

## Early Stage Telephone Support Groups

**Build a support system with people who understand.**

Alzheimer's Association telephone support groups provide emotional, educational and social support for caregivers and those living in the early stages of Alzheimer's or related dementia through regularly scheduled meetings.

Held via telephone to accommodate individuals who are unable to travel to a meeting site, these groups help participants develop coping methods and encourage them to maintain their personal, physical and emotional health.

### **Early Stage Education Telephone Support** **Third Wednesday of Every Month at 11:00 A.M.**

This group is designed to provide educational information and support to those living in the early stages of Dementia/Alzheimer's.

### **Younger Onset Early Stage Telephone Support** **Fourth Thursday of Every Month at 1:00 P.M.**

This group is designed to provide educational information and support to those who have been diagnosed with Younger Onset (**Under the Age of 65**) living in the early stages of Dementia/Alzheimer's.

### **Care Partners Early Stage Telephone Support** **Fourth Thursday of Every Month at 6:00 P.M.**

This group is designed to provide educational information and support to care partners with loved ones living in the early stages of Dementia/Alzheimer's.

**Interested in participating in one of our early  
stage telephone support groups?**

***Please register: toll-free at 800.272.3900 or email  
info@alz.org***

***Call-in instructions will be  
provided upon registration.***