



## Alzheimer's Association® Support Groups

Support groups create a safe, confidential, supportive environment or community and a chance for participants to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems.

### ***Alzheimer's Association Caregiver Support Groups***

Alzheimer's Association caregiver support groups are conducted by trained facilitators and are a safe place for caregivers, family and friends of persons with dementia. These groups help caregivers develop a support system, allow members to exchange practical information on caregiving challenges and possible solutions, and talk through issues and ways of coping, as well as share feelings, needs and concerns. They are also a place to learn about outside community resources. See attached page for a complete listing of our caregiver support groups in Central Oregon.

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### ***Telephone Caregiver Support Group***

Alzheimer's Association telephone support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. Held via telephone/conference call to accommodate individuals living in remote areas or who are unable to travel to a meeting site, these groups operate similarly to in-person caregiver support groups. To register, please call 800-272-3900.

Telephone Caregiver Support Group is held on the third Thursday of the month from 1 to 2:30 p.m.

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### ***Alzheimer's Association Early-Stage Support Groups***

Early-stage support groups provide emotional, educational and social support for people in the early stages (or beginning stages) of Alzheimer's disease or dementia, irrespective of age. Care partners are strongly encouraged to attend as well. Screening and registration are required for all potential early-stage support group participants. To register, please call 800-272-3900.

See attached page for the complete listing of our early-stage support group in Deschutes county.

*Please call 1-800-272-3900 for more information or to register.*

alzheimer's  association®

# CAREGIVER SUPPORT GROUPS

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## DESCHUTES

### ***Alzheimer's Association Bend Office***

Second Tuesday of the month  
1 to 2:30 p.m.  
777 NW Wall St., Suite 104, Bend, OR 97703

### ***Bend Senior Center***

Third Thursday of the month  
5 to 6:30 p.m.  
1600 SE Reed Market Road, Bend OR 97701

### ***Community Presbyterian Church***

Third Wednesday of the month  
2 to 3:30 p.m.  
529 NW 19th St., Redmond OR 97756

### ***Sisters Park & Recreation District***

First Tuesday of the month  
12 to 1:30 p.m.  
1750 McKinney Butte Road, Sisters, OR 97759

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## CROOK

### ***Mosaic Medical Prineville Clinic***

Fourth Wednesday of the month  
5:30 to 7 p.m.  
375 NW Beaver St, Prineville, OR 97754

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## GRANT

### ***Department of Human Services APD***

Third Monday of the month  
11:30 a.m. to 1 p.m.  
725 W. Main St, Suite E, John Day, OR 97845

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# EARLY-STAGE SUPPORT GROUPS

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Early Stage Support Groups are designed to provide emotional, educational and social support for caregivers and people in the early stage of Alzheimer's disease or other dementias through regularly scheduled meetings. Dates are subject to change; please call to confirm meetings.

**Registration and screening are required at 800-272-3900.**

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## DESCHUTES

### ***Bend Church of the Nazarene***

Second Wednesday of the month  
1:30 to 3 p.m.  
1270 NE 27th St, Bend, OR 97701

*Please call 1-800-272-3900 for more information or to register.*