

NEW YORK CITY CHAPTER SUPPORT GROUP & EXTENDED CARE CONSULTATION SCHEDULE

The Alzheimer's Association offers a variety of programs to support those facing Alzheimer's disease and other dementias.
All programs are free of charge.

Support Groups

The challenges and emotions that come from coping with a diagnosis of Alzheimer's or another dementia can be overwhelming. Figuring out what to do next can bring on anxiety, worry and guilt, and many people feel alone on the journey. Support groups offer a community of peers that can support each other. All groups are **FREE** of charge.

Pre-registration and screening are required for all support groups.
For more information and to pre-register, please call our 24/7 Helpline 800.272.3900.

In-Person Support Groups	
Manhattan*	
<i>*Groups are held at the NYC Chapter office – 60 E 42nd St, Suite 2240, New York, NY 10165</i>	
<p>General Caregiver Support Group</p> <ul style="list-style-type: none"> Meets the 4th Wednesday of every month 6:00 PM - 7:00 PM <p>Support Group for Adult Child Caregivers</p> <ul style="list-style-type: none"> Meets the 3rd Tuesday of every month 6:00 PM - 7:00 PM <p>Early Stage Support Group</p> <ul style="list-style-type: none"> Meets every Thursday (Oct 25th – Dec 20th) 11:00 AM – 12:30 PM 	<p>Caregiver Support Group for Spouses/Partners</p> <ul style="list-style-type: none"> Meets the 2nd Wednesday of every month 11:00 AM - 12:00 PM <p>Café Con Leche (Spanish) <i>Grupo de apoyo en español para cuidadores.</i></p> <ul style="list-style-type: none"> Meets the 1st Saturday of every month Se reúne el primer sábado del mes 10:30 AM - 12:00 PM
Brooklyn	Queens
<p>Brooklyn Connects Caregiver Support Group</p> <ul style="list-style-type: none"> Meets every 2nd Tuesday of the month 11:00 AM - 12:00 PM Brooklyn, NY 11207 <p>Brooklyn Heights Caregiver Support Group</p> <ul style="list-style-type: none"> Meets every 3rd Wednesday of the month 10:00 AM - 11:00 AM Brooklyn, NY 11242 <p>Southern Brooklyn Caregiver Support Group</p> <ul style="list-style-type: none"> Meets the last Wednesday of the month 5:00 PM - 6:00 PM St. Dominic Roman Catholic Church 2001 Bay Ridge Pkwy Brooklyn, NY 11204 <p>Early Stage Support Group</p> <ul style="list-style-type: none"> Meets every Friday (Oct 26th – Dec 21st) 11:00 AM – 12:30 PM Grace Agard Harewood Neighborhood Center 966 Fulton Street Brooklyn, NY 11238 	<p>General Caregiver Support Group</p> <ul style="list-style-type: none"> Meets the 3rd Thursday of every month 2:00 PM - 3:00 PM Trinity Lutheran Church 31-18 37th Street Astoria, NY 11103 <p>United Care Support Group</p> <ul style="list-style-type: none"> Meets the 3rd Thursday of every month 7:00 PM - 8:00 PM Forest Hills, NY 11375 <p>Apoyo En Queens (Spanish) <i>Grupo de apoyo en español para cuidadores.</i></p> <ul style="list-style-type: none"> Meets the 3rd Tuesday of the month Se reúne cada tercer martes del mes 7:00 PM - 8:00 PM Forest Hills, NY 11375

Bronx

<p>El Bronx Cuida (Spanish) <i>Grupo de apoyo en español para cuidadores.</i></p> <ul style="list-style-type: none"> Meets the 2nd Wednesday of the month Se reúne cada segundo miércoles del mes 7:00 PM - 8:00 PM Bronx, NY 10474 	<p>Caring Millennials (for ages 21-35) <i>Support group for young adult caregivers</i></p> <ul style="list-style-type: none"> Meets every 3rd Tuesday of the month 6:30 PM - 7:30 PM Bronx, NY 10468
---	--

Staten Island

<p>ACT Support Group 1 Meets every 2nd Thursday of the month 7:00 PM - 8:00 PM Staten Island, NY 10314</p>
--

Telephone Support Groups

<p>Telephone Caregiver Support Group for Adult Child Caregivers Meets the 2nd Wednesday of the month 6:00 PM - 7:00 PM</p> <p>Bi-Weekly Telephone Support Group Meets the 1st & 3rd Thursday of the month 4:00 PM - 5:00 PM</p> <p>Telephone Support Group for Young Adult (20s-30s) Caregivers Meets the last Monday of the month 6:00 PM - 7:00 PM</p>

Extended Care Consultation Schedule

Meet with one of our social workers or counselors to get help creating an action plan for caring for your friend or family member with Alzheimer's or another dementia. This is a **FREE** service to help you and your family create a road map to navigate through the decisions, challenges, and questions you may have at every stage of the disease. We offer care consultations Monday – Friday from 9:00 AM – 5:00 PM. We also offer care consultations during the extended hours listed below, by appointment only. **Please register today on our 24/7 Helpline 800.272.3900.**

<p><u>Monday, October 29</u> 5:00 PM – 8:00 PM</p>	<p><u>Saturday, November 10</u> 9:00 AM – 12:00 PM</p>	<p><u>Tuesday, November 20</u> 5:00 PM – 8:00 PM</p>	<p><u>Monday, November 26</u> 5:00 PM – 8:00 PM</p>
--	--	--	---

*For more information on NYC Chapter Programs & Services
 visit alz.org/nyc*

**While make every attempt to keep to the schedule, changes may occur.
 To confirm events, please call 800.272.3900.**