



No one should face Alzheimer's alone.

Register for one of our free virtual programs for information and resources about Alzheimer's and other dementias from the safety of your own home. View all listings at alz.org/events.

Understanding Alzheimer's and Dementia

- April 7, 2020 | 10 a.m.
- April 16, 2020 | 3 p.m.
- April 23, 2020 | 2 p.m.

10 Warning Signs of Alzheimer's

- April 3, 2020 | 10 a.m.
- April 7, 2020 | 1 p.m.
- April 29, 2020 | 2 p.m.

Effective Communication Strategies

- April 1, 2020 | 10 a.m.
- April 30, 2020 | 3 p.m.

Meaningful Engagement, Activities at Home

- April 10, 2020 | 10 a.m.
- April 14, 2020 | 4 p.m.
- April 24, 2020 | 12:30 p.m.
- April 28, 2020 | 10 a.m.

Recognizing and Coping with Caregiver Stress

- April 17, 2020 | 10 a.m.
- April 27, 2020 | 4 p.m.

Healthy Living for Your Brain and Body : Tips from the Latest Research

- April 8, 2020 | 4 p.m.

Living with Alzheimer's: Younger Onset

- April 21, 2020 | 2 p.m.

Dementia Conversations

- April 23, 2020 | 2:30 p.m.

Understanding Dementia Related Behaviors

- April 15, 2020 | 11 a.m.

Coronavirus (COVID-19) Tips for Dementia Caregivers

- April 16, 2020 | 11 a.m.
- April 22, 2020 | 4 p.m.

Registration is Required. You will receive a Blue Jeans (video conference) link to access and can sign in as a guest to enter the virtual program.

RSVP at alz.org/CRF, via our 24/7 Helpline at 800.272.3900, or by contacting Jon Weaver at 518.675.7216.