Part 1 - Understanding Alzheimer’s and Dementia
If you or someone you know is affected by Alzheimer’s disease or dementia, it’s time to learn the facts. This workshop provides information on detection, causes and risk factors, stages of the disease, treatment, and much more.

Part 2 - Understanding Dementia Related Behaviors
Join us to learn to decode behavioral messages, identify common behavior triggers, and learn strategies to help intervene with some of the most common behavioral challenges of Alzheimer’s disease.

Part 3 - Caregiver Wellness
This workshop is intended to help family caregivers and professional caregivers. Caregiving is a demanding task in which self is “slowly given away.” Identify the signs and symptoms of stress. Learn strategies for preventing and coping with the stress of caregiving.

Part 4 – Legal and Financial Planning
If you or someone you know is affected by Alzheimer’s disease or dementia, the time for legal and financial planning is now. Join us to learn about important legal and financial issues you may face and how to put plans in place.

To register call the Alzheimer’s Association
1-800-272-3900 or
register online at www.communityresourcefinder.org