

THE BRAINS BEHIND SAVING YOURS®

What is a support group? Support groups are regularly scheduled, free gatherings of persons who are providing care for persons with Alzheimer's disease or a related disorder. The groups are facilitated by persons trained by the Alzheimer's Association and are held throughout the state in community-based settings. The primary purpose of these groups is to provide education/knowledge about the disease and caregiving skills. The combination of education and emotional support should enable caregiver to feel better at the end of the meeting. Groups remind caregivers they are not alone, give them a chance to say what they are feeling in a supportive environment, learn new strategies and resources in the community and foster support networks. Each group has its own character and each meeting is different. It may take some time to find the right group.

The schedule of groups is listed below. ***Be sure to contact the group leader before attending groups to ensure group is meeting***

I. Alzheimer's Specific Support Groups: These groups focus *exclusively* on the challenges and concerns of caregivers of persons with Alzheimer's disease or a related disorder.

Updated 7/18

Setting	Group leader(s)	Phone	Day of Month/Time
Barrington – Barrington Senior Center	Ann Murphy Alice Kane	401-374-8361	1 st Monday 1:00-2:30pm
Barrington -Barrington Congregational Church	Lois McCartney, MSW Jim McCartney	245-3288	2nd and 4th Tuesday 1:00-2:30pm
Cranston -Hope Alzheimer's Center	Melanie Beaton & Dorothy Poveromo	946-9220	2 nd Thursday 9:30-11:00am
Greenville - St Thomas Episcopal Church	Gigi Uttley Reverend Susan Carpenter	829-0255	2nd Saturday 4:00-5:00pm
Jamestown -Jamestown Housing Authority	Kerry Murphy Ellen	846-0727 423-2761	1st Thursday 9:30-11:00am
Lincoln -Lincoln Senior Center	Lois Durkin	753-7000	3rd Thursday 10:00-11:30am
Middletown - Calvary United Methodist Church LGBT Support group	Janet Grapentine, RN	401-848-4119	1st & 3rd Tuesday 10:00-11:00am
Newport -Newport Hospital	Stewart Burchard Mary Hansen-Joyce	520-275-8818 508-280-7983	3rd Tuesday 6:00-7:30pm
Newport - Newport Hospital Library Early Stage Support Group for Person Diagnosed with early memory concerns	Mary Hansen-Joyce <i>(starts March 2018)</i>	508-280-7983	4 th Friday 4:30-6:00pm
North Kingstown –North Kingstown Senior Center	Marie Marcotte Kim Capuano	268-1591	2nd and 4th Tuesday 1:00-2:30pm
North Kingstown Young Onset Support Group North Kingstown Public Library	Annie Murphy Jane Korb	421-0008	3rd Tuesday 6:00-7:30pm
North Kingstown - St. Francis de Sales Church	Annie Murphy	421-0008	1 st Wednesday 6:00-7:30pm
Portsmouth - Multi- Purpose Senior Center	Kerry Murphy	846-0727	Every Tuesday 9:30-10:30am
Providence - <i>Spanish</i> Elmwood Adult Day	<i>On Hold for Now</i>	401-461-6060	Last Thursday 12 - 1pm Lunch provided
Providence - Bliss Properties	Carol Nahod Beverly Whitman	401-440-3886	1st Wednesday 6:30 - 8:00pm 5th Floor Conference

THE BRAINS BEHIND SAVING YOURS®

			Rm.
Providence – Bliss Properties <i>Person living with diagnosis is welcome to attend with the care partner</i>	Jodi DiRaimo Stewart Burchard	302-2894 520-275-8818	1st Thursday 5:30-7:00pm 5th Floor Conference Rm.
Tiverton Senior Center	Janet Grapentine	401-848-4119	2nd & 4th Monday 2:30-4:00pm
Warren - Warren Baptist Church	Joan Miller	joanmalz814@gmail.com	4th Wednesday 6:30 -8pm
LGBT Phone Support Group	Barb Meehan	bamscats@gmail.com	1 st Monday Email for time

II. General Caregiver Support Groups: The groups listed below are some of those that provide support to caregivers of persons with *any long-term health disorder*. Many other long-term care facilities, adult day programs, assisted living facilities, or senior centers may provide such groups as well. Please refer to your community newspaper for times and locations

Setting	Group leader(s)	Phone	Day of the Month/Time
Coventry- Coventry Senior Center	Carol Coates	822-9175	1st Tuesday 6:30-8:00 pm
East Greenwich –Harbor Hill	Alice Phanof/Laura Krohn, Esq.	737-5298 398-8383 (Law Office of Laura M. Krohn)	1 st & 3 rd Thursday 6:00-8:00 pm
Pawtucket- Leon Mathieu Senior Center	Nicole Vadnais, MA	722-3560 ext 76771	3 rd Thursday 10:00-11:30am
South Kingstown- “The Center” At South Kingstown Senior Center	Kathy Swink	783-0960	2 nd Wednesday 1:15-2:45 p.m.
Warwick- Brookdale West Bay	Doreen Putnam	739-7300	2nd Thursday 6:30-8:00pm
Riverside-Brookdale East Bay FTD Support Group only	Doreen Putnam	464-2372	1st Tuesday 6:30pm-8:00pm