fannie Mae Corp. hired Juanita on as a Senior Program Manager in their Office of Community and Charitable Giving. In mid-2010, Juanita was

promoted to work permanently as the Director of the MHA outreach team, leading MHA's national on-the-ground outreach efforts (in partnership with the U.S. Department of the Treasury), until her retirement in October, 2014. In 2013, Juanita and her husband moved to Charlotte, N.C. Juanita volunteers as a health educator and support group facilitator for the Alzheimer's Association - Western Carolina Chapter, serves as Board Chair for Freedom School Partners, a member of the United Way of Central Carolina's Retiree Council, and is an active member of the Women's Impact Fund. In 2018, the Wades purchased a travel and tourism franchise: Cruise Planners. The Wades have three grown children.