



Alzheimer's Association® Support Groups

Support groups create a safe, confidential, supportive environment or community and a chance for participants to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems.

Alzheimer's Association Caregiver Support Groups

Alzheimer's Association caregiver support groups are conducted by trained facilitators and are a safe place for caregivers, family and friends of persons with dementia. These groups help caregivers develop a support system, allow members to exchange practical information on caregiving challenges and possible solutions, and talk through issues and ways of coping, as well as share feelings, needs and concerns. They are also a place to learn about outside community resources.

See attached pages for a complete listing of our caregiver support group in Lane and Douglas counties.

Telephone Caregiver Support Group

Alzheimer's Association telephone support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. Held via telephone/conference call to accommodate individuals living in remote areas or who are unable to travel to a meeting site, these groups operate similarly to in-person caregiver support groups. To register, please call 800-272-3900.

Telephone Caregiver Support Group is held on the third Thursday of the month from 1 to 2 p.m.

Dial-In Number: 866-316-2054; Conference Code: 588-974-3674

Alzheimer's Association Early-Stage Support Groups

Early-stage support groups provide emotional, educational and social support for people in the early stages (or beginning stages) of Alzheimer's disease or dementia, irrespective of age. Care partners are strongly encouraged to attend as well. Screening and registration are required for all potential early-stage support group participants. To register, please call 800-272-3900. See attached pages for a complete listing of our early-stage support groups in Lane and Douglas counties.

Please call 1-800-272-3900 for more information or to register.

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CAREGIVER SUPPORT GROUPS

LANE COUNTY

Good Samaritan Society Eugene

Second and fourth Thursdays of the month
1:30 to 3:30 p.m.
3500 Hilyard St.
Eugene, OR 97405

New Hope Support Group for Caregivers of Faith

First and Third Friday of the month
10-11:30 a.m.
1790 Charnelton Street
Eugene, OR 97401

Waterford Grand, Valley River area

First and third Wednesday of the month
6-7:30 p.m.
600 Waterford Way
Eugene, OR 97401

Eugene Central Lutheran Church

Second and fourth Tuesdays of the month
1-3 p.m.
1857 Potter St.
Eugene, OR 97403

McKenzie-Willamette Medical Center

Fourth Tuesday of the month
10 a.m. to 12 p.m.
1460 G Street, Rogue Room
Springfield, OR 97477

Regency Skilled Nursing

First and third Wednesdays of the month
1-2:30 pm
1951 21st St.
Florence, OR 97439

Presbyterian Church of the Siuslaw

First Tuesday of the month
2:30-3:30 p.m.
3996 US-101
Florence, OR 97439

Lane Community College at Cottage Grove

Fourth Tuesday of the month
6-8:00 p.m.
1275 S River Rd.
Cottage Grove, OR 97424

River Road Parks and Rec Eugene

Second and fourth Tuesdays of the month
6:30-8 p.m.
1400 Lake Drive
Eugene, OR 97404

DOUGLAS COUNTY

Canyonville Seventh Day Adventist Church

Fourth Tuesday of the month at 10 –11:30 am
Community Building
714 NW Frontage Road
Canyonville, OR 97417

First United Methodist Church

First Wednesday of the month at 5:30-6:30 p.m.
1771 W Harvard Ave
Roseburg, OR 97471

Cowcreek Band of Umpqua Tribe of Indians

Tribal Members Only
First Wednesday of the month at 1:00-3:00pm.
Cowcreek Government Office
2371 Ne Stephens St.
Roseburg, OR 97470

Please call 1-800-272-3900 for more information or to register.

EARLY STAGE SUPPORT GROUPS

Early Stage Support Groups are designed to provide emotional, educational and social support for caregivers and people in the early stage of Alzheimer's disease or other dementias through regularly scheduled meetings. Dates are subject to change; please call to confirm meetings.

Registration and screening are required at 800-272-3900.

LANE COUNTY

Alzheimer's Association Eugene Office

Fourth Wednesday of the month from 10 to 11:30 a.m.

1000 Willagillespie Rd., Suite 100

Eugene, OR 97401

Registration and Screening Required: 800-272-3900

DOUGLAS COUNTY

Linus Oaks

Fourth Monday of the month at 2:30-4:00 pm

2665 Van Pelt Blvd

Roseburg, OR 97471

Registration and Screening Required: 800-272-3900

Please call 1-800-272-3900 for more information or to register.

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