



## Alzheimer's Association® Support Groups

Support groups create a safe, confidential, supportive environment or community and a chance for participants to develop informal mutual support and social relationships. They also educate and inform participants about dementia and help participants develop methods and skills to solve problems.

### ***Alzheimer's Association Caregiver Support Groups***

Alzheimer's Association caregiver support groups are conducted by trained facilitators and are a safe place for caregivers, family and friends of persons with dementia. These groups help caregivers develop a support system, allow members to exchange practical information on caregiving challenges and possible solutions, and talk through issues and ways of coping, as well as share feelings, needs and concerns. They are also a place to learn about outside community resources.

See attached pages for a complete listing of our caregiver support group in Lane and Douglas counties.

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### ***Telephone Caregiver Support Group***

Alzheimer's Association telephone support groups provide emotional, educational and social support for caregivers through regularly scheduled meetings. Held via telephone/conference call to accommodate individuals living in remote areas or who are unable to travel to a meeting site, these groups operate similarly to in-person caregiver support groups. To register, please call 800-272-3900.

*Telephone Caregiver Support Group is held on the third Thursday of the month from 1 to 2 p.m.*

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### ***Alzheimer's Association Early-Stage Support Groups***

Early-stage support groups provide emotional, educational and social support for people in the early stages (or beginning stages) of Alzheimer's disease or dementia, irrespective of age. Care partners are strongly encouraged to attend as well. Screening and registration are required for all potential early-stage support group participants. To register, please call 800-272-3900. See attached pages for a complete listing of our early-stage support groups in Lane and Douglas counties.

***Please call 1-800-272-3900 for more information or to register.***

# CAREGIVER SUPPORT GROUPS

## LANE COUNTY

### ***Good Samaritan Society Eugene***

Second and fourth Thursdays of the month  
1:30 to 3:30 p.m.  
3500 Hilyard St.  
Eugene, OR 97405

### ***New Hope Support Group for Caregivers of Faith***

First and Third Friday of the month  
10-11:30 a.m.  
1790 Charnelton Street  
Eugene, OR 97401

### ***Waterford Grand, Valley River area***

First and third Wednesday of the month  
6-7:30 p.m.  
600 Waterford Way  
Eugene, OR 97401

### ***Eugene Central Lutheran Church***

Every Tuesday  
1-3:00 p.m.  
1857 Potter St.  
Eugene, OR 97403

### ***McKenzie-Willamette Medical Center***

Fourth Tuesday of the month  
10 a.m. to 12 p.m.  
1460 G Street  
Springfield, OR 97477

### ***Regency Skilled Nursing***

First and third Wednesdays of the month  
1-2:30 pm  
1951 21st St.  
Florence, OR 97439

### ***Presbyterian Church of the Siuslaw***

First Tuesday of the month  
2:30-3:30 p.m.  
3996 US-101  
Florence, OR 97439

### ***Lane Community College at Cottage Grove***

Fourth Tuesday of the month  
6-8:00 p.m.  
1275 S River Rd.  
Cottage Grove, OR 97424

## DOUGLAS COUNTY

### ***Canyonville Seventh Day Adventist Church***

Fourth Tuesday of the month at 10 –11:30 am  
Community Building  
714 NW Frontage Road  
Canyonville, OR 97417

### ***First United Methodist Church***

First Wednesday of the month at 5:30-6:30 p.m.  
1771 W Harvard Ave  
Roseburg, OR 97471

### ***Cowcreek Band of Umpqua Tribe of Indians***

Tribal Members Only  
First Wednesday of the month at 1:00-3:00pm.  
Cowcreek Government Office  
2371 Ne Stephens St.  
Roseburg, OR 97470

*Please call 1-800-272-3900 for more information or to register.*

# EARLY STAGE SUPPORT GROUPS

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Early Stage Support Groups are designed to provide emotional, educational and social support for caregivers and people in the early stage of Alzheimer's disease or other dementias through regularly scheduled meetings. Dates are subject to change; please call to confirm meetings.

**Registration and screening are required at 800-272-3900.**

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## LANE COUNTY

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### *Alzheimer's Association Eugene Office*

Fourth Wednesday of the month from 10 to 11:30 a.m.

1000 Willagillespie Rd., Suite 100

Eugene, OR 97401

*Registration and Screening Required: 800-272-3900*

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## DOUGLAS COUNTY

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### *Linus Oaks*

Fourth Monday of the month at 2:30-4:00 pm

2665 Van Pelt Blvd

Roseburg, OR 97471

*Registration and Screening Required: 800-272-3900*

*Please call 1-800-272-3900 for more information or to register.*

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