



Support Group for Black/African American Caregivers

Presented by:

Alzheimer's Association

Rochester and Finger Lakes Region

Third Thursday of the month
5:30 p.m. - 6:30 p.m.

Access via Telephone or Computer

To register, call or visit:

1-800-272-3900

alz.org/crf

This program is supported, in part, by grants from the NYS Department of Health, NYS Office for the Aging, Monroe County Office for the Aging, and HRSA & University of Rochester.

Build a support system with people who understand.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.